Help The + Red Cross

"SALADA" TEA

ANNE HIRST
Your Family Counselor

"Dear Anne Hirst:

I am 23 years old, and I find myself in love with a married woman who is 22. She is not happy with her husband. They have two children.

"Her husband goes out a lot, but doesn't take her with him. He does not work, neither does she. They don't get along at all. They come out to our house quite a bit. I have heard him tell her she can get a divorce any time she wants to—he can always get a girl, he says!

"A husband who tells his wife that, can't love her any too well. She knows I am writing you, so please try to help us.

MIKE AND BROWN EYES"

I well understand your unhappiness in seeing an attractive young woman so unhappy with a husband who publicly insults her.

You are young yourself, and idealistic. Her plight arouses all your chivalry. You picture her as a forlorn maiden in the clutches of a modern villain, a rogue who neglects and mistreats her, who boasts about his conquests. You believe her heart is breaking under his recklessness. And you see yourself as the knight sans reproche who will rescue her from this misery, and carry her away on his charger to an eternal dream of happiness.

How different can be the reality! If by some miracle these two could be divorced and you were to marry her, you would find yourself chained to a woman who could not manage one husband, and burdened with the responsibility of two children that belong to another man—children whom you neither know well nor understand, yet to whom you would have to be a good and understanding father.

Remember, too, that this man's boasting may be all talk. A husband does not usually use such language to his wife in public if he is really serious about separating. Many a weak male gives himself away by his big words.

Keep yourself out of this. It is too bad you have, evidently, disclosed your feelings to this wife; that you had no right to do, nor had she to listen. Don't see her alone; if they come again to your home, leave. You must have no influence on her now. If she intends divorcing her husband, let it be because she has good reason to—not because she thinks she is in love with another man.

Keep yourself busy with nice girls who are single. There are plenty of them about to amuse you, and take your mind off a married woman. At your age, it is wise to realize that you will probably be in love with more girls than one before you are settled enough to marry anybody.

* * *

"Dear Anne Hirst:

Two years ago I met a man through business. He has a wife and two children. I fell in love the first time I saw him. I thought he and his wife were an ideal couple—but a year ago she told me they had been separated for three months. They both claim no love exists between them, and no ties, except financial.

"Finally he fell in love with me. I don't think either of us has ever known what it means to love before! We are both 40. I was brought up in a Christian home, and I want to do what is right and best for all of us. He told his wife he was madly in love with me, but she will never give him a divorce for fear it will ruin her prestige.

"We both hold responsible positions. I was offered a good job in another town, but when I went to be interviewed I felt the world had come to an end. If I could get a job in a certain field I would find comfort there, and as long as I knew he was getting along all right I could stand to stay away.

"I want my life to mean something. I certainly don't want to hurt anyone. Please advise me.

THE OTHER WOMAN".

DON'T HURT YOURSELF

In your anxiety not to hurt others, don't overlook hurting yourself.

So long as you work with this man, or stay where you can see each other often, your love will flourish. Since it cannot be fulfilled, it can only grow more and more tragic. You will live in increasing resentment which might readily become a bitterness which could consume you.

Be realistic.

Take yourself away from this daily association. Find the sort of work you feel yourself fitted for (in another city, if you can) and bury yourself in it.

You need new faces, new ideas, new surroundings. Nothing else will help you so much. Among them, you will be able to resign yourself to the inevitable, and at the same time develop fresh interests and ambitions that will help make your life the useful life you want it to be, "meaning something" to others as well as yourself.

You have courage, and a will which will not be denied. Once you make the break, you will wonder why you hesitated so long.

You and this man can keep in touch frequently enough to be assured, of each other's well being. Then you will find peace, at least—which you can never know so long as you are together.

* * *

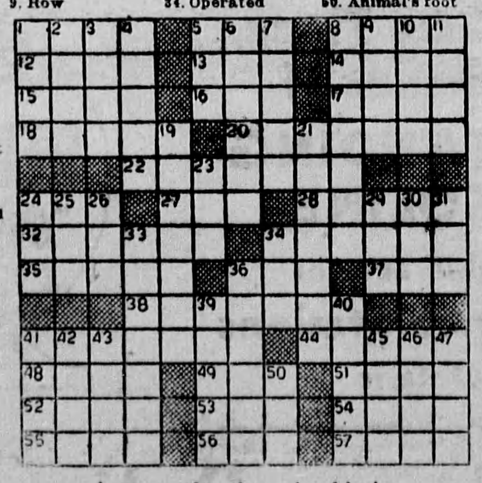
When temptation comes, run away. We never can know how strong we will be in the face of it, so why court tragedy? Anne Hirst will help you find the courage you need. Write her at Box 1, 123 Eighteenth St., New Toronto, Ont.

THE SPIRITUALIST told the widow that the message from her husband asked for cigarettes. "Where shall I send them?" she inquired. "Well," remarked the spiritualist, "you notice he didn't ask you for any matches."—Guthrie Center Times.

CROSSWORD PUZZLE

ACROSS
1. Word of sorrow
5. Biblical king
8. Tribe
12. Made a loan
13. Pronoun
14. Reside
15. Ill-bred person
16. Extend over
17. Afresh
18. Mollusk
20. Most strained
22. Pennsylvania mountains
24. Monkey
27. Balloon basket
28. Giggle
32. Peruse again
34. Horsemen
36. Measure of fineness of gold
36. Pouch
37. Tiny
38. More peaceful
41. Floating wreckage
44. Resign
48. Halt
49. Point
51. Gaming cubes
52. Declare
53. Greek letter
54. May it be
55. Sea bird
56. Stitch
57. Bird's home

DOWN
1. White vestments
2. Man's name
3. Small will-o-x
4. Long piece
5. Trouble
6. Stationary part
7. Poplar
8. Rated
9. Row
10. The birds
11. Salamander
19. Finds
31. Observed
32. Hounder
34. Clumsy boa
35. Edible seed
36. Sin
39. Chop
40. Rather than
41. Compass point
43. Oriental
44. Operated
46. Descendant of Shem
49. Charges
49. Fortification
41. Insipid
42. Baths
46. Hebrew measure
45. Buffoon
46. Frosts
47. Portable shelter
50. Animal's foot



Answer elsewhere in this issue

Pup With "Those Loving Eyes."—"Skippy" a toy French poodle was named the "dog with the most loving eyes" at a recent dog show. He is being fed by an admirer, Arleen Sajecki, while his master, 14-year-old Tommy Killean, looks on approvingly.

Rout Evil With Good

Many children turn to "funny books" simply because there is no other kind of reading for them in their homes. It is shocking to discover how many parents omit books in the family budget.

Children will read good literature, if it is put within reach. As a matter of fact, most normal children will get a reasonably balanced literary diet if it is made available to them.

Maybe a few more libraries more easily accessible to more children, could be an answer. Certainly, if parents buy a few good books and leave them where children can stumble on them, there will be something to take the place of the trash kids have been finding.

It must not be forgotten, either, that a large part of "funny book" sales are to adults, not to children.

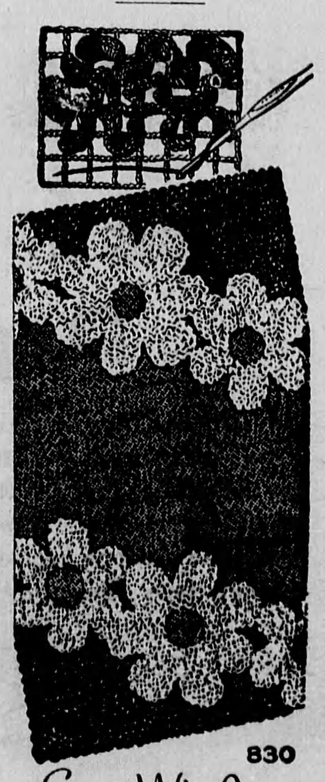
If good books are provided, and youngsters still get an overdose of crime, sex, and violence, that will be the time to talk about swinging the ax of censorship.

How long since you bought a good book for your own boys and girls?—Commercial Appeal (Memphis).

FAMILIAR

Mrs. Mitchum's eighteen-year-old daughter was as pretty as she was shy. She was blushing slightly as she came out of the parlor of the new Mitchum summer cottage. "Why did you leave it to me to greet the parson when he called?" she asked her mother. "Parson!" exclaimed Mrs. Mitchum. "Don't be silly. That was the doctor." Her daughter was visibly relieved. "That's all right then," she said. "I thought he was a little bit familiar for a parson."

