If Given a Trial

"SALADA"

Ceylon Natural GREEN Tea will prove its superiority over all Japan Teas.

Lead Packets only — 40c, 50c and 60c per lb. By all Grocers.

HIGHEST AWARD ST. LOUIS, 1904.

ARMORED MOTORS.

France Experiments With a Death-dealing Chariot.

Successful experiments have been made in the streets of Paris with one of his seven new bullet-proof and shell-proof motor cars which are being built for the Prussian Government. M. Etienne, the War Minister, rode in the car, which attained a speed of twenty-eight miles an hour on level ground, and ascended gradients as steep as one in four.

The car weighs three tons, and is of 30 horse-power. It is provided with a small quick-firing swivel gun, which can fire 600 shots a minute in any direction.

France also is providing herself with a complete corps of these armored motor cars. The car carries a folding steel bridge, which can be quickly placed across ditches. With the help of this the car showed that it could go across country.

BABY'S SMILE.

Baby's Own Tablets has a smile in every dose for the tender babe and the growing child. These Tablets cure indigestion, wind colic, constipation, diarrhoea, and feverishness, break up colds and bring natural, healthy sleep. And the mother has the guarantee of a government analyst that this medicine contains no opiate, narcotic or poisonous "soothing" stuff—it always does good and cannot do harm. Mrs. Joseph Ross, Hawthorne, Ont., says:—"I have used Baby's Own Tablets and find them just the thing to keep children well." You can get the Tablets from any medicine dealer or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

Contralto—"Only think of it! I was encored three times in my last song." Soprano spitefully—"Yes; the audience recognized that you needed practice."

Itching, Burning Skin Diseases relieved in a day. Eczema, Salt Rheum, Barber's Itch, and all eruption of the skin quickly relieved and speedily cured by Dr. Agnew's Ointment. It will give instant comfort in cases of Itching, Bleeding or Blind Piles, and will cure in from three to six nights. 35 cents. 119

Mr. Country Life reading—"If you desire a safe horse always pick a grey or white one, as that color is sure indication of gentleness and tractability. Now, I wonder if that's true?" Mrs. C.—"Perfectly absurd, William! Why you're quite grey yourself."

RHEUMATISM AND PARALYSIS.

Their complete home cure. Post free to readers of this paper. For limited period only.

A handsome illustrated treatise, giving full description of Rheumatism and Paralysis, with instructions for a complete home cure, describing the most successful treatment in the world, recommended by the Ministry and endorsed by medical men. This highly instructive book was written by W. H. Veno, a gentleman who has made a study of these diseases. The preface is by a graduate of the University of Wurtzburg. Send postal to-day and you will receive the book free by return.—Address, The Veno Drug Co., 24 King St., West, Toronto.

"I am afraid you are one of those people who look down on toil." "Not at all," answered the luxurious youth. "My great-great-grandfather worked hard and invested his money, and we are quite pleased with him for doing so."

Fortify Yourself against pulmonary troubles, including consumption, with Allen's Lung Balsam. It will loosen the cough and phlegm. Cure soon follows.

"I know, old chappie," said Dibbs, "she has her faults, and a temper and all that; but I—I love her and can't live without her." "Just so," calmly replied his friend: "but the question isn't that. Can you live with her?"

The Demon of all Disease. Kidney diseases are rightly so-called—they're inexplainable, unaccountable and insidious. It is the function of the kidneys to filter out all impurities. If they're clogged South American Kidney Cure will put them to rights and defy the ravages of so grim a visitant as diabetes or other kidney complications. It relieves in six hours.—118

Girls nowadays are not so particular as they used to be about titles. The other day a newly-made friend said to an awfully fetching girl: "What lovely body you have, dear?" "Yes," replied the other, without turning a hair; "they were a birthday present."

Tiny tubercles on the skin of scrofulous people produce the hideous disease called lupus. Weaver's Cerate, used in time, will save the skin from destruction. Apply to all affected parts. Cleanse the blood with Weaver's Syrup

Magistrate—"You say you didn't steal the watch. Then, where did you get it?" Prisoner—"Bought it, your worship." Magistrate—"Where?" Prisoner—"In King Street." Magistrate—"What did it cost?" Prisoner—"Really, your worship I quite forgot to ask."

