Superb Flavour!

"SALADA"

VACUUM-SEALED

COFFEE

Just My Type— Michelle Hildebrand examines the tattooed blood type marking on Sally Christian after civilian defense committee approved a plan for blood type tattoos on all citizens. Both girls volunteered to become marked women when they learned the tattoos are neither painful or unsightly and may save their lives should they require treatment after an A-bomb attack.

CHRONICLES OF GINGER FARM

by Gwendoline P Clarke

Cows are the cussedest things! They have just about driven us crazy this last week with their bawling. To make the best use of the pasture Partner switches the cows around from one field to another and also into a small patch of pasture at the back of the house. And what happens? Every time the cows catch sight of Partner they bawl their heads off, expecting him to turn them into another pasture—just the same as a spoilt child will bawl until he gets what he wants. After being the the backyard the cows were worse than ever because here they were able to get a good feed of apples . . . and they figured that was just what the doctor ordered.

One day while they were feeding near the house Partner asked me to keep an eye on them while he went up to the back field to fix a fence. "Mind they don't get into that barbed wire under the cherry trees," cautioned Partner. So I took my string beans and sat on the front step to cut them. That way, although I could not keep the cows in view all the time I could certainly see them if they got anywhere near the barbed wire. Everything was quiet and I thought how well they were behaving themselves —not coming near the barbed wire at all. But suddenly there was one terrific bellow—like an animal in pain. I jumped to my feet . . . and away went the beans, of course. I ran to the back of the yard . . . there was Drowsey, one of our Durham heifers — complete with horns—with its head right through the wire fence. Now what to do! I remember Partner always thought it advisable in such an emergency to approach quietly and cut one of the fence wires to release the cow's head. He had explained to me that if left to pull herself loose she was liable to do a lot of damage to the fence. I could well believe that as I watched this heifer pulling and tugging, this way and that, while I stood helpless—remembering that Partner had taken the fence pliers with him.

"Well," I thought to myself, "she's going to damage the fence anyway, so I might as well help her do it." So I got into the next field and walked along very quietly until I was facing the heifer. I could see that if I could only get one horn back through the fence she might manage to get the rest of her head free without too much trouble. So I grabbed one horn with both hands and hung on for dear life. Together we rocked back and forth—the heifer, the fence and I. One time she pulled back so far I thought the whole fence was going—and I with it. Finally the heifer quieted down a bit and I managed to get the tip of her horn through the square wire mesh. Sure enough, that was all that was necessary. In a few seconds Drowsey had her whole head, horns and all, free once more. She backed hurriedly away and then to my surprise she came running up to the fence again, pawed the ground and bellowed like a bull. Whether she was mad at me or the fence I wouldn't know—but fortunately she didn't try getting her head tangled up any more. I might add that all the time I was doing the mercy act the other 14 cows were also grouped around the fence bawling lustily. They didn't make the work any easier because I knew what would happen if the fence should collapse. Honestly, cows are the cussedest things—if you'll excuse the expression.

* * *

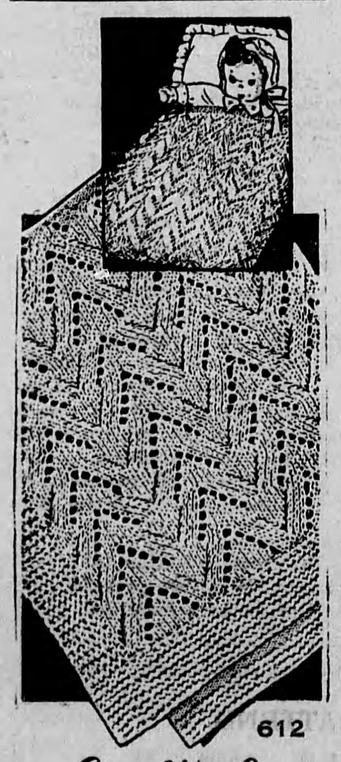
Sunday afternoon we had another cow adventure. Daughter and one of our nieces were here for the weekend so we went to the back of the farm looking for chokecherries. We also wandered into one of our neighbors' fields where there were about 30 head of cattle. Immediately they saw us they came across the field on the run. Have you noticed—cows are the most inquisitive things besides being cussed. As they came nearer we turned and faced them and they stopped dead. We walked on and they came after us again. Then Tippy came running out of the bush and put them to rout. I called her off, thinking the cattle would now be ready to leave us alone. But no, back they came again. We had only a little way to go to reach the fence so niece Babs took to her heels and was over it like a shot. Daughter and I were not really alarmed, although if you get in among a herd of strange cows you never can tell . . .

