Young Rural Athletes—Although often lacking proper equipment, children in Ontario's rural schools provide a great source of future athletic champions. With weather improving, recess periods find the youngsters making healthy use of every free minute. At Silk's School in Melancthon township, southpaw Jim Davie, 15, bats with Don Snider, 11, the barehanded catcher, while admiring young girls watch the softballers play.

CHRONICLES OF GINGER FARM

By Gwendoline P Clarke

A few minutes ago I decided it was high time I started in on this week's column. Before settling down to write, however, I made one last trip to the hen-house to pick up the eggs. That did it! Once outside it seemed to me little short of a crime to shut myself up in the house again, especially when I heard song birds all around me pouring forth an ecstasy of melody. "Then why go into the house?" I asked myself. "After all, the most you'll see in there is unfinished work, and you certainly won't hear any birds."

So here I am, on the lee side of the woodshed—it being too cold out in the open. I have a pencil in my hand but the field glasses are by my side and already I have found one of my little songsters. He is perched on the very top of a very tall oak tree, too far away for me to see what kind of bird he is, except that he is dark with a longish bill. But can he sing!

You know, as I sit here with the beauty of song and scenery all around me, I feel so thankful for our Canadian winters! That, possibly, sounds like a paradox; but it isn't really, because how could we appreciate our lovely spring if it were not for the cold winter days that precede it? Browning writes—"Oh, to be in England, now that April's here,"—and I agree it would be hard to match the beauty of an English spring, with the woods thickly carpeted with bluebells, primroses and shy, fragrant little violets. But in Canada there is more contrast. One week the trees and shrubs look practically lifeless, and one hears only an occasional robin and the chattering of starlings and sparrows. Then come a few warm days and the scene changes so suddenly as to be almost unbelievable. It is then one sees it as I see it now. Maple buds bursting into tiny, closely curled reddish-brown leaves, wild plum suddenly white with bloom, catkins dangling from the elms and poplars, yellowy tips on the spruces, willows dressed out in that light feathery foliage peculiar only to willows.

* * *

And the fields . . . how green the wheat—a pleasing contrast to the brown of the freshly tilled fields. The pastures, golden-decked with succulent dandelion bloom, spilling over to the darker colored clover fields. And then, mingled with the melody of the birds there is the heavy hum of tractors reminding one of the difference between the old and the new. Nature—ageless as Time itself, as compared with the modern methods of man.

It is also obviously the mating season. Just now a jealous cock-robin was putting to rout an amorous starling who was trying to force his unwelcome attention upon a lady robin. The sparrows also seem to obect to triangle love affairs. Just now I thought I heard an oriole but maybe I'm mistaken—it is a little early yet.

* * *

And now, coming across the field is our team, dragging the harrows. Young John is driving the horses, finishing the field that Bob worked up with the tractor. Partner is away in the distance digging out ditches—but not too strenuously, I hope. Yes, there in the ground are oats, mixed grain, timothy and clover seed, all waiting to be "fed and watered by God's Almighty hand." Until harvest our part is done—the rest is in the lap of the gods.

* * *

Well, well, now what do I see—something black and white with a very bushy tale moving slowly across the garden? No, it isn't what you think—it is nothing more offensive than our Whiskey, coming home from her daily hunt.

CANADIAN STYLE

Penny Mason combines crepe and lace in a white graduation dress. The half peplum and little shoulder bands are of frosty lace.

The Green Thumb

By Gordon L. Smith

The Daisy Family

The once-humble daisy is now one of the real mainstays of a well-planned garden, because now there is a sufficient variety to supply bloom during every period of the growing season. Their widely-varying colors, heights and manner of growing make possible any desired effect, all the way from border edge to background.

Daisies help to point up other flower forms in your garden and among their additional charms are their varied centres, their long lasting qualities after being cut, and the profusion of bloom most of them offer. Whether annual, biennial like the English daisy, or perennial they are all very easy to grow. None is seriously troubled by disease or insect pests and few have any decided soil preference. Among the annual varieties that can be sown in open ground early in the year are the gaillardia, calliopsis, helianthus (sunflower) and chrysanthemum.

Among the taller annuals you will want the rudbeckia, golden in color. and such varieties of the helianthus as Stella and Sunlight, which usually grow about three feet high and are most suitable for use in smaller, restricted borders. The taller sunflowers need lots of room to prevent their coarse leaves overshadowing the entire planting.

Sparkling white shastas lend a lovely touch when grown near daylily trumpets or between tulips and iris.

