A LUCKY MISTAKE.

"Tem," said my father to me, one cold November afternoon, as we stood in the flagpavet hall of our old-fashioned farm-house, "you'd better put the little bay mare in the dog-cart and go into Worthington for that saddle. I clean forgot to call for it yesterday, and as I want you to go out with the hounds on Saturday. you won't have another chance of getting it.

Thus said my stalwart, weather-reddened, gray-haired old sire, as he put on his rough nat and took his thick walking-stick from the stand preparatory to going about the It was about 3 o'clock, and dinner was just over; for the time of which I speak was twenty years ago, and the farmer had not then learnt to live according to the laws of a fashion unsuited to his income and occupation, or to ape the style and expenditure of his landlord. My father was an old fash. ioned yeoman, who tilled the land which his great-grandfather had tilled before him, and even had he lived in these days, when men of his type are rare, he would have kept to the old-fashioned ways.

I was nothing loth to act upon the parent's suggestion, although it meant a long drive in the biting cold, and although the return journey would have to be done in the dark, or with very indifferent moonlight. We were utterly isolated at the Mistletoe farm, for we were seven miles from Worthington, our nearest town, and ten miles in the opposite direction from the nearest railway station. My father farmed nearly five hundred acres, some of the land-especially that lying toward Worthington-being very poor stuff, and only fit for sheep. There was not even a village near, the laborers lived in cottages scattered over the estate, and in the depth of winter, when there was snow, or when the floods were out, we were often a week at a time and never saw a soul besides

ourselves and our employes. But we always had a good bit of horseflesh in the stable; as, indeed, was absolutely necessary, when our only means of communication with the outer world was the road, and when the distances were so great and the roads so bad. The little bay mare that I was going to drive-Fly-by-night was the name we afterwards gave her-was a) .ug one of our own breeding, clever as a cat and docile as a dog. From her infancy she was my play-fellow; would come to me when I whistled to her, eat out of my hand or my pocket; and when the time came for backing her, there was nothing to be done. She had perfect confidence and trust in us all, and especially in me; the cat by the fireside could not be more gentle or more easy to control. If only people would learn that a horse can, by kind treatment and constant association, be made as tame and affectionate as a household pet, there would be fewer broken bones from back jumpers and runaways.

She was a world too good for harness, I thought to myself, as I led her out of the stable and proceeded to put her to the oldfashioned, square dog cart, which turned up behind, and looked like a mail-cart—barring the color, which was a dingy gray. The little mare was my hunter when the hounds were within reacn and my father would let me go; and she carried me as gamely, even after twenty miles of harness the day before as if she was one of the squire's cracks, and went out only once a week.

As we trotted quietly down the drive, my father put his head over the hedge and called to me:

"Maybe the saddle won't be finished," he said, his red face glowing with the cold, his eyes glancing critically at the mare. "If so, you can put up at the Angel and have your tea; but don't be later than you can help. Have you got your watch on you?"

"Yes," I said, wondering at the question. "You'd better give it to me," said my tather, stretching his arm over the hedge. "I heard yesterday, at the ordinary, there was a gentleman stopped Monday night on the road. You haven't got too much money on you, I suppose ?"

"No danger," said I with a laugh, as I put my watch and chain into my father's big, brown hand. "They won't get much out of me if they try it on.

And off we went, turned into a high road, and sped at a quick trot through the gathering twilight in the direction of Worthing-

It was dark when we reached the outskirts of the little town, and the lights, not very brilliant if tried by modern standards, sparkled cheerfully enough in the windows. Past the blacksmith's forge, with the great bellows roaring and the sparks flying from the glowing cinders; past the butcher's, with a goodly display of our best beef; past the grocer's, where the half-dozen children, who were flattening their noses against the panes turned to look at us, and so, clattering over the uneven cobbles of the pavement, to the saddler's shop. The proprietor himself, a staid and portly person, conscious of the importance which attaches to his position in a country town, came out and nodded a greet-

"A cold night, Mr. Tom," says he, with a | down !" shiver, as the wind took his apron. "I'm not quite ready for you. Your father didn't come in yesterday, so I thought you would | third form knelt on the trap. not want the saddle till rext week."