After Wasting Fevers hasten recovery to health by the use of "Ferrovim." It is the best tonic. It builds, strengthens and gives new vitality. Try it, it will make you feel strong.

Daughter—"Don't invite our country cousin to see us again." Mother—"Did he make any bad blunders before the company, dear?" Daughter—"I should say so. When I showed him a Louis XIV. chair, he asked if Louis was a good chairmaker!"

Stomach "Scowls." — Ever notice the scams and furrows that steal into the face of the sufferer from indigestion, dyspepsia and chronic stomach ailments. Watch the sunshine break in and the lines vanish when Dr. Von Stan's Pineapple Tablets are given a chance to show their power. One lady, in writing of their efficacy in her case, calls them "A heaven-born healer." 55 cents.—120

"Now, my dear sir," said Dr. Fox, "I can't cure you unless you promise to do everything I tell you." "All right," said Skinner—"I promise." "Good! Now, first of all, throw up that last year's diary."

OF SOLDIER AND SAILOR

THE BRITISH SERVICE ON LAND AND WATER.

Henry Eighth Was Founder of the Navy — How Uniforms Have Originated.

The credit of really organizing the British navy belongs to Henry VIII., as he created the Admiralty and Trinity House, and was the first of our sovereigns to establish Government dockyards at Deptford, Woolwich and Portsmouth, says London Tit-Bits.

Bluejackets march quite as regularly as soldiers, but no one who has seen them marching together can have failed to notice how very much easier the gait of the sailor is. Further, it is well known that the work sailors have to do almost invariably produces a better development of wrist, arm, shoulders and neck than the work of a soldier.

UNIFORMS OF THE SERVICE.

There was no regulation attire for the navy until the middle of the eighteenth century. Riding one day in the park in 1871, George II. met the beautiful Duchess of Bedford attired in a riding habit of blue, faced with white. His Majesty found the effect so charming that he at once commanded that these colors should be adopted in the navy.

The adoption of scarlet for the army uniform is not of very ancient date. Henry VIII.'s bodyguard were attired in cloth of gold and silver, changed later on to red and yellow damask. The Life Guards and Horse Guards, formed from troops who had fought in the Civil wars, were the first to be clad in red. They had scarlet coats, jack-boots, and feathered hats.

WHEN RED CAME IN.

Early in the eighteenth century the Guards wore scarlet faced with blue, and line regiments were supposed to wear red, when they could get it from their colonels. Among the earliest official orders for red is one of 1791, which says that all recruits are to be supplied with a scarlet jacket, and it was not until then that red became the color typical of our soldiers.

The great distinction between the training of a soldier and sailor is that the one is much more formal and mechanical than the other. Of course, both are drilled, but the soldier's drill is far more precise, and all his exercises and training tend to make him more of a machine than the sailor. His work, too, is not so varied, and, under present conditions, does not afford the same scope for initiative.

OLD AND THE NEW.

Ship for ship, the cost of the modern battleship and cruiser is far greater than it was in Nelson's time for battleship and frigate. The best example that we have of the old line of battleship is the Victory. She cost about £68,000 to build, and her armament would bring the cost to about £100,000. A modern battleship of the first-class costs about £1,250,000, fully armed. The frigates of Nelson's time averaged from £13,000 to £22,000 each. Our ordinary cruiser costs about £660,000.

It is an apparently well-founded superstition in the navy that vessels named after reptiles or stinging insects are very unlucky. There have been two British gunboats named Wasp; the first was wrecked with a loss of fifty-two lives; the second disappeared in a typhoon off the coast of China. The Serpent, the second unlucky ship of her name, was lost off Spain with 173 lives. The Viper, another vessel of the same class, broke her back in the North Sea, and a similar vessel, named the Cobra, also came to grief.

PURE RED BLOOD.

Is Necessary to Health, Strength and Happiness.