* * *

Which reminds me—a few weeks ago we had a visit from two government inspectors, tracking down Dutch elm disease. They told us that across the road there appeared to be no one at home but that a huge, angry bull had chased them off of the field; They didn't find out whether the elm trees on that farm were diseased or not.

* * *

So there you have it—although I had no idea I was going to fill this column with cows when I sat down to write it.



612

Laura Wheeler

For that Somebody New — a pretty gift! In knitting worsted or 3 strands of cotton. Easy pattern-stitch; garter-stitch border.

Knit a carriage-cover or afghan for Baby. It's light but warm. Pattern 612; knitting directions.

Laura Wheeler's improved pattern makes crochet and knitting so simple with its charts, photos and concise directions.

Send **TWENTY-FIVE CENTS** in coins (stamps cannot be accepted) for this pattern to Box 1, 123 Eighteenth St., New Toronto, Ont. Print plainly **PATTERN NNMBER**, your **NAME** and **ADDRESS.**

ANNE HIRST

Your Family Counselor

"Dear Anne Hirst: My husband and I are asking for your advice. We married young, fourteen years ago. We had a hard time of it. But we both worked together. Now we are financially well off, our own home and a good business, which we both work in. We have a son and a daughter. You could look the world over and never find a more devoted couple———

"Until a year ago.

"Then my husband changed. Complained about everything and stopped taking us places. By accident, I found a letter to him from another woman.

"That night we discussed it calmly. He had fallen in love with her. Thought often of leaving me, but could not bring himself to it, when I was 'so kind and good to him.' He was almost crazy, trying to end the affair before I found out.

I STUCK BY

"So I tried to help him forget her. I thought I had. But he grew worse than ever. I could not please him in anything.

". . . . He finally told me that he had stopped seeing the girl, as he had promised — but he couldn't get her off his mind. He said he could not stand being dishonest or mean to me any longer. He asked me to stick by him and be more understanding when he got in these moods.

"I am not sure that he loves me any more. But I'm willing to do this (or anything you say) because I love him.

"We have talked about my taking the children and leaving for a while, so he could work it out better by himself. We have discussed his going away for a change, too. He does not want either.

"He seems to want her, and me too. We are so mixed up!

MRS. R. N."

* You are being wise to stand by your husband now.

* He never needed you more. Just by being there when he comes home, treating him with sympathy and understanding, and overlooking these dark moods that make him so difficult, you are giving him exactly the moral support he needs.

* It is difficult for a wife to realize what her husband goes through during such a time. Obsessed by the memories of the other girl which creeps upon him, he is miles away from his wife for a while, so withdrawn that he seems a stranger. All the time, he realizes that these moods are disloyal and he is in bitter and ashamed conflict with himself.

* When he is like this, let him alone. Busy yourself with household tasks, or reading, or the radio, or go off with the children for a while. Keep in a cheerful mood, as though nothing unusual were happening.

* Other times when he is more like himself, go out together to places you know he enjoys. Avoid any mention of the past, and let him see that your pleasure is just being with him. Talk about the children's future (and yours and his) and so draw him gradually back into family plans where his advice is needed. Gradually these memories that distract him will withdraw and he will become again the husband and father you all love so well.

* As for his church habits you mention, ask him now and then to go with you and the children — but don't press it. You are on the right track.

* Your husband does indeed love you, or he would not be so communicative and so humble. He is appreciating all you do, whether he says so or not. Believe in this, and look toward the future with hope and with faith.

The wife who forgives her husband's infidelity must use all her tact and tenderness to draw him back again into the family circle. Anne Hirst is here with practical counsel to help. Write her at Box 1, 123 Eighteenth St., New Toronto, Ont.

