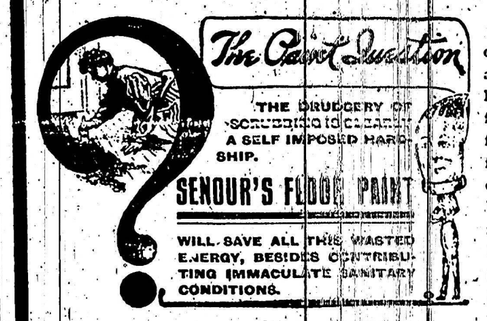
The Average Man

STRIKES WITH HIS HEEL A NINETY POUND BLOW AT EVERY STEP. THAT IS THE KIND OF HAMMERING SENOUR'S FLOOR PAINT IS MADE TO STAND.

We have anticipated the growing demand for carpenters' tools of the right sort, and with the cost of building materials lower than usual there should be lively activity this summer in the building line.

We have been here long enough to know your needs and in a measure to deserve your confidence. You can judge this entire store by the way we sell farm and garden tools.



A finish for everything in and around the home, Wood-lac for staining the floor, Fil-Krack for filling the cracks, Floor Varnish for varnishing the floor Linoleum Varnish for your Linoleum.

Hay-Fork Rope. We can give you the best at unheard-of prices.

PORTLAND CEMENT. Let us supply you. Prices right.

HASKETT BROS., The Old Reliable Hardware Firm. MARKDALE

"Sunshine" Feature

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The Gas Ring

Clary's

Y ARTLEY, Markdale.

ed by properly fitted glasses.

HORTILL
Optician
Ontario

Waterloo county proposes to spend $20,000 on the streets of Berlin, Waterloo, Galt, Elmira and Hespeler this year, under the Good Roads Act, which was recently amended to include towns and villages.

A failing tiny nerve—no larger than the finest silken thread—takes from the Heart its impulse, its power, its regularity. The Stomach also has its hidden, or inside nerve. It was Dr. Shoop who first told us it was wrong to drug a weak or failing stomach, heart or kidneys. His prescription — Dr. Shoop's Restorative—is directed straight for the cause of these ailments—these weak and faltering inside nerves. This, no doubt clearly explains why the Restorative has so late grown so rapidly in popularity. Druggists say that those who test the Restorative even for a few days soon become fully convinced of its wonderful merit. Anyway, don't drug the organ. Treating the cause of sickness is the only sensible and successful way. Sold by W. Turner & Co.

C. P. R. TIME TABLE
MARKDALE STATION

Going South	7.44 a.m.	4.17 p.m.
Going North	11.59 a.m.	8.46 p.m.

PATENTS PROMPTLY SECURED

We solicit the business of Manufacturers, Engineers and others who realize the advisability of having their Patent business transacted by Experts. Preliminary advice free. Charges moderate. Our Inventor's Adviser sent upon request. Marion & Marion, New York Life Bldg., Montreal and Washington, D.C., U.S.A.

Stop That Cold

To check early colds or Grippe with "Preventics" means sure defeat for Pneumonia. To stop a cold with Preventics is safer than to let it run and be obliged to cure it afterwards. To be sure, Preventics will cure even a deeply seated cold, but taken early—at the sneeze stage—they break it right off these early colds. That's surely better. That's why they are called Preventics. Preventics are little Candy Cold Cures. No Quinine, no physic, nothing sickening. Nice for the children—and thoroughly safe too. If you feel chilly, if you sneeze, if you ache all over, think of Preventics. Promptness may also save half your usual sickness. And don't forget your child if there is feverishness, night or day. Herein, probably lies Preventics' greatest efficiency. Sold in 25c boxes for the pocket, also in 25c boxes of 12. Insist on your druggists giving you Preventics.

Preventics
W. TURNER & CO.

FALL TERM
Opens Aug. 30

Our graduates are assisted to the best positions. Write for the rea-sons. Prepare now to enter at beginning of term. Mail courses for those who wish to study at home.

ORANGEVILLE Business COLLEGE
GEO. SPOTTON, PRINCIPAL.

British CANADIAN BUSINESS COLLEGE TORONTO

Term of 1909

Ten per cent cheaper, ten per cent better for Business, Shorthand and Matric. Booklet free. R. A. Farquharson, Prin. Cor. Yonge and Bloor Streets, Toronto.

FALL TERM OPENS SEPT. 1st
ELLIOTT Business College
TORONTO, ONT.
Yonge and Alexander Sts. STRICTLY 1st Class. Graduates always successful. Write for Handsome Catalogue.

A Practical School.

If you want a thorough, practical, business education attend—
NORTHERN Business College
OWEN SOUND
Twenty-eight successful years under same management. Business, Shorthand, and Preparatory Courses. Information free.
C. A. FLEMING, Principal, Owen Sound, Ont.

Central Business College

STANDS ready to help young men and women to win independence and success. It has given the start to thousands upon thousands of young people. Write for Catalogue. Enter any time.

W. H. SHAW,
Yonge & Gerrard Streets, Toronto.

CANADIAN PACIFIC

Very Low Rate for Summer Trip to Pacific Coast

$77.70 RETURN from MARKDALE

GOOD GOING MAY 29 to SEPT. 30
Return limit Oct. 31. Liberal stop-overs. Wide choice of routes. Go by the direct Canadian line—see your own country—the West, the Rocky Mountains. Visit the Seattle Exposition and other special attractions. Talk it over with
J. CAESAR, Agent, Markdale.

CHAMBERLAIN'S COLIC, CHOLERA AND DIARRHOEA REMEDY WOULD HAVE SAVED HIM $100.00.

"In 1902 I had a very severe attack of diarrhoea," says R. N. Farrar, of Cat Island, La. "For several weeks I was unable to do anything. On March 18, 1907, I had a similar attack, and took Chamberlain's Colic, Cholera and Diarrhoea Remedy which gave me prompt relief. I consider it one of the best medicines of its kind in the world, and had I used it in 1902 I believe it would have saved me a hundred dollar doctor's bill." Sold by R. L. Stephen.

W. C. T. U. COLUMN

DRINK AND SUICIDE.

Robert McCorkell, a married man, aged 34, who had been indulging freely in strong drink, hanged himself at Ottawa in a freight car in the railway yards on the night of Sunday, July 11.

AWFUL RESULTS FROM THE DRINKING OF GOVERNMENT OWNERSHIP LIQUOR.

All over the world where so-called Christian civilization prevails the liquor traffic gets in its deadly work. One of the latest sad reports is from Siberia, which is under Russian government, and where all liquor selling is carried on by the government. An exchange gives us the following report of recent occurrences:

A dispatch from Irkutsk tells of the finding of 180 bodies of men, women and children in a Siberian village. The 180 people froze to death while in a state of beastly intoxication during a blizzard two months ago, and communication with the village has only now been resumed.

The bodies were found in the streets, in ditches, in deserted homes, in barns, everywhere—the natives, about a thousand, either exhibiting the utmost indifference or defying the authorities. An investigation showed that most of the natives were suffering from delirium tremens, while the rest, men, women and children, are confirmed and habitual drunkards.

It appears that some two months ago a convoy of government vodka (potato whiskey), some twenty-five barrels, passed through the village and was ambushed by the natives. They killed the officials and drivers, took the horses, burned up the cars, and then set to work drinking up the Imperial liquor, which is about the vilest concoction in the world.

As stated, 180 perished while drunk, in a snowstorm, but the rest of the villagers continued their carousal, all drinking to their full capacity day in and day out. As a consequence, the natives are either insane with drink or on the verge of delirium.

