ter, season aspoonful of flour to butter twenty am together on entil upful of sugar; add the nt of milk, stirring art of wheat flour, with the aking powder and one o al. Bake in muffin ri

HEALTH.

fow it Should be Treated.

NERVOUS I YSPEPSTA.

group, and, if left too long on the leaves,

aren, mylaceous substances here especially

ind their place, and in the preparation of

get among these as barley, oats, rice, &c.,

the precaution to have them long and thor-

me probabled should be given. For a sec-

breakfast, some bouillon free from fat,

rith an egg; at noon, a plate of soup, with

arresponding portion of extract of meat.

The last meal of the day ought to be taken

pleast two hours before going to bed, and

gould consist of beef tea, with eggs and

gle white bread. Milk may at any time

taken in place of one of these meals; so

my eggs beaten with a little salt and

According to physiological experiments

were easily and rapidly digested, but in

mility raw albumen is more easily peptoniz.

dthan the solidly cooked lumps of albumen,

because the movements of the stomach separ-

ut it easily, and it is soon saturated with

if the appetite gradually returns, and the

ricles of food named are tolerated in larger

mantities, we may intercalate another

real; the soup may also be prepared from

erapped beef, and the latter eaten with it.

ad ducks is difficult to digest.

av fruit at all.

ulad should be strictly forbidden. If the

In all cases where circumstances will not

permit the diet which has been described, a

mik diet will be the best thing. Or when

place and time are favorable, Krukenberg's

firection: "When you are hungry eat

buttermilk, and when you are thirsty drink

battermilk," should be observed. This

mil freed from the large mass of caseine, is

real panacea, and a dietary course of it is

asily carried out in the country during the

ammer season. But caution prescribes

hat it should not be taken simultaneously

with other food, as the rule not to drink

ink, is even more imperative for dyspep-

histhanfor persons suffering from adiposity.

Patients are most difficult to manage in re-

and to their diet after they begin to feel

Bilious Attack.

which most are familiar. The name,

wever, is somewhat deceptive, and often

ads to injudicious treatment. It is doubt-

d if there is any special ailment of the

in the case. It is probably only a brief,

metional disorder of the digestive system.

his is the general view of the medical pro-

on chronic, dyspepsia, induced, it may be.

indigestible food, over-eating, physical

thanktion, excessive brain work, violent

mouons, or by general care and worry. It

more liable to occur in the spring, be-

while one continues to eat the same

and in nearly the same quantity as in

the, the power of the system to assimi-

then the danger of excess.

when in consequence of

adually a saucerful of the articles already

CAKE. — The cups of what a cream with one cup ne-half cups of flour, w o teaspoons of baking has been thoroughly mir ach of sliced citron, raisi s and figs. OCK.—Place the haddock

vater and simmer one he nus the head, on a platte wn butter; then spread s enough to cover it nice es spread the whites of in he oven and bake a lie

KE. - Whites of two eg one cup of milk, one.h he and one-half cups of flo of baking powder. W impepsia. If none of the beverages can be impepsia, we may at first use soup for breake top and sides with ici as of two eggs, three-fourt n sugar, one teaspoonful

DAST.—An excellent bree non on toast, which can canned salmon quite as w shly cooked. Cut as may bread as you have guest into smoking hot fat. Th nce and muss be lifted n upon a piece of kitch are ready for them. My butter sauce by melting in espoonful of butter; stir oonful of flour, and when before it has colored, add milk, season lightly wi e and stir in a lange cupf pickled into flakes. I and add one egg beaten ligh olespoonfuls of cold swe with a dash of cayenne an re over the fried bread.

S AND BLAINE.

arent has Some interesting with the "Plumed knight

mentioned may be taken every two or three pt 10. —The season at th MIS. This amount will be sufficient for a g place, which closes ear r the English and American If under this regimen, gastric digestion in earnest for the German akes a normal and rapid course, the sense e. The two former class to leave, while the German ing. The month of Septem ore sombre Teutonic gayetie contrast to the more fashion aring the months of July an ten days he has devoted Prince remembered him him in company with Mr me of game. With the latter, fat gravy,

th of these gentlemen. H both of them in as thorough any well-trained newspape could have done. His con a prolonged inquiry int tical, financial and social aid by the personal compan to the British throne tha y impressed with the progres tates and is anxious to learn he never met anyone before si and sweetened. Dyspeptics cannot bear successful. him such a vivid pictur etails of the development of es as Mr. Blaine and Mr.De ad each of them to lunch of

al occasions, and somewhat ys invited them separately of his attendants says, h e freely to each. It is said laine explained at full length day or two ago the general ans without regard to party Irish question, and frankly the opinion on the subject h and conviction every day. aid to be very sensitive to on. Some one wittily said t the Prince was learning than he ever did before at ering place.

