Britain's jewel just now is a Garnet. The modern pie-rate-ten cents a piece. The best thing to take before singing-

There's very little or no opposition to a red-hot poker. All types of mankind to be justified must

be in good form. It depends upon "what's trumps" when the right bower is left.

Why is a messenger like a bad penny? Because he's one sent.

Uneasy lies the head when the mosquito A plumber's bride at Saratoga wears

terra cotta hued dress in "pipings." When does water resemble a gymnast?

When it makes a spring. On week days one buys his music by the sheet; but on Sundays he gets it by the

choir. A southern duel was lately interrupted by rain after only nineteen rounds had been exchanged.

It was an apple that made Adam tell, and the same fruit made William Tell.

It is said that during the moonlight fight in Egypt the English bands played "The man in the moon is looking."

In an autobiographic humor Boileau wrote: "A fool always finds some one more foolish than he is to admire him."

It is not proper to speak of a milkman's watering his milk. You should say that he expedites his cream. Twisting the tail of the British lion is a

dangerous thing for the country that loves its grip. A latter-day philosopher has said, "Send

me all the dresses a woman has worn in the course of her life and I will write her biography from them."

A West End man gave his wife \$5 for a health appliance. She bought a plume for her hat. He thinks the "feather cure" ought to be advertized.

"It is not necessary for a man to be poor to be honest." Certainly not. But it seems sort o' half way necessary for a man to be poor if he is honest.

"Will you drop us saline?" asked a man departing from Syracuse. "That depends salt together on circumstances," was the re-

Politics, nowadays, is like the fandango swings at country musters, the man who in the top bucket this minute is soon down

chaffing with the groundlings. An inveterate dice-thrower in this city has had an attack of malaria. This is the first time he has had to shake for something he didn't want.

"What is a pessimist, papa?" asked a bright lad. "A pessimist, my son," said the old man, "is one who would find fault with his seat in Heaven, if he ever got there."

We were eating our supper, and Mrs. Dodge was cooking beefsteak. I asked my little girl how she would have her beefsteak cooked. She replied, "I will have it tender and true.

"Is this your first appearance in a court of justice?" asked the Austin Recorder of a vagrant. "No, Judge; it is the last time thus far-how is it with yourself?"

"Bunyan's Pilgrim Progress on the Stage" is the heading of an article in a morning paper. In old times the pilgrims's progress rapid transit.

If Jonah had had another fisherman along with him when he was Secretary of the Interior the big fish that gobbled him could not have been measured by any tape line then in existence.

# The use of Tea and Coffee.

Tea and coffee are beverages used throughout the civilized world, and their effects have been studied with no little interest. That they affect the system there can be no manner of doubt, but whether this effect is beneficial or otherwise, is the question.

The experience of those who use coffee and tea slows us that they are stimulating in their action, and that coffee is more so Both are asserted to be nutritious, which may or may not be attributed to the fact that they remove the sense of fatigue and hunger, and allay the mental unrest produced by exhaustion and anxiety. If used to excess they derange the organs of digestion and cause various annoying diseases. Functional disturbances of the nervous system are also caused by ther excessive employment, such as headache, vertigo, and confusion of the mind.

A cup of coffee after dinner facilitates digestion. Those who take a cup of coffee in the morning suffer with headache if they omit it. Coffee is a laxative, tea is an astringent. The use of either frequently produces wakefulness.

The above is what is taught in regard to the effects of tea and coffee. But the reasons for them must be looked for beneath the mrface.

Tea and coffee are stimulants, and they share with other stimulants a property common in a greater or less extent to them all. Alcohol will do the same thing. Stimulants, as a rule, if taken in small doses, promote the appetite and increase the digestive power by stimulating the gastric follicles. But if used to excess derange the organs of digestion and excite functional disturbances of the nervous system. This is accounted for both chemically and physiologically. Both contain tannin. Headache, vertigo, etc., are the effects of over-stimulating the nervous system.

