A Few Drops

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Stuffiness of Catarrh

Specialized Medication Works Fast
Right Where Trouble Is!

Soothing relief from stuffy, painful distress of acute catarrh comes fast as Va-tro-nol spreads through the nose, reduces swollen membranes—soothes irritation, relieves congestion, helps flush out cold-clogged nasal passages. Makes breathing easier—try it! Follow directions in package. **VICKS VA-TRO-NOL**

It Does taste good in a pipe

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The Pick of Tobacco

OTTAWA REPORTS

That Canadian System of Meat Rationing Has Been Adopted By Australian Government

Australia, which recently went on meat rationing, has adopted the Canadian system with only minor variations, according to Paul Malone, press attache, Office of the High Commissioner for Canada, at Canberra, who was in Ottawa last week.

As here, sugar, butter and tea have been rationed for some time and many foods are in short supply although Australia is producing more than at any time in her history. The farm labor shortage which Mr. Malone says is probably more acute than anywhere in the world has led to some progress in greater mechanization. The country's aboriginal population, though not large has come to the rescue of the sheep stations, and the curious fact that they work better for women than for men has been discovered. Women apparently have more patience and the little black men fall for the feminine approach, "Now, don't you think this is the better way?" Australia is supplying all the basic foods for the U.S. fighting services in that area on reverse lend lease basis.

* * *

The federal Government premium on hog carcasses announced previously went into effect Monday, January 24. The Minister of Agriculture, the Hon. J. G. Gardiner, also tells of a number of changes in the system of hog marketing as a result of discussions between the Bacon Advisory Committee, the Advisory Committee on Agriculture, the Meat Board and the Agricultural Food Board.

The procedure under which a basic price was established for B1 hog carcasses and prices for other grades determined by applying discounts, except in the case of Grade A carcasses for which a premium was paid by the packers, will be discontinued. Hogs will be purchased on the basis of their carcass values in the various grades. Government premiums will be paid in the case of Grade A carcasses at $3.00 a carcass, and in the case of Grade B1 at $2.00 a carcass. The premium of $1.00 formerly paid by the packers on Grade A carcasses will be paid on the carcass grade value for export bacon.

The number of grades has been reduced by consolidating some of them. The grades now adopted are Grade A, Grades B1, B2, and B3, all B grades to sell at the same market price. Here is the list of grades and weights:

Grade A	140 to 170 lbs.
Grade B1	135 to 175 lbs.
Grades B2	125 to 134 lbs.
Grade B3	176 to 185 lbs.
Grade C	120 to 185 lbs.
Grade D	120 to 185 lbs.
Lights	119 and under.
Heavies	186 to 195 lbs.
Extra Heavies	196 and over.

* * *

Effective January 21, the miller's practice of imposing conditional sales of flour with sales of millfeed on feed dealers who in turn imposed these on farmer customers, is prohibited by Wartime Prices and Trade Board. The tremendous increase in demand for millfeed has brought many complaints which the new order seeks to adjust by relieving distributors from obligation to accept any specific quantity of flour or cereals when placing mixed car orders. They in turn will be able to supply millfeed requirements to the amounts available without imposing any conditions of flour purchase on their farmer customers.

* * *

Finding repair parts for models or makes of farm machinery no longer manufactured poses a problem for the war-harassed farmer. Often local or regional farm machinery distributors can give leads as to where these are obtainable. Failing this the distributor may order from a foundry that will make the part to order. To be sure of getting a correct fit in a specially made part, examine the part to be replaced for a serial number, or make a pencil rubbing for a clear impression of its height, depth and shape. Better still send the broken or worn part to the dealer. Do order well in advance of need. These special orders take time.

FIGHTS IN NORTH

Gen. K. A. Meretskoff, above, commands Soviet armies in the Volkhov river-Novgorod sector lower prong of Russians' double thrust against Germans in Leningrad area. Noted as ace strategist, he was former Red army chief of staff.

THE SPORTING THING
BY LANG ARMSTRONG

There's another challenge from that Mountaineer Club!

THE WAR · WEEK — Commentary on Current Events

Germany Builds High Wall Of Hate Which Will Remain When War Ends

In its hectic endeavor to hold off invasion Germany has constructed strong fortifications around the periphery of Europe and on the frontiers of the fatherland, says The Cleveland Plain Dealer. The whole aim of German life today is to live within Fortress Europe and postpone the inevitable. It seeks to keep the armies of the free world outside the borders of the Reich as long as possible.

There is no doubt that this wall will be breached. Before long the armies that will liberate Europe will invade the soil of Germany. But in his desperation to suspend the consequences of the war it launched Germany has built another wall that will not so easily be pierced. It is a wall that in the postwar years will keep Germany confined, isolated and a third-rate power in the affairs of nations. It is the wall of hate.

Section by section Germany has constructed this edifice that will become its own prison. First was Austria, then Czechoslovakia, then Poland, Denmark and Norway. Then the Netherlands, Belgium, France, and finally the Balkans and Russia.

Work of Germans

Each portion of this wall was built from a blueprint of treachery. It's materials are the lives of thousands of free men who insisted on liberty for their homelands. It is topped with the barbs of a hatred born of broken homes, slave labor, hostages, larceny, misery, starvation and death.

No armies can demolish this wall. It is not open to attack. It is invisible. It exists in the minds and hearts of millions of men, women and children. Yet, intangible, as it it, it is the most real thing in the whole of Europe, much more real than the fortifications which the armies of the United Nations will shatter to break onto the domain of Germany itself.

No armistice, no peace treaty can eliminate this barricade. It will exist for years, nay, for generations as the one European frontier that can be neither obliterated or even rectified. No enemy raised this ring around Germany. It is the work of the Germans themselves. And the consequences of its building will be far reaching.

Effect on Neutral Countries

Today people wonder what to do with Germany after the war to prevent a repetition of warfare another generation hence. Certainly some definite steps must be taken to control the force of the pan-Germans, the Junkers and the National Socialists under other labels. But whatever is done will be as nothing compared to what the Germans have done themselves.

Consider for a moment the next generation. In its schools in Poland, in Czechoslovakia, in Norway—in every country on the continent—it will read the history of these years. Yet the mere reading of factual accounts, without any effort whatsoever on the part of teachers and elders to breed hate, will keep this wall around Germany intact.

The story of these times will have similar effects in those countries which were neutral in this war and on those which were neutral in the World War, in the false belief that Germany could be trusted. Denmark, Norway, Holland, to mention but three, which looked with something of approval on German aims in 1914, have learned a bitter lesson. Sweden, Switzerland and Turkey tomorrow will not be taken in by Germany.

Germany Encircled

Who, after what has happened to Europe — probably the most terrifying experience since the invasions of the Mongols and the Tartars—will have any faith in Germany's promises? What country will enter an alliance or conclude a treaty with the new Germany, whoever may be at its head or whatever may be its political professions, without a mental reservation and a physical preparation for treachery?

Germany cried out falsely against 'encirclement' when any small nation of Europe tried to defend itself. Today Germany is encircled as never before in history, encircled by bonds of its own creation.

This wall of hate will remain when the battles are over. It will remain for future generations. And behind it, condemned to live as a third-rate and ever-suspected power, Germany will lead the life of the great suspect of Europe. This is the one bit of justice in the great injustice which Germany sought to work against the world. This time even Germany may realize that it is self-condemned.

GENERAL CLEAN-UP

Maj.-Gen. W. H. Rupertus enjoys his favorite cure for "hot dogs"—a dose of cool sea water that washes away mud he collected after a day of tramping around Cape Gloucