The Daughter at Rome.

In none except a Christian land is the daughter at home regarded as a precious thing. Everywhere in the heathen world, if you have been born into the family of either prince or peasant, there would have been the deepest regret and shame. It is very difficult to make Canadian girls understand the feeling with which girl children are received among the people, for instance, of China or of India, where the principal use to which a girl can be put in her parents' eyes is her future sale to somebody as his wife. Indeed, the whole home idea is built pies and will keep well if not all used at one upon the love of Christ, and home, as we understand it, is quite impossible in a heathen land. Our daughter at home is the pride of her father's eyes. We will suppose soaked an hour, two eggs, one scant teaher to be where you'are, Mollie, just tripping spoonful of soda and two teaspoonfuls of gayly on in that enchanted ground where the cream tartar, and two cups of flour. "brook and river meet." She is not very far beyond her childhood, yet she has not and a half cups of sugar, half a cup of milk, quite reached womanhood. Strange to say, two and a-half cupfuls of flour, yolks of Scates. she feels older now in some ways than she four eggs and one whole egg, half a teawill feel by and by, and she is sensitive to spoonful of cream tartar and fourth teaspoona degree about being treated as a child, al- ful of so la. Bake in four layers. Beat the though now and then, especially in the half | whites of the eggs to a froth, and make stiff hour just before bed-time, she dearly loves with powdered sugar and a little flour. Put to cuddle up to her mother and have a real between each layer of cake the frosting, then childish confidential talk.

This leads to my first thought for you, dear Mollie, and that is "Be sure to have mother for your best friend." It is not right that as you grow up and form other ties the dear mother should be left out alone in the cold, timidly hovering in the background when you have company, and seeing herself de trop in the rush and whirl of your gayety. Girls would not make the mistakes they often do if their mothers were in their ful confidence. I cannot conceive of a girl's carrying on an absurd flirtation with her man, preparing herself a whole life-time of mother all her daily experiences and accept- paper-lined pan. Buster the paper. ing that best friend's sincere loving advice.

and daughters are often united in bonds of thin pastry. the truest, most devoted attachment, and a girl misses something beautiful in life who with her tather. One of the most charming tom crust only. women whom I have ever met acted during a period of eight girlish years as her father's case in the courts, and was struck with the of the eggs beaten to a froth. f set simply stated that "Miss - sits by her father's side, the most interested and daughter.

As fathers grow gray and middle-aged they long for the little tender attentions which nobody can give so gracefully as their daughters. The helping hand when father puts on his heavy coat, the last little settling touch removing a stray speck of dust before he goes to business, the kiss of welcome when he returns at evening, ought to be part of his daily life with his girls.

If he loves music, Kitty or Susie ought always to be ready to play for him and sing tory, near Indianapolis, is managed excluto him. Many a time I should think the sively by women. good man would have a little speculation in sive masters, since his pretty daughter was bands. so at a loss when asked to play simple airs or sing simple songs. If I were again a girl, and a daughter at home, I would know how to play what my father liked, I would learn the games of chess or checkers which pleased him, and in one or another way I would set myself to entertain and amuse him, so that the home evenings should be full of interest and fascination.

This would be partly for my brother's sake as well as for my father's. There comes a period in the lives of grown-up boys when | though architecturally their lines are so they strain a little at the leash which binds much of the last season's that the effect is them to the fireside. They resent control that of looking backward through a magniand regard authority as intrusive and in- | fying glass. sulting to their manliness. Now is the sister's hour. She should be a person of resources, making the evenings attractive, bringing pleasant young people in, managing affairs in such a way that without his dreaming how it is done her brother finds the home attractions superior to any which can be offered elsewhere.

There are light parts of the housekeeping in which the daughter at home can relieve her mother, as in the care of the parlors, of the silver, the making of desserts, the mending, the teaching of the younger children. The sweet, pure face of one such daughter rises before me as I write. I met her yesterday in a muddy street down town. A drizzling rain was falling, and the pedestrians who slipped and splashed along, their candy, she told me, and I happen to know States. that such errands are among the constant happenings of her day. To care for an invalid mother, to be eyes and hands for a busy father, to overlook the wardrobes, manners and morals of little sisters, and to have time to answer everybody's call at every and any moment are the sweet duties accepted by this young girl, who is my ideal of a daughter at home.

The daughter at home should stand quietly but firmly for temperance, for good morals, and for reverence to God. If her friends of the other sex know that Miss-receives none to her favor who are opposed to religion, that she will not countenance young men who are profane or of doubtful virtue, Miss—will be a public benefactor. Very softly and gently may her influence be exerted, yet nevertheless it will be felt, if she refuses to be dazzled by any one, however agreeable, who is not known to be living a pure life.

Uhoice Receipts.

into a stewing pan with two ounces of butter, and elaborate.

half a teaspoonful of salt, and a little white pepper; stand them over the fire until they are thoroughly heated, then turn into a shallow baking-dish, and break over them sufficient eggs to cover, being careful to keep the yelks whole; sprinkle over the top stale bread-crumbs, dust with salt and pepper, and bake in a quick oven five minutes. Serve with buttered toast.

MOCK MINCE MEAT. - Two cups of sugar, one cup of molasses, one cup of rolled crackcups vinegar, one-half cup of butter, one-half pound of raisins, one teaspoonful each of cinnamon, cloves and nutmeg. Heat all together for the year. before using. This quantity will make six baking.

COCOANUT CAKE :- One cup of sugar, one half cup of butter, one-half cup of milk, in darling of her mother and the very light and | which a cupful of dessicated cocoanut has been

> COCOANUT PIE :- Half a cup of butter, one the dessicated cocoanut, and frost the top.

CHOCOLATE CAKE OR PIE :- Two cups of sugar, one cup of butter, four eggs, four cups of flour, two teaspoonfuls cream tartar, one and nine-tenths; in England, three; in teaspoonful soda, one cup of milk, one teaspoonful lemon. This will do for six tins.

Filling :- Two cups of sweet chocolate, grated, one cup sugar, one cup of milk ; boil until thick. For frosting, take the whites of two eggs, two cups of sugar and a little

Pound Fruit Cake .- One pound each o father's gardener or eloping with the coach- flour, sugar, butter and raisins, two pounds of currants, one half pound of sliced citron, wretchedness through her silly sentimental. one ounce each of mace, cinnamon, grated ism, if she were in the habit of telling her nutmeg, cloves and eight eggs. Bake in a

JELLY CUSTARD PIE.—One cup of sugar, The daughter at home should be very one and one-half cups of butter, four eggs, sweet and attentive to her father. Fathers one cup of apple or current jelly; bake in for the prohibition. Meat does not generate

cups of sugar, one and one-half tablespoons does not know the delight of companionship of flour, one cup of milk. Bake with a bot. in a stomach not prompt in its digestive

ORANGE PUDDING .-- Six oranges seeded amanuensis, writing his sermons out for and cut into small pieces; sweeten to taste; him at his dictation, looking out his refer. add yolks of three eggs, two tablespoons of ences, and drinking deeply from the foun corn starch, one quart of hot milk; boil until tains of old literature, of which he was fond. it thickens, then set away to cool; when The other day I read of a sharply contested ready to serve, pour over the top the whites for the digestion of the meat.

DRIFT PUDDING .- One cup of sugar, four tablespoonfuls of corn starch; boil, stirring | Dr. Beaumont's experimenes upon St. Marcertainly the most interesting person in the constantly; add three beaten eggs, flavor tin. The unnatural delay in the stomach room." There, said I to myself, is an in- and sweeten; pour over it a custard made causes the milk to ferment, and the meat itstance of friendship between father and of three eggs, two tablespoons of sugar, one pint of milk, nutmeg and a pinch of salt.

It's much easier to love a woman than to understand her.

The leading woman physician in England Mrs. Garrett Anderson, makes \$50,000

The Indiana women's prison and reforma-

his heart as to where all the money had woman will have her own bank account. al diet, for which an artifical appetite has gone which he had spent in paying expen. What a relief that will be to the poor hus- been created by indulgence.

> A slice of raw onions well rubbed over the roots of the hair upon going to bed is one of the very best things for any unwholesome condition of it.

> Green, greener, greenest are the tints of the future—and the hat or bonnet that es capes a green bow, upholding a spray of flowers, will be something in the nature of

> Both hats and bonnets grow larger-

for her wealth and the number of her slaves. now earns a few cents a day by picking cotton on the plantation that was her own be-

fore the war. Although a woman can't throw a stone or sharpen a pencil, or climb a tree, she can sit on her feet in cold weather, and that's something a man can't do to save his blessed supercilious soul.

Fashion has decreed that a woman may now go into a restaurant and order her dinner wi hout being accompanied by a male escort. The absent male person is ahead the amount of her check—unless he happens to be her husband.

Out in Syracuse, 16 miles from the Colorumbrellas battling the occasional gusts, ado line, on the Santa Fe road, the town their feet spattered, their general air that of | council is composed entirely of women. discomfort, looked as though they wished They are bright, active, energetic business themselves well indoors out of such weather. | women, and it has been said of them that Presently I met my snowdrop of a girl- they are doing better work than the body suddenly - and we both exclaimed with of men who composed the previous council. pleasure. She was buying Sunday school It is the only council of women in the United

> Mrs. Solly, who has lectured and written much on the subject, lays down six rules for young ladies to guide them in carrying on conversation. They are :- Talk as little as possible about yourself; do not monopolize the talk, but aim to lead others to talk; never contradict; do not allow a pause in conversation, but do not exhaust the subject; do not jump from subject to subject, but lead easily from one to another.

> In spite of wintry breezes and nipping air, we women are beginning to think about our spring gowns. It is well to decide what we are going to wear now, before warm weather occupations come crowding upon us, to say nothing of the advantages gained by getting the sewing out of the wav. A visit to one of the big importing dry-goods houses will enable us to form a shrewd guess as to the prevailing styles for the coming

The morphia habit among women is much more common in Philadelphia, says The Times of that city, than many suppose. CELERY SOUP.—Cut up three or four sticks Even in the late severe weather women, if suffering from pain, but go at once to the of celery small, and boil till quite soft, then young and old, could be seen hurrying to nearest drug store and buy a sample bottle drain it. Make two quarts of milk hot, the drug stores and in most cases the only of Polson's NERVILINE, the great pain cure. stir in two ounces of butter and some salt medicine they were after was morphia in its Never fails to give immediate relief. Nerviand pepper. Add the celery, and serve in a different forms. The most fashionable line is endorsed by medical men everywhere. Desiring to obtain a Business Education, or become hot tureen with a dish of fried bread-cubes. method of indulgence is by hypodermic in- Don't wait a single hour without trying lend the Eggs AND MUSHROOMS.—Wash some jection, and some of the syringes used are Nerviline. The best medicine in the world BRITISH mushrooms well in cold water; put them gold and silver mounted and both expensive to keep in the house in an emergency. Ten

HEALTH.

Statistics of Sickness and Death.

Some years ago the Statistical Congress at London, England, deduced from the tables of Drs. Farr and Edmunds, the following interesting facts respecting sickness and death, which preach important sanitary sermons without the aid of comment :-

" Of one thousand persons at the age of ers, three cups of water, one and one-half | thirty, it is probable that ten will die in the current year; that there will be ten permanent invalids, and an average of twenty sick

"Of one thousand persons at the age of seventy, it is probable that a hundred will die during the year, and three hundred will be sick or become chronic invalids.

"It is estimated that of every thousand of population there will be fifty-seven sick, on an average, for the year, in England and Scotland; fifty-three in Ireland; sixty-seven in France; seventy six in Germany; ninetyfour in Austria; eighty nine in Italy and Spain ; seventy-one in Holland ; fifty-seven in Denmark; and fifty-five in the United

The most salubrious of these countries is

"The average number of days of sickness per adult inhabitant in the principal civiliz countries of the globe, is fourteen and twotenths. In the United States it is ten and five-tenths.

"The average loss per cent. of income from sickness in the United States is two France, three and five tenths; in Germany, three and nine-tenths; and in Russia, five and five-tenths."

Milk and Meat.

A precept of the Mosaic law prohibited the use of milk and meat at the same meal At least this seems to have been the idea, held by the Talmudists, and now taught and practiced by orthodox Jews and Jewish rabbis. There has lately been quite a little discussion of the question in New York, by rabbis, chemists, doctors, and journalists, without getting at the root of the matter. There is, doubtless, a physiological reason germs in milk, as one chemist asserted, but CREAM PIE.—One egg, one and one-half a mixture of meat and milk undergoes decay with great readiness; and when placed processes, is pretty certain to underge septic changes. This is chiefly because milk is digested but slightly in the stomach, being work. more readily digested by the pancreatie juice. Meatischiefly digested in the stomach. The milk in retained in the stomach during the three to five hours required

> When taken by itself, milk leaves the stomach in about two hours, as shown by self is led to undergo decomposition also. This is doubtless the true explanation of the experience which leads many persons to suppose that they cannot use milk. They say it makes them "bilious," which means simply that they have indigestion when they use milk.

Milk agrees perfectly with fruits and grains, less satisfactorily with vegetables. We have met hundreds of persons who thought they could not use milk, but who were able to use it with impunity as soon as they learned and avoided the use of milk and meat at the same meal. Milk is a Marion Harland says that the coming natural food for man. Flesh is an unnatur-

Typhoid Fever from Sewer Gas.

An outbreak of typhoid fever recently occurred at the Industrial School located at Adrian, Mich., in which twenty-one girls and one teacher suffered from the disease, which was of a very severe type. In five cases, the disease was fatal. An investigation showned that through improper construction of the sewerage system, sewer gas was allowed to escape into the basements, a portion of which is in each building used as a laundry. Each of several buildings was found to be contaminated with sewer gas. The effects of the sewer gas was intensified by imper-A Louisiana lady, who was once famous | fect construction and improper management | of the ventilating system. Instead of taking rir from out-doors, the steam coils were supplied with air from the basements, which was contaminated with gases from the sewer and from other sources.

> The sewers were disinfected by a strong solution of corrosive sublimate, and ventilated ducts opened. As a result the epidemic, which was rauidly increasing in virulence, was stayed almost at once. In less than a week new cases ceased to appear. Typhoid fever usually results from the use of contaminated water. This case, however, seems to confirm the teachings of an eminent German authority, that the disease may be communicated through the medium of the air.

Notes.

Dr. Cutler says that dyspepsia is a physi; ological sin.

The lower creatures, which we call brutes, by intuition observe those laws of health which man, with his intelligence, disobeys.

Doctor H. B. Baker, Secretary of the Michigan State Board of Health, has recently called attention to the fact that quarantine does not deal with the most serious diseases. Cholera and small-pox kill very few people in this country, while diphtheria and | Leaving Toronto, N. & N.-W. Station, Brock Stree scarlatina carry off thousands every year. No quarantine law is thorough going which does not exclude all contagious diseases, as well as small pox, cholera, and yellow fever.

Getting sick is like sliding down hill, easy and often fascinating. Getting well is like climbing backing again. Often, too, the health climber has to drag after him a heavy sled load of sanitary sins.

An outbreak of tyrotoxicon poisoning from cheese, recently occurred at Huntington, Ind. A number of persons were seriously ill. One case proved fatal. Cheese is an unsafe article of food, besides being hard to digest, and a promoter of dyspepsia.

Don't do it. Do not wait,

and 25 cents a bottle.

The Atlanta Constitution reminds the Salvation Army that bad singing is a crime.

People who are subject to bad breath, foul coated tongue, or any disorder of the Stomach, can at once be relieved by using Dr. Carson's Stomach Bitters, the old and tried remedy. Ask vone Druggist

It is said that the German Emperor, when a boy, learned the trade of cabinet making.

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The Bell telephone patent is sustained by the United States Supreme Court.

Ocean Steamship Passengers Via New York should take the Erie railway, as it is not only the shortest and best line, but lands people close to the piers of the leading steamship companies In buy ing tickets, ask for the Erie.

A. P. 393

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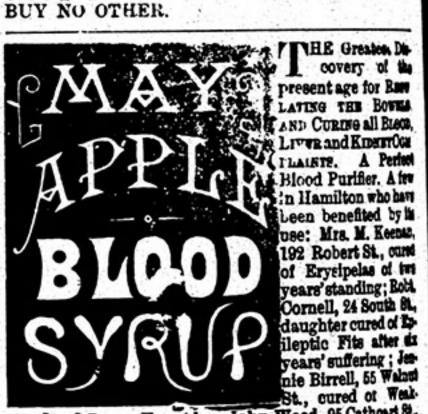
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ness and Lung Trouble; John Wood, 95 Cathoart St. oured of Liver Complaint and Biliousness, used only 8 fifty-cent bottles; Mrs. J. Beal, 6 Augusta St. troubled for years with Nervous Prostration, tel mall bossies gave her great relief. Sold at 500. \$ \$1. W. F. DALLEY & CO., Proprieton.



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CHAPTER XXVI.-(CONTINUED.) Wis Nugent says that you set everyright that you do but look at, Mr.

ive you as a good genius to help us out

Datton was afraid that the tangle far past unwinding, and, of course, the a lik, so far as yet known, were discussed. was, in truth, nothing for which t could be blamed. He had diligently aded to his office work, which was mere tine, and, conscious of his own inexperiand trusting to the senior partners, and only become anxious at the end of year, when he perceived Goodenough's irance of a settlement of accounts, and ected shuffling. He had not understood agh of the previous business to be aware he deterioration of the manner of dealing h it, though he did think it scarcely the expected. If he had erred, it was cting too much as a wheel in the manery, keeping his thoughts and heart in own happy little home, and not throwhimself into the spirit of the business, the ways or those concerned in it, so that had been in no degree a controlling He had allowed his quality of genman to keep him an outsider, instead of ng it to raise the general level of the

in the hands of the unscrupnious annaple listened and knitted quietly the affairs were explained on either Mark had had one serious talk with orge Greenleaf, and both had had a rmy scene with Goodenough. Then Mr. tton had telegraphed his arrival, and eenleaf had met him in London, with pes, bred of long and in.plicit trust, that sagacity and perhaps his wealth would ry the old house through the crisis.

But Mr. Dutton, though reserving his igment till the books should have been croughly examined and the liabilities pletely understood, was evidently inned to believe that things had gone too and that the names of Greenleaf and remont could only be preserved from nal dishonour by going into liquidation, solving partnership, and thus getting it of Goodenough. Mark listened resignedly, Annaple with

intelligence that made Mr. Dutton think the more clearheaded of the two, though she could not refrain for her little "I'm sure I should not mind how uid he became if we could only run off er of Goodenough," she said. "You know what it means?" said her

"Oh yes, I know what it means. It is fine word for being sold up. Well, ark, never mind, we are young and strong, dit will not be a bit the worse for the lly-boy in the end to begin at the bottom

"I hope-may I ask-is everything em rked in the poor old firm?" said Mr.

atton with some hesitation, "All that is mine," said Mark, with his bow on the table and his chin on his hand "But I've got a hundred a year, charge poor old Ronnisglen's estate," said An ple. "All the others gave theirs up whe ey married, and I wanted to do so, bu daughter cured of by dear mother would not let me; she sail glieptic Fits after to had better try how I got on first. Thin that, Mark, a hundred a year! Why d Gunner or Thorpe would think then

lves rolling in riches if they only hear

at they had a hundred a year !"

"Yon won't find it go far !" Yes, I shall, for I shall make you li porridge, with now and then a sheep ad for a treat! Besides, there will mething to do. It will be working t ain, you know. But seriously, Mr. Du a, I have some things here of my de other's that really belong to Ronnisgle ad I was only keeping till he comes hom hould not they be got out of the way?" "My dear, we are not come to that ye hope it may be averted !" cried Mark. But Mr. Dutton agreed with the you ife that it would be much better to se hese things away before their going con tote suspicion. There was only a ti lver saucepan, valued as a gift of "Quee lementina to an ancestress, also a silver t

ot and some old point, and some not very v ble jewellery, all well able to go int hallbox, which Mr. Dutton undertook to with Lord Ronnisglen's bankers. struck with the scrupulous verac ith which Annaple decided between w d become her own property and the h oms, though what she claimed might I bly be sacrificed to the creditors.

Mark could hardly endure to see W ade the crisis so terribly real. "The would have brought you to this!" he his wife, when their visitor had at ler idden them good-night.

"If we begin at that work," said Anna It was I who brought you? I have o nought since it was rather selfish no we consented to your helping poor Ur ith her heavy handful of a father all money grubbing and grabbing, we had thought more of our neigh ting at the Home Farm, or even if note had quarrelled with you, he w ot have devoured your substance. I nought so often, ever since I began to

My dear child, you don't mean that ave seen this coming !" My prophetic soul! Why, Mark, I've felt like scratching that I

ongh whenever I met him in the street indulge myself by calling him street in strict privacy." "You have guessed it all the time, Not to say stupid, considering al Besides, what would have ne of howling and moaning and Goodenough, and his jaunty, gracion

Mark, it won't be so bad after "Nothing can be 'so bad' while yo and are, my Nan.

right. While we have the Billy-boy nothing m There's plenty of work in us mod man will find it for us; To liget a yellow van an would be! Imagine

that's right," as her m