Tea and coffee derive their activity not | recovered that he can now run like a deer. only from the volatile oil which they contain, but from an important constituent known by the names of caffaine or theine.

Bartholow says: "Caffeine, in small medicinal doses, promotes appetite and increases the digestive powers. On the heart it exercises a decided stimulant action, and raises the arterial tension. As regards the cerebral effects, it may be stated that at first drowsiness occurs, but this is soon followed by wakefulness,

cellent if taken to excess.

## AMERICAN FABLES.

How the World Went Right Along.

A bear who had made himself believe that he had the worst luck of any animal in crea tion, was crawling through the woods one day when he met a Serpent, who inquir-

"Which way now, my Friend?" "I am going to find some spot where can retire from the World. The World has not used me right, and in revenge I will desert it."

"I wouldn't do that." "But I will. I can no longer trust anybody. I have been cheated, lied to and misused until I have no faith left. I will now retire within myself, and if any convulsion of Nature takes place the country must not blame me for it. I have borne all that one Bear can be expected to put up

Bruin went his way until he found lonely spot, and he then crawled into hole and began listening for the Crack of Doom. It made him feel good to think that the World was turning itself bottom side up because he had absented himself from sight and search, and he was determined not to yield until after several thousand terror-stricken people had come to him with

tears in their eyes. Much to Bruin's surprise the night passed like all the other nights. No one appeared during the forencon to plead with him, and the afternoon passed without an Earthquake or Tornado. He mementarily expected the advent of a crowd to plead him to come back to the World and have faith and confidenct, but the crowd didn't show up. After a long and hungry night Bruin began to weaken. After much argument with himself he crawled out of his den and was sneaking through the woods when he

"Is the World yet standing?" asked

"Certainly, never more solid since I can emember."

"And is anyone searching for me?" " Not that I know of."

" Every goes on just the same, eh?" "Just the same.

"And didn't you hear I had lost all faith in human nature, and retired from the World ?" "Never heard a word of it. Tra-la, old

man, I'm off. The Bear sat down on a thistle and thought the matter over for a few minutes, and then arose and made a bee-line for hi usual haunts, telling every animal he met on the way that he had been off on a fishing excursion.

The cynic who flatters himself that he revenging on the world by withdrawing his company forgets that he will be obliged to associate with himself.

### Reply Post-Cards in England.

A treasury warrant appears in last night's Gazette prescribing the regulations and conditions for the use of reply post-cards within the United Kingdom, the Channel islands, and the Isle of Man. It will come into operation on the 1st of October next. The cards will bear an impressed stamp of one-half penny on each half. The address and nothing else must be written, printed, or otherwise impressed on that side of either half thereof which bears the impressed stamp. Anything (including a letter of communication in the nature of a letter) may be written, printed or otherwise impressed on that side of each half of a reply post-card which does not bear the impressed stamp. Nothing was made on foot but this is the era of | whatever must be in any manner attached to a reply post-card nor must a reply postcard after the issue thereof be cut or folded or otherwise altered, except that that half of a reply post-eard which is intended to be used for the purpose of a reply (in these regulations referred to as "the return half" may be severed from the other half thereof. If any reply post-card or the return half thereof is sent by post otherwise than in conformity with these regulations it shall be enclosed in a sealed cover and forwarded to its destination, charged on delivery with postage as an insufficiently paid letter of the same weight. - London Standard.

Control of Feeling.

It is sometimes furged that, however re sponsible we may befor our deeds, we cannot be held accountable for our feelings, as they come and go unbidden. Yet, if it is true that every feeling is dependent for its continuance upon the action which prompts, the feeling itself is at least medi ately under our control. We cannot, it is true, by an effort of the will, at once expel from the heart a gust of passion; but we can deny the angry utterances that tremble on our lips. We cannot suddenly kill a selfish desire, but we can refuse to commit the unjust or unkind action that it prompts. We cannot immediately banish curiosity or a love of gossip; but we can withhold from them the food on which they thrive. In the same way, if worthy and honorable impu ses are weak within us, we can strengthen them by following steadfastly that course f conduct which they suggest. We can increase our sense of justice by doing justly, our sympathetic feelings, by tender and loving acts, our good temper by self-govern-

"Do fish perspire? is a question now agitating scientists. They make a man sweat who tries to catch them, generally.