rable Emigrants.

rst features of the system of which this continent is being eigners is the fact that many ne with no intention of rechinese among us, it is well dea of spending the remainon this continent, but hope s soon as they have gathered to enable them to live at n land. The same thing i the Italians and Hungarians king to the United States nited States Consul Stern, ays that the majority of the cks, who do not come to me citizens, their only aim late a fortune and then reusually do in about three explained by the fact that only about \$500 and not One of them recently d been in the United States

luring which time he lived 5 a month. As his wages nonth he had saved \$634, return to his native country ve very comfortably at ease hion, on \$30 a year.

uch people is, therefore, np)-" Don't you ever take dly)-" I ain't got mosty

man, while cleaning out kknife, accidentally stack is knee. The wound did went to work. Late in nted from exhaustion and y unconscious, in is ascribed to this wife uced into the blood along and perfect quiet."

twenty hours will frequently do much to- lions out of the two ward effecting a cure. This abstinence secures for the stomach that sest of the organ so estectial to the cure. After this rest, light farinaceous puddings may be allowed, bulk of the people of India. Even the rice. followed by a cautious return to a more eaters rarely eat rice alone. The muscle-We should first recommend a milk-diet-

Tefortunately, through the Lushed fancy that they are "bilious" of dosing most nourishing of Indian pulses. This is Unfortunately, through the habit of highly seasoned dishes from youth up, themselves with cathartics, to "clear out eaten in various ways, but a sort of thick the system," should be discouraged. In pea-soup poured over boiled sice is perhaps mate with sweet is not to the purpose, most cases nature will cure the patient if The have at times added a small quantity he will give her a chance.

The addition of cognac to milk, as is used with phthisical patients, Poisonous Snake Bite. - Take a spoonful in milk, as is used. The best thing to of sweet oil, internally, and bathe the wound will improduce taste is a little table with the same. It is said to be the wound is an agreeable taste is a little table with the same. It is said to have cured one Among other things we may add a case that had been thirty days standing. It Among other days standing. It will cure the sting of bees, spiders or other insects, and necessary and some interruption, as in insects, and necessary and some interruption, as in insects, and necessary and some interruption. intecocoa, deprived and some interruption, as in insects, and persons who have been poisoned an aversion for cocoa sets in. by a low rupping with the poisoned an aversion for cocoa sets in. by a lew running vine called ivy. It is cases an arrange cases tolerated when cocoa equally good to cure animals. To cure a Is is in some case. To cure a horse it requires eight times as much as for a has a tendency, especially if a man. Tea has a tendency, especially if a man. goog, to produce nervous palpitation of

Buy at a drug store one ounce of camphorated oil, and five cents worth of chlorate of potash. Whenever any soreness appears in the throat, put the potash in half a tumbler of water, and with it gargle the throat thoroughly, then rub the neck thoroughly with the camphorated oil at night before going to bed, and also place around the throat a small trip of woolen flannel. This is a simple, cheap and sure remedy.

Horseradish grated into cup of cold sour milk-let it stand twelve hours, then strain | geon's report, as (whatever their amount of and apply two or three times a day—will, it | correctness) they could give pleasure to no is said, remove freckles from hands or face mortal not endowed with the tastes of Gilles in a short time. Or, one ounce of lemon de Retz. But, if the report be accurate, the juice mixed with a quarter of a drachm of poor little culprit was most inhumanely and pulverized borax and half a drachm of sugar, cruelly treated. Children of seven are tenwill also remove them. Keep the lotion in der creatures, and a birch that might do a glass bottle corked tightly a few days be- very well for a hardened Etonian punishes fore using, and aply to the freckles occa- infants in a very different and terrible mana digestion, boiled albumen appears to be sionally, and they will soon be removed.

powerfully on the back and neck, making the Scotch as the "tawse," and made of horizontal and downward movements. rather soft and light leather, would do all Second, while rubbing call for cold water that is necessary. The "tawse" are quite immediately, which apply to the face and to severe enough to make a boy of seven rethe hair on the top and side of the head. Third, call for a bucket of water as hot as can be borne, and pour it by dipperfuls on the back of the head and neck for several Linutes. The effect will be wonderful for vitalizing the medulla oblongata, it also vitalizes the whole body and the patient will generally start into conscious life in a very short time. The application must necessarily be made with promptness.

