Dr. Pillbury: So you have been mating too much candy again. You will never AS TOU DO THAT.

Homa (who has lately taken up physiology): OH, I GUESS I WILL! THE GHASTLY JUICE WILL CHYME IN THE CHYLD WHEN THE AGITATION OF THE DIAGRAM WILL NATURALIZE THE INSPIRATION AND RESOLVE IT INTO SWEET DEBAD OR PAN-GREAGE, WHICH MEMBLY AGES AS A SUPEREFIC.

Sufferers are not generally award these diseases are contagious, or that they are due to the presence of living parasites in the lining membrane of the nose and Eustacian tubes. Microscopic research has proved this to be a fact, and the result is that a simple remedy has been former lated whereby these diseases are cured in from one to three simple applications mede at home. A descriptive pamphlet is sent free on receipt of stamp by A. H. Dixon & Son, 305 King-street West, Toronto, Canada

FOLKS. YOUNG

Cracked Ice.

BY BLIZBEATH P. ALLEN.

What does make methers so scary, I what does do Benny Martin fretfully, left! said Benny Martin fretfully, biging his new skates, Uncle Ben's last riting present, while a small thunder a stilled on his round face.

of mos knew a little boy," said mamma, the sewing machine went whirring on, to sid his mether was too scary about ald dead limb; he went out on it and got mllar-bone broken; did you ever hear

him, Benny?'

Benny did not answer, but the cloud lifted

once knew a little bey," said mother For the first time in its history the Dutchin, stopping her wheel to pull out the
in, stopping her wheel to pull out the
con county (N. Y.) jail has not a prisoner
ing threads, "who said the water in the cary because she said the water in the | in it. Li was too cold for him to go bathing; rent in, and liked to have died with mps; did yen ever hear of him Benny?"

By this time there was a bit of a smile on

You needn't go on," he said; "I know rest, about the plum cake, and Mr. Bartkicking mule, and all that; but 1 tee what those times have to de with Year's Day and the long pend."

Numma was buzzing along so fast, winds booin, that she could not answer right presently she said, as if she was done ing about the subject now, "The ice is cked, Benny, and no boy is safe on crack-

alt, o

Bony understood this tone to mean: bough said;" and being really an obedigood tempered boy, though he failed betimes, he strapped his shining skates his shoulder, kissed his busy mother d-by, and started off for the mill race, ich was not cracked, and not deep ough to hurt him if he should break

He had hardly left the room before mamremembered that she must caution him at not staying too late, and running to a at window she threw up the sash and ther head out. Benny was standing at nte talking to George Burbank, and as httle frent yard was very narrow Mrs. atin could hear through the still frosty air

at the boys were saying. "What are you going to that stupid old I race for ?" asked George, whose face viet toward the mill pend.

There was silence for two seconds; Mrs. rtin could not see Benny's face, but thers' wits are sharp about boys, and s. Martin felt what made Benny heaitate;

Benny idid not say that. 'Oh, there is punishment. this crowd there," was his answer to

erge's question. to be afraid of a crowd?' and then the went their sepa ate way.

Mrs. Martin closed the window and went ck to her work, too much disturbed about rlittle boy's uncandid speech to rememthat she had falled to tell him about

micg home early.
But Banny's conscience had had a good ree. The ming about "the truth, the whole truth taking it d nothing but the truth, and his answer George kept buzzing along in his mind the way to the mill-race; even the new ates did not make him forget that he had d what was not honestly true.

Presently George Burbank and a crowd other boys joined him or the mill race. there, Ben; the ice is smashed over on spend, and lot's of the fellows fell in; they

tting, Benny shot up to the bank where the boys ere strapping on their skates and sat bonest as to come face to face with death. wly, "the real reason that I didn't go to e pond; I den't know why I didn't tell mat first. Mother knew that the ice was very bearied, and she wouldn't let me go." "You don't say !" exclaimed George;

why in the name of sense didn't you tell ! I wouldn't have gone on the ice for a tetty good sum if I had known it was

ben felt more ashamed of himself than ur, but was more comfortable, neverthea, at having owned up.