Tradition says that beer was first made on the banks of the Nile. Just at present there are lots of lively hops in that section, but

they are only brewing trouble. When Arabi Bey was a subordinate he once received the bastinado, and was unable to walk for three months. He has so far

The word "honeymoon" is traceable to Teutonic origin. Among the Teutons was favorite drink called "metheglin." It was made of honey, and much like the present mead of European countries. The same beverage was in use among the Saxons, as well as another called "morat," which was also made of honey, but flavored with mulberries. The honeyed drinks were used in great abundance at festivals. Among the nobility the marriage was celebrated a whole excitement, muscula trembling, confusion lunar month, which was called a moon, dur posed a sermon and killed a salmon before I ing which the festive board was well sup! breakfast. " In fact," says the, with It may, therefore, be seen that coffee and plied with the honey drink. Hence this welf entisfaction, that is an effect on which tea are like most other things, excellent month of festival was called "honahmoon," I plume myself greatly." "Aweel, sir," tival.

## The Jews of the World.

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dwelling It observed B. S. J. H (Housely, 1 to bettered

The number of Jews in the world about ten millions. Of these, upwards three millions are in the Russian empire In Austria there are nearly a million and about half a million in the north ern parts of Germany. The Societ for promoting Christianity among the Jews has stations in England, Austria, France Germany, Holland, Italy, Persia, Russia, Turkey, the Danubian Principalities, Asia Minor, Syria, and North Africa, while in Jerusalem a special effort through the means of the Hospital to seek the welfare of Israel has been very successful.

The greatest work of the Society has been the putting into the hands of the ew their own Scriptures, together with Hebrew translation of the new Testament. Since 1823, 153,286 entire copies of the Old Testament, and 380,263 parts of the same, have been circulated. Since 1817, 188,468 copies of Hebrew New Testaments, and portions thereof, have been sold or distributed gratis. Of late years, the British and Foreign Bible Society have taken up the printing and circulation of the Hebrew Scriptures as a branch of their labours.

The Society supports a number of schools in its foreign stations as well as London. It has schools in Bucharest, Constantinople, Damascus, Jerusalem, Mogador, and Tunis, where a large number of Jewish children are receiving daily instruction, and in all their youthful minds the seeds of the Word is patiently being sown.

At Jerusalem there are the Girls' School, and the Institution for Jewesses. The Hospital where the Jew is made practically to understand the power of Christian love field. and benevolence; and the House of Industry, where the convert is put in the way of gaining his livelihood.

The most diligent search could only discover thirty-five Christian Israelites in England at the beginning of the century. Since that time more than a hundred Jews have been ordained as clergymen of the Church of England. Our missionaries estimate that there are now 2,000 Christian Israelites in London, and probably 1000 more in the English provinces. "It can be stated with confidence that in Germany there is not a town where there are not some Jews who believe in the Lord Jesus Christ, and this is the result of our mission. directly and indirectly." There are now nearly 5,000 Jewish Christians in Prussia. The Societies for promoting the Conversion of the Jews had made, since the cominencement of the present century, some 20,000