Pure, rich, red blood is what is needed by every woman, young or old. Thin, weak, watery blood is the cause of all the headaches, and backaches, and side-aches;—all the weakness and weariness, all the nervousness and fainting spells that afflict girls and women. The only thing that can help you is Dr. Williams' Pink Pills. These pills make new, rich, red blood, that gives new life and strength to every organ of the body. In this way they make pale, feeble girls develop into healthy, happy women, and for the same reason bring ease and comfort, and regularity to women at all ages of life. Miss J. Dietrich, St. Clements, Que., is one of the many thousands made well and happy through the use of Dr. Williams' Pink Pills. She says: "I tried several medicines but got nothing to help me until I took Dr. Williams' Pink Pills. I was subject to palpitation of the heart, a throbbing in the head, and dizziness and fainting spells. I had no appetite, and was weak, pale and discouraged when I began the use of Dr. Williams' Pink Pills. Six boxes of these have made me feel like an altogether different person, and have given me new health and strength."

Rich, red blood is the true secret of health and strength, and it is simply because Dr. Williams' Pink Pills make new, pure blood, that they cure such troubles as anæmia, loss of appetite, indigestion, neuralgia, rheumatism, St. Vitus dance, partial paralysis, kidney troubles, and the special ailments that only women-folks know. But you must get the genuine with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around each box. If in doubt, send to The Dr. Williams' Medicine Co., and the pills will be mailed at 50 cents a box, or six boxes for $2.50.

SAFE CELLULOID.

Celluloid, hitherto barred from many uses because of its explosive qualities, has been made incombustible through the invention of a French chemist. An ether-alcohol solution of celluloid is made, to which is added an ether-alcohol solution of perchloride of iron. The two are mixed, and upon the evaporation of the solvents a compound having every property of celluloid, and which is not only non-inflammable but non-combustible, is obtained.

FOUR DAYS ON A RAFT

THRILLING STORY OF THE SEA — BOY'S TERRIBLE ORDEAL.

Castaway Stood on a Frail Raft for Four Days and Nights.

The White Star liner Majestic, which arrived at Queenstown recently, from New York, brought particulars of the foundering of the Albula, and the rescue, by the British steamer Largo Bay, of one of her crew, after suffering terrible privations and after being on a raft without food for ninety-six hours.

On Dec. 15 last the Largo Bay was going on her voyage from the Mediterranean ports toward Brooklyn, United States, when the second officer, Tom Davidson, from the bridge saw a speck flashing in the sunlight three or four miles to the northward. Through the glass it looked like a bit of wreckage with a big crawfish moving upon it. The Largo Bay bore down upon the object. Captain David McGregor turned his binocullars in the direction, and saw a boy holding, as high as he could, a pair of oilskin breeches upon a stick. "It was the most pitiable sight I ever beheld," said Captain McGregor. "When the boy saw we were going to stand by to save him, he fell down upon his knees in the water over the raft, clasped his hands, bowed his head, and prayed. A boat was manned and the boy taken off the raft, which was only eight square feet in area, and upon which he was under water for some inches. The castaway had stood upon his frail craft, without sleep, fresh water, or food, for four days and nights. In half an hour from the time we had sighted him he was saved. He was so exhausted that he could barely whisper that his name was Carl Bakstrom, from near Bergen, Norway, and

HIS AGE EIGHTEEN YEARS.

The boy's hands were swollen to several times their natural size, and bleached. He wore two full suits of clothing, a suit of oilskins, and a pair of sea boots, but had no cap. He could not speak a word of English.

"When we got him aboard," said Mr. Kennedy, the chief officer, who had taken the boat to the raft, "we put him in a bunk forward, where several of his countrymen could address him in his own tongue. He kept calling for water, but the captain would not allow him to have it. The first thing I gave him was a bit of fried sole, which had been procured fresh the day before. Then I gave him a cup of fresh tea, and I bathed him in hot water. His feet began to swell. He was delirious. I took him in hand when he had fish enough. At 11 o'clock he suffered a chill, and doubled up with cramps; then I gave him a spoonful of brandy. The first thing that Captain McGregor, through the interpreter, asked him, as soon as he could talk, was whether there were any more survivors of the wreck from which he had escaped. He shook his head and repeated that he was the only survivor of the Norwegian steamer Albula, of Bergen, which had sailed from Trapani, Sicily, on Dec. 11 for Kopervik, Norway."

