TABLE TALKS

by Jane Andrews.

"What, for instance?" was the cutting reply a distinguished author gave to a notoriously ignorant and pushful movie producer who interrupted the filming of a very delicate scene with the remark, "Right here, buddy, is the spot for some smart crack; something really snappy."

And "what, for instance?" is the reaction, sometimes spoken and sometimes only thought, of a whole lot of folks, especially those of the younger generation, when they hear us oldsters deplore their drinking habits, and suggest that they should indulge in beverages a little more healthful, and less fraught with dangerous possibilities.

All of which is just my fumbling and roundabout way of breaking forth with some helpful recipes for a few steaming hot, spicy drinks. Each is easy to make, or comparatively so. You start off with a base of fruit juice, milk, coffee or tea; then add good-to-eat garnishes and tasty spices to change those usual drinks into real chill-killers and crowd-pleasers. The first is for

FRUIT TODDY

Serves 6 to 8

Simmer slowly 8 minutes:
- 2 cups apple cider or apple juice
- 2¼ cups brown sugar
- 2 2-inch sticks of cinnamon
- 6 whole cloves
- ⅛ teaspoon salt.
- ⅛ teaspoon mace

Combine and heat while cider simmers:
- 1½ cups orange juice
- ¾ cup lemon juice
- ¾ cup pineapple juice (optional)

Strain cider mixture: add fruit juices.
Pour into large cups; serve piping hot.
Garnish with orange or lemon slices.

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Next comes one that's highly recommended for children—and their parents. It's a smooth, rich beverage—delicious, nutritious, and—well the only other rhyming word can think of is 'ambitious" but I guess that wouldn't exactly fit.

CHOCOLATE EGGNOG

Heat together:
- 6 cups milk
- 6 tablespoons chocolate syrup

Combine:
- 3 eggs well beaten
- 3 tablespoons cold water
- 3 tablespoons sugar
- ¾ teaspoons vanilla

Add slowly to milk mixture.
Heat over low heat 2 minutes; do not boil.
Whip 3 egg whites
Beat in 1 tablespoon confectioners' sugar
Pour chocolate in tall glasses or mugs.
Top each serving with some of egg-white mixture.
Sprinkle generously with nutmeg
Serve immediately.

From the Deep South—so deep that it's down below the equator—comes this one. It's a strong favorite with the teen-age gang—that is, when they can get to it before the oldsters have beaten them to it.

SOUTH AMERICAN MOCHA

Serves 6

Heat together:
- 2¼ cups strong coffee
- 3¾ cups rich milk or light cream
- 1 3-inch stick cinnamon
- 1½ 1-ounce squares unsweetened chocolate
- ⅛ teaspoon salt

Remove cinnamon.
Add:
- 6 tablespoons sugar
- ¾ teaspoon vanilla

Beat to a froth with rotary egg beater or electric mixer.
Pour immediately into cups.
Top each serving with
- 1 marshmallow or
- 1 tablespoon sweetened whipped cream

Sprinkle nutmeg on top.

* * *

Our next number—and you don't have to wait for any commercial announcement — is decidedly 'warming". It's easy to fix, and goes well with cake doughnuts, cookies, sandwiches—especially on a chilly evening.

GRAPE PUNCH

Serves 6

Pour 1½ cups boiling water over
- ¼ cup sugar
- 3 tablespoons grated lemon rind

Cover; let stand 12 minutes.
Add
- 6 cups grape juice
- 6 whole cloves
- ½ teaspoon cinnamon

Bring to boil slowly.
Simmer 8 minutes.
Remove cloves.
Serve hot in heavy glasses or mugs.
Garnish with thin orange or lemon slices.

* * *

Lastly, here's one that isn't for the children. The folks who like their coffee "black, no-sugar" won't go for it in any big way either, because it's sweet, creamy and spicy. It's a favorite down where the Mardi Gras is the great event of the year, and that's probably why it's called

CAFE NEW ORLEANS

Serves 6

Place in bottom of each cup:
- 1 stick of candied orange or lemon peel
- 1 clove
- 1 lump of sugar

Fill cup with hot, strong coffee
Stir until sugar dissolves.
Whip ¾ cup heavy cream
Fold in ¼ teaspoon nutmeg
- ⅛ teaspoon cinnamon

Soak for just a few moments
- 6 lumps sugar in juice of ½ orange

Remove immediately.
Float whipped cream on top of coffee.

The St. John Ambulance, oldest charitable organization in the world dedicated to the service of humanity, serves everyone, regardless of race, color or creed.

Here a nursing sister in the organization sympathetically helps a young colored lad. To continue and extend its great humanitarian work the St. John Ambulance will conduct a public appeal for $270,000 in Ontario from February 6 to 25.

Slip-Covers For Children's Books

"Be careful of that book, Dear. It's a beautiful thing, and you don't want to spoil it."

It is a beautiful thing, and he doesn't want to spoil it, but little fingers get smudgy, and how is a child to enjoy his books if he is constantly warned to be careful?

One answer to the problem is a set of slip covers made from the plastic fabric which is sold by the yard for making mattress protectors and other waterproof articles. Being transparent, it interferes very little with the enjoyment of brightly colored covers on storybooks, yet it offers fine protection.