"I want it for Saturday," said I, leaning sideways out of the trap. "The hounds are at the coppice. and the little mare and I are going. Can't you do it for me if I put up?" The saddler thought for a moment.

"Ay, I can do that," he said at length. "Will you call in between 8 and 9 and it shall be ready for you."

I agreed, shook up the mare, and, a few yards further down, turned in through the narrow gateway of the Angel into the dim, deserted inn-yard. From a single, half-open doorway came a stream of light. A figure | help you.

issued forth in answer to my summons. "Good evening, Mr. Tom," said this person, approaching and patting the mare's

"Hallo, Jack! is that you?" said I, as I drew the reins through my fingers and alighted, recognizing, as I did so, Mr. Jack Plover, to whom was intrusted the important duty of conveying the Queen's mail-bags from Worthington to the railway town.

"You'll have to wrap up warm to-night." "Ay! bitter cold, that it is," answered Jack, undoing the traces. "But law bless me! I'm used to it. If only I'd got as good a thing between my shafts as you have here, I'd think nothing of a seventeen-mile drive, I do assure you, sir."

"Your old pony isn't to be despised, they were, made no opposition, and seemed longer one the French.

him, but except for that-"

THE STATE AND REAL PROPERTY OF THE SECOND STATE OF THE SECOND STAT

caster, I do confess," said Jack, leading the place immediately before and immediately mare in through the open doorway and putting her in a vacant stall. "But he's good enough for his work. I start early and we take it easy. You won't have the collar off,

"No," I said. "I am off again in an hour or so. Will you have a drink, Jack?"

swing door, and found ourselves in the warm | cade for them to see the color. The time of cheerful bar, where the bright light made us | my arrival was about that of the mail, had wink after the darkness outside, and the not Jack Plover been obliged to turn back; huge fire sent a leaping, ruddy glare on the red curtains, and a reflection that danced down the hill accorded very well with the merrily on the trim rows of bottles and glasses. The barmaid, buxom and freshcolored, smiled a welcome, and rewarded my compliments on her pink ribbons and the roses in her cheeks by "Go along with you," and a couple of glasses of steaming whisky

and water. parently verging on forty, buttoned up in a | a house near, whence to get assistance.

with arms folded, gazed fixedly on the floor. | made up my mind at once. "My service, sir," says Jack, raising his tumbler to his lips and taking off the contents at a draught. "That's the stuff to keep the cold out. Although this is a bit o'clock, just before I started."

"You can have another then, if you like,"

said I, with a laugh. mean that. Is the clock right miss?" he inquired of the barmaid. "Then I must be going about my work," he added, receiving an answer in the affirmative. "Good night, sir, and thank you kindly."

And Jack Plover, who was a sportinglooking figure with his queen's livery and clean-shaven face, touched his hat politely and passed through the swing door.

The man with the slouched hat looked up as he left, and, addressing nobody in particular, inquired in a harsh, rough voice, with a queer burr in it:

"What time does the post go out here?" "At 8 o'clock," replied the barmaid, looking at her interrogator with no particular favor has just left."

and putting some money on the table. "Is that right? Good-night to you."

And with a heavy, slouching gait, he strode to the door and was gone.

After tea in the half-lit coffee-room and a pipe in the bar, with the barmaid to tell me the gossip, I started at about half-past S, called at the saddler's, put my saddle under the seat, and set out for home. As we passed the blacksmith's forge at the end of the street there was a pony being shod, and Mr. Jack Plover, in a big great-coat, was looking on at the process.

"Cast a shoe, Mr. Tom, and had to turn

back," he called out as I passed by. and dismal by contrast with the cheerful all my trouble to be in vain? light and warmth that we were leaving behind; with the slanting rain driving full in one's face, so that it dazzled the sight; with gray piles of clouds hurrying overhead; with a veil of mist and darkness blending hurdle and hedge-row, field and tree into a vague, indistinct, gray mass. The road is muddy, and, albeit the high-road, in bad condition; but the little mare has got her head homeward, and pulls her hardest toward a warm stable and well-stocked rack and the society of heavy Dobbin and his brethren. Not that my little hanter is to be permitted to pull herself to pieces through ruts and over illlaid stones, for there is Saturday in prospect, and, with the country in this state, we shall want the very last ounce. Now we are climbing a hill, and, anon, we are on the top, and the rain and the wind beat savagely upon us and the prospect on either hand is dreary enough. Now steadily down the shedding ground, with a tight rein and a careful lookout for loose stones; for this is deep descent, and one talse step may take £20 off the little mare's value. The banks are high, at all events, so there is some shelter, and down at the bottom there are trees on either hand.