Bakstrom told the following story of his escape:

"On the night of the day that the Albula left Trapani a northeast gale broke out. The cargo of salt shifted, and the vessel took a bad list to port, and would not right herself. The crew numbered only nineteen, being short of the full complement, while the Albula was some

THIRTY-EIGHT YEARS OLD.

The position began to look serious. The sea boomed clean over the steamer, sweeping everything by the board. Captain Peter Flamer said that all must take the boats for the Albula would never right herself. An attempt was made to launch a boat, but it was smashed against the ship's side. Under the weight of the last sea the vessel suddenly began to turn turtle. 'May God have mercy. Every man for himself,' shouted Captain Flamer.

"I found myself going down, down, choking with sea water, and I thought that I was never coming up. As soon as I did so I could see nothing but bits of wreckage rising and falling on the swelling waves. I espied a raft not far away, swam for it, and pulled myself upon it. The carpenter on the captain's orders, had built a rude wheelhouse on the bridge to shelter the quartermaster from the tropical sun. It was only a rough affair, made of inch-and-a-quarter boards and scantlings. If it had been a permanent part of the steamer it would not have detached itself when the ship went down. I saw the second mate near me, and I succeeded in hauling him from the sea upon the raft, which turned out to be the top of the wheelhouse. The raft would not well hold both of us. The water washed over it, and neither of us could sit down.

"The second officer had been hit by the ship as she sank. He was already nearly overcome with exhaustion. He could neither sit nor stand. I had to support him standing or lash him with his oilskins in a sitting position in the water.

HE LASTED NO TIME.

On that night he died, and I pushed his body off the raft, which made the platform more buoyant, but still the boards were awash, and I had to stand day after day and night after night in the water, with nothing to drink, with nothing to eat, and with no sleep.

"On the day before you came by an Italian steamer passed close. I waved my oilskin and tried to shout, but I could not do so. My throat and mouth were parched and swollen. Another steamer passed too far away to see me. When I saw you I determined to try once more to be saved, and if I failed this time to fall off the raft and be through with it. I prayed and when I saw you turn out of your course I thought I should go mad with joy. The wind had been off shore, the raft had drifted about twenty miles to the southward of the place where the Albula went down, and she had sunk before we had gone sixty miles from Trapani."

The position of the rescue was some forty-eight miles west of the little island of Marittimo, off the coast of Sicily. The Largo Bay touched at Gibraltar long enough to land the grateful Norwegian boy, who would be sent to his home near Bergen by the Norwegian consul.—London Standard.

WHAT SPANISH TITLES COST.

Spain has 600,000 titled persons; that is to say, about one in every thirty-eight inhabitants. But such titles are held as less than nothing by the original peerage of the country. These are known as the Grandees, and form an aristocracy entirely of birth, some of them—like our old landed gentry—having no handles at all to their names, and yet entirely refusing to mix with even dukes of new creation. To become a Spanish baron $2,000 is sufficient. A viscounty costs double that amount, while to be made a count a payment of $6,000 is necessary.

MICROBE LADEN 'PHONES

THE OLD STYLE RECEIVER MAY BE ABOLISHED.

A New Swedish Instrument Puts the Receiver Over Speaker's Head.

Two important telephonic developments have been invented in Sweden and officially adopted by the Swedish Government, which should bring within early range the universal abolition of the microbe-laden mouthpiece of the present-day telephone. The new mechanism is ingenious and cheap; one being available for commercial and private use, and the other for military field operations, and railway work.

NEW STYLE RECEIVER.

The invention known as the monophone, which is for commercial use, has a receiver of a new type and of exceptional carrying power. It is about eight inches long, with a plain handle, funnel shaped at one end. This funnel, whether held above or below or at the back of the head, or pointed upwards or downwards, collects the speaker's voice and transmits his words. As the user must not apply the funnel close to his mouth the hygienic advantages are obvious.

And as the direct current of air does not come into contact with the membrane of the funnel, all disturbing vibrations are avoided and perfect articulation is secured.

