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## Backache, "The Blues"

Both Symptoms of Organic Derangement in Women—Thousands of Sufferers Find Relief.



How often do we hear women say: "It seems as though my back would break," or "Don't speak to me, I am all out of sorts?" These significant remarks prove that the system requires attention.

Backache and "the blues" are direct symptoms of an inward trouble which will sooner or later declare itself. It may be caused by diseased ladanum, some uterine derangement. Nature requires assistance and at once, and Lydia E. Pinkham's Vegetable Compound instantly asserts its curative powers in all those peculiar ailments of women. It has been the standby of intelligent American women for twenty years, and the ablest specialists agree that it is the most universally successful remedy for woman's ills known to medicine.

The following letters from Mrs. Oakes and Mrs. MacNamee are among the many thousands which Mrs. Pinkham has received this year from those who have been relieved.

Surely such testimony is convincing. Mrs. J. P. Oakes of Prince of Wales Hotel, Head of St. Margaret's Bay, near Halifax, Halifax County, Nova Scotia, Canada, writes:

Mrs. Pinkham—Vegetable Compound did for me I am afraid believe it is a wonderful medicine, and that any woman who is troubled with any of the ills we suffer from should try it, and she will soon be convinced of its worth. Six bottles changed me from a weak, debilitated, sickly, ailing woman to a sweet, temperate, strong woman who rarely even has a pain now, and who before was rarely without one. As a regulator, strengthener and a tonic, I think it has no superior and I certainly endorse it.

Mrs. Anna R. MacNamee of corner

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

## Glenelg Township Council.

The Council met November 11th pursuant to adjournment. All the members present, the reeve in the chair. Minutes of last meeting read and confirmed. Communications read as follows: From T. Dunn, claim for removing obstructions off the road; From Wm. Johnston Jr. for plank and work at lot 28, con 2, E.G.R.; From Mr. Lander, account for registering deeds; From J. A. McMillan and E. W. Hunt, reports on expending balance of Ward appropriations and Statute Labor funds; From David Kiuney re arrears of taxes; From Clerk of the Peace re Jurors' Lists; Account from J. Schneiter for cedar for bridge; From Chas. Basnay, iron for bridge.

Hunt—McMillan—That cheques is-

ue for the following amounts, being balance of ward appropriations in Wards 4 and 2, viz:

Ward 4.

John Wilson, ditching at lot 8, con 10..... 7.00

Wm. Boyd, cutting for culvert, lot 6, con 13..... 50.

Wm. Lennox, building culvert at lot 2, con 13..... 7.50

Thos. Greenwood, gravel, lot 35, con 1, E.G.R..... 2.00

John McKechnie, grading and filling at lot 13, con 1, E.G.R..... 15.00

Michael Kiliany, stonewalling at lots 31 to 34, con 2, E.I.R..... 1.00

Thos. Greenwood, day's work at lot 27, con 2, E.G.R..... .75

George Ritchie, brushing lot 35, con 2, E.G.R..... 2.00

Jas. McNally, building culvert at lot 8, con 10..... 15.00

Jas. Dargavel, cost of repair of culvert, G. & B., lot 2..... 50

Total Balance of Appropriation Ward 4..... \$51.35

Ward 2.

P. Halley and J. P. McMillan, grading and brushing lot 20, con 4, E.D.R..... 19.30

D. McGinn and A. McArthur, repairing and grading at lot 34, con 2, N.D.R..... 10.00

A. McQuarrie, repairing bank water, lot 43, con 2, N.D.R..... 20.00

D. McDugald, clearing ditch, lot 51, con 3, S.D.R..... 1.00

A. McMillan, braving, lot 40, con 3, N.D.R..... 3.25

A. McLeod, building culvert at lot 43, con 1..... 7.00

Wm. Seaton and A. Stonelhouse, stonewalling on G. I..... 6.00

J. McArthur, grading, lot 30, con 1, N.D.R..... 5.00

Thos. McGrath, repair of crossway, lot 13, con 1, N.D.R..... 1.00

J. McColl, building culvert, lot 20, con 3, S.D.R..... 1.50

Wm. Mathews, work on bridge, townline G. & B., con 2, SDR..... 50

J. A. McMillan, overseeing on townline G. & B., con 2, SDR..... 50

D. McCormick, brushing at lot 23, con 4, N.D.R..... 1.00

A. McQuarrie and A. McArthur, putting supports under bridge, lot 47, con 3..... 2.00

A. Stonehouse, repair of culvert on gravel road..... 50

Total for Ward 2..... \$78.80

Statute Labor fund expended in Ward 1..... 4.00

Statute Labor fund expended in Ward 2..... 16.50

Arowsmith—Uin—That D. McDonald be paid \$145 for building road at lot 104, con 3, W.L.R. and Michael Ryan \$27.00 for making culvert at same place, and Alex. Hall \$1.00 for repair of culvert at lot 10, con. 13; Charles Basnay \$11 for iron for Orr's bridge, and Jas. Schnetzer \$3.64 for cedar for Orr's bridge. —Carried.

