Quality Guaranteed

"SALADA" TEA

SUNDAY SCHOOL LESSON

October 8

JESUS' PROGRAM FOR MEETING LIFE'S PROBLEMS

Matthew 4:1-11; 6:24-34; Luke 4:16-30.

PRINTED TEXT, Matthew 4:1-4; 6:31-34; Luke 4:16-21.

GOLDEN TEXT.—Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. Matthew 4.4.

Devotional Reading: Hebrews 8:10-18.

Memory Verse: For thou, Jehovah, hast made me glad. Psalm 92:4.

Triumph Over Temptation

"Then was Jesus led up of the spirit into the wilderness to be tempted of the devil . . . but by every word that proceedeth out of the mouth of God." The principle involved in Christ's reply was that He would work no miracle to satisfy His own will. In self-denial He would follow God, submitting to His will, and trusting that His mighty power would help in the time of need in the way that His wisdom might see fit.

God's Outward Blessing

"Be not therefore anxious, saying, What shall we eat? . . . and all these things shall be added unto you." Our Lord says that if men will really seek the kingdom of God and his righteousness all these material things, which the heathen nations seek exclusively and which are necessary for life, will be added. As a rule, God's outward blessing goes with the inward; and he who by patient industry has honestly sought his daily bread has found it.

Please God To-Day

"Be not therefore anxious for the morrow: for the morrow will be anxious for itself. Sufficient unto the day is the evil thereof." Christ says 'to-morrow and all its wants will be provided for you by your heavenly Father; therefore think of it without anxiety and try to do right and please God to-day.

Jesus In Nazareth

"And he came to Nazareth, where he had been brought up . . . to set at liberty them that are bruised." From the word here translated 'anointed' comes our English word 'Christ' which means literally 'the Anointed One', and thus the 'Sent One'.

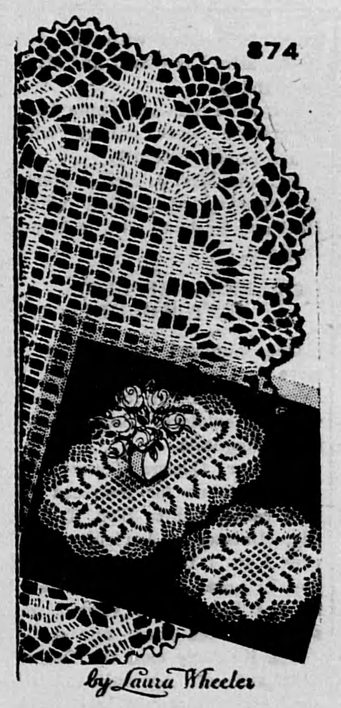
The Acceptable Year

'To proclaim the acceptable year of the Lord." This was the time **when men—sinners broken, ruined,** lawless, hopeless men—would be acceptable to God if they would believe in Christ and accept His way of grace. And the acceptable year of the Lord is not ended. Any man in the world to-day will be accepted of God if he will take Christ for his Saviour and allow God to cleanse him from sin.

The Scripture Fulfilled

"And he closed the book, and gave it back to the attendant, and sat down: and the eyes of all in the synagogue were fastened on him. And he began to say unto them, To-day has this scripture been fulfilled in your ears."

Jesus quietly announced that the prediction of the prophet Isaiah was that day fulfilled in Him before their very eyes. The people doubted that this man, a carpenter's son, is the one of whom the prophet spoke. But Jesus reveals his profound knowledge of what they were going to do and how they would reject Him, and He would go on to those who would accept Him. And Jesus immediately took Himself out of their midst for His time had not yet come.



by Laura Wheeler

Jiffy crochet to surprise even a beginner! Scarfs and mats for buffet, dresser or table sets, crocheted in two strands of string.

Relax in your leisure moments crocheting this jiffy design. Pattern 874 contains directions for scarfs, mats; stitches.

Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., Room 421, 73 Adelaide St., West, Toronto. Write plainly pattern number, your name and address.

What Is Happening To Our Language?

Quite good writers no longer seem to distinguish between "precipitate" and "precipitous," between "elemental" and "elementary," between "distinterested" and "uninterested," between "historical" and "historic."—From a letter in the press protest might also be registered against the introduction of numerous vulgarities, as for instance, the substitute so often used for the admirable word "courage." Some of the magazines which should be among the leaders in protecting the language, are actually making free use of profanity.—Port Arthur News-Chronicle.

Quick Breads For Quick Meals

Running out of ideas for lunches and lunchbox fillers that don't take extra time? Then try these delicious Peanut Butter Muffins. They're not only rich in vitamins and minerals, but are high in protein too! Give them a place of honor in your muffin book, and you'll find yourself making them often, by request.