It is the invention of Mr. Holmstrom, the chief engineer of the Swedish Telegraphic Office, and is much cheaper than similar instruments in use in this country.

The other invention is a field telephone and sound telegraph for military purposes, designed by Lieutenant Ljungman, of the Swedish Royal Engineers. By its aid a body of troops, horse or foot, can keep in constant touch with the general officer at the base of operations without delaying the march.

OUTFIT FOR SOLDIERS.

The apparatus is simple to a degree. It consists of a small brass cylinder, about nine inches long by three in diameter, containing a dry battery and a speaking receiver, which is strapped to the chest of the soldier. Fixed to his back are small drums which, although light, can hold 300 miles of wire, the base end being, of course, attached to a receiver. Strapped to the ear of the cavalryman is another receiver, which is also connected with the cylinder.

As the trooper gallops along, the wire unrolls from the drum, and it may either be allowed to lie on the ground or be picked up by a soldier following, who places it on the branches of trees. The cylinder receiver is so sensitive that although it is placed some 12 inches below the mouth of the trooper he need not bend his head to speak into it, or, if more convenient, the instrument can be used as a field sound-telegraph by employing the Morse system.

For the foot soldier a lighter instrument is provided. The British Government have experimented with this instrument at Aldershot, and are negotiating for a supply for the use of the army.

An adaptation of this telephone has been made for use by railway gangers to enable them to notify the nearest station of any accident or defect on the line.

OFF THE HOOK.

The British Post-office authorities are conducting a series of experiments to overcome the inconvenience caused by careless subscribers who, after using the telephone, leave the receiver off the rest.

When some few years ago, instruments of a cruder type were used, they had a "howler" device which continued to make a noise that compelled attention. The present experiments are with the object of discovering whether a similar alarm can be employed with the more delicate instruments now in use. It is not suggested that any "howler" will be devised to express the indignation of a subscriber who finds himself erroneously and frequently ring up in the search for a different subscriber.

If a man is prosperous he has no use for his friends; if he isn't they have no use for him.

It is the fellow who can't sing who generally has things offered to him for a song.

SEED TIME

The experienced farmer has learned that some grains require far different soil than others; some crops need different handling than others. He knows that a great deal depends upon right planting at the right time, and that the soil must be kept enriched. No use of complaining in summer about a mistake made in the spring. Decide before the seed is planted.

The best time to remedy wasting conditions in the human body is before the evil is too deep rooted. At the first evidence of loss of flesh

Scott's Emulsion

should be taken immediately. There is nothing that will repair wasted tissue more quickly or replace lost flesh more abundantly than Scott's Emulsion. It nourishes and builds up the body when ordinary foods absolutely fail.

We will send you a sample free.

Be sure that this picture in the form of a label is on the wrapper of every bottle of Emulsion you buy.

SCOTT & BOWNE CHEMISTS Toronto, Ont.

50c. and $1.00 all druggists.

THEY MADE THIS COUPLE HAPPY

DODD'S KIDNEY PILLS DOING GOOD WORK AROUND PORT ARTHUR.

Mr. Dick Souvey and Wife Both Had Kidney Troubles and the Great Canadian Kidney Remedy Cured Them.

Port Arthur, Ont., Mar. 12—(Special)—That Dodd's Kidney Pills cure the Kidney ills of men and women alike has been proved time and again in this neighborhood, but it is only occasionally they get a chance to do double work in the same house. This has happened in the case of Mr. and Mrs. Dick Souvey, a farmer and his wife, living about seven miles from here. In an interview Mr. Souvey said:

"My wife and myself have used Dodd's Kidney Pills, and have found them a Big benefit to our health. We had La Grippe two winters and were exposed to much frost and cold. Our sleep was broken on account of urinary troubles, and pain in the kidneys. We each took six boxes of Dodd's Kidney Pills and enjoy good health."

FROM ERIN'S GREEN ISLE

NEWS BY MAIL FROM IRELAND'S SHORES.

Happenings in the Emerald Isle of Interest to Irish-Canadians.

Lunacy is declared to be growing in Ireland, and taxation for asylums is becoming heavy.