When your delphiniums and lilies dominate the scene in July, rosy pyrethrum or yellow anthemis make fine companions.

* * *

Rudbeckias are valuable for contrast behind rounded mounds of phlox during the summer. In August the various yellows of the sunflowers need careful placing as they do not blend very easily with pink tones. However, they are most effective as a background for masses of marigolds and some of the lilies. In early fall the soft colors of hardy asters are a choice foil for the brilliant shades of other autumn flowers.

There are several daisies which serve the gardener in problem plantings. Even in hot dry locations your calliopsis, coreopsis, gaillardia, sunflowers and rudbeckias are almost sure to thrive; and although few annuals relish shade, calliopsis will blossom freely there.

...TABLE TALKS...

Frostings—Toppings

Seven Minute Frosting

2 egg whites, unbeaten
1½ cups sugar
Dash of salt
5 tablespoons water
1½ teaspoons light corn syrup
1 teaspoon vanilla

Combine egg whites, sugar, salt, water and corn syrup in top of double boiler, mixing thoroughly. Place over rapidly boiling water, beat constantly with rotary egg beater (or at high speed of electric mixer), and cook 7 minutes, or until the frosting will stand up in peaks.

Remove from boiling water; add vanilla and beat until thick enough to spread. Makes enough frosting to cover tops and sides of two 9-inch layers, or top and sides of 13x9x2-inch cake, or about 14 large or 2 dozen small cupcakes.

For half recipe, use half of ingredients and reduce cooking time to about 4 minutes. Makes enough for top and sides of 9-inch tube cake, or top of 10x10-inch cake.

Praline Topping

½ cup brown sugar (firmly packed)
2 tbls. Swans Down Cake Flour
¼ cup melted butter
2 tablespoons water
½ cup finely chopped pecans

Mix together all ingredients. Spread carefully, a small amount at a time, over hot cake in pan. Place in moderate oven (375 degrees F.) and bake 5 minutes. Cool and cut cake in pan. Makes topping for 9 x 9-inch or 13 x 9-inch cake.

Lemon Cream Icing

2 cups sifted confectioner's sugar
2 teaspoons lemon juice
1¾ teaspoons grated lemon rind
3 tablespoons cream (about)

Combine ingredients and mix well. If necessary, add more cream to make of right consistency to spread. Makes enough icing to cover top of 8x8-inch cake.

Orange Mist Frosting

Use recipe for Seven Minute Frosting. Omit corn syrup. Substitute 4½ tablespoons orange juice and ½ tablespoon lemon juice for the water and 1 teaspoon grated orange rind for the vanilla.

Boiled Frosting

1½ cups sugar
Dash of salt
½ teaspoon light corn syrup
⅔ cup boiling water
2 egg whites
1 teaspoon vanilla

Combine sugar, salt, corn syrup, and water. Bring quickly to a boil, stirring, until small amount of syrup forms a soft ball in cold water, or spins a long thread when dropped from the tip of the spoon (240 degrees F.).

Beat egg whites with flat wire whisk or rotary egg beater until stiff enough to hold up in moist peaks. Pour syrup in fine stream over egg whites, beating constantly. Add vanilla.

Continue beating 10 to 15 minutes, or until frosting is cool and of right consistency to spread. (If too stiff for rotary egg beater, use a wooden spoon.)

Makes enough frosting to cover tops and sides of two 8-inch layers, two 9-inch layers, or top and sides of 13x9x2-inch cake, or tops of 20 large cupcakes.

★

One Too Many

A certain wealthy broker fell in love with an illiterate young woman while on a hunting trip years ago. He took the precaution of sending her away to school before giving her his name, but when she had been educated and provided with the proper social polish he changed his mind. The young woman sued him for breach of promise.

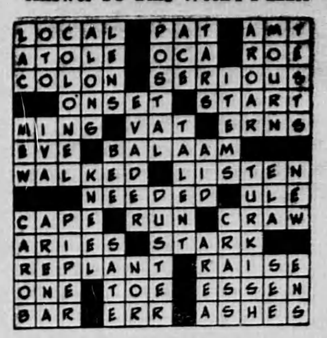
"I didn't mind paying the stiff bill her lawyer presented to me — except one item," he complained.

"What was that?" a sympathetic friend enquired.

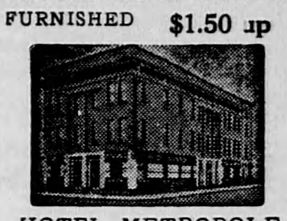
"To loss of time while improving my mind, $3,000."