It was pitch dark in this hollow, but I let the mare out at the bottom of the hill and gave her her head. Suddenly, with a loud snort, she swerved violently, ran the wheel of the trap into a heap of wayside stones, put there to mend the road; and in a second we were over.

I went out, of course, and the driving-box, the saddle, and a debris of miscellaneous articles after me. I landed partly on my shoulder, partly on my head, and was up again in a moment, although a bit dazed. The moment I gained my feet I was seized by the collar, and a harsh voice exclaimed-not to me, but to someone else: "Hold his head down-hold his head

A dusky form sprang to the mare's head and kept her from attempting to rise. A

"By Jove!" exclaimed this last fellow in an angry tone, "we've got the wrong man!"

"What?" said he, who had hold of my "Do you mean to say it isn't the---?"

in the negative. The man who had hold of lish are, and will never transform Tonquin me released me and joined the other. They into a trading centre. They will simply imwhispered together for a few seconds. Then port and sell cheap perfumery, and photothe first one came back to me and said, with graphs, cosmetics, and hair oil in fancy a fine pretense of indifference :

been worse. It's lucky we were at hand to der's "Gazetteer" Tonquin is described as

"I don't know about that," I replied, with no small acrimony, "for my horse shied | the population the same authority tells us at one of you. She never did it in her life | that, though they are dexterous, active,

either," said I, holding up the shaft while only anxious to get rid of me; they dis-Jack drew the mare out. "A new pair of | patched me without a word, and I was a forelegs and sound bellows would improve | mile on my road before I fully realized what had happened. As is always the case in an "Well, he isn't quite Newmarket or Don- accident, I could may recall what took after, and for that very reason the words uttered by the n.en were more vividly impressed on my memory. What did they mean?"

It flashed into my mind like a revelation. They had been misled by the shape of my trap; which, as I said, was square behind, and looked like a mail-cart, while the dark-We crossed the yard, passed through a ness was too great in their place of ambusand the careful pace at which I had come steady movements of Jack's nag.

And the voice? I had heard it somewhere lately—the man in the Angel bar. who asked, too, the time when the mail left. There was no doubt of the men's purpose.

How to prevent it? How to warn Jack in time? There was no road back but the There was only one other occupant of the one by which I had come, unless I made a bar, a stranger to me. He was a man ap- | detour of several miles. Neither was there shabby great-coat, and with his hat slouched | pulled up and thought it out. A bruise on over his eyes so that his features were hard | my right arm suggested something. I had to b- discerned. To the salutation which I fallen on my left side, and this bruise was gave him on entering, he made no reply. but | caused by the saddle tumbling after me.

Turning in through the first gate I came to, I drove over the turf to a corner of the field where there was a group of trees. Here I took the mare out; put the trap under the too early. I ought to have waited until 8 elms, and turned the cushions; took off all the harness but the bridle, and saddled her. Luckily the bridle had no blinkers. I wound the long reins round and round my "Nay, sir," remorstrated Jack. "I didn't | arm, mounted, and, thanking Providence for my knowledge of the country, rode at the nearest fence. There was a faint moonlight to help us, but it was terribly dark. My heart was in my mouth as we went at the fence, which was a big upstanding one, but I knew there was no aitch on the taking-off side, and I gave the little mare the word at the right moment. She jumped clean from under me, and landed me on the crupper. I never shall forget that leap! If there had been anyone to see it I could have sold her almost for her weight in gold.