proselytes. A correspondent of the London Record | lius. writing from Jerus.lem says: The agents of the Jewish Mission have found a large and promising field of labour amongst the hundreds of Israelites who, driven from Russia, have come to the Holy Land Formerly, Jews came to the Holy City only to weep for its fall, to study the writings of the Rabbis, or, after passing their last years within its crumbling walls, to be buried on the slope of Olivet. On its approach to Jerusalem each little company was met by those who performed for it the ceremony of clothes-rending, in token of grief for the desolation of the sanctuary. Now the case is different, the new-comers appear to have little sympathy with their Talmud-reading brethren, many of them seem to have received a smattering of Gentile learning, some have been clerks in bankers', lawyers', or merchants' effices, others tradesmen. and as they come in numbers too large to be soon absorbed into the mass of the Jewish population, they are easier of access than their co-religionists who have been longer resident here. The Society's "Emquirers' Home " and "House of Industry" are filled with inmates, and it has been found necessary to establish a large party (some of whom are not "Enquirers") in charge of a scripture-reader in a camp outside the town, at a spot known as the "Sanitorium." Here some of them have been employed in field-labor, others in different way. A good many come here instead of going to America or elsewhere, because they had been told that they would receive land gratis. Their hopes were disappointed, as the Turkish Government, though it permits Russian Jews to settle in its dominions, and would, it is supposed, be glad to have them in Asia Minor, seems to be frightened at the noise which "the return of the Jews to Palestine" has made and consequently objects to the establish ment in the Holy Land of a distinctly or ganized Jewish colony, which may in time prove the nucleus of a "regnum in regno. Private individuals, it is said, are not likely to meet with the opposition to their acquiring land which a "corporation" will and the " Habazelth " states that many of these Russian emigrants have announced their intention of purchasing property on their own account

The Society whose head quarters are in London, England, has a Canadian agency of which the Rev. Johnston Vicars, of Toronto. is secretar .

# Questions About Ducks.

Why does a duck go into the water ! For divers reasons. Why does it come out? For sun-dry reasons. Why does it go back ? To liquidate its bill. Why does it come out again? To make a run on the bank .- [Drum r er.

Fat Boy- No, you can not raise chickens from egg plants. You might as well try to raise calves from a cow-catcher. Some remarkable, as well as numerous,

suicides have occurred recently. Among them is that of the young Chicago reporter who killed himself because he couldn't make money enough to live in style; that of the man who killed himself because he couldn't get a wife; and another because he had five or six. A singular sucide of a young lady occurred in Indiana caused by her fear lest she should die of consumption.

A Perthshire Minister, more skilful as a angler than popular as a preacher, was once giving advice to a parishioner on the bene fits of early rising, and mentioned as an instance that he had a few mornings ago comwhen taken in moderation, but most unex- or honey-moon, which means a month of fes- was the pointed reply, "I wid much raither hae had yer saumon than yer sermon."

### BRIGHT THOUGHTS.

Those who have nothing else to command them in the respect of others but only their blood, cry it up at a great rate, and have their mouths perpetually full of it. They swell and vapor, and you are sure to hear of their families and relations every third word. By this mark they commonly dis tinguish themselves; you may depend upon it there is no good bottom, nothing of true worth of their own when they insist on so much and set their credit upon that of others. - Charron.

as good almost kill a man as kill a good book. Many a man lives a burden to the earth; but a good book is the precious lifeblood of a master-spirit, embalmed and treasured up on purpose to a life beyond life. -

Few persons have sufficient wisdom to prefer censure, which is useful to them, to praise, which deceives them .- La Rochefoucauld.

As ceremony is the invention of wise men to keep fools at a distance, so good-breeding is an expedient to make fools and wise men equals .- Steele.

Actions, looks, words, steps, form the alphabet by which you can spell characters. The mind that is cheerful in its present

state, will be averse to all solicitude as to the future, and will meet the bitter occurrences of life with a placid smile. -Horace. No man can possibly improve in any com-

pany for which he has not respect enough to be under some degree of restraint.—Chester-

The superiority of somo men is merely local. They are great, because their associ-

ates are little. - Johnson, It is the part of a prudent man to conciliate the minds of others, and to turn them to

his own advantage. - Cicero. The perfection of conversation is not to play a regular sonata, but, like the Æolian harp, to await inspiration of the passing breeze.—Burke.

Our minds are as different as our faces; we

are all travelling to our destination-happ ness; bur few are going by the same road .-Open your mouth and purse cautiously, and your stock of wealth and reputation

shall, at least in repute, be great. - Zimmer-A docile disposition will, with application, surmount every difficulty. - Man-

It is a folly for an eminent man to think of escaping censure, and a weakness to be affected by it. All the illustrious persens of antiquity, and indeed of every age in the world, have passed through this fiery

> All that glitters is not gold, Gilded tombs do worms unfold.