William King, a Dublin carpenter, aged 56, died from injuries received by slipping on an orange peel.

Belfast tramways having been electrified, the corporation has sold 1,210 tramway horses at an average price of £18 each.

Mr. R. R. Gherry, K.C., has been appointed Attorney-General for Ireland, and Mr. Redmond Barry Solicitor-General for Ireland.

According to the annual report of the Irish Registrar-General, no fewer than 182 centenarians died in Ireland last year, and 711 persons over ninety-five years.

The remedy for Ireland, according to Mr. J. C. Cunninghame, the Unionist candidate for West Renfrewshire, is to encourage and foster her manufacturers, and lead her people to do a good day's work.

Dr. James B. Armstrong, a well-known medical man at Castletown, Berehaven, and a magistrate for County Cork, was on the 16th ult. found dead in his house with his brains blown out and a gun near.

At a special meeting of the Senate of the Royal University of Ireland, held in Dublin recently, the Earl of Meath (Chancellor) presiding, a resolution was adopted that in view of the disorderly conduct of students the Government should give them power to discipline them.

Belfast's municipal electric tramway service was inaugurated on the 9th inst., by a triumphal procession of six cars, on which were members of Parliament and Representatives of all the local public bodies. The first car was driven by the Lord Mayor, coached by a skilled assistant.

On the recommendation of the Earl of Lucan, K. P., the Lord Chancellor has been pleased to appoint Henry H. Shaen-Bingham of Annagh, Belmullet, to be a magistrate for the County Mayo. The appointment has caused much pleasure in the neighborhood, the recipient, who is a large landowner, being exceedingly popular amongst all classes and creeds.

A discovery of a sensational character was made last week on the road leading from Mullingar to Irishtown, and convenient to the Mullingar Workhouse. A laborer named Sullivan, while working for a local road contractor, unearthed a skeleton buried near the surface on the roadside. An old dagger was lying near it. The remains are supposed to have been lying there for a great number of years.

Larne Lough was recently the scene of a terrible disaster, resulting in the loss, under the most painful circumstances, of four lives—Chief Boatsman O'Leary, of Larne Harbor; Commissioned Boatman Sweetenham, of Magheramorne; Mr. Alexander Kerr, assistant Customs officer, Larne Harbor; and Master Dixon Beggs, son of Mr. William Stewart Beggs, a well-known Larne merchant and Urban Councillor. They had rowed out to a schooner to inspect it, and were lost on their return.

REMARKABLE FEAT.

Recently an Indian fakir appeared at a circus in Berlin, where he astonished the audience by lifting a boy with his eyelids. The boy made himself as small as possible, and was put into a net to which was secured a string that was provided on each end with a little cup just large enough to fit over the eye. The fakir pressed these little cups over his eyes, where they held fast, then threw his head back and slowly straightened his body, thus lifting his burden, which he then carried about—his arms being outstretched all the time—and finally lowered it slowly to the ground again. How is it possible for any man to do this? The only explanation is that the cups were fitted into the eye-sockets so that they held on the edges of the sockets, but it is not likely that the trick will be imitated by even those prestigiators who consider themselves very expert.

THE EDITOR.

Explains How to Keep up Mental and Physical Vigor.

A New Jersey editor writes:

"A long indulgence in improper food brought on a condition of nervous dyspepsia, nearly three years ago, so severe that I had to quit work entirely. I put myself on a strict regimen of Grape-Nuts food, with plenty of outdoor exercise and in a few months found my stomach so far restored that the process of digestion gave me pleasure instead of distress.

"It also built up my strength so that I was able to resume my business, which is onerous, as I not only edit my own paper but also do a great deal of 'outside' writing.

"I find that the Grape-Nuts diet enables me to write with greater vigor than ever before, and without the feeling of brain-fag with which I used to be troubled. As to bodily vigor—I can and do walk miles every day without fatigue—a few squares used to weary me before I began to live on Grape-Nuts! Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the little book, "The Road to Wellville," in pkgs.