Peanut Butter Muffins

⅓ cup peanut butter
¼ cup sugar
1 egg
1 cup milk
¾ cup All-Bran
1 cup sifted flour
½ teaspoon salt
1 tablespoon baking powder

Blend peanut butter and sugar thoroughly; add well beaten egg and milk. Stir in All-Bran. Let soak until most of moisture is taken up Sift flour with salt and baking powder; add to first mixture and stir only until flour disappears. Fill greased muffin pans two-thirds full and bake in moderately hot oven (400 F.) about 20 minutes.

Yield: 10 muffins (2¼ inches in diameter.)

Sapphires and Diamonds

by DOROTHY TROWBRIDGE

CHAPTER V

Peggy found one of William's grandsons down by the gate waiting to open it for her. His little calico shirt tails flapped in the breeze above the patched pants that had once belonged to an older brother. His white teeth in their black setting shone in the sunlight. She waved the light whip towards him as she drove through the gates.

Once on the highway Peggy drew a long breath and settled down to the business of thinking.

"That's what I get for borrowing things," she muttered, remembering how she had always been taught never to borrow from anyone.

There was only one thing to do. **Stop at Carver's jewelry store and see** if the ring could be straightened. She had no idea how long it would take. But she would go there immediately. She had heard that since young Jim Carver had come home from college and gone into business with his father they had branched out considerably in the jewelry business. Perhaps that would include being able to straighten a platinum ring.

In spite of the many cars in Marshville, no one ever thought it strange to see Peggy Horton in the old pony cart. She had driven it ever since anyone could remember seeing her about, and no one connected a Horton with anything but horses. There were still a few horse rails about the old square in the center of which stood a fountain that had served as a drinking fount for the horses of former days. Now it was only a source of cooling beauty. Stores, bank, post office, and the old wooden two-story hotel surrounded the square on all four sides, the streets entering from the corners.

Peggy, stopping before the hitching post that was the closest to Carver's, jumped out and tied Pat, exchanging greetings with one or two people as she did so. Then walking rapidly, she entered the store.

She was glad to see that Jim Carver was not there. He would probably have asked a lot of questions. Old Mr. Carver, with his bald head bent closely over a book, was seated alone at the back of the store.

"Why, hello, Miss Peggy," he called, coming forward to greet her, after carefully marking his place with a slip of paper between the pages. "How's your grandmother? You ought to be mighty proud of her. There's nobody left around here like Miss Mary. I remember—"

But Peggy had no time to listen to reminiscences.

"She's quite well, thank you," she interrupted. "Mr. Carver, I wonder if you could straighten a ring for me? You see," she said reaching into her bag and handing him the ring, "it belongs to a friend of mine who is visiting me, and in some way it got bent." Peggy did not prevaricate easily and she wondered if her scarlet face were giving her away.

Mr. Carver took the ring, eyeing it gravely while Peggy anxiously waited.

"That certainly is a lovely ring," he said at last. "A girl with a ring like that ought to know better than to be careless with it. Well now, I reckon I can straighten it all right for her."

Peggy relaxed somewhat.

"Could you do it this afternoon? Right away?" she asked.

Mr. Carver looked at her over his glasses, one eyebrow raised quizzically.

"I declare all you young folks are just alike. Everything must be done right now. No waiting. You all never will remember that Rome wasn't built in a day. I reckon, though, that I can do it. I'm not doing anything else right now. Might as well do this. Can you come back after a while?"

Peggy came out of the store with her heart singing. The ring was not ruined. It would be as good as new and she could have it on when she met Nancy. In spite of her knowledge that she should not borrow, having borrowed it she might as well carry out Hrary's idea, she told herself. All seemed well now.

She paused a moment on the sidewalk to look about her, deciding what to do next. Across the square before the hotel she saw several boys gathered about an automobile. It was the car from California that she had seen that morning. She wondered where its owner was, and why he was still in Marshville. There was nothing in this sleepy little town to keep even a tourist, she reflected.

She went into a candy store up near the corner to get some of Nancy's favorite candy then stopped in a drug store to buy some magazines and a soda, to kill a little time before she should go back for the ring. At last she rose, and after paying her check started down the street. She was within a few feet of Carver's when she heard rapid footsteph behind her and a voice cried:

"Well, hello. Imagine seeing you here!"

Turning quickly she found herself face to face with the Man from California, as she immediately termed him. Peggy eyed him coldly. He was tall, she realized, and broad shouldered. He wore a well-tailored light linen suit which contrasted becomingly with his dark coloring. His almost black hair, which had been blowing in the breeze this morning, was now brushed neatly down. He had nice eyes, she found herself thinking, before she answered curtly:

"I am neither a hitch-hiker nor a pick-up."

"Oh, I say," he began in some confusion. "I didn't mean it like that. I was so surprised at seeing you again just had to speak. Sort of talking aloud, I guess."