-Shakespeare. Great minds, like Heaven, are pleased doing Though the ungrateful subjects of their favors

persecution. - Addison.

Are barren in return. The surest way to health, say what they will, Is never to suppose we shall be ill.

-Churchill. Love, that has nothing but beauty to keep it in good health, is short-lived .-Erasmus.

Pride, ill-nature, and want of sense, are the three great sources of ill-manners; without some one of these defects, no man wil behave himself ill for want of experience, or what, in the language of fools, is called knowing the world,—Swift.

# The Girls.

Wildness is a thing which girls cannot afford. Delicacy is a thing which cannot be lost and found. No art can restore the grape its bloom. Familiarity without love. without confidence, without regard, is destructive to all that makes woman exalting an

"This world is wide, these things are They may be nothing, yet

Nothing? It is the first duty of woman to be a lady. Good breeding is good sense Bad manners in a woman is immorality Awkwardness may be ineradicable. Bash fulness is constitutional. Ignorance of etiquette is the result of circumstances All can be condoned and do not banish mer or women from the amenities of their kind But self-possessed, unshrinking and ag gressive coarseness of demeanor may be reckoned as a State's prison offence, and certainly merits that mild form of restraint called imprisonment for life. It is a shame for women to be lectured on their manners. It is a bitter shame that they need it Women are the umpires of society. It is they to whom all mooted questions should be referred. To be a lady is more than to be a princess. To a lady, prince and peasant alike bow. Do not be rest ained. not have impulses that need restraint. Do not wish to dance with the prince unsought; feel differently. Be sure you confer an honor. Carry yourself so loftily that men shall look up to you for reward, not at you in rebuke. The natural sertiment of men toward women is reverence. He loses a large amount of grace when he is obliged account her a being to be trained in propriety. A man's idea is not wounded when a woman fails in worldly wisdom. But if in grace, in tact, in sentiment, in deli cacy. in kindness, she would be found wanting, he receives an inward hurt.

A Fourth Ward lady left the baby in charge of its father one evening last week. and went out to corner the ice cream market. She was absent about an hour, and when she returned she found her husband smoking and reading, while the baby sat on the floor playing with a revolver, and surrounded by a clock, a case of razors, a pair of scissors, a lot of books, a bell, a bunch of keys, a coal scuttle, a bootjack, a fire shovel. a hand-mirror, a hammer, and a toilet bottle, while in its lap was a cake of soap, and in its little mouth a ten-cent piece and a jaw. I should like to know if anybody the finger-ring. The busband explained by say- marked the fish with the band or whether ing that every time he saw a squall coming it got its head through it in an attempt a he pitched something to the child, and that he had exhausted all his resources just as she came home. The mother just sat the have preserved it for my museum." Think for the same home. baby in an arm-chair and give it one of its thumbs to suck, which contented it until vise some of their ideas regarding the order was restored in the room.

