

PERSONAL

HOUSEHOLD

Bake Your Own Bread. BY T. H. CHURCHILL. Sixty four ounces of bread, that is to say...

Weight evaporated will thus be seen to be eighty-one ounces, 20 ounces and a fraction...

The object of this article is to make it perfectly plain to each bread-user that the material of a loaf of bread they pay eleven cents for, in reality only costs about five cents...

If a house-wife is willing to pay one hundred per cent. or just double as much for bread as the material costs it is her own and her husband's affair, but let her remember that for every loaf per day for the year it costs her \$20.

If it be worth while to study economy at all these figures are worth considering. They mean the clothing of a child or a man much better than can now be afforded by many a household.

To those who urge the extra expense of fuel we would say:—Do not fall into the error of baking every day and serving hot biscuits and buns, but so far as bread is concerned do your baking once a week—say on washing day, when it can be done at trifling additional cost.

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GREEN SPONGE CAKE.—Two teacups of sugar, one of cream; two of flour, four eggs, one teaspoonful of baking powder and teaspoonful extract of lemon; bake quickly.

REFRESHING SPOONER.—Beat together four teacups of sugar and two ounces of butter; stir in a teacup of boiling water; flavor to taste.

WHITE FRUIT CAKE.—One pound of flour, one pound of sugar, one pound of butter, one pound of blanched almonds, three ounces cream, one grated coconut, whites of six fresh eggs, two teaspoonfuls baking powder, and a dash of salt.

TO DRESS CUCUMBERS.—Gather, or buy them market early, peel and put on ice until they are firm; then slice as possible and put with sliced onions in a dish. Salt and pepper freely, pour a cup of vinegar over them, and lay ice on the top.

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We are all right with France, on tolerable good terms with Germany and desire no quarrel with England. The annexation of Canada may come in time, but don't bet on it.

The Committee on Applications reported unfavorably on the candidates named: Judge Exchange Johnston, of Canton, Ohio, for having been sent to jail for stealing two sheep.

The wisdom of the club in deciding not to permit any lecturer to enter the hall until he had passed an examination before a committee was apparent when the Hon. Plumbago Joylin of Huntsville, Ala., walked into Detroit to deliver his lecture on "Can We Ever be Perfectly Happy?"

The business of canning and evaporating fruits and vegetables has been steadily growing for many years past, until it has now assumed immense proportions. If the work is done properly, which is not always the case, the fruits and vegetables will retain their fully developed richness to an extent that early grown fruits and vegetables do not equal.

The Secretary then read the following communication from Charleston, Ill.: Brother Gardner—We take this opportunity of writing to you with red ink on a blue sheet of paper to ask that Giveadam Jones will come down here and establish a branch of the Lime-Kiln Club.

De petition ar referred to de proper committee, said Brother Gardner, "an I would inform de members off dat a thorough investigashun am necessary. I was personally acquainted wid Wakeful White in Seymour, Ind., twenty-two 'yars ago, an' he was den a bad man—werry bad."

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The Red Headed Girl and White Horse. First man:—"What nonsense! The papers have revamped that old superstition about the red-headed girl and the white horse."

Second man:—"That old belief is true as preaching; never knew it to fail; when you see a red-headed girl you will find a white horse somewhere near."

Oh, get out. Suppose there should be a little town with a red-headed girl and no white horse at all, then what?

Something like that happened once. I lived in the town and had the only white horse there was, and on a bet I tried to kill the old superstition by selling my horse to a stranger from Wayback and buying a black one.

It is almost impossible to attach any importance to one cent; but, at the same time, it is a very important coin at times. It will take a circular to British Columbia, and it will make you madder than a hatter and a March hare combined.

A man had a horse who would sit down whenever he was touched in the flank. He would just squat down on his hind quarters like a dog. The man tried to break him of it, but he couldn't, and nobody would buy him.

Why, he's a setter, said the man. He sets birds just like dogs. The sportsman thought he was a wonderful horse, and he swapped for him and gave fifty dollars to boot.

Literary editor—Sorry to say that I can't use this poem. The fact is, it lacks something. It is defective in rhyme, faulty in measure, and contains no definite idea.

There were five fair sisters, and each had an aim—Flora would fain be a fashionable dame; Scholarly Susan's selection was books; Coquette Sarah cared more for good looks; Anna, ambitious, aspired after wealth; Sensible Sarah sought first for good health.

So she took Dr. Pierce's Golden Medical Discovery and grew healthy and blooming. Cora's beauty quickly faded; Susan's eyesight failed from over-study; Flora became nervous and fretful in striving after fashion.

The statue of Liberty enlightening the world, which stands on Bedloe's Island, in the harbor of New York, is one of the most sublime artistic conceptions of modern times. The torch of the goddess lights the nations of the earth to peace, prosperity and progress, through Liberty.

The three R's brought Régrét, Reproach and Remorse to a great political party in 1884. The three P's, when signifying Dr. Pierce's Purgative Pellets, bring Peace to the mind, Preservation and Perfection of health to the body.

Flowers are the sweetest things that God ever made and forgot to put a soul into. On rising one morning lately a crofter at Lawers, who had taken in a neighbouring croft, found a full-mouthed coffin at his door.

People who are subject to bad breath, foul coated tongue, or any disorder of the stomach, can at once be relieved by using Dr. Cassen's Stomach Bitters, the old and tried remedy. Ask your Druggist.

That cannot be a healthy condition in the lungs and the great mass of druggs.

Who are Weak, Nervous and Exhausted; who feel themselves losing strength; who are pale, delicate and sickly in appearance, suffering from the many complaints incident to a debilitated system, send for and read MRS. M. V. LUBON'S Treatise on Diseases of Men, Women and Children. It is a carefully compiled and accurate work, from observation on a scale of 47 in stamps, 47 pages; 12x18; Address: M. V. LUBON, 47 Wellington St. East Toronto, Ont.

Sufferers are not generally aware that these diseases are contagious, or that they are due to the presence of living parasites in the lining membrane of the nose and catarrhal tubes. Microscopic research, however, has proved this to be a fact, and the result is that a simple remedy has been formulated whereby catarrh, catarrhal deafness and hay fever are cured in from one to three simple applications made at home.

A proud man is seldom a grateful man for he never thinks that he gets as much as he deserves. Whenever your Stomach or Bowels get out of order, causing Bileousness, Dyspepsia, or Indigestion and their attendant evils, take at once a dose of Dr. Carson's Stomach Bitters. Best family medicine. All Druggists, 50 cents.

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COMPOUND OXYGEN—THE CONSERVATOR of health, the enemy of disease; heals the Lungs, Re-builds the Broken Down Constitution of young and old. Home treatment, sufficient for two months, inhaled and all complete, sent by express for \$12. Moved my office from 73 King West to 41 King East. MRS. C. STIDMAN PIERCE. Four years established in Toronto. 32 Office Treatments for \$18. Send for circular.

SPOONER'S COPPERINE. Babbitt—Non-fibrous Anti-friction Box-metal for journal bearings in machinery—Guaranteed copper mixed. Supplies every requirement. Ask your hardware dealer for it. ALONZO W. SPOONER, Patentee and Manufacturer, Port Hope.

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THOS. BENGOUGH, President. CHARLES H. BROOKS, Manager.

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