"Yes, I understand," Peggy said pausing at the entrance of the jewelry store. "There is another man here who talks to himself. He is about ninety and usually sits along here in the sun. The constable keeps an eye on him to see that nothing happens to him. He probably won't mind watching you too."

(Continued Next Week)

Easy Way To Treat Sore, Painful Piles

Here is the chance for every person in Canada suffering from sore, itching, painful piles to try a simple home remedy with the promise of a reliable firm to refund the cost of the treatment if you are not satisfied with the results.

Simply go to any druggist and get a bottle of Hem-Roid and use as directed. Hem-Roid is an internal treatment, easy and pleasant to use and pleasing results are quickly noticed. Itching and soreness are relieved, pain subsides and as the treatment is continued the sore, painful pile tumors heal over leaving the rectal membranes clean and healthy. Get a bottle of Hem-Roid today and see for yourself what an easy, pleasant way this is to rid yourself of your pile misery.

NOTE: The sponsor of this notice is a reliable firm, doing business in Canada for over 20 years. If you are troubled with sore, itching, painful piles, Hem-Roid must help you quickly or the small purchase price will be gladly refunded.

Headache

Nothing is more depressing than headaches... Why suffer?... Lambly's will give instant relief. Lambly's is good for earache, toothache, pains in back, stomach, bowels.

LAMBLY'S HEADACHE POWDERS 14

ISSUE 40—1944

SLEEPS ON THE JOB

Harriet Bergman, above, of New York, actually sleeps on the job —and gets paid for it. She tests sleeping qualities of new-style pajamas for designer Harry Berger. Most of her work is done at home, although she has a cot in the Berger offices.

Bombs Don't Hinder School Examinations

Boys and girls of Southern England have refused to allow flying bombs to interfere with their general and higher school certificate examinations, now being held.

Head teachers are full of praise for the calm way in which the children have gone about their work.

One group of girls began their geography paper at 9.30 a.m. and finished it at 2.45 p.m., having spent only 50 minutes on the paper, and the rest of the time in shelters.

In another school the girls doing their algebra paper had to go four times from a ground-floor classroom to the shelters and finally they had to finish the paper writing on their knees in the shelter.

Edward VII 'Rides' Again In Paris

The bronze equestrian statue of King Edward VII is back in its place in the courtyard of the Societe Generale, one of France's great banks. More than two years ago bank officials whisked it away to a hiding place when Germans ordered it melted down to make bullets.

German authorities actually had the statue pulled down, but before they could cart it away bank officials hauled it under cover of darkness to St. Denis.

MUFFINS CAN HELP KEEP YOU "REGULAR"

Yes — by eating several delicious KELLOGG'S ALL-BRAN muffins every day, and drinking plenty of water, you can help prevent constipation due to lack of "bulk" in your diet!

KELLOGG'S ALL-BRAN MUFFINS

2 tablespoons shortening
¼ cup sugar
1 egg
1 cup Kellogg's All-Bran
¾ cup milk
1 cup sifted flour
½ teaspoon salt
2½ teaspoons baking powder

Blend shortening and sugar thoroughly; add egg and beat well. Stir in All-Bran and milk; let soak until most of moisture is taken up. Sift flour with salt and baking powder; add to first mixture and stir only until flour disappears. Fill greased muffin pans ⅔ full and bake in moderately hot oven (400°F.) about 30 minutes. Yield: 8 large muffins.

ALL-BRAN is made by Kellogg's in London, Canada. Your grocer has it, in 2 convenient sizes.

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DO THIS FOR **Night Coughing**

WHEN A COLD stuffs up the nose, causes mouth breathing, throat tickle and night coughing, use this time-tested Vicks treatment that goes to work **instantly ... 2 ways at once!**

At bedtime rub good old Vicks VapoRub on throat, chest and back. Then watch its **PENETRATING-STIMULATING** action bring relief from distress.

It **PENETRATES** to upper breathing passages with soothing medicinal vapors. It **STIMULATES** chest and back surfaces like a warming, comforting poultice ... and it keeps on working for hours, **even while you sleep**—to ease coughing spasms, relieve muscular soreness and tightness—and bring grand comfort! Try it tonight... Vicks VapoRub.

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We have just received confidential and reliable information that one of the largest, most successful and active mining and development companies in Canada has recently closed a deal for a large block of partially developed properties in a well known gold district in Northern Ontario. With this advance information, one of our prospecting parties is now on its way to secure, by staking or otherwise, well located or adjoining claims in this area.

The entry of this large and important company into this area will undoubtedly be followed by many other large mining companies and create an active demand for properties. If you wish to participate in this early opportunity of getting in on the ground floor, forward your application for units of our Syndicate at once.

FINAL OFFERING Of 1,000 Units at $5.00

Each Unit Will Be Exchangeable For 200 Shares In A Larger Company When Formed.

It pays to get in early and before drilling starts.

Further particulars to subsribers only, on request.

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