They had fine sport on the mill-race, and my went home tired and happy. Inand his mother did not at first like to see

cap. They were so large and heavy that she bad got stuck fast in the snow, and

could neither go nor come back. mere," she sobbed, as her mamma took her into the house.

She is now willing to wait until the sun shall melt the snow away.

ROUND THE WORLD.

The railroads in the United States give werk to 630,000 people.

Manitee, Mich., has an orchestra composed of fourteen young women.

A four-inch dead smooth file has 864 teeth to the face, or 216 to the inch.

Buckles of brace of the modern form are

found buried in the prehistoric mounds of England. There has been more snow this winter in London than for fourteen years, and there

is great distress in consequence. It is said that Shanghai shipped to this continent last year not less than 500,000

pounds of willow leaves disguised as tea. The value of the contents of a barrel of

crude petroleum ranges from 86 cents to \$1. while the value of the barrel itself is \$2 50. At St. Helena, California, a few days age, several thousand gallens of ten-year old

California wine seld for three cents a gallen. In Paris it costs \$3 to cremate a body, and this includes coal and labor with an urn thrown in. In Milan the cost is only \$1 40, bat they give no urn or chreme.

A druggist at Louisville advertised his store as a "free warming place" for the public during the very severe weather of a few days ago.

Statistics of last year's shooting in the Grisons show that the chamois are increasing rather than diminishing in that part of

Switzerland. Angus, Iowa, could not rest natil it was incorporated as a city; but the city government costs so much that the citizens are petitioning to have the city charter revoked.

A silver box, shut at a wedding in Hartford, Conn., the other day, is to be kept under seal, like that of Pandora, till the time for the silver anniversary, twenty-five years

School teacher Brink, of Niles, Iowa, will be tried for manslaughter. He whipped a FINE didn't want to say : " Mother won't let 12 year old child so severely that it is asserted the child died from the effects of the

Mrs. W. P. Miller, of Buchanau, Mich., is the fend mother of six children who were "Humpn !" said George ; "Where did you | all born within the past thirty-four months. They came two at a time, and all but one are alive and thriving.

A newspaper of Beloit, Kansas, says that in Clark county during a recent snow storm a large flock of sheep crowded close together, and the snow, melting for a while and then freezing, fastened the entire flock together.

George Leib, a celored carpenter of Savannah, Ga, fell backward from a third story scaffolding the other day, turned a complete somersault, struck squerely on bis feet, looked around to see if any one was hurs, and quietly climbed back to his work.

Capt. Tom Gregory of Winchester, Tenn, has a unique pair of gloves. They were made Ho," said George, "we've come to crowd by Miss Nannie Phillips, who snared a lot of rabbits, carded and spun their fur as if it were wool, and from the yarn knit the reall big fellows, though, and got out gloves. She decorated the back of each glove with the ear of a full grown rabbit.

A runaway team in St. Paul dashei into a funeral procession, just missing the carw. He felt somehow as if he had just | riage containing the pall bearers, and strikthis life saved, and nothing makes people ing the hearse squarely. The driver was thrown to the ground, the hearse overturn-"Well, Ill just tell you, George," he said { ed, its glass sides shattered, and the coffin turned upside down. One of the runaway horses was killed and his mate knocked senseless.

Wyoming hunters are excited over reports that come from the head waters of Snake River of a band of fifty head of white, or snow eik. Hitherto there have been traditions of snow elk, in which they are described as being as white as the snow, from which they get their name, and larger then one has been seen, but never a herd.