M. Dujardin Beaumetz in a recent communihunger may be felt oftener than every ication to the Paris Academy, gives the case rattlesnakes, consequently there is a good three hours, but the patient should of a family who tooks house for the season deal of unnecessary fear regarding them. not vield to his cravings. The time will at a fashionable resort. They were warned In the first place, a rattlesnake will not then soon arrive when more consistent food not to drink the well water as it was suppos- chase you, and in the second place, it will as be taken, especially properly cooked ed to be impure. They drank mineral water not attack you unless you come upon it in Prince of Wales expects to The opinion that so called white exclusively, until the last day, when, in the such a way that it cannot escape without benhagen on Tuesday nex next is especially well borne has not always hurry of packing they neglected to send for attacking. If a rattlesnake is disturbed it ken confirmed in practice. It may, perhaps, mineral water and concluded to try the well usually sounds its rattle and makes off, but ne to the study of America with pigeon and chicken, &c., water. 'Fen drank of it, and six have since if you come upon it suddenly and it has to o professors and instructor at the veal is certainly barely tolerated, died ; four, who had previously had typhoid fight, it will coil itself up, poise its head, Blaine and Mr. Chaunce wing probably, to the large amount of gela- fever, were made sick but recovered. A and strike at you downward. The fang is Depew met the Prince meit contains. As a rule, boiled meat is miscroscopic examination of the well water turned up under the upper jaw, and as it Eistedfodd before leaving letter tolerated than roast; and, cold roast revealed the presence of the bacillus, suppos- trikes this is thrown out and cuts into the inter than warm, and this is particularly ed to be the cause of typhoid fever.

FOR DIPHTHERIA.—Stop all food, even through a thin boot like a steel blade. ace and renewed the acquaint mithe fat of pork especially, plays a very when the appetite is good, except gruels and What is the best antidote? Whisky. The ince has been very much in spirious part. Meat not too strongly salted porridges. Drink not a spoonful of cold water. man who is bitten by a rattlesnake should swell borne, but the smoking process will Bandage the entire throat in the early stages have whisky poured into him until he is soil this advantage. The flesh of geese of the disease, with several folds of flannel. too drunk to stand, and he should be kept Keep this cravat on both day and night drunk for two or three days. The one poison Most patients will dislike to dispense without changing. Bevery quiet and do not counteracts the other If he can't be made thing worthy to be added to her list if she both gentlemen has been in with vegetables, but the very lightest of fear the progress of the disease. Gargle the drunk there is little hope for him. I have has never yet made a good sweet white the only should be allowed until after im- throat and mouth every half hour with a seen it stated that a bottle of turpentine loaf of bread. To encourage the art of Home povement has nade some progress; we may strong gargle made of vinegar, honey, red turned upon the bite will draw the poison Bread-making this Company have secured then allow carrots, spinach, and tomatoes; pepper and salt, mixed in a tumblerful of out in the shape of a greenish cloud that will ten thousand presents, which will be sent to lettuce and salads, and especially potato warm water. Do not go out of a warm room float up into white fluid, but I have never all who comply with their terms. They for several successive days. Breathe the seen a test made of that. Live flesh will also want all who are old enough either to folpatient chafes under the prohibition of all vapor of hops occasionally, and sleep on a draw out the poison, it is said, and I know low directions or work under instructions, ncerning American growth inds of preserves, he may when convales- pillow filled with them. Take no physic or that in some places, when a person is bitten to learn how to make bread. They will be declared to covered English declared to several English ant, partake of stewed cranberries, strain- enemas. This course will prove exceedingly by a rattlesnake, the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have such and the proventies of the first thing done is to take your word for it when you have you have your word for it when you have your word for it when you have you have your word for it when you have y

VARIETIES.

Hawking is a favourite pastime in Persia. Every great personage has his falconer and falconry-every "aquireen" his partridgehawks and hounds.

It is openly stated by the American De partment of Agriculture that not more than ten per cent. of the "stuff" consumed butter in the British Islands is genuine.