PEDLAR'S STEEL CEILINGS

Designs suitable for all classes of work such as Churches, Schools, Stores, Halls. Also special designs for Houses, Kitchens, Dining-Rooms, etc. Nothing has ever been devised to equal Pedlar's Steel Ceilings for farm houses. Cheap as lath and plaster and will never crack or face off.

Avoid Accidents By Using

Pedlar's Steel Ceilings

Made to fit any size room and can be nailed on by any mechanic. Shipped from our warehouses painted all ready to apply.

Our Catalogue, No. 14c describes many designs. Write for it. It costs you nothing. Write to-day.

THE PEDLAR PEOPLE

MONTREAL, QUE. 767 Craig St. OTTAWA, ONT. 423 Sussex St. TORONTO, ONT. 11 Colborne St. LONDON, ONT. 89 Dundas St. WINNIPEG, 76 Lombard St. VANCOUVER, B.C. 615 Pender St.

WRITE YOUR NEAREST OFFICE.

Head Office and Works, - - - Oshawa, Ont., Canada.

CLIFTON SPRINGS SANITARIUM

CLIFTON STRINGS, N. Y.

1850 - 1906

THIS FAMOUS HEALTH RESORT enjoys a world-wide reputation for its home-like comforts and the excellency of the service rendered to seekers after health or rest, by its staff of physicians, trained nurses and attendants, and the increasing patronage from Canada and the Provinces is very appreciative in its commendation of our work.

WITH FIFTY-FIVE YEARS' EXPERIENCE in the use of the best in Medical, Surgical, Electrical and Hydrotherapeutic Treatments, and the finest treatment rooms in the country, we can assure our patrons of the skill of that which will prove most helpful and suited to their individual needs.

To those seeking A HAVEN OF REST we extend special features that will not be found elsewhere, and we invite your correspondence and inspection. Our rates are most liberal and our service is unequalled. No tubercular or insane cases received.

Write for booklet X and particulars.

THE success of pastry depends upon the flour. Bread and pastry must be more than merely appetising; they must be wholesome, digestible, nourishing.

The flour depends upon the wheat and the way it is milled.

Royal Household Flour

is made from spring wheat only. It is milled by the newest and best machinery. It is purified by electricity.

Use it and you get bread not only light, crisp and appetising, but also wholesome, digestible and nourishing.

You will better your baking by buying Ogilvie's Royal Household Flour from your grocer.

Ogilvie Flour Mills Co., Ltd.
Montreal.

"Ogilvie's Book for a Cook" contains 130 pages of excellent recipes, some never published before. Your grocer can tell you how to get it FREE.

101

HINDU WOMEN.

The Hindu holy books forbid a woman to see dancing, hear music, wear jewels, blacken her eyebrows, eat dainty food, sit at a window, or view herself in a mirror, during the absence of her husband; and allows him to divorce her if she has no sons, injures his property, scolds him, quarrels with another woman, or presumes to eat before he has finished his meal.

For Years Canadians have been using "The D. & L." Menthol Plasters and the sale for them is greater than all other plasters combined; a specific for backache, headache, sciatic pains.

She—"'Tis ever woman's lot to suffer in silence." He—"Yes; and if they'd only let us suffer in the same way how happy we'd be."

Catarrhal Headaches.—That dull, wretched pain in the head just over the eyes is one of the surest signs that the seeds of catarrh have been sown, and it's your warning to administer the quickest and surest treatment to prevent the seating of this dreaded malady. Dr. Agnew's Catarrhal Powder will stop all pain in ten minutes, and cure. 50 cents. 121.

IN A GLASS HOSPITAL.

New Scheme for Securing Complete Isolation.

A recent innovation at the isolation hospital at Chingford, England, should be watched with great interest by public health authorities. In the group of buildings which constitute the isolation hospital for the Urban District of Walthamstow is a twelve-bed pavilion, which is an entire departure in construction from all previous isolation buildings.

The block contains twelve beds, six on either side of the central nurses' duty room. Each half of the building is divided by plate glass partitions, into six separate self-contained cubicles, with 2,000 cubic feet of air space each. Each cubicle is entered by a separate door from the outer air. From the nurses' room the twelve patients can be seen at any time through the observation windows.