We were half way across the next field before I had regained my seat properly, and then the mad exhibaration of the thing took possession of the both of us. There was a "That is the driver of the mail cart who | flight of hurdles next which we took in our strides. Then a bank and a close cropped "So I judged," replied the man, rising, hedge that stood up, black as Erebus, against the gray of the night; which we jumped as though it were twice its height. Then a flock of frightened sheep went scurrying away into the darkness.

It was all turf, and, for the first time, I blessed the poverty of the land that made it worthless to plough. A dozen fences negotiated in the same mad fashion brought us into a field that skirted the road; and here we were pounded. There was a big bull-finch into the road, with a deep drop. To go on, parallel with the road was impossible, for there was a made-up bank with a cropped hedge, full of stakes, and a deep drain as I knew, ran on either side. I rode up Out into the country, looking doubly black | and down by the bull-finch in despair. Was

At last I made up my mind, and rode, not too tast, at the great, towering, straggling hedge. I put my arm across my tace, shut my eyes, into it we went, and out of it, with a scramble and a flounder, we came-separately. The bull-finch merely brushed me out of the saddle, and the mare and I dropped side by side into the road, both of us on our legs. Before I had time to remount, I heard the sound of approaching wheels, and a man whistling merrily.

"Pull up, Jack !" I called out,

Jack's whistle ceased, and a more astonished countenance I never beheld than the one which looked down from the mail-cart. In half an hour the constable and I were

seated very uncomfortably on the back of the mail-cart, and driving along as fast as Jack's pony could be induced to go. Our only fear was lest the fellows should have got tired of waiting, for it was quite an hour and a half later than the time when the mail should have passed them. Down the hill we went, our hearts thumping away with excitement, not to mention the difficulty of holding on, and Jack performing "My Pretty Jane" with exquisite variations.

Well, to cut my story short, we got one of them. The constable, in his eagerness, jumped down directly the first man had seized the horse's head, and the other two fellows made off. We got the right gentleman, though—the identical fellow who had been in the Angel bar, and whose voice I had. recognized. He was tried at the assizes, and, two other convictions being proved against him, was sentenced to seven years' penal servitude.

I went out with the hounds on Saturday, and my little mare was the heroine of the hour. The squire himself came up to me, and after complimenting us both on our achievement, said :

"What do you call her?"

"Call her Little Fly-by-night," said he. And that's how she got her name.

Everybody wonders why the French should be so bent on annexing Tonquin. With a volley of oaths, the other replied They are not born merchants, as the Engbottles. There is no reason why the French "Nasty accident, sir! But it might have should go there. It is true that in Maunone of the Snest countries in the East for population, fertility, and trade; but as regards before. You'll oblige me by helping to get and ingenious, "they have more aptitude for imitation than invention." They live In a twinkling we had the harness un- in houses built of mud, or "hurdles daubdone, and the mare, with a flounder and ed over with clay." The country is 450 stagger, was on her feet, and shook herself miles in length and 380 in breadth. The in a disgusted fashion. The men said no- French possess the neighboring colony of thing, but obeyed my directions. Luckily Saigon, which cannot be considered an imnothing was broken; the mare had rubbed a portant commercial emporium. Most Orilittle hair off her, as well as I could tell, but | entals are born merchants; they are alher knees were all right. In seven or eight ways bartering and bargaining. It needs, minutes from the time we went over, so therefore, people akin to the nation of quickly did it all happen, I was in my seat | shopkeepers to compete with them. After the Americans and British the Germans My assailants, or assistants, whichever follow by a long distance and at a still

The Present Condition of Egypt.

Mr. Villiers Stuart, a member of the British House of Commons, was some time ago appointed by the Home Government to make a thorough and exhaustive inquiry into the social and political condition of Egypt. His report has recently been presented, by command of the Queen, to both Houses of Parliament. A careful perusal of the report enables one to judge more fully of the importance of the task which Mr. Stuart undertook and carried but so well. Having been a frequent visitor to Egypt and being an accomplished student of the history and literature of that ancient and interesting country, Mr. Stuart was well qualified to perform the duties which he assumed during his late tour of inspection through the Delta of the Nile and Upper Egypt. As already stated, he visited all the provinces of the Delta, from December, 1882, until March last, and examined 44 witnesses and groups of witnesses in 26 different villages and communes. He then returned to Upper Egypt, where he held 35 separate inquiries, and examined a great number of persons of all classes. His observations show that he has obtained a clear insight into the social condition of the people. The provincial in habitants of the Delta, he informs us without hesitation, are favorable to the English, and are prepared to welcome reforms at their hands. That such reforms are urgently needed is manifest from facts which show how corrupt, venal, and oppressive is the system of local administration. The people wished success to Arabi, because he had promised to cancel the village debts, and to banish the usurers. The latter are