Luckily there are hardly any of us without one or more little besetting virtues.



830

Laura Wheeler

Beautiful, soft, easily laundered! Double crochet ruffle worked on a 3-to-the-inch crocheted mesh forms the pile of this rug.

Bathroom pretties—rug and seat cover! Inexpensive Pattern 830; crochet directions for both!

Laura Wheeler's improved pattern makes needlework so simple with its charts, photos and concise directions.

Send **TWENTY-FIVE CENTS** in coins (stamps cannot be accepted) for this pattern to Box 1, 123 Eighteenth St., New Toronto, Ont. Print plainly **PATTERN NUMBER**, your **NAME** and **ADDRESS**.

Modern Etiquette
by Roberta Lee

Q. If a letter is being written to a friend, or to a social acquaintance, should the prefix "Mr.", "Mrs.", or "Miss" be used in the signature?

A. No. Sign it "John Smith" or "Mary Allen". Only in business letters written by women is the title "Miss" or "Mrs." used, and this should be enclosed in parentheses.

Q. Is it proper to fold the napkin when one has finished eating?

A. No; leave the napkin lying loosely beside the plate.

Q. Is it obligatory to invite the clergyman to attend the reception after the wedding?

A. It is not obligatory, but it is the courteous thing to do, especially if he is a friend of the family.

Q. Is it obligatory that one answer a wedding invitation?

A. If the wedding invitation includes an invitation to the reception, it must be answered promptly. If just an invitation to the marriage ceremony, no answer is required.

Q. Should soup be sipped from the side or the tip of the spoon?

A. Always from the side.

Q. Is it always obligatory that man shake hands with one another when being introduced?

A. Always, unless it is very inconvenient to do so, such as reaching across a table.

Q. What hand should a man use to take off his hat when he stops to speak with a woman?

A. It would be less awkward if he used his left hand, so that the right one is free to shake hands if the woman should offer him her hand.

Q. May one use a spoon for eating peas when dining at a formal affair?

A. No, never. Always use a fork for conveying peas to the mouth.

Q. What is the correct way to address a young woman president of an organization?

A. "Madam President."

Q. Should one tip a hotel bellboy for paging, and what is the amount that is customarily given?

A. Yes, one should tip for paging, and ten cents or a quarter is sufficient.

Q. Is it proper to say to a woman, "Here is a man I want to introduce you to"?

A. No. The man should always be presented to the woman. Say, "Here is the man I want to introduce TO YOU."

THERE DOESN'T appear to be much value in snow. Most of the water in it runs off before the ground is thawed out. As far as nitrogen is concerned, snow is almost a total loss. And, as far as we're concerned, we can get along nicely without it.—Alton Democrat.

"DESTROL"
THE MODERN CHEMICAL CABINET
(British Made)
Specially designed for Summer Cottages, Camps, Cabins, Mines, and Rural Homes
Aluminum construction, vitreous enamel finish. Pleasing appearance. Economically priced.
No running water required.
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No elaborate drainage system
Completely odorless.
Operated with "DESTROLINE" Chemical. Cabinet only requires emptying about once a month, and empties by simply pulling a handle. The germ-free, harmless, and odorless sludge is released to a small 4 x 4 x 2 feet soakaway.
FIVE YEAR GUARANTEE
Solve your Sanitation Problem by installing the best Chemical Cabinet in the World
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SOLE DISTRIBUTORS IN CANADA.
Agents wanted in certain areas.

HELPFUL HINTS FOR BUSY HOUSEWIVES

Stale loaves may be made quite palatable by wrapping in a wet cloth for half a minute. Take the cloth off, then bake in a slow oven for half an hour.

* * *

The yolks of eggs, left over when baking require the white only, if dropped into a pan of boiling and salted water will cook and be ready for your noon salad.

* * *

When cooking pancakes dip the spoon in milk or water and the batter will drop off the spoon easily.

* * *

When peeling tomatoes scrape the skin gently with the back of the knife, then peel in the usual way. It will be found that the skins will slip off easily.

