GENERAL INSURANCE

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G. D. MacARTHUR

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"—You have an appointment with Mr. Simpkins at 10, a conference at 11, lunch with the president of Walco & Co. and this is the day you are to buy your Canada Savings Bonds."

THANKSGIVING SPECIAL LOW RAIL FARES

Between all points in Canada and to all United States border points.

FARE AND ONE-THIRD for the Round Trip

Go: any time from noon Friday, Oct. 10 until 2 p.m. Monday, Oct. 13.
Return: leave destination not later than midnight Tuesday, Oct. 14.

MINIMUM SPECIAL FARE
Adults or Children 30c

Full particulars from any agent

Canadian Pacific

ORANGE VALLEY

Mr. Earl Bumstead has gone to Kitchener, where he has secured a position.

Mrs. Carence Alcox and Leslie have returned home, after visiting friends at Niagara Falls and Buffalo.

Mr. Fred Brown has returned to his home, after spending a week in the Collingwood Hospital.

Mr. and Mrs. Gordon Carefoot were recently on a business trip to Thornbury.

Mr. Geo. Littlejohns and W. S. Coburn attended the Holstein Fair last week.

The Orange Valley school children are having their diphttheria toxoid administer by the two Flesherton physicians, Dr. Park and Dr. Milne.

You'll Enjoy Going by Bus

LEAVE FLESHERTON
(Standard Time)

TO TORONTO	TO OWEN SOUND
d 12.05 p.m. g 4.05 p.m. i 8.40p.m.	9.05 a.m. d 7.40 p.m:

d -Sunday and Holiday only
i - Daily except Sat. g - Saturday only.

Bus Conections at Brampton for London and at Toronto for Montreal, Ottawa and North Bay

FARES ARE LOW
Rounut Trip - Tax Included

QUEBEC	$59.65	WINNIPEG	$50.05
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ST. JOHN	46.70	CALGARY	81.35

TICKETS AND INFORMATION AT
FIRESDE LUNCH - R. BODEN
Phone 63 Flesherton, Ont.

THE MIXING BOWL

By Ann Allan
HYDRO HOME ECONOMIST

Hello Homemakers! One of the best fuel-saving utensils is the pressure saucepan. It is ideal for large and small families, rich and poor, career women and homemakers.

Nutritive value, colour and flavour are maintained to a high degree if you observe the correct length of cooking time while using the pressure method. Futhermore, if you follow the rules, nothing ever burns and pan is easy to clean. To remind you of seasonal disher, we submit a chart for preparation of four servings.

TIME TABLE FOR PRESSURE COOKER

(Cooking Time in Minutes after indicator reaches "coog")

Meat Balls (1 cup tomatoes) 10 mins.
Swiss Steak (¼ cup water) 15 mins. after browning.
Picnic Ham (¼ cup water) 45 mins. for 5 lbs.
Lamb Stew (1 cup water) 15 mins.
Tongue (2 cups water) 15mins.
Squash (½ cup water) 13 mins.—in pieces.
Potatoes (½ cup water) 12 mins.—in pieces.
Turnips (¼ cup water) 4 mins. pieces
Carrots (¼ cup water) 3 mins. sliced
Fruit Custard — 4 mins.
Brown Betty—10 mins.
Cranbury Pudding—35 mins.
Fine Oatmeal (2½ cups water) 2 mins.—one cup cereal.
Spaghetti (3 cups water) 6 mins. one cup of pieces.
Rice (1¼ cups water) 10 mins.—one cup rice.

BROWN SOUP STOCK

2 lbs. lean beef, 2 qts. water, ¼ cup diced carrots, ½ cup sliced onion, bone marrow, 1 small bay leaf, 1 tbsp. salt, ¼ cup celery with leaves, spray parsley.

Cut bone marrow into small pieces and render. Cut meat in small pieces, place half in Cooker add water. Brown the other half of meat in the melted marrow, add remaining ingredients. Cook 20 minutes. Strain soup and keep in cool place.

MEAT LOAF

1½ lb. round steak, ½ lb. pork 2 eggs beaten, 2 tbsps. chili sauce, salt and pepper, 1 onion 1 carrot, 1 stalk celery, ½ cup corn flakes, 1 tbsp. fat.

Have meat ground twice. Grate all ingredients and mix well. Form into a round loaf by placing the meat on wax paper and form round and firm with your hands, remove paper. Heat Cooker, add shortening and sear until brown, loaf can be easily turned with pancake turner. After searing add 2 or 3 tbsps. water. Cook 15 mins.

SWISS STEAK

2 lbs. round steak (1 inch thick) salt and pepper, 2 tsb. fat, 1 small onion (cut fine), 2 tbsps. horseradish, ¼ cup water.

Heat Cooker, add fat. Season steak dipped in flour pounded with knife. Brown on all sides. Place cut onions on steak with horseradish. Add water and cook 15 mins. Steak may be cut into strips before cooking. About 3 to 5 strips to the pound.

CHOCOLATE PUDDING

3 tbsps. shortening, ⅔ cup sugar, 1 egg, 2 one oz. squares of unsweetened chocolate, 1 cup Milk, 1¾ cup flour, 3 tsp. baking powder, 2 cups water.

Cream shortening and sugar; add egg and chocolate; beat thoroughly, add sifted dry ingredients alternately with milk. Fill greased moulds lined with wax paper ⅔ full; cover with wax or parchment paper. Place coffee can lid and rack in cooker with 2 cups water. Steam without indicator weight for 15 minutes, then put on indicator weight and cook 25 minutes.