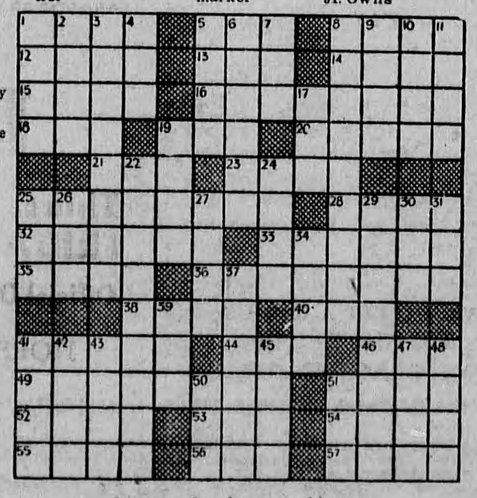
CROSSWORD PUZZLE

ACROSS

1. Manufactured
5. Likely
8. Repose
12. Vocal solo
13. Reclined
14. Silkworm
15. Arabian tambourine
16. Agreeable
18. Flow back
19. Employ
20. Sounds
21. Wooden hockey ball
23. Bridge
25. Representative
28. So may it be
32. Surveying instrument attachment
33. Inborn
35. Rodents
36. Comforted
38. Sudden blast of wind
40. Anger
41. Couches
44. Pagoda
46. Kettle
49. Is earlier
51. Aperture
52. Sheltered
53. Weary
54. On the ocean
55. Curtain holders
56. Reverse curve
57. Headliner

DOWN

1. Companion
2. Kind of horse
3. Fiendish
4. Organ of hearing
5. Swiss mountains
6. Least brilliant
7. Ship's rope
8. Sound amplifier
9. Ireland
10. Trigonometrical function
11. Labels
17. Mindanao tribesman
19. Importune
22. Deserters
24. Keystone State founder
25. Hold back
26. Yale
27. Curves
29. Progress marker
30. Night before
31. Man's nickname
34. Continent
37. Aquatic animals
39. This country
41. Box
42. Pedestal part
43. Nourish
45. Requests
47. Olive genus
48. Rip
50. Even score
51. Owns



Answer elsewhere on this page.

Think It's Too Hot? Too Cold? Read This!

Would you like to feel "well off" in spite of today's heat? Then look at some of the official figures on earth's hot and cold places, gathered by the National Geographic Society.

There's Azizia, in northwestern Libia, for example, where the highest temperature ever officially recorded, on September 13, 1922, was 136.4 degrees Fahrenheit.

The United States also has a hot spot or two. An official reading of 134 degrees has been taken in Death Valley, southeastern California, where the United States Weather Bureau has a station on the valley's edge.

Along the coast of the Persian Gulf in southern Iran unofficial temperatures of 150 to 180 degrees have been recorded in the boiling sun. The town of Ahwaz claims it gets up to 150 degrees or more, while on Abadan Island, at the top of the gulf, the mercury in unprotected thermometers has been reported to climb to a lofty 189 degrees.

For those interested in seeing how low the mercury can drop—the place to visit is the northern Siberian village of Verkhoyansk. Temperatures there hit 90 degrees below zero in February, 1892—a reading still recognized as the world's record for subfreezing climate.

Paper Dress Patterns Now 100 Years Old

Winifred Pegler, editor of two publications which specialize in providing patterns for the home knitter and dress maker, recently gave a most interesting talk in the B.B.C. Overseas Service on the making of paper patterns for women's clothing. Although home dressmaking has played its part in women's lives since time immemorial it is only in the last hundred years that paper patterns have been available. This revolution in home dressmaking came about, surprisingly enough, through the famous cookery expert, Mrs. Beeton. She visited Paris with her husband and arranged for a regular supply of French fashion plates to be sent to them for inclusion in their monthly publication, "The Englishwoman's Domestic Magazine." These plates became so popular that people wanted to copy them and Mrs. Beeton decided to cut patterns from them which would be supplied to readers on application. These enabled all English women to be fashionably dressed, a distinction enjoyed before only by those who had money to employ a professional dressmaker.