★

Answer To This Week's Puzzle



ROOMS BEAUTIFULLY FURNISHED $1.50 up



HOTEL METROPOLE
NIAGARA FALLS
OPP. — C.N.R. STATION

Soothe SORE FEET THIS WAY

Rub in Minard's Liniment generously, and feel the relief steal over the aching muscles and joints. For all muscle and joint pains, aches and stiffness, sprained ankles, twisted limbs—Minard's has been famous for over 60 years. Good for dandruff and skin disorders, too. Get a bottle today; keep it handy. 35c

MINARD'S LINIMENT

"I Love Baking -- with Calumet's Double Action!"

EVEN young cooks enjoy successful, *satisfying* results, if they use Calumet Baking Powder. Biscuit mixtures and shortcakes are light and tender . . . cakes and muffins are feather-light and delicious . . . *all* your baking is grand, with Calumet.

Calumet's *double action* protects baking—from start to finish. In the mixing bowl, thousands of tiny bubbles are formed to *prepare* the mixture for baking. But the greater part of the leavening comes in the oven. It can not be lost or stirred out. Follow directions on the tin for any recipe.

Grand for special breakfasts
NOVELTY COFFEE CAKE

- 1 cup sifted Swans Down Cake Flour
- 1 teaspoon Calumet Baking Powder
- ¼ teaspoon salt
- 3 tablespoons butter or other shortening
- 2 tablespoons sugar
- 1 egg, well beaten
- ½ cup milk

TOPPING:

- 4 tablespoons sugar
- ½ teaspoon cinnamon
- 2 tablespoons milk
- 2 tablespoons melted butter

Sift flour once, measure, add baking powder, salt; sift again. Cream 3 tbsps. butter, add sugar, cream well. Add egg; beat thoroughly. Add flour, alternately with milk; beat well after each addition. Turn into greased 9-inch pie-pan. Sprinkle with mixture of 4 tbsps. sugar, and cinnamon. Bake in moderate oven (350°F.) 20 minutes; pour milk and butter over top; bake 15 minutes longer. Serve hot, in wedges.

TWICE YOUR MONEY BACK
If you are not satisfied that Calumet is the finest baking powder you ever used, send tin containing unused portion, along with your name and address and a note of the price you paid — to General Foods, Limited, Cobourg, Ont. You will receive back *twice* what you paid for Calumet.

CALUMET
DOUBLE-ACTING
BAKING POWDER

A Product of General Foods

L-98

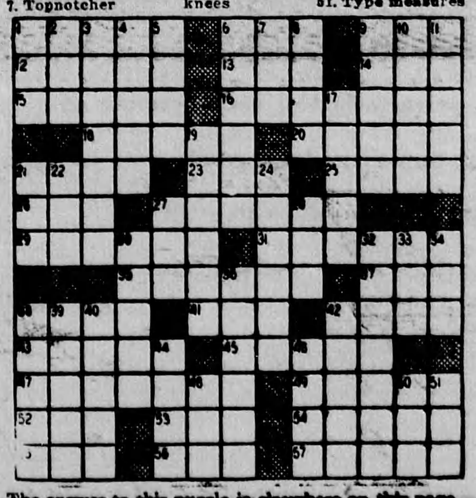
CROSSWORD PUZZLE

ACROSS

1. Accommodation train
6. Suitable
9. Norse country
13. Mexican mush
18. Tuber
24. Fish eggs
25. Punctuation mark
26. Thoughtful
19. Attack
20. Move suddenly
21. Chinese dynasty
23. Tub
25. Birds
26. Mother of mankind
27. Son of Beor
30. Trod
31. Hark
35. Required
37. Tree
38. Sleeveless garment
41. Card sequence
42. Bird's crop
43. Constellation
45. Downright
47. Reseed
49. Promote
52. Number
53. Digit
54. German city
55. Place of justice
56. Sin
57. Trees

DOWN

1. Resinous substance
2. Indian
3. Army officer
4. On
5. Refracting glass
6. Mailing card
7. Topnotcher
8. Covers with a black liquid
9. Making a loud noise
10. Grieve
11. Trials
17. Details
19. Shirker
21. Surround
22. Ground pine
24. Special ability
27. Working party
28. Help
30. Rest on the knees
32. Ottoman
33. Bombast
34. Novel
36. Light garment
38. Locust pod
39. Boxing ring
40. Scotch musician
42. Stupid
44. Glut
46. Courtway
48. And not
50. Lo
51. Type measures



The answer to this puzzle is elsewhere on this page.

LITTLE REGGIE — By Margarita