In making the slip covers, it has been found that a complete wrap-around is best, from the inner edge of the front cover to the inner edge of the back cover. Cut it to extend about half an inch beyond while it is still on the book, as close to the edges of the book's own covers as you can manage.

Then slip it off and stitch, preferably with nylon thread, completely across the top and bottom, inside the basting stitches. By making it rather small, and easing it on like a glove, you can get an almost invisible skin-tight effect.

Leave Quarter-Inch Seam

After stitching, remove the basting threads and trim the edges, leaving a quarter-inch seam. Turn right side out, and, bending the covers of the book back as far as they will go without being forced, begin to work the slip cover over both at once. Be sure to keep the seam toward the inside of the covers.

When it has been worked into place, you will find that the seam edges at the top and bottom of the back binding are stretched awkwardly. Clip them as far as the stitching on either side of this section, and tuck them in.

May Be Able To "Hear" Print

It may soon be possible for the blind to "hear" print if the latest experiments with radar are successful. Equipment has been designed which, it is claimed, would enable a blind person to read ordinary print more easily than Braille.

A tiny beam of light, moving along the line of print, picks up reflections from the letters and passes them into an apparatus which transforms them into sound. Each letter has a distinctive sound which is memorized by the blind operator, who, with practice, is able to read the printed word.

This is just one of the many marvellous devices being perfected at St. Dunstan's, world famous organisation for aiding men and women blinded on war service. The number of blinded ex-Servicemen under the care of St. Dunstan's is 1600 as a result of the First World War, and 1,200 as a result of the Second.

VOICE OF EXPERIENCE

A magistrate was discussing beverages with a friend.

"Have you ever tried gin and ginger here?" asked the friend.

"No," replied the magistrate, "but I've tried a lot of folks who have."

Modern Etiquette

By Roberta Lee

Q. How should the invitation to act as a godparent be extended?

A. Either verbally or by formal note. The request can hardly be refused, and one should consider it an honor to be asked to stand sponsor for a child.

* * *

Q. When introducing a person to a group of people, is it necessary to repeat his name to everyone in the group?

A. Usually just once is sufficient. However, if the group is rather large and there is a chance someone did not catch the name, it may be repeated.

* * *

Q. May a bride wear a white dress and a veil when being married in a magistrate's office?

A. No. The traditional white is reserved for the church and home weddings. She should wear her going-away suit.

* * *

Q. When a host or hostess is taking six or eight other persons to a restaurant, should the dinner be ordered in advance, or would it be better to let each person choose his own course?

A. It is much simpler to order in advance. To have the waiter serve six or eight separate dinners would be very inconvenient.

* * *

Q. If a bride wishes to wear her engagement ring during the wedding ceremony, on which finger should she wear it?

A. On the third finger of her right hand.

* * *

Q. Is it proper to thank a waitress every time she serves one a dish?

A. No; but one should acknowledge any special service, such as bringing an extra spoon or fork.

* * *

Q. Why is it necessary for the parents of the bridegroom-elect to call at the home of the bride?

A. Because the girl is not welcomed by the family until they do so. This call should be made just as soon as the news of the engagement has been received.

* * *

Q. Is "I know Miss Brown" the proper thing to say when being introduced to her for a second time?

A. No. This sounds as if it were trouble to make a second acknowledgmen. Say, "I have already had the pleasure of meeting Miss Brown."

* * *

Q. When a man is making a business call, isn't it all right for him to place his hat and briefcase on the desk of the man with whom he is talking?

A. No; he should keep these articles in his lap.

I Was Nearly Crazy With Fiery Itch—

Until I discovered Dr. D. D. Dennis' amazingly fast relief — D. D. D. Prescription. World popular, this pure, soothing, liquid medication speeds peace and comfort from cruel itching caused by eczema, pimples, rashes, athlete's foot and other itch troubles. Trial bottle, 35¢ First application checks even the most intense itch or money back. Ask druggist for D. D. D. Prescription (ordinary or extra strength).

Billions Of Them But No Two Alike

Of all the billions of snowflakes that fall in a snowstorm, each is a masterpicce of design; yet nobody has ever discovered two that were exactly alike.

Perhaps, they do look irregular in shape as they fall, but when they are examined under a microscope they are seen to be made up of delicate hexagonal or sixsided crystals, these being massed together in a multitude of beautiful forms.

Behind those leaden winter clouds the miraculous birth of a snowflake is going on, and the raw materials is invisible water vapour. If the temperature falls, this water vapour condenses into tiny drops of water forming round dust particles. The tiny drops combine and fall as rain. In certain conditions, however—and these must be just right— snowflakes are formed instead.

The temperature must be below freezing, there must be water vapour in the air, and also particles of floating dust around which the snow-crystals can form. Even so, it might be "too cold for snow," for when the surface air is three degrees below freezing point the chances are five to one against snow forming.

"As white as snow" is a common expression, yet snow is really colorless. If a flake is examined under a microscope it is seen to be clear transparent ice. But when lying in drifts on the ground the light that falls upon it is reflected in all directions and creates a pure whiteness.

"Health-giving snow" is another popular phrase, and there is something in it. Scientists have proved that the purifying effect of falling snow upon the air is greater than that of a similar quantity of water falling as rain.

"It is rarely that snow is quite dry," says the medical journal, the "Lancet," and thus it presents a more or less moist surface to both the soluble and suspended impurities of the air and so carries them to earth."

Lighter Than Rain

Snow is much lighter than rain, being about one-tenth the weight of an equal bulk of water, though this proportion varies according to the compactness of the snow. Sometimes it takes only six inches of snow to make one inch of water, but occasionally it may take thirty inches.

A severe snowstorm with a hard frost is disastrous in a civilized country. The snow settles on the telegraph wires, freezes, and adds an enormous weight to the load the poles have to support. Then as the loaded wires are driven to and fro by the wind, they sway and either snap off their poles or drag them out of the ground.

"Warm" Snow

Snow acts like a warm blanket. On one occasion in America it was found that there was a difference in temperature of 56 degrees Fahrenheit between the cold snow at the surface and the warmer snow seven inches down. This blanket effect explains why sheep buried beneath the surface often survive.

In Africa, almost at the equator, there is a snowfield on Mount Kenya and another on Mount Kilimanjaro. There is a height in all latitudes, whether tropical or arctic, above which the snow never melts entirely at any season of the year, and this is called the snow-line.

Scientists think it not improbable that there is as much as a million cubic miles of snow and ice now on the land part of the earth. If this were melted and returned to the sea it would raise the ocean level about thirty feet.

From The Pen Of J. M. Barrie

From Peter Pan:

When the first baby laughed for the first time, the laugh broke into a thousand pieces and they all went skipping about, and that was the beginning of fairies.

Whenever a child says "I don't believe in fairies," there's a little fairy somewhere that falls right down and dies.

To die will be an awfully big adventure.

From Sentimental Tommy:

The gates of heaven are so easily found when we are little and they are always standing open to let children wander in.

To be an artist is a great thing, but to be an artist and not know it is the most glorious plight in the world.

From The Little Minister:

It's grand and you canna expect to be baith grand and comfortable.

From What Every Woman Knows:

It is a sort of bloom on woman. If you have it (charm) you don't need to have anything else, and if you don't have it, it doesn't matter much what else you have.

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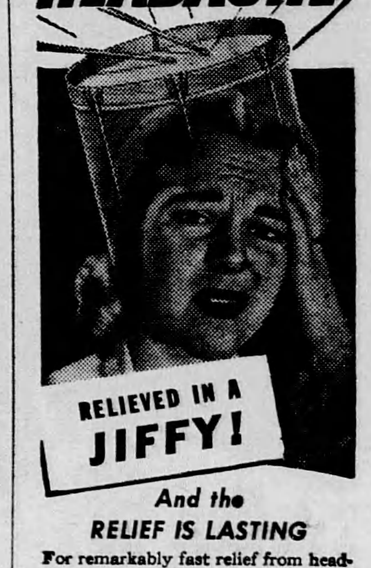
SPLITTING HEADACHE



And the RELIEF IS LASTING

For remarkably fast relief from headache get INSTANTINE. For real relief get INSTANTINE. For *prolonged* relief get INSTANTINE!

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"What's New, Ol' Sock?"—This novel footwear, which may or may not indicate a trend, turned up at a teen-agers' "sock hop". The socks were rigged up with ear muffs and funny faces by Emmet McDougall and Patty Boyle.

HOW TO MAKE IT — By Harold Arnett

ICE REMOVER.....

FOR REMOVING ICE FROM SIDEWALKS, AN EFFECTIVE TOOL CAN BE MADE FROM AN OLD CROSSCUT-SAW BLADE ABOUT 4 FEET LONG. CUT THE BLADES IN 4 EQUAL PARTS, BOLT THEM TOGETHER WITH THE TEETH ON ONE SIDE, USING FLAT PIECES OF IRON AS SPACERS. ATTACH A STRONG HANDLE.

SPANNER WRENCH.....

A GOOD SPANNER WRENCH CAN BE MADE BY ALTERING A MONKEY WRENCH SLIGHTLY. A SMALL HOLE IS DRILLED IN THE END OF EACH JAW, AND SHORT PIECES OF DRILL ROD ARE DRIVEN INTO THEM.

SO NERVOUS, RESTLESS SEVERAL DAYS BEFORE

Your MONTHLY Period?

Do female functional monthly ailments make you feel so nervous, strangely restless, so tense and weak a few days just before your period? Then start taking Lydia E. Pinkham's Vegetable Compound to relieve such symptoms! It has such a soothing, comforting antispasmodic effect on *one of woman's most important organs*, working through the sympathetic nervous system.

Pinkham's Compound *does more* than relieve monthly pain. It also relieves pre-period nervous irritability, tense emotions—of this nature. Regular use of this great medicine helps build up resistance against such female distress. Truly *the woman's friend!*

NOTE: Or you may prefer Lydia E. Pinkham's TABLETS with added iron.

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Honey and Hank — By Seeg