The government investigators, in the course of their routine duties, say they encountered unheard-of conditions, even for Russia. Business was entirely at a standstill. There had been no spring plowing or seeding, the live stock roamed at large or had been eaten. Those natives that were not fighting were lying about in a stupor, boys and girls of the age of from five to six years drank vodka like water, and the smell of vodka was on the very breath of the babies.

The governor of the province sent physicians and nurses to the village, but they reported back that it was necessary to make the whole population prisoners and cart them off to hospitals for treatment. The St. Petersburg government has been asked to furnish the funds on the ground that the village, in former years, used to buy a hundred thousand roubles' worth of vodka per annum.

Some of the liquor taken from the convoy was ninety per cent alcohol. This was drunk up with the rest by the population. To make it more palatable, the Siberian peasants added some red pepper.

YOU NEED A TONIC

Your blood has become thin and weak. The drain upon your system the past few months has been very great. You are consequently feeling "all out of sorts" and "run down." Your appetite is bad and you hardly have enough energy left to do your daily duties. You should take PSYCHINE, the greatest of Tonics, without delay. This will put you on your feet at once. The following testimonial will interest you.

"RUN-DOWN" FOLK
If you are weak PSYCHINE will make you strong

Gentlemen:—"I have used PSYCHINE and I do think it is the greatest tonic and system builder known. I would advise all who are run-down or physically weak to use PSYCHINE." Yours truly, Mrs. Jas. Bertrand, West Toronto.

PSYCHINE restores the appetite and tones up the system. It creates rich, red blood—a wonderful family Tonic. You may try PSYCHINE Free! Simply send your name and address to DR. T. A. SLOCUM, Limited, Spadina Ave. Toronto. All druggists and stores sell Psychine 50c and $1 bottle.

PSYCHINE PRONOUNCED SIKEEN
THE GREATEST OF TONICS.

CANADIAN NATIONAL EXHIBITION
TORONTO
August 28th - 1909 - September 13th

Greatest Live Stock Exhibit on the Continent in active operation. Forty industries

ADMIRAL LORD CHARLES BERESFORD
will officiate at opening ceremonies on Tuesday, August 31st.

MILITARY YEAR AT THE FAIR
Model Camp—Victoria Cross and Wrestling on Horseback Competitions between teams from Dragoons and Artillery—Artillery Drive—Musical Ride, etc.

Dreadnoughts in Naval Battle

GREAT DOUBLE BILL OF FIREWORKS
THE SIEGE OF KANDAHAR
BATTLE OF THE NORTH SEA

1000 Men in Uniform

WATCH FOR REDUCED RATES AND EXCURSIONS.
For all information write Manager J. O. ORR, City Hall, Toronto.

TRAVERSTON

Mrs. Ed. Embury came up on Saturday's excursion from Toronto and spent till Monday at the home of her brother, Mr. W. J. Cook.

Mrs. R. Milburn, of Durham suburbs, was out to the old Peart home the first of the week, after a very severe winter's illness.

Mr. and Mrs. S. K. Correll and family of four are up from the Queen City visiting among the members of the Edge families. They purpose spending Wednesday in our cottage.

The home of Reeve Hunt was a most lively one on Thursday afternoon of last week. Miss Flo. Hunt had her Sunday School class of girls and Mrs. Hunt had her class—the juveniles—about thirty in all, to spend the afternoon at their cosy home. Such frolicking and feasting they had! The tots are greatly pleased with the day's entertainment.

Miss Olive Cook had her Sunday School class of boys out to Durham some days ago and had their photo taken. Twelve boys were present with their bright teacher.

Hay is about half a crop; but Mr. M. J. Davis isn't losing any by bad cutting, as he has purchased a new Deering mower.

Mrs. Grant, of Toronto, took advantage of the Grey Old Boys' excursion to visit the old Anderson home.

Miss Burgman returned to her home in Milverton on Friday, after spending a delightful week with Flo Hunt.