About 1868 the first steam-launch apthen you eat, and not to eat when you peared on the upper Thames. There are more than six hundred such vessels now used as habitations on the upper river. Most of these contain an average of Lix or

more residents. It is said that gold-dust is the only cur- ner small-talk of a genial social or family fasting and their neces- rency used at Boure; and this is the only circle. More than this, the merrier the asanly reduced condition, a strong desire for country in the interior of Africa where gold sembly, the better their digestion. "Laughdis manifested, an adequate addition of is so used; being kept and carried about in ter," says a famous doctor, "is one of the at of the proper consistency will greatly quills. All the traders are provided with greatest helps to digestion with which I am small scales made in the country, which are acquainted; and the custom prevalent remarkably accurate. The seeds of a tree among our ancestors of exciting it at the legally decided in France, since a special are used for weights.

shakes and squeezes his own hands and ment one receives amidst mirth and jollity This is the popular name for an affection covers his head. If great friends have not will certainly produce good and light seen each other for a long time, after the blood." mutual hand-shaking they will rub shoulders until they become tired. Instead of asking after each other's health they say, "Have you eaten your rice? Where are you Of hundreds of druggists bears hearty witgoing? What is your business when you ness to the efficacy of Polson's NERVILINE get there? How old are you? How much as the most potent remedy in the world for It is a mild form of acute, as distinguished did you pay for your shoes?"

In the last century there were as many as twenty-two flint-glass manufactories in reland. At the beginning of the present century there were fifteen. Of these, thirteen lived to well within the century. There now remains only one. The factories at Waterford, Cork and Newry used to turn out goods of the very finest quality. Old Irish cut-glass is eagerly bought up by collectors. A Waterford decanter will now, it is said, fetch treble the price of the best

union jack is to be found in the old handled peel all the potatoes used in the Munich a young man who was about to go West to field. With this flag of St. George the hotels. Scottishfl ag of St. Andrew - a white crux decussata upon a blue ground—was incor- deeply-enamoured travelling man to the pends on you to keep at it with a strong and which should be perscribed by a dec
porated soon after the union of the crowns the malady who kept the books for even stitch. And don't forget to fasten off one of his regular customers in the little in
your work with a knot at the end of the of the two kingdoms in 1603. The naval one of his regular customers in the little in-

then they come on, abstinence from until 1660, when the union flag was restored that it ned consulting his memorandum book with

forming ingredient in their diet is the The too common practice of people who pigeon-pea, or dhal, one of the best and the most frequent and most approved preparation. The pigeon-pea is, however, by no means the best pea in India, although, from its abundance and cheapness, it is the one of which there is the greatest hope for a future export trade. The soy-bean is more expensive than dhal, but it is much more

Can It be True.

It is all very well not to spare the rod, but it is distinctly wrong to spoil the child, especially when the child is of the tender age of seven. A very cruel and hideous case of child-torture is extracted by the British Medical Journal from the certificate of a surgeon to whom a child is said to have been taken after a judicial birching. The young culprit was only seven years old, and he had possessed himself illegally of a silver watch.

"The child was ordered to be birched," by the magistrates presumably, if a policeman, as is stated, did the birching. We prefer not to quote the details of the surner. Perhaps if children of seven are to be SUNSTROKE AND APOPLEXY. -First, rub punished, the gentle instrument known to member the commandment which the Socialists interpret in a non-natural sense. But the "tawse" (if soft enough) will leave no physical impression beyond a slight and not unhealthy rosiness of complexion. Ilkeston was the scene of the birching, and doubtless more will he heard of this performance.

The Rattlesnake's Bite.

Few people understand the habits of flesh. It is as sharp as a razor, and goes the bite.

Cheerfulness at Meals.

It is said by medical authorities that cheerfulness at meals is a great promoter of health, and that whatever increases agreeable social intercourse at table is therefore a matter of practical importance. In fact, one of the strongest pleas in favor of dinnerparties, large and small, public or private, is the fact of social intercourse at and after dinner being favourable to health. It is pronounced by high authority that solitary meals are decidedly difficult of digestion, and that there is no situation in which digestion goes on so favourably as during the cheerful play of sentiment in the after dintable by jesters and buffoons was founded tax has been decreed against them. When a Chinaman meets another, he on true medical principles. What nourish-

The Testimony

all kinds of pains. Nerviline is composed of newly discovered ingredients, and is equally, good for internal or external use. Purchase a ten cent sample bottle, and test it at once. T. R. Melville, Prescott, writes: be relieved by using Dr. Carson's Stomach Bitters, My customers who have used Nerviline speak highly of it, and I am satisfied it will take a leading place in the market before color can be printed at once. long." Try Polson's Nerviline for pains: Sold by druggists and country dealers every-