Moody and Sankey are a revelation to New Orleans, and the effect they are having is remarkable. One Sanday they held seven complaints. In such cases the first meal

She had on the big boots and the coat and | went into effect the other day, and over fifty buggies, cabs, wagons, and drays were driven to a livery stable where their owners found them and redeemed them by the pay-"I don't want to play in the mow any ment of half a dollar each. Lots of prefault fellowed the enforcement of this ordinance.

The English steamer South Cambria has brought from the bottom of the see an interesting rel c of the American War. Running short of coal, she was compelled to put into the harber of Newport News. As the crew were hauling up the anchor, they found the bowsprit of a war vessel attached to it. The spot where the South Cambria was lying was exactly where the great naval duel took place between the war vessels Congress and Merrimac, in which the fermer was sunk. This was in 1862, and the bowsprit brought to the surface is supposed to be that of the Congress.

HEALTH.

Rints on Your Health.

As soon as you are up shake blankets and sheet; Better be without shoes than sit with wet feet; Children, if healshy, are active, not still; Damp beds and damp clothes will both make you ill Rat slowly, and always chew your feed well; Freshen the air in the house where you dwell : Garments must never be made to be tight; Homes will be healthy if airy and light; If you wish to be well, as you do, I've no doubt, Just open the windows before you go out; Keep your rooms always tidy and clean. Let dust on the furniture vever be seen : Much illness is caused by the want of pure air. Now to open your windows be ever your care. Old rage and old rubbieh should never be kept: People should see that their floors are well swept Quick movements in children are healthy and right: Remember the young cannot thrive without light; See that the cistern is clean to the prim: Take care that your drees is all tidy and trim : Use your nose to find out if there be a bad drain : Very sad are the fevers that come in its train. Walk as much as you can without feeling fatigue: Xerxes could walk full many a league. Your health is your wealth, which your wisdom must

Zeal will help a good cause, and the good you will

Two Meals a Day.

The word meal is so old that it is uncertain just what our Saxon fathers meant by it. Possibly it dates back to a time when grain, pounded and cooked, was the chief article of food.

The Orientals generally had only two meals, between which intervened the labors of the day, and it is largely their custom now. This causes confusion in translating the Bible terms relating to meals. For instance, Christ is represented as saying to the disciples at early dawn, "Come and dine, and the Jews had no light meal after the principal ene.

Even in cold countries, where three meals a day are the rule, the first was looked on as a slight breaking of the fast, while the last was a mere sup, or sip, later of tea, thus giving us tea-time as an equivalent of supper. The meal of the day was the dinner; hence among the Greeks and Jews the word for dinner and a feast was one and the same. Where, among the higher classes in England, the dinner occurs quite late in the

day, no need is felt for another meal. In the rural districts and the small towns of our own country the original custom of three meals is well-nigh universal, and the dinner divides the day into two nearly equal parts, and so controls the social and, to some extent, the religious customs of the people. Domestic cares belong to the fore noon, and social calls to the afternoon. So, too, whereas the synagogue worship of the Jews had but a single service, we generally, in the country at least, have two, the one in the afternoon being simply a duplicate of the one in the forenoon,

In our large cities, however, where office business is transacted mainly between nine A. M. and five P. M., or where business men reside miles away from their work, the tendency is toward the earlier custom of two meals. Such a change can hardly become general. But where it is convenient, there are two solid reasons in its favor, i. e., of two principal meals, with a slight lunch between: (1) It gives time for a complete digestion before again filling the stomach -a matter of no little importance to high health. (2) It transfers the principal meal from the time when the nerve force is in special demand for the brain, to a time when it is set free for the stomach.

But there is a large class everywhere who would be greatly benefited by having only and swifter than the common elk. New and | two meals a day, it being understood that they eat as much in two meals, as would ordinarily be needed in three. They are the neuralgic, those whose digestion is feeble and slow, and the victims of many chronic to the last degree. The sailors sided with

e of a decided obseractortil you are informed by one who knows more than you do-the lless the better of absolute poisons, such as are taken by those who wish to commit suicide. Never dream that hard work is the needed medicine. Nor think you can "work off' decided disesse, though the effort of the will is of ser-

The Value of Salt.