McMillan—Weir—That the Reeve, Clerk and Assessor be paid \$3 each for selecting jurors for 1906.—Carried.

Arr.-smith—Weir—That John Quilliam be paid \$3.00 for graveling at lot 21, con. 11; George Leitch \$25.00 for graveling at lot 22, con. 11; and John Bennett \$12.00, 1/2 cost of graveling on towpline G. & H.—Carried.

Hunt—McMillan—That John Colbert be paid \$5.50 for repairs and fill at lot 5, con. 8, and Thos. Dunn \$3.00 for removing trees of baseline.—Carried.

McMillan—Weir—That Wm. Johnston Jr. be paid \$4.00 for repairs and work at lot 28, con. 3; also Thomas Lander \$3.10 for registering deeds.—Carried.

Weir—McMillan—That gravel accounts be paid as follows: Gilbert McKechnie \$2.20, John McArthur \$3.20, Archie Ector \$5.40, Jas. Wilson \$2.20, D. Dargavel \$1.50, A. Lindsay 30cts.—Carried.

McMillan—Arrowsmith—That the Reeve be authorized to draw on the treasurer to the amount of \$50 in part payment to Mr. Farrelly for building bridge at lot 47, con. 3, N.D.R., and that he further authorized to draw on the treasurer from time to time for same purposes as the work progresses, but not to exceed 5% per cent on the amount of contract.—Carried.

Further payments were made as follows:

Dan Kennedy, repair of bridge at lot 10, con. 11..... 2.00

Geo. Leitch and A. Black, part pay for snow fence, Morrows hill..... 50.00

James McGilvray, work at culvert at lot 5, con. 2, N.D.R..... 7.00

Geo. Whitmore for cement pipes 18'..... 5.00

J. A. McMillan, conveying John McIntyre to House of Refuge 2.00

G. Arrowsmith, conveying Martin Dunn to House of Refuge 2.00

The Clerk on salary..... 35.00

Geo. Arrowsmith, commission on expenditure..... 6.35

The Reeve, accounting and inspecting, Hamilton dev..... 4.00

The Clerk for conveying..... 1.50

By-laws 450 re telephone poles, 457 establishing new road, 438 closing old road, and 459 holding nomination was passed.

John Nichol Jr. was exempted from paying land taxes on account of fire; Mrs. Cameron was exempted from paying land taxes and statutory labor, the amount of \$5.64; and Hector McLean was exempted from paying land tax, the said parties being unable to pay on account of sickness.

The council adjourned to December 10th at 10 a.m.

J. S. Black, Clerk.

Cold Settles in the Back.

It hits people in a tender spot and makes it mighty hard to brace up.

Nervilene takes that kink out of your spinal column in short order; it soothes that's why relief comes so soon.

Five times stronger than ordinary remedies, Nervilene can't fail to cure lame back, lumbago, sciatica and neuralgia. Nervilene is instant death to all muscular pain. For nearly fifty years it has been the largest selling nostrum in Canada. Better try it.

Mr. H. Vernon, Listowel, Ont., writes: "We can say that 'Iozone' has done my wife's eyes more good than we ever expected in this world."

Price 50c. Address: THE IOZONE REMEDY CO., 106 Adelaide, W. Toronto.

\$2.0000 forfeit if original of above less than can be produced.

For Sale by R. L. Stephen, Markdale.

Why That Weariness?

You're uneasy, restless, without appetite. Still worse you are thin and fagged out. Work must be done, but where is the strength to come from?

Make your blood nutritious and you'll have lots of strength. Your only hope is Ferrozone, an instant blood maker, blood-purifier, blood-enricher. It brings keen appetite, digests food and supplies nutrition for building up the bodily tissues. Ferrozone makes muscle and nerve-fibre, increases your weight, instills reserve of energy into the body that defies weariness or exhaustion from any cause. To have virility and healthy vigor use Ferrozone which all dealers sell in 50c boxes.

Chamois Vests are the best protection against winter winds for persons of delicate constitution. See them at Waudby.

For sale, pair spring colts, one by "Gauthier" and one by "Gen MacLean".

Wm. Stoddard, 10th Glenelg.

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