King Otto, of Bavaria) whose mental conliards, Racing and Trotticg records, Basaball, Cricket, Lacrosse, etc. Price 6c. Stamps taken. Address all dition is really pitiable, has now taken to orders to THE RECORD, 50 Front . East, Toronto which appears upon the union flag and the peeling potatoes for a pastime. At last Canada, Room No. 15. union jack is to be found in the old national accounts he claimed to have a contract to

flag of the Commonwealth, as the mag or the Attacks are most effectually preventiately regulation of diet, and the swoidance of exposure to cold, farmed and undue mental exertion and anxiety of the they come are already of the Commonwealth, as the mag or the Commonwealth, as the mag or

Here, where silvery bright stars peep, Here, where west winds so thy ligh, Marguerite, sweet Marguerite. I am nigh, my love, I'm nigh,

Marguerite, dear Marguerite. None so fair and none so sweet As thou, my peerless pearl of night, Marguerite, my Marguerite.

The lady-moon 's keep'ng Her watc's o'er land and sea. Marguerite, my Marguerite, I am watching over thee!

Marguerite, dear Marguerite,

As thou, my peerless pearl of night, Marguerite, my Marguerite. The night is flying far too fast The morning mist will soon be here,

None so fair and none so sweet

Marguerite, sweet Marguerite, Dost thou dream that I am near? Marguerita, dean Marguerite None so fair and none so sweet As thou, my peerless pearl of night,

Marguerite, my Marguerite. The moon, the stars are gone to rest, The rosy dawn is in the sky And I must breathe "Good-bye ! good-bye Marguerite, my Marguerite!"

Pleasure and Pain-BY IRENE RACHELLE.

Pain and Pleasure, twin sister and brother, Together in heaven were born, And Venus, that amiable mother, First showed them the light of the morn.

The god Jove, who launches the thunder, Divided their attributes there; The brother got wings—and no wonder— But poor Pain !- none was left for her share.

Who'll take me to earth?" said she, crying, Addressing the king of the gods, How can I, without wings, go nying From heaven down to earth's senseless clods?" Then Jove answered, saying, "Cease weeping, On Pleasure's soft wing you'll descend, And the wounds we assign to your keeping

To cure he will gladly attend." See Pleasure and Pain thus united, And come to enact on us laws ! As soon as on earth they alighted They practiced their powers without pause. And cft 'neath the wings of her brother Her weapon Pain hid by the road-

When the one drew a teardrop the other

A favor, though fleeting, bestowed.

If, quitting the wings of gay Pleasure, Pain wish d to travel alone, He welcome receives without measure, She no one will willingly own. She returns, though with rage fit to smother, With Pleasure, her guardia, to dwell, And they who would now lodge the brother Must harbor the sister as well.

Among the Thousand Islands. BY ALEXANDER MACAULEY.

River St. Lawrence! often have I been Among thy beauteou Islands, which beguile The care-worn denizen of lofty pile Of brick or stone-a prison house I ween There land and water are of brightest green, An ' far as eye can strain these sunlit Isles

Leap forth in beauty, reaching trackless miles-Till sight is lost in seeking the unseen. There forms of grandeur press upon the gaze, And shapes of loveliness invade the soul, Until the past seems but a dreamlike haze As nature's pictures wondrously unroll, And earth, sky, river, to our great amaze Blend slowly in one grand inspiring whole.

A GENEROUS COMPANY.—A beautiful present will be given by the Breadmakers' Yeast Company, of Toronto, to nearly every one, as long as they last-first come first served. The most accomplished woman hasstill someflesh is still quivering put it warm upon their Hop Yeast, and write them to say so, enclosing a wrapper of a five cent package of for circulars. WILLIAM BRIGGS, Publisher, Toronto. THE BREADMAKERS' YEAST, when they will send in return a lovely gift. This offer is open to any young lady, girl, single or married woman, matron or housekeeper, who has never before made a loaf of bread. Any person having domestic charge of a household who is not now baking for the family, and who will commence by using their yeast, and who will send to them the wrapper of a package, and write to that effect, will receive a still better class of gift than that above offered. Better yet : any one at present making their own bread, using their own or other yeast, but who will buy a five cent package of the Breadmakers' Yeast from any grocer or storekeeper, and, after using, will wi 'e and say that their Yeast is Superior, the vill believe her also, and will astonish that lady by return mail with a lovely gift. You must get the yeast from your own grocer. Don't send money to the

Company direct. Exactly what a chateau is will soon be

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A Book of Instruction and Price List of Dyeing and Cleaning to be had gratis by calling at any of our offices, or by post by sending your address to R Parker & Co., Dyers and Cleaners, 759 to 763 Yonge St., Toronto. Branch Offices: 4 John St. N. Hamilton; 100 Colborne St., Brantford.