THE MODERN PLAGUES OF EGYPT,

bringing in their train all the desolating effects of the plagues of old. The agricultural condition of the people contrasts favorably with that of the English farmer. If they had not their "gombeen men" to fleece them, they ought to be prosperous and contented. Cotton can be grown anywhere in the Delta, and is worth from £15 to £20 an acre, and the aftercrop of wheat, worth £5, can be grown in the same ground. In the following season the land would be cropped with green crops, eaten off by sheep and other live stock; then by the maize or dourra, and then by wheat, the three crops within the year being worth from £12 to £14. Beans, lentils, and other leguminous crops are also grown. On an average the crops of the feliah are worth £16 a year, while the English farmer's best crop of wheat is only worth £12. The fellah's land tax, which is, in fact, his rent, is not more than £1 13s. an acre, while the English farmer's is from £2 to £2 10s., and he has very heavy taxes to pay besides. Irrigation is carried on from the Nile by waterwheels or steam power. A 10 horse power steam engine suffices for 100 acres for the season, and the farmers club together for one when they cannot afford to have one for a single farm. They hire them out also to their neighbors at from 16s. to £1 an acre for each watering. If they were not burdened with local debts they would improve their lands still more. They are paying a ruinous rate of interest, from 42 to 63 per cent. per annum, and even as exorbitant as from 100 to 120 per cent. per annum. It is suggested that the Government should make advances | the great posterior muscles through in at a low rate of interest to pay off their debts. Every landowner up to 100 acres is liable to forced labor for the Government, for which no remuneration whatever is given, and the hardship of this is aggravated by the practice of sending the laborers to distant parts of the country. Mr. Stuart thinks that the land is well able to pay the land tax, but the fellahs complain of a tax on date palms and on sheep. An erroneous impression has prevailed that the taxation of Egypt was increased in order to support the extravagance of the late Knedive, but this is not correct. The present scale of taxation was established before the beginning of the reign. As to the administration of justice in the native courts, it is, he says,

A "FIGURE OF SPEECH." The decisions are sold to the highest bidder. The mixed tribunals of natives and foreigners are worse. They are made instrumental in perpetrating the grossest extortion and fraud. Natives who obtain consular ap- | Such a woman in the darkest hour brights pointments claim the privilege of having cases tried by these tribunals, and are thus enabled to make them the means of defrauding their neighbors. The Greeks are the greatest extortioners amongst foreigners. The punishments too are barbarous. The use of the "courbash"—a whip made of the hide of the hippopotamus-and of the stick has increased since the rebellion, and persons have been bastinadoed in order to make them confess matters of which they knew nothing. Venality and corruption are so universal that nothing but the strong hand of foreign intervention can eradicate the abuses. One of the effects of giving power to the mixed tribunals is that the law which enacted that a fellah could not be dispossessed of his land without his consent has been set aside, and now the Greeks and other money-lenders, who have accumulated a load of debt upon them by extortionate "Well, squire," I repled, "we haven't driven them out. This grievance was at the driven them out. This grievance was at the root of the discontent which helped to recruit Arabi's ranks. In Upper Egypt the population is pauperised to such an extent that they are unable to cultivate the land properly, and are living at the point of starvation. The consequence of one single low Nile would be a famine. Their condition contrasts with that of the thriving population of the Delta. Their destitution is owing, amongst other causes, to arbitrary confisca. tion of their lands during the late reign,

