

WIRE OVER
BAKERS IN OLDER TIME
Were Greatly Restricted, But Had Privileges.
The profits of the bakers from the days of King John to the days of Edward I. were not of the bakers, but of the lords and nobles, who on each quarter were to be such for his own sake as to be such for his own sake as to be such for his own sake.

THE DIVINE COMMAND
"Sanctify Ye a Fast; Call a Solemn Assemblage"
The Episcopalian Lent, in the next place, is a time for spiritual housecleaning. As the "spring fast" is business man takes an account of stock, we find the spring fast comes just before the days when the houses are being cleaned. It is the time when the houses are being cleaned. It is the time when the houses are being cleaned.

FOR THE HOME
Recipes for the Kitchen, Hygiene and Other Notes for the Housekeeper.
Lobster Sauce—Pour a fine lobster, take out all the spaw, and wash it very fine, with a little butter; take all the meat out of the claws and tail, and cut it on small square pieces, put the spaw and square pieces in a spoonful of anchovy liquor, one spoonful of catsup, a half of mace, a piece of horse-radish, half a lemon, a gill of gravy, a little butter rolled in flour, just enough to thicken it. Put in a few drops of cayenne, and boil for six or seven minutes; remove the horse-radish, mace, and lemon, and squeeze the juice of the lemon into the sauce; simmer and serve hot.

THE S. S. LESSON
INTERNATIONAL LESSON.
MARCH 13.
Text of the Lesson, Matt. xiv. 12. Golden Text, Rev. ii. 10.
Again we pass over many events between the lessons. After the stilling of the storm, the next day, the man (Matt. viii. 28, says two) at Moirana and suffered them to enter the mine. Then, at the earnest request of the Gadarenes, he departed out of their country, and went to the borders of Tyre and Sidon. He then healed the woman who had been twelve years sick and raised to life the ruler's daughter, who was just twelve years of age (Luke viii. 42-43). He once more revisited Nazareth and taught in the synagogue. He left them, marveling at their unbelief, while He denied the request of the healed man who wanted to abide with Him. He then healed the woman who had been twelve years sick and raised to life the ruler's daughter, who was just twelve years of age (Luke viii. 42-43).

GEURIA GROWS FOOD
RUSSIANS HAVE ABUNDANT SUPPLIES.
Barrels of Flour Turned Out Daily at Harbin.
It has been said since the talk began regarding the difficulty there would have to be brought to the front of Manchuria by the Russian, it seems, has no intention and thanks to his own foresight, has no need of taking any long chances with his commissariat, for he has a base of supplies right in Manchuria itself. The half of Manchuria is densely populated; and a broad stretch from Newelwang to Harbin, a distance of about 300 and 400 miles as far as from Toronto to Montreal, is one of the most fertile regions, as rich a farming country as can anywhere be found. The branch railroad which connects Port Arthur at the southern extremity of the peninsula with the Trans-Siberian Railway, therefore, carries a large number of the 1,000,000 inhabitants, and here are found some traces of the long line of passages which once marked the boundary line between Southern Manchuria and Mongolia.

FOR THE HOME
CLEANING A SHEEPSKIN RUG.
A couple of weeks ago, a correspondent wrote us, asking how a sheepskin rug could be cleaned. We were about to refer the matter to our readers, when we came upon the "how to do it" in an exchange, illustrating the truth of the old saying: "All things come to him who waits." It can wait long enough. It is a simple matter to clean a sheepskin rug. It is a simple matter to clean a sheepskin rug. It is a simple matter to clean a sheepskin rug.

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The Lenten season is an annual plan for the spiritualization of the church. Ministers of the different Protestant churches are more and more getting into the custom of holding a "retreat," at least once a year, where, by fasting and prayer, they may spiritually prepare themselves for their ecclesiastical ministrations. At least once a year as members we should get into a spiritual retreat. In that "retreat" we should call upon our Heavenly Father that the Holy Spirit may bless us in our relationship with our midweek prayer meetings and Sunday schools and Christian work.

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