Dr. Merrill Mackenzie's bills for services to the Crown Prince of Germany are about 54,000 marks, or a little more than \$11,000.

People who are subject to bad breath, foul coated tongue, or any disorder of the Stomach, can at once the old and tried remedy. Ask your Druggist. By a new process a thousand shades of

The Sporting Record,

In Book form, contains a correct record he FAST-EST TIME and best performances in all DEPARTMENTS or Sport, Aquatic and Athletic performances, Bil-

"My boy," said an aged tailor to his son, "And is this to be the end?" said the good start along the seam of life. It de-Says Quain's Medical Dictionary, flag of the Commonwealth, as the flag of the Commonwealth, as the

The writer in Reynold's System of Medi
The is a common error to say that rice is ty days with a full line of samples in milling.

The writer in Reynold's System of Medi
The is a common error to say that rice is ty days with a full line of samples in milling.

The is a common error to say that rice is ty days with a full line of samples in milling. two 3c. stamps. Address M. V. Lubon, 47 Welling-ton St. E. Toronto, Ont.

the transfer of the Belleman and

Dear Bell: I'll write you a short letter
To say I'm wonderfully better;
How much that means you ought to know, Who saw me just one month ago— Thin, nervous, fretful, white as cha'k, Almost soo weak to breath or talk; Head throbbing, av if fit for breaking, A weary ever-present aching. But now life seems a different thing : I feel as glad as bird on wing ! say, and fear no contradiction, That Pierce's Favorite Perscription is grand! Why I'd have died without it Ma thinks there's no mistake about it. It's driven all my ills away : Just come and see! Yours eve: MAT.

The Chinese sailors at Portsmouth are cutting out the British tars in the affections of the local nurses and waiting maids. They are not so large, but their manners are more engaging.

What a Dunce!

I suffered with fever, hot head and foul breath, With stomach disordered—was sick unto death, I bore it a week-surely I was a dunce-Then I took a few "Pellets"—they cured me at once. What a dunce, indeed, to neglect such a remedy and suffer a week, when quick relief could have been found in Dr. Pierce's Pleasant Purgative Pellets.

The Court Journal denies the rumor that; Mary Anderson is to become English. If you have catarrh, use the surest remedy-

-Dr. Sage's. Before the century is out it is estimated?

that London will have a population of 7,000,000. In a ladies' cricket match at Chettingstone,

Miss Shaw's eleven recently made 77 and 78, and Miss Leveson-Gowar's 102 and 54 for seven wickets. Whenever your Stomach or Bowels get out of or

der, causing Biliousness. Dyspepsia, or Indigestion and their attendant evils, take at once a dose of Dr. Carson's Stomach Bitters. Best family medicine. All Druggists, 50 cents

Eight London theaters now have women

A. P. 364

ANTED-5,000 AGENTS-Mae and Female-Large profits. C. W. DENNIS, Toronto.

PATENTS For Sale—Illustrative descriptive Cat-

NOR SALE. improved farm close to Chatham, cheap. 114 acres, only \$200 required down. Write for particulars at once. M. J. KENT, London, Ont.

OOD LIVE AGENTS WANTED IN EVERY T County in Canada. Address, FERRIS & CO., 87 Church St., Toronto.

A G-EDT'ES AND CANVASSERS Wanted, Male and Femalewhole or spare time, on salary or commission. Industrial Union of B.N.A., 45 Arcade, Toronto.

\$3 FOR PER ACRE for N. W. 1 and W. 1 of N. E. 1 of Sec. 15, Tp. 12, Rge. 2, East, 240 acres. near Winnipez; also N & Sec. 3. Tp, 1, Rge 10. West, 320 acres, \$2.50 per acre, near Crystal City. Choice, unencumbered. 10 Augusta Ave. Toronto.

TORONTO Cutting School.-Gentlemen de-

sirous of acquiring a thorough knowledge of garment cutting in all its branches, should apply at once to S. Corrigan, proprietor, 122 Yonge St., Toronto. Terms on application. DR. WM. ARMSTRONG, Dermatologist. Specialty, Skin diseases, Scrofula and all dis-

eases of the blood. All cancers cared that are cure-

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