TAKE A TIP

To obtain best results from pressure cooker.

1. Keep the cover handle and cooker handle tight.
2. Always keep sealing bands clean and be sure vent is open and clean before each use.
3. Be careful not to drop indicator weight.
4. Never pour cold water into a dry, overheated rooker as this may cause it to crack.
5. Be sure at all times to remove indicator weight before attemping to remove cover. Do not force cover if it seems to stick or is hard to turn—this means there is still pressure in the cooker and it should be cooled again in a pan of cold water.
6. If the cooker should leak, remove the gasket and turn it over. Insert it again.
7. When cooker is not in use, it is advisable to keep upside down. Keep in a dry place.
8. Do not insert indicator weight in water as this will cause the inside to rust.
9. Never strike rim of cooker with spoon or knife. This will cause nicks and allow steam to escape.

PRICEVILLE

The W. I. will meet this Thursday evening at the home of Mrs. G. Whyte.

Sacrament of the Lord's Supper will be dispensed in St. Andrew's Church on Sunday, Oct. 5th, when Rev. Caslor of Grand Valley will have charge of the service.

Mrs. Ross McIntyre of Toronto, Mrs. Leroy Carter, and Mrs. Wm. Cook of Detroit and Mrs. Cumming of Oshawa returned Sunday to their homes, after spending a few days visiting their cousins, Mrs. Joe McKee and Mrs. Aldcorn. Donald Aldcorn of Toronto also visited his mother on Sunday.

Mr. and Mrs. Bob Ross of Niagara Falls visited on Wednesday at the home of Mrs. D. Campbell.

Mr. and Mrs. Jack McFarlane, Neil and Chas. McFarlane spent Sunday in Toronto visited their sister, who is ill.

Mr. Willis Sayers of Toronto spent the week end at his home.

Miss Joyce Tucker spent the week end at the home of her uncle, Mr. Archie McCuaig.

Mr. Emerson Meads of Gueph was home for the week end.

Mr. and Mrs. Stanley Harrison and family visited on Sunday at Lisle.

Miss Reta Whyte and friend of Toronto spent the week end with her mother.

Mr. Innis McLean of Toronto spent the week end with his parents.

Mr. Wm. McLeod, who suffered a broken leg. returned home last week from Durham hospital.

Mrs. Cecil Fawcett, Mrs. H. Hutchinson, and Mrs. H. Akins visited their mother, Mrs Nuhn, who was a patient in Toronto General Hospital and who accompanied them home. Her many friends wish for her a complete recovery.

Among those who attended the W. M.S. at Ventry Friday evening were: Mr. and Mrs. D. L. McArthur and Eleanor Mrs. John Nichol and Donald, Mrs Parslow, Mrs. Sayers, Mrs. Sims, Mrs. J. McFarlane, Mrs. D. Campbell and Mrs. A. L. Hincks. Mrs. Sims rendered a solo, accompanied by Mrs. McFarlane at the piano. All enjoyed hearing Miss M. Kennedy a retured missionary from Japan.

Mr. and Mrs. George Rawson of Manitoba are guests at the home of Mr. D. Campbell.

Mrs. Jessie Koeritz returned home on Thursday, after visiting for a few days in Toronto.

Mr. and Mrs. Jas. Sturrock and Archie visited on Sunday at the home of Mr. Howard Riddel, Hopeville.

The Dromore Dramatic Club presented the play "The Darling Brats" in the W. I. hall Monday night, under the auspices of the W.A. The play was well given and enjoyed by the large audience.

"Why were you absent yesterday afternoon, Harold?" asked the second Grade teacher.

"Well," sighed he little lad, "Mother was just going to make lunch when the telephone rang and whens he hung up it was half past two."

RECORD BREAKING NEW LOW PRICES

GOODYEAR

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Today, when vigorous leadership is needed to hold all prices down, we, D. MacTavish & Sons, together with Goodyear, are offering top-quality Goodyear Tires and Tubes for cars and trucks at record-breaking new low prices.

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Buy now! Save money on the biggest tire

D. MacTavish & Sons
Flesherton, Ont.

ROCK MILLS

Colder weather with another snow fall on Monday night.

Many of the farmers have been taking up potatoes and find the crop to be very good, considering the dry summer.

Mr. and Mrs. Ken Walker and son Donald have returned to their home at Galt after spending the past week with Mrs. Walker's mother, Mrs. E. Partridge and Shirley, and also visited with her father, Mr. E. Partridge who is still a patient in Markdale hospital.

Mrs. W. J. Newell and son Ted spent the week-end with Miss Marjorie Newell and other friends at Grand Valley.

Miss Ruby Dobson of Owen Sound was a week end visitor at her home here.

Mr. and Mrs. Chas. Newell spent Tuesday with relatives in Durham.

Mr. and Mrs. Arthur Atkinson of Durham visited on Sunday with Mrs. E. Partridge and family.

A man can be praised for making his mark in the world, but not on a deck of cards.

An Oregon man found his missing wife in a restaurant—getting paid for cooking. Men show this to your wife if you dare.

A new camera has an exposure time of four-hundred-millionth of a second, but we'll bet it still couldn't catch Junior at some of his tricks.

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Spirella meets the wearer's needs for Style, Health and Comfort. Cloth or elastic girdles one-piece garments, brassiers and corsets, made from individual measurements.

MRS. A. E. BELLAMY
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Caller and Fiddler Competition
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2nd line
(West Wasaga)
Wednesday, October 15
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Send in yours, too.

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32, 38, 66 and 96-piece setts from $8.45

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