Most of the written remains of

Egypt are religious. Many consist of

to the gods, and have a pathos of the

Others are lists of oblations or of sme

en at war. These have no more liter

an inventory of furniture. They

however, a vivid idea of Egyptian ice

of ancient Egypt are nowhere set the

ings. The manifold production and two

more detail than in what is known out

tensions than an auctioneer's catalog by

"Great Harris Papyrus," which co divers of these summaries. It was to a tomb, and measures 133 feet long h inches broad. Here we read of the be cedar with rivets of gold-plated bran cabins adorned with precions stone houses with doors and lintels of gold Barred TURNIPS.—Pare and cook rounded by gardens planted with all nearly tender in salted boiling water; of fruit, and tanks of water-fowl and and Besides these are granaries with contreasuries filled, or temples presented a surprising amount of miscellaneous n ty, paint, spirits of wine, honey, oil as overcoats, embroidered caps, incense, in dishes and ladles, rings, onions, cedar in bundles of writing-reeds, wax, leather Ad als, turquoises, perfumes, images, o laces, wine, colored bed-clothes, &c. in most careful inventory was made of the min eral items, and in every case the AMPARAGES CMELET. -Boil two amount of the articles in store seems of tender, fresh-cut asparagus in set down. For instance, in one placittle sa't; better still, steam the asp find a record of 825,840 crystal bead ill tender. Chop it very fine; another of 23,008 pots of franking ith the yolks of five and whites of while one "cedar rule" figures by itself vell-beaten eggs; add two tablesp sides these dead or dry goods we have at sweet cream ; fry, and serve quit ishing lists of cattle and birds, espec BAKKD EGG PLANT. - Wash the pigeons, ducks and geese. Here wend bake a you would potatoes. struck by evidence of much that was caken tender, remove the skins, an ently business-like and prosaic among ot mash to a paste, and seaso old Egyptians. It is true that then utter, pepper, and salt. A rav ligion especially, at least so far as the chopped fine may be added. ings made by the king represented the CAROTS AND CREAM.—Trim a querosity of the people, was marked by the smallest new carrots that velous and abundant devotion; the adplaced, and boil them in salted ments of the temples not being brought when done, drain off the water. focus in some inner shrine, but shown inner of butte: in a saucepan; add capping of sacred obelisks with solid gessert-spoonful of flour, peppe and the covering of huge holy walls in rated nutmeg, a pinch of powdered and out with costly sculpture. But thend small quantity of cream. Pu this indicates a certain profuseness darrots, simmer gently a few minu penditure, nothing is more striking terve the minute economy and attention to de PEAS AU SUCRE.—Boil the peas an exhibited in what may be called the second water; then put them is rent rolls, summaries of obligations, and rith a little butter, a teaspoonful like. The chronicler carefully distinguisalf of sugar, a tablespoonful of brobetween the "ducks" and the "duckling of egg; stir fast, and they are offered to Ra, the sliced, salted, and Rayles Souths.—Parsnips are pared fish, the crowns, nosegays, che PARSNIPS SOMTES.—Parsnips are and handsful of flowers, and the che fire in water, and they are don amounts of these several items are set dorst boil. Skin them and slice then In the "Great Harris Papyrus," now in nd set on the fire with a little bu British Museum, and translated in the alt till brown. Add a little parsle cords of the Past," there are many of med fine, turn into the dish and serv entries, and in every case the totals of VEGETABLE PORRIDGE. -Scrape goods in question are precisely recorbe following vegetables: Six car There are, e. g., 1,975,800 nosegays of varnips, six onions, three heads of tables-it does not say what proportiond three parsnips. Slice up all the these were onions—as against 11,000 thin, and put them in a two-gal gays of corn, and 3,410 of lotus. Thus ith four ounces of butter, a har these chronicles we have evidence of barsley, and a good sprig of thyme, extreme profusion and precise economyp with water or pot liquor-if you the nicest reckoning and the most libo have any; season with pepper abundance. - Good Words.