A white alder bush in full bloom is about as handsome a shrub as may be seen in all Canada. They were in loveliest dress all last week.

The trustees of S. S. No. 5 are putting in upwards of sixty dollars worth of new single desks this vacation.

ROCKLYN

Miss Rae, of ——, is the guest of her sister, Mrs. Christopher Burrill.

Miss Thom, of Walters Falls, visited at the home of Mrs Walter McCullough last week.

Miss Freda Neely has gone to Muskoka.

Our sympathy is extended to Mr. and Mrs. E. Knott in the sudden death by spinal menengitis of their little daughter, Flossie.

Miss Fanny Cowan, of Beaverdale spent Friday at the home of her friend, Miss Lillie Currie.

Dr. Bricker, of Gorrie, was the guest of Dr. Day on Wednesday and Thursday of last week.

Rev. Thos. Laidlaw spent a couple of days last week with Rev. J. R. Wilkinson at the parsonage.

Mr. Clarence Crawford visited at Bognor on Friday.

Mrs. Williams and children leave this week for Shallow Lake. They will later be joined by Dr. Williams and will spend sometime with Dr. and Mrs. Danard at their summer cottage, Lake Huron.

TO MOVE OFF A COLD.

Cough mixtures "dope" a cold—but don't cure. A bove all else, keep the bowels regular and stimulate the eleminating organs. More valuable than any cough syrup are Dr. Hamilton's Pills. They clear the system of every trace of cold—the dull headache, aching limbs and cough disappears. Take the pills before retiring, they work while you sleep, and by morning your cold is broken and passes quickly away. All dealers sell Dr. Hamilton's Pills in 25c. boxes.

DIRECTORY

Under this heading we publish in brief form notices of Municipal, Educational and Religious Institutions for the convenience of our readers. Such institutions are invited to keep us posted, so that the list may be full and correct.

POST OFFICE DIRECTORY, MARKDALE.

The P. O. will be open from 8 o'clock a.m. to 7 p.m. every working day. Mails close as follows:
C.P.R. going North, 11.40 a.m. and 8.40 p.m.
C.P.R. going South, 7.30 a.m. and 3 p.m.

Traverston, Waudby and Eboradale, 12.30 noon Tuesday, Thursdays and Saturdays.

Beaverdale and Wodehouse—2.30 Tuesdays, Thursdays and Saturdays.

For registered letters and money orders, thirty minutes earlier than above. The P. O. will be open on holidays one hour after noon mail arrives.

Angus Plewes, P.M.

MARKDALE OFFICIALS.

Reeve—W. L. McFarland.
Councillors—R. W. Ennis, A. Jackson, J. G. Matthews, P. J. Thompson.
Clerk—A. Macpherson.
Treasurer—Wm. Lucas.
Poundkeeper—Os. Walker.
Village Constable — A. McCutcheon.
Assessor—J. G. McDuff.
Collector—Chas. Reed.
Fenceviewers — William Douglas, M. J. Duke, Wm. Ritchie.
Medical Health Officer—A. Ego, M. D.
Auditors—Jas. S. Rowe, J. E. Matson.
Council meets last Monday in the month at 8 p.m.

MARKDALE CHURCHES.

St. Joseph's Church.
Rev. A. J. Savage, Pastor.
Service, 2nd and 4th Sundays in the month.

Presbyterian.
Rev. A. Shepherd, Pastor.
Service every Sunday at 11 a.m. and p.m.
Sabbath School—2.30 p.m. John Chard, Superintendent.
Bible Study Class—Monday evenings at 8 o'clock.

Methodist.
Rev. Jos. Young, Pastor.
Service every Sunday at 10.30 a.m. and 7 p.m.
Sunday School—2.30 p.m. W. J. Shortill, Superintendent.
Prayer Meeting—Thursday, 8 p.m.
E. L. of C. E.—Monday, 8 p.m. Miss J. Murdoch, Pres.; J. Hicks, Sec'y.
Ladies Aid Society—Mrs. C. W. Rutledge, President.
Pew Steward—J. Artley.