MERCILESS RACK-RENTING,

forced labor, which withdraws the hands from their own lands, and the borrowing of money at extravagant interest. Mr. Stuart offers a series of practical suggestions to increase the productiveness of the land, establish district banks, and reform the obvious abuses. In Upper Egypt, Arabi appealed to the fanaticism of the Mahometan population, but they are now undeceived as to his

character, and proclaim him an imposter. The London Standard, in commenting upon this report, doubts whether Lord Dufferin's projects will ever be realized in Egypt, and still more whether they can possibly be successful. Indeed, it can hardly be seriously affirmed that Lord Dufferin leaves the reputation of the Ministry that sent him to Egypt any higher than it was before he went there, or that he has added to his own celebrity, save as a writer of despatches couched in the vein of the finest irony. We

tector of the enemis of the faith of the fai of the population. Without contain them any material benefit to come them for this outrage on their feeling to reconcile them to our presence. fase to assume sufficient responsibility enable us to do the people any t visible good, and we shall intallible rendering ourselves odious. Yet, if the to depart, what would happen? Tue her and his Egyptian Ottomans would and a second Arabi follow us, and a second Arabi would be to follow in the steps of the first. It to be too explicitly stated, or too often to ed, that from the day when we drove and army out of Tel-el-Kebir and conda Tewfik back to Cairo we have done about ly nothing for the genuine settlement practical reorganization of Ezypt troops are there, and ought to be there no real use is being made of their present We are adding to the taxes of the ba without preparing for them any real

How a Panther Jumps over Putyl While the African lion or tiger man

competitors in strength, in agilily the to ther has no rival living. A gentleman of truth and candor with to me : "I was in Canada some years to family where I was stopping, had hope against a pile of boards or lumber to conor freeze, as is customary. A catano (the Indian name in New England) England the meat in the woods close by and crepts in the right to get a piece. In pulling to the quarter of beef he upset the whole of lumber, which came down with a feet noise, and he made three tremendous la from the spot. I saw the tracks in snow; there was not a mark between the

I did not measure the distance myseling

a man did, and, I believe, correctly,

first jump was up hill, thirty feet, send horizontal, to a large rock, fifty-for is the third, down hill, seventy-two feet. A leap of thirty seet perpendicular to branch of a tree, or a forty-foot plungers a fatal shot, and falling dead almost at the hunter's feet, have been repeated units

veracity is not questioned, and after main all possible allowance we must acknowled there is not a creature living whose compares with it. The question then comes up, how is superiority over other animals attack The key to the above question we shall is in the coiled wire spring. This spring pressed down on a base and liberated in ahead further than any other form. reason is very simple. Every movement substance must start from a base the moved by an outside force. The colleirs spring, when pressed down, becomes and its entire length. When let loose, the is turn jumps from its base, which is the cond; the s. cond adds its force to the in jumping from the third, and so in successing to the last, which adds its force after is whole coil is flying from the outside bast all. And this is precisely the case it ? panther's leap. The forelegs and hear shot forward from the shoulders, the pore ful muscles of the back straighten the man of the spinal columns from the hips, will Achilles tendon and over the longest in in the animal economy, add the last imper to a body already shooting ahead it a arrow. The serpentine flexibility is bank fully illustrated in the menagerie when a keeper thrusts his stick across the cage as orders Felis to jump over it. The head at shoulders rise and gracefully curve over stick, beginning to desiend on the opport side when the last impetus is given by hind feet, and the body alights gently as rose, seeming without weight, concusated the disturbance of a leaf.

TOPICS FOR WOMEN.

A WOMAN'S SUNNY TEMPER. What a blessing to a household satisfied cheerful woman-one whose spirits and affected by wet days, or little disappear ments, or whose milk of human kuning does not sour in the sunshine of prosper, the house like a little piece of same weather. The magnetism of her smile, is electical brightness of her looks and Ele ments, affect every one. The childre? to school with a sense of something gover be achieved, and her husband goes into B world in a conqueror's spirit. No man how people worry him, far off her prests shines, and he whisp is to himself home I shall find rest.