Statistics show that more and more women throughout the world are now studying dressmaking and making their own clothes but probably few people stop to think how paper patterns are evolved. A great deal of creative and technical skill is needed to make a good one. Fashion staffs in London, Paris and New York send designers all the latest fashion news. The designer digests this information, puts her ideas into a sketch and a finished model garment in muslin is made from this. A photographed copy of the final drawing, with a written description of the garment and all necessary details such as suggested fabrics in which to make it, is then sent to the pattern-making department and given to a highly skilled cutter. She achieves the almost miraculous feat of transforming a flat sketch into shapes that, when assembled, will become a fashionable garment. These shapes are then traced on to heavy paper which eventually becomes the Master Pattern. A tissue is cut from this and sent to a dressmaker who has not previously seen the design. She makes the garment in one of the suggested materials and for the first time this is tried on a living model. Everyone connected with making the pattern attends this fitting and every detail is checked. The dress and the artist's drawing must correspond exactly because the drawing will be the picture on the envelope containing the pattern and the finished garment must look exactly like the picture. The second stage of constructing a paper pattern is the writing of easy-to-follow instructions with simple sketches as guides to the various stages of making. Patterns of different sizes are then cut and a chart drawn, giving cutting-out diagrams for use with materials of different widths. Last of all the patterns are cut from the master which is placed on thick piles of tissue paper and the outlines cut by hand with a fine blade. The pieces are then folded and packed together with instructions in their envelopes.

Miss Pegler pointed out that the very first paper patterns were direct copies of Paris models. This practice was soon discontinued and for nearly a century patterns were made by an individual designer. This year, for the first time since the 1850's, direct copies of French models are being made in paper patterns for the home dressmaker's use. These models are rather complicated but there are many good easy-to-make patterns on sale. The home dressmaker can have complete confidence in them for the main consideration of the designers, after correct fashion detail, is to create a garment that is as simple as possible to make. "Experts have given it every attention," said Miss Pegler reassuringly.

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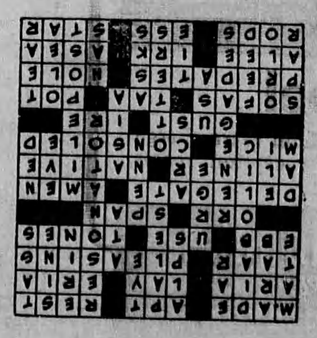

THE SUNDAY SCHOOL LESSON

By Rev. R. B. Warren, B.A., B.D.

John Mark, Who Made Good

Acts 12:12, 25; 13:4-5, 13; 15:36-40
Golden Text: I can do all things through Christ which strengtheneth me. Phil. 4:13.

Everyone thrills to the story of an individual who, though once labelled a "failure," emerges utimately a "success." It was so with John Mark. He had a mother who prayed and who opened her house for others to gather and pray, when Peter lay in prison. Barnabas, a cousin, and Saul, took Mark with them to Antioch from Jerusalem. Then when they were Divinely called to take the Gospel to the Gentiles, they took John also to minister. When they had gone through Cyprus and were turning up into Asia Minor, John departed from them and returned to Jerusalem. Paul regarded this as failure and refused to allow Mark to accompany him on his second missionary journey.

Just how serious was this failure, we do not know. Perhaps he should never have gone. The Holy Ghost had said to the Church at Antioch, "Separate me Barnabas and Saul for the work whereunto I have called them." Mark had no such Divine call. He just went naturally with these men who had brought him from Jerusalem. Perhaps the rigors of the road deterred him. Perhaps he became lonesome for Mother and the spacious home at Jerusalem.

John Mark made good. Even Paul came to recognize it. From prison in Rome, in his last letter he wrote, "Take Mark, and bring him with thee: for he is profitable to me for the ministry." II Timothy 4:11. Tradition represents him as the close attendant and interpreter of Peter, and as the writer of Peter's teachings. So we have the Gospel according to Mark. His conversion probably took place at the prayer meeting in his mother's house when Peter came there from prison. Thus it would be natural for Peter to call him "my son." I Peter 5:13. Through the power of Christ, we can all be successful.

Freedom in a democracy is the glory of the state, and, therefore, only in a democracy will the free man of nature deign to dwell.
—Plato.

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Tender, Aching, Burning Feet

Your feet may be so swollen and inflamed that you think you can't go another step. Your shoes may feel as if they are cutting right into the flesh. You feel sick all over with the pain and torture; you'd give anything to get relief.

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