Severe pains in the bowels and stomach are often speedily relieved by the application of a bag of hot sait. A wear solution of salt and water is recommended by good physicians as a remedy for imperfect digesmen, and for a cold in the head it is a complete oure smuffed from the hollow of the hand. We have known severe cases of eatarrh entirely cured by persistent use of this simple remedy every night and morning for several months, when the best efforts of the best physicians falled to do any good. It should be used milk-warm. A good handful of rook salt added to the bath is the next-best thing after an "ocean dip," and a gargle of a weak solution is a good and everready reals by for a sore threat. As a dentifrice salt and water is very cleansing and also hardens the gums. It will also prevent the hair from falling out. When broiling steak throw a little salt on the coals and the blaze from the dripping fat will not annoy. A little in starch boiled or raw, will prevent the irons from sticking. If the irons are rough put a little salt on a thick brown paper, lay a piece of thin muslin ovor it, and rub the iron over it till perfectly smooth. Ink stains are entirely removed by the immediate application of dry salt before the ink has dried. When the salt becomes discolored by absorbing the ink brush it off and apply more; wet slightly. Continue this till the ink is all romoved. If new calicoes are allowed to lie in strong salt water for an hour before the first washing the colors are less likely to fade. Damp salt will remove the discoloration of cups and saucers caused by tea and careless washing. A teaspoonful of salt in each kerosene lamp makes the eil give a much clearer, better light.

A FAMOUS FENIAN DEAD.

One of the Six Convicts Rescued by an American Whaler.

Michael Harrington, the eldest of the Fenian prisoners who were rescued from New South Wales by the American whaler, Catalapa, in 1876 died recently of pneumonia, at the residence of his brother-in-law, Edward Whelan, in San Francisco. The fifty four years of Harrington's life were full of romantic interest. He was born in Cork. While a young man he enlisted in her Majesty's sixty-first regiment just in time to serve in the Sepey rebellion and Indian mu-

tiny. He fought in THIRTEEN ENGAGEMENTS, was wounded, and returned to England. where he continued his military service until he lacked but one year of the time to retire on a pension. That was in 1866, when the mine of Fenianism was about to be fired in Ireland. Harrington deserted his regiment and hastened to Ireland to join the uprising, but was arrested at Dublin and was brought before a court martial, charged with desertion and high treason. He was sentenced to be shot. But the penalty was commuted to penal zervitude for life and he was transported with a number of others to the isolated island at New South Wales. But in 1875 the Clan-na-Gil society in New

PLANNED THEIR RESCUE,

and a whating ship was fitted out for the purpose. John J. Braslin, meanwhile, under the guise of an American millionaire went to Australia and managed to communicate with the prisoners. The vessel set out, none of the crew knowing her destination, except the captain, and in April 1876 the ship having arrived out the six convicts began their perilous march of twenty miles to the sea. Of course their prison garb betrayed them before they had driven many miles, and the alarm was given at the quarters, but they hurried on and finally reached the vessel. But this was hardly under sail before the British corvette Georgietta was discovered in chase. As it neared the whaler the captain hesitated, as he doubted his escape into the high seas. but when the first mate, William Smith, an American from Massachusetts, learned of the state of affairs he urged all hands to press on. The escaping Fenians were heavily

ARMED AND DESPERATE the Irishmen, and Smith's advice was folThere is no excuse for your suffering any longer from Catarra, Bronchittle, etc., when you can get a remedy guaranteed to ours, and which is perfectly safe. Dr. Camour's Cutarris Cure is a pleasant and effectual remedy Ask your Druggist about it.

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If Japhet is still in search of his father we saggest that he look in the front row of seats at the opera bouffe.

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Teacher of Bible-class-"In what beak of the Bible is the expression found, 'All flesh is grass?" Student-"Er-Timethy."

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