YOUNG HOUSEKEEPERS. No young lady should be willing that wifely responsibilities or obligations she is fully capable of taking charge house. Some sensible person nas sal. household occupations are in themselves intellectual and moral exercise of no min importance, after which any lady has entire

surplus time for books and the arts. We fully endorse the sentiment, and the the improvement in our female college white meat. Prairie

ment of domestic economy. In the marriage outfit of the eldest darp ter, how many a mother has been forced beshed ones may be ser the sacrifice of her own personal ease in referred. This is not a comfort in giving up her old experience with canvas-back ducks. cook to relieve the young mistress of a be ly cooked by roasting f den of embarrassment and trouble in y-five minutes. would otherwise fall upon her untrained shoulders! But even with this admirsh re as follows: Mayauxiliary (now almost oosolete since the grandbirds, and wild so tinction of slavery), there will be oppressing minor cares, duties and anxieties requires a sacrifice of time and case that the mistre may not be willing at all times to yield

Be she ever so happily endowed with the enviable faculty of taking things lightly as birds, woodcock in a patiently, ever estimating little mishaping their full cost and series are Virginia reed with the patiently of taking things lightly as the birds, wild squabs, pignish their full cost and series are virginia reed with the birds. patiently, ever estimating little mistary their full cost and no more, she will sale their full cost and no more, she will sale find her position one of trial and embarish ment. There must be a regular and general method in everything if thrift, order and method in everything if thrift, order and method in everything if thrift, order and without any stuffing energy and meaning and meanin early rising, and economy in pantry are the usual garnis extravagant, and servants are never slown that she does not practice what the being down the being

Let no young housekeeper despise indit teaches. trial activity and a personal execution d all the rules instituted for the general fer fare of her establishment. Then, and not until then, will we see comfort, happiness and programment. and prosperity.

DIET FOR INVALI BY JULIET CORSON. Game and Poultry le the general rule hold ood is the most wholeson

decay in animal flesh use

produce symptoms of in

f decomposition without

jury to the epicure. Mi

ame is often eaten in

tion of meat which has medium summer tempe 590° F., for three on the development at tha organism, termed by th vibrio. This parasit t in other meats than ichinæ, is not destroyed salting and smoking ine in brine. There is no r hat the flesh of game is esence of this natural pr sition. When meats con feetly cooked, their cons gastric disturbance, so result. As game is ten sted, the action of inten w the septic influence of bristison suggested the o do with the impunity es could consume high nly has with those savag trid fish and flesh; but I ct that the use of game h to please a gourmand ntestinal disturbance wit omed to eat it. Dr. Let. with some the slightes of decay is sufficient to c absolute physical deran "a piquant touch of de ent in ripe cheese and l bjectionable. Certainly ally eaten at a point of d ould be rejected, and los also favored. Seve al authorities consider lizes the effect of dece o a considerable extent, ptic properties of the arther counteract it. B shun the decayed fish so those savages "adva: ison says, "in the cult: ment of gastronomy.'

ve considered this rathe tat length with the hor is ordered for an invalid be induced to supply i le. As a rule the fiesh o and tough than that of so that there is not the eping it in order to let it the first action of d is also more digestible ti and for that reason m r. Its comparative free it relatively more nut ense flavor is tempting as the taste of the flesh is nearly identical, the carefully preserved in ison is the most diges and the best known, a , and antelope are hig se sections of the countr d. Among the small uirrels are both digent s; hares have a darke are less digestible unles ore highly flavored an system, thus more near er's-meat. As no large

game birds when prep are more digestible tha e their fat either lies clo lost in cocking, or is testines of the larger v birds contain less blood and are thus more delication

on, no receipts are give

bey are not for this reas large game birds are m than domestic fowl, orming elements, but th exture of their flesh ma keep them longer before y, which may be cooke ed. While the ilesh of and poultry is more de than that of animals. sphates, and therefore for nervous invalids. birds is more digestible y, because less dense, of the comparative about stively more economics more available food in

The flesh of the hare nderest, and that of the highly flavored. In be y the land birds are digestible than water-to , unless the latter are the breast of wild water for is best when fresh. flavor of snipe, ploy s richer than that of qu but both the latter are are darker in flesh. A

game birds in season d June affords the same English pheasants. push and pigeons are is birds on sale are refrige here are Virginia reed-

Tart oranges sliced,

down the back or kr don toast. kinds of game birds a ence, and in all except of the system.