

YOUNG FOLKS

BEIN' SICK.
When I am really sick abed it isn't even any fun. I feel all my bones ached. An' hate to take my medicine. Th' sheets get stickyish at hot. But I am not allowed to kick 'em off, or read, or talk a lot. When I am sick.

I hate for all the folks about. To come an' pat me on the face an' say, "Poor child, you'll soon be out."

An' tip toe all around the place. They go when I pretend to be asleep—do it for a trick; I don't like folks to pity me. When I am sick.

My mother's diff'rent—I don't care if she sits by me once or twice an' says "Poor boy," an' smoothes my hair.

She ain't just tryin' to be nice. They bring warm squashy things to me for meals, an' make no eat 'em quick.

I'm miserable as I can be when I am sick.

TEDDY'S FURTS POCKETS.
"I want pockets in my new pants said Teddy." "You're too little," said mama. "Please, mamma," Teddy pleaded. "Dad goes by pants." "All the big boys have them."

"Well," mama replied, "I suppose you must have them. Yes I will put some in."

"Nonsense!" exclaimed Aunt Emily. "Clara, you don't mean to let that baby have pockets? He will have them full of rubbish and in a dreadful condition all the time. He's too little for trousers, to say nothing of pockets."

But mama put the pockets in and Ted was happy. He went round with his hands in these little snuggeries, feeling very proud and grown-up, and trying to whistle; and by and by he began to put things into them.

"If I had the darnin' cotton I would mend the stockings," said grandma, "but it isn't in the basket."

"Here it is," said Teddy, taking a little thick ball out of his right pocket. "I found it out in the garden. I didn't know it was down there. I thought it was just string."

"You didn't happen to find my pencil did you?" asked Sister Sue. "I lost it yesterday, and I can't find it anywhere."

"Yes," said Teddy. "It was in the wastebasket. I picked it out and put it in my pocket. I didn't know it was yours, Sue," said he, as he passed it to her.

Pretty soon mama could not find her thimble. "I had it this morning," she said, "and all at once I missed it. I am sorry for it, it was the one you gave me, Emily."

"There it is," said Teddy. "I found it down in the easy bad. I used to give it to you, but I forgot."

"I must have fallen off the window sill," said mama. "I remember now. I was sitting by the garden window."

That afternoon Sister Mary and if anybody had seen a button, for she had lost one off her blue dress. Tom inquired if anybody had run across his jack-knife, which he was using at noon and mid-day. Johnnie needed a piece of string, and grandpa could not find his little brother.

"I took it all back, Ted," said Aunt Emily, laughing. "Your parents certainly are the ones in the family. You don't happen to have a box of chocolates, do you?"

"No," said Ted. "I have some candy that isn't chocolate. Mr. Smith gave it to me. He tody."

Aunt Emily laughed again. "There Clara," she said. "I told you so."

HOW TO TAKE A WALK.

"Walking has the best value as a pastime for the mind. Men shall never break down in a speech if they have walked twelve miles a day. In the English universities the leading men are daily performing their punctual training in the boat clubs or a long gallop of many miles in the saddle, or taking their fond 'constitutional' walks of eight and ten miles. Walking," said Rousseau, "has something which animates and vivifies my ideas. And Plato said of exercise that 'it would almost cure a guilty conscience.' For the living out of doors and simple fare, and gymnastic exercises and the morals of companions produce the greatest effect on the way of virtue and of vice."

Few men know how to take a walk. The qualifications of a professor are endurance, plain clothes, old shoes, an eye for nature, good humor, vast curiosity, good speech, good silence and nothing too much.

JAPANESE PAPER.
The Japanese excel in the making of paper from the bark of trees and shrubs. Among the remarkable varieties are the thin rhinoceros paper used instead of glass for windows, the oiled papers serving for waterproof coverings and clothing, and the oiled tissue for wrapping delicate articles. The bark paper employed for meal and grain sacks is not readily penetrated by weevils and other insects. Most interesting from which tobacco pouches and pipe cases are made, these leather papers being almost as tough as leather. They are guaranteed free from opium and are harmless. Sold by all drugstores or sent by mail at 25 cents a pound by writing "The Dr. Williams Medicine Co., Brockville, Ont."

DANGEROUS COLDS.

Influenza, Bronchitis, Pneumonia or Consumption Often Follow a Neglected Cold—Avert the Danger by Keeping the Blood Pure and Warm.

Heavy colds strain the lungs, weaken the chest, banish the appetite, cause malnutrition. Patients who have been ill, whose hands and feet are always cold, their lungs are soft—the heart cannot send out blood enough to make them sound and strong. Then comes the cold and cough, racking the frame and tearing the lungs. The cold may turn into pneumonia, influenza, consumption or bronchitis—a lingering illness or a swifter death. All weak people should use Dr. Williams' Pink Pills. The rich, red blood they make strong the heart, and it sends this warm, healing blood to the lungs, and once again the patient is a strong-lunged, warm-blooded man or woman. Mrs. Jane A. Kennedy, Douglastown, Que., bears the strongest testimony to the value of Dr. Williams' Pink Pills in cases of this kind. She says: "My sister, a delicate girl, took a severe cold when about seventeen years old. We tried many medicines for it, but, as I appeared to be constantly growing worse, and I feared she was going to die, I called in Dr. Williams. After a few days he came to see if she had got up to get well. At this stage a friend strongly urged me to give her Dr. Williams' Pink Pills. Within a month from the time she began to take the pills she had almost recovered. Often after she had spit any blood. As this stage a cold would get up to see if she had got up to get well. At this stage a friend strongly urged me to give her Dr. Williams' Pink Pills. Within a month from the time she began to take the pills she had almost recovered. Often after she had spit any blood. As this stage a cold would get up to see if she had got up to get well. At this stage a friend strongly urged me to give her Dr. Williams' Pink Pills. Within a month from the time she began to take the pills she had almost recovered. Often after she had spit any blood. 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