* * *

If an egg has a very thin shell, or is chipped, and likely to crack when being boiled, add a few drops of vinegar to the water.

* * *

To bake potatoes quickly, boil them in salted water for ten minutes, then put them into the oven. The boiling water will heat them through more rapidly than if they were placed cold into the oven.

4796
SIZES 10—16

Look pretty for your Steady Freddie! This gay little dater has a sweetheart neckline gaily ruffled and bowed; flirty little ruffle at waist. Swingy skirt!

Pattern 4796 comes in Teenage sizes 10, 12, 14, 16. Size 12 takes 3¾ yds. 35-in.; ¾ yd. contrast.

This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send TWENTY-FIVE CENTS (25c) in coins (stamps cannot be acepted) for this pattern. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send your order to Box 1, 123 Eighteenth Street, New Toronto, Ontario.

Alarm Wrist Watch

A discovery that will be of great benefit to a large number of people has been made because a watchmaker heard a cricket chirruping as he walked in the mountains of Swiatzerland. If such a tiny insect could make a sound clearly audible from a distance of a dozen yards, why, he thought, could he not make an alarm bell that was small enough to go in a wrist watch but yet noisy enough to wake a sleeper? The upshot of his mountain walk was an alarm mechanism that works on the principle of the cricket's chirrup. The cricket makes his distinct and penetrating noise by rubbing the file-like edge of one wing against the other. The watch maker produced the same effect by setting a light hammer to vigrate against a thin metal diaphragm. The result is that now, in a case no bigger than that containing an ordinary wrist watch, lies both the mechanism and the alarm bell. "This new alarm wrist watch," says R. E. Humphries, describing the discovery, "should in time make us more punctual in our habits, because for the first time you can carry the equivalent of an alarm clock around with you. You can set it to remind you of your appointments."

ISSUE 12 — 1949

SPLITTING HEADACHE

And the RELIEF IS LASTING

For remarkably fast relief from headache get INSTANTINE. For real relief get INSTANTINE. For *prolonged* relief get INSTANTINE!

Yes, more people every day are finding that INSTANTINE is one *thing* to ease pain fast. For headache, for rheumatic pain, aches and pains of colds, for neuritic or neuralgic pain you can depend on INSTANTINE to bring you quick comfort.

INSTANTINE is made like a doctor's prescription of three proven medical ingredients. A single tablet usually brings *fast* relief.

Get Instantine today and always keep it handy

Instantine

Instantine
12-Tablet Tin 25¢
Economical 48-Tablet Bottle 69¢

FAN TANS *are festive!*

Recipe

Measure into large bowl, ½ c. lukewarm water, 1 tsp. granulated sugar; stir until sugar is dissolved. Sprinkle slowly with 1 envelope Fleischmann's Royal Fast Rising Dry Yeast. Let stand 10 min., THEN stir well. Scald 1 c. milk and stir in 5 tbs. granulated sugar, 2 tsps. salt; cool to lukewarm. Add to yeast mixture and stir in ½ cup lukewarm water. Beat in 3 c. once-sifted bread flour; beat well. Beat in 4 tbs. melted shortening. Work in 3 c. more once-sifted bread flour. Knead until smooth and elastic; place in greased bowl and brush top with melted butter or shortening. Cover and set in warm place, free from draught. Let rise until doubled in bulk. Punch down dough in bowl, grease top and let rise again until nearly doubled. Punch down dough and roll out, half at a time, into a rectangle a scant ¼" thick; lift dough, cover with cloth and let rest 5 min. Brush with melted butter or shortening; cut into strips 1½" wide. Pile 7 strips together; cut into 1½" pieces. Place cut-side up in greased muffin pans; separate slices a little at the top. Cover and let rise until doubled in bulk. Bake in hot oven, 400°, 15-20 min.

New Fast-Acting Dry Yeast
Needs NO Refrigeration!

It's a fact! Fleischmann's Royal Fast Rising Dry Yeast keeps for weeks and weeks on the shelf. And it's full-strength and fast-acting whenever you're ready to bake! *If you bake at home*—use this modern form of yeast for finest results in your breads, rolls and buns. Get Fleischmann's Royal Fast Rising Dry Yeast at your grocer's to-day.

Get a month's supply!