

DIET FOR INVALIDS.

BY JULIET CORSON.

Game and Poultry.

The general rule holds good that the most wholesome, and that in animal flesh used for food is the least stimulating...

game birds are more highly flavoured than domestic fowl, and richer in nutritive elements...

The flesh of poultry, which abounds in nitrogenous or flesh-forming elements, is deficient in fat...

CHICKEN JELLY.—(a nutritious, digestible food suitable for use in early convalescence; and in generally debilitated physical conditions.)

CHICKEN WINE JELLY.—(a nutritious, digestible food, slightly stimulating, excellent in convalescence and in general weakness of the entire system.)

CHICKEN SOUFFLE.—(a light, digestible food, very palatable and nutritious, useful in any illness where any animal food is allowed by the physician.)

MOUSSELS FOR SUNDAY CONTEMPLATION.

Travellers change their guineas, not their characters. Put not your trust in money, but put your money in trust.

Social Matters in Mexico.

Going a step higher into the classes, which might be called in English phrasology the "lower middle and middle classes," one has still forced upon him that the demand has to be created before a trader can prosper...

Everything has a beginning, and the beginning of this new revelation can be observed by any one who has eyes in his head, at this present moment in the City of Mexico.

GARNERED WITTICISMS.

A household pet: A car-pet. In a crowd—"Who is that man?" "Oh, he is one of the most prominent Irish-Americans."



FOR THE KIDNEYS, LIVER AND URINARY ORGANS THE BEST BLOOD PURIFIER.

There is only one way by which any disease can be cured, and that is by removing the cause—wherever it may be.

H. H. WARNER & CO., Toronto, Ont., Rochester, N.Y., London, Eng.

MILLER'S MAY-APPLE TONIC POSITIVELY cures Liver Complaint and Dyspepsia. Write for free pamphlet, or mail 50c for package.

R. S. WOOD & CO., OAKVILLE—MANUFACTURERS of outside and inside Blinds, Sash, Doors, and Mouldings.

ONTARIO VETERINARY COLLEGE, TO ONTARIO. Students can enter from October until January.

ARTIFICIAL LIMBS OF PREPARED RUBBER, Light, Elastic, and Cheap.

General & Financial Agency. Sums of from \$200 to \$50,000 to invest in Patent Rights, Business Chances, Manufactures, Hotels, Saloons, and any kind of merchantable or exchangeable property.

J. I. EVANS & CO., Leader Lane, Toronto.

The Oldest and Most Reliable TEA HOUSE IN ONTARIO!

Established 1843. Where you can select from over 50 varieties, grades and mixtures, put up in 5, 6, 10 and 12 lb. canisters, as per price list, or in original packages of 20, 40 and 60 lbs. each, at the lowest wholesale prices.

EDWARD LAWSON, Victoria Tea Warehouse, 93 KING STREET EAST, TORONTO.

CORALINE

CORALINE unequalled for health, comfort and durability. Manufactured by the CROMPTON CORSET CO., Toronto.

PARKER & EVANS' INTERNATIONAL Compound eradicates scabies from the scalp in 24 hours.

PIANOS. A VARIETY OF THE celebrated "Knabe" pianos and of the "Newcomb" pianos.

John Hall, Sen., M. D., HOMEOPATHIST, M.C.P.S., 33 and 35 Richmond Street, East, Toronto.

NO STRAIN ON THE SHOULDER OR BUTTONS WHEN STOOPING. Send 25c, 35c, or 50c, for sample pairs Athletic Suspenders.

CHAMPION STUMP AND STONE LIFTER. The Strongest, Lightest, Cheapest and Best.

Agents Wanted Everywhere for the sale of the already justly CELEBRATED CHATHAM WAGON.

DOMINION LINE OF STEAMSHIPS. Running in connection with the Grand Trunk Railway of Canada.

DAVID TORRANCE & CO., General Agents, Montreal.

DAVALL'S PEERLESS DELICIOUS FRUIT FLAVORING. EXTRACTS, PURE GOLD. QUALITY FOR FAMILY AND CONFECTIONERS USE.

TO THE TRADE!

R. CARRIE & CO., WHOLESALE.

Haberdashery, Staple & Fancy Dry Goods Merchants

Having leased their premises, and agreed to give possession at an early date, the whole of their Stock

MUST BE SOLD!

Liberal Trade Discounts on each line of goods throughout.

12 & 14 Wellington St. E., Toronto.

WHY PAY High prices for Silks and Dress Goods when you can buy them at Wholesale Prices at

PETLEYS' ?

WHY PAY High prices for Ladies' and Children's Parasols when you can buy them for 25 cents and up at

PETLEYS' ?

WHY PAY Forty to fifty cents per yard for Tapestry Carpets when you can buy the same for thirty-five cents per yard at

PETLEYS' ?

WHY PAY Two dollars per yard for Axminster Carpets, when you can buy the same for "one dollar fifty" per yard at

PETLEYS' ?

WHY PAY Two dollars per suit for Boys' Clothing when you can buy them for "one dollar" per suit at

PETLEYS' ?

128 TO 132 KING ST. E., TORONTO.