Dr. Clarke, says the Municipal Journal, sums up the advantages of the cubicle as follows—

1. Isolation as complete as in a detached pavilion and avoidance of infection.

2. The avoidance of possible infection from tuberculosis, which children may develop in an active form after severe acute illness.

3. Patients absolutely separated, and at the same time under observation.

CHARITY BENEFITS BY BETS.

The sum of $480,000 which represents a 1 per cent. tax on betting transactions under the French law, between January 16th and December 1st of the present year, is available for the relief of the poor in that country.

FOR SALE — JUST ARRIVED AND FOR sale 24 imported Clydesdale stallions and 5 Hackneys; farm 2½ miles from end of street car line.—O. SORBY, Guelph, Ont.

Where Fortunes Grow.

Greatest Trucking District of the South. Lands cheap and climate ideal. Send for descriptive booklet, free.—E. L. MERRITT, Citizens' Bank Building, Norfolk, Va.

STARR'S MAGIC RHEUMATIC CURE Guaranteed to cure Rheumatism, Acute, Inflammatory or Chronic; also Neuralgia, Sciatica, Lumbago, and all Kidney troubles; removes Uric Acid from the system, gives immediate relief. Dont suffer, but send for a bottle at once. Osborne' Remedy Co., 175 Yonge St., Toronto, Canada. $1.00 per bottle.

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in any form and cold perspiring feet positively cured within 30 days, by our newly patented Magnetic Discs or money promptly refunded. Mailed anywhere $1.00. Write for descriptive booklet. Agents wanted. MAGNETIC RHEUMATISM CURE CO., Sherbrooke, Quebec, Canada

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Before buying write us, or see our agent near you, for prices. We have the largest stock of fruit trees to be found in Canada. We pay the freight.

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Improved farms and unimproved wheat and ranch lands, wholesale and retail, in Manitoba, Saskatchewan, Alberta and fruit lands in Southern Okanagon Valley, B. C.,

Wheat lands on Saskatchewan Plains $7.10 per acre, easy terms till June. Make selections, the finest wheat lands in the world.

Lands located. Selections made. Call for any information desired.

CURRENT TOPICS

What Tennyson calls "the ape and tiger" in us is caged only, and comes when the cage has been unlocked by war or broken open in revolution. The Russian peasant—e.g., is as gentle and kindly creature, and kind to children; yet, when the peasant has become a soldier and tasted blood, he can commit atrocities as those recorded in Father Gapon's "The Story of My Life" of the dreadful Sunday in St. Petersburg, 22, 1905, when nearly a thousand armed and unarmed men were slaughtered and five times as many wounded. "The captain of the Semenovsky regiment, Nachtigal, who ordered the first volley near Dvorstsovaya Place, met with the evidence of his own and wounded, forced them to examine the rifles of the men, which were found not recently fired. The eight men were placed under arrest. The people from whom fell victims to the rifles either to see better or had climbed into the trees or approached Mansion House, a child on a branch in the mission of his house fell down. The officer quickly finished the job."

"Do they kill Jews in Russia?" asked a Kisheneff Jewess, in Miss Annette Meakin's book, Russian Fairy Tale Tales. "Kill Jews? Why, I should think not! Indeed! Jews in England! Why, they are one of the best men in the country. Jews. They are officers, physicians and our lawyers. Why, I should like to see them try!" "Well, they do not do so. Surely only the bad men are Jews?" "No, indeed! Students, even, are beaten when they do not go first to one shop and then to another. The truth is, as Mr. Gladstone said, the Russian Jews are the government's best friends, because they are the people's friends. Hence the slaughter." A Russian peasant, who found in a Jew a friend, was a Jew herself.

If, as the Russian peasant stand, the Jew is the friend of the other, the Jew is a Russian peasant, in a central Russian district. The German sent to the nearest town for a long rope, which he stretched across the field, harnessing each end to a horse. As the horses moved forward the rope dragged between them was drawn over the young blades of corn and so disturbed the cockchafers that they migrated in a body to the field of the Russian peasant. The Russian peasant, with the effectiveness of this practical remedy under his eye, sent for the priest to exorcise the cockchafers by sprinkling the field with holy water!"