HEALTH

Abortive Treatment of Typhoid Fever.

Whatever may be the cause or the essential features of this disease, the question of greatest interest in regard to it is, "What is to be done with it?" If it is possible to strip it of its terrors, and to say to its victims, "You are in no danger," and "you will be quite well in a few days," and to make the assurance *good*, it will be a step—yea, a long stride—in medical progress. It is not the object of this paper to discuss the merits or the demerits of any theory or to controvert any of the doctrines that now prevail or that have prevailed, in the profession, or out of it, in regard to the nature of this justly dreaded malady. Theories without practical results are at best only vanities. The circumstances that led to the adoption of the treatment detailed in this paper need not be mentioned. It is a matter of no consequence whether the course pursued was prompted by theory or by no theory. What the case was, as measured by ordinary diagnosis, what was done for it and the results, are the things that claim attention.

The patient was a business man of middle age, of good bone, intelligence and extensive acquaintance. His saints were exceptionally good, but his business enterprises had overtaxed his brain and deranged his nervous system. The prognosis and disease was rapid. Early in the second week the condition teeth and lips, the hard, black coating on the tongue, the flowing of large quantities of bloody stools, the peculiar wild expression of the eyes, the constant muttering delirium, the tremulous movements of the hands, the picking of bedclothes and of imaginary objects in the air, the frequent and sudden pulse, the sympathetic abdomen, the diagnostic petechiæ, all pointed to a speedy and fatal termination. The gravity of the symptoms increased till the tenth day. Hope was almost gone. The conclusion not be many days distant. Books and medical teachings afforded no ground of encouragement. What was to be done?

This I will now tell. The patient was put in a tub bath, 105°, and closely wrapped; head kept cool, pulse and temperature, skin and foot, kept up for two hours; patient carefully watched up; sweating freely in thirty minutes; continued for ninety minutes; removed to a blanket wraps and hot jugs; prolonged cutaneous action; washed out over four hours and taken to his room; sweating continued; delirium and sensibility nearly gone; enjoyed the sweating; urged to have it continued at bed time; next morning, after 17 hours, it was his greatest joy a short time; symptoms greatly modified; treatment repeated from 9 a.m. to 8 p.m.; improvement of longer duration; black surface becoming moist; tongue clean; typhoid odor almost gone; pulse nearly natural.

The patient slept well and got much refreshed next morning; appetite and energy to enjoy a light breakfast; and call for more than was allowed him. Sweating repeated for 11 hours next day at his own request. After a wash off the diseased himself, went out among the patients and enjoyed their quiet sports for a short time. Took that your he partly on third day; a wiry man, as he really was. In the course of typhoid he cut his hair.

Treatment of Strains.

For several years I have found in the hand of empiricism a remedy which has stood good results that I have tried it on different applications, extensive when the injury is of a sprain. A friend recently recommended it, and I have found it to be all he claims for it. The remedy I allude to is simply a wash of the parts affected with water as hot as can be borne, and then the part is bandaged with a common roller, which is kept wet with the same water. In severe cases the bandage should be kept wet for two or three days, when the parts will be found free from pain and swelling. The bandage should be then left off, and the part bathed with the water as before, when it will be found that the sprain was so far cured that the patient can walk about. I have used this remedy in my own family for a sprained ankle, and it was well in two days. I have also used it in my own person, and it has never failed to cure in a few days. I have also used it in my own family for a sprained ankle, and it was well in two days. I have also used it in my own family for a sprained ankle, and it was well in two days. I have also used it in my own family for a sprained ankle, and it was well in two