A Reminiscence of Sir John Frank the whole must be rubbed

Parry and Ross and other arctic exploround of butter, and pour over were distinctly marked out; and it uarts of boiling water. Let the the greatest pleasure of an evening to lowly for four hours, then strain play these charts and point out the sp coarse cloth or sieve. Put the he had visited; also tracing the course stew-pan, with a head of celer would endeavor to pursue, if it should all tender. be his "good fortune," as he expressed by GREEN PEA Sour.—Take some great hobby of his life. There was normips, carrots, onions, celery, point he had discovered, nor a spot that tuces; cut them in slices, and had visited respecting which he had a stew-pan, with a little butter a some anecdote to tell or some narrow cape to relate. And to me it was delighted let them stew for a short till to listen to these ancodotes from the lips p with stock sufficient for the soup a man who had harely dered and overed let it boil until the vegetables a man who had barely dared and overcond adding a few leaves of mint already rendered his name famous as one oiled a roll; pound all, and the boldest and most energetic and persoiled a quart of peas as green as vering of arctic discoverers. Besides, Ichem with the rest of the ingredie fess that it was flattering to my pride hear a post-Captain and a Lieuten with salt, pepper, and sugar; a Governor conversing thus freely with salt, pepper, and sugar; a young midshipman and encouraging me express my own opinions and listening them kindly and attentively. I spent pleasant visit at the Penns, and was so to return to the ship. While we lay A great change has just been dec port an emigrant ship and a smale conship arrived—the latter one the last the Russian army. With the not the last, female convict stip that f the Cuirassiers, Life Guards and the shores of England, and Sir Johnsche whole force of regular cavalry Ludy Franklin visited them both into editants and into Dragoons carry ly on their arrival. It was her lady antry service The existing reg chief pleasure, and she seemed to regard Iussars, Lancers, Mounted Grena as a duty, to exert herself to the utmost thers will retain their present the benefit of younger female convicts regiments of Dragoons. The r had conducted themselves well during his change are chiefly economical voyage, and whose offences against the be directed towards lessening of their country were such as afforded hous expense which is entailed that, removed from temptations of vice ional army like that of Russia by poverty, they might yet redeem to variety of uniform and equipme characters and prove useful members conomical simplification is at society. It must be recollected that ime to be accompanied by a co those days, when there was a sca city ocrease of numbers, the comple females in the Australian colonies, you ach regiment being raised from f women were often transported for off paudrons of 150 horses strong. which would nowadays be punished byatteries of horse artillery are to few months or even a few weeks impris n active footing, and each briga ment.—Chambers's Journal. rtillery is to be reinforced by a

Land and Water has a curious commi cation from Mr. W. Hearder, of Plymor England: "Mr. Charles Clarke, while During the manœuvres of the ing in the Plym, hooked a trout about rendad squadron in the Baltic la inches long which had an India rubber bornedo got mis!aid. As soon as over its head. The band slipped back cain of the ironclad Kronprinz, t the gill covers and was compressing the glelonged, missed it, he offered a The ho ny part of the fish, which exterts discovery. It is fifteen feet long from the centre of the lower jaw to the ben proportion, and at present a and divides the gills, is deeply indeparturators. where the band has evidently been press and it has made quite a cavity in the low currence will cause many naturalists to of fishes.

TOMATOES. -Two ounces of 1 ninced small; a small quanti w savory herbs, a little cay nd salt. Put all the ingredien fing into a saucepan with a stirring all together until Then set away to cool. ne bread-crumbs, and the you well beaten. Choose large ser the same size as possible. e from the stalk end of each. fully the seeds and juice, an e mixture. Stew them over rumbs and some melted butter an oven until they have a Serve with baked ca't's he

v in a baking dish, and pour sauce made as follows : Two oonsful of butter, and two h consful of flour, stirred toget et : when thoroughly heated add a teacupful of milk, stir dually, with a little pepper and ittle bits of broken butter over the turnips. When you have ; sauce, bake in a brisk oven

nd put the whole to boil very g he fire for two hours. At the end ime the vegetables will be done to Sir John seemed never to be happier tolander with a wooden spoon, a when speaking of his former voyages, rard [put back into the pot an he encouraged me to converse treely wer the fire, to make it hot for din him as we strolled over the grounds VEGETABLE Sour. -Time : For gether or rode out into the country, nd a half. Three onions, six had a complete and most perfect and a carrots, four turnips, half a borate set of charts of the arctic regions atter, one head of celery, a spo far as they had then been explored, tatsup, a bunch of sweet herb which his own operations and those of Calice, and fry the vegetables, etc.,

> san ham cut in pieces. Cover the ass through a sieve. Heat it, ung boiled peas, and use sp

# Changes in the Russian Art

gone on a trip to California have chartered two hotel and are privileged to stor choose. The Yosemite ted, and other places of i \$500 to \$800 a couple.