EDUCATIONAL.

Public School Board.
Chairman—W. J. Howard.
Sec.-Treas.—Dr. A. Ego.
Rev. A. Shepherd, Hugh Knott, M. Armstrong, J. W. Ford, jr.

Public School Staff.
J. S. Rowe, Principal; Misses M. Neely, J. Murdoch, M. Mann.

Markdale Public Library.
J. G. Matthews, Sec.-Treas.
Miss V. Mann, Librarian.
Library open every Tuesday, Thursday and Saturday evenings.

COUNTY COUNCIL.

The County Council consists of the Reeves and Deputy Reeves of the various municipalities.

DIVISION COURT CLERKS.
No. 1—Benj. Allen, Owen Sound.
No. 2—Arch. Davidson, Durham.
No. 3—J. Henning, Meaford.
No. 4—W. L. Tyson, Clarksburg.
No. 5—W. J. Bellamy, Flesherton.
No. 6—W. J. Winter, Chatsworth.
No. 7—Dunc. Campbell, Hanover.
No. 8—R. L. Stephen, Markdale.

COUNTY OFFICIALS.

Sheriff—C. H. Moore, O. Sound.
Clerk of the Peace—John Armstrong, Owen Sound.
Clerk—John Rutherford, Owen Sound.
Treasurer—S. J. Parker, Owen Sound.
Warden—R. Agnew, Meaford.
Registrar, N. — R. McKnight, Owen Sound.
Registrar, S. — Thomas Lauder, Durham.
M. P. North—W. S. Middlebro, Owen Sound.
M. P. East—Dr. Sproule, Markdale.
M. P. South—H. H. Miller, Hanover.
M. P. P. North—A. G. Mackay, Owen Sound.
M.P.P., East—Hon. I. B. Lucas, Markdale.
M.P.P., South. — Dr. Jamieson, Durham.

NEIGHBORING MUNICIPAL COUNCIL BOARDS.

Artemesia.
Reeve—J. A. Boyd.
Deputy Reeve—T. R. McKenzie.
Councillors—Geo. Wright, J. A. Carson, J. M. Duncan.

Glenelg.
Reeve—H. W. Hunt.
Councillors—Thos. Nichol, J. McNally, Wm. Weir, J. A. McMillan.

Osprey.
Reeve—H. W. Norman.
Deputy Reeve—W. L. Taylor.
Councillors—J. Thompson, A. E. McCallum, A. Buie.

Euphrasia.
Reeve—Wm. T. Ellis.
Deputy Reeve—A. Rennie.
Councillors—R. Johnston, George Hutchinson, Jas. Murray.

Holland.
Reeve—Anthony Shute.
Deputy Reeve—Wm. Hampton.
Councillors—Robt. Howey, Arch. Chisholm, Robt. McIntosh.

Proton.
Reeve—Jas. H. Corbett.
Councillors—R. D. Armstrong, R. Conlin, W. F. Hendry, Jacob Hopf.

NEW Telephone Directory

The Bell Telephone Co., of Canada

is about to issue a New Telephone Directory for the District of Central Ontario, including Markdale.

Orders for new connections, changes in firm names, changes of street addresses or for duplicate entries should be handed in at once to

R. L. STEPHEN,
Local Manager.

ARE YOU SLEEPLESS, NERVOUS?

Two horrors crowded into one life—the product of poor digestion and a poisoned system. There is just one cure for this terrible condition—plenty of food, but mind you, food properly digested; that's the difficulty, to improve the digestive power of the stomach. Get rich nutritious blood, strengthen the system and drive out poisons—then comes vitality, endurance, power. Ferrozone does all this and more, it makes sick people well, weak people strong, changes "nerves" and insomania into robust health. Take Ferrozone and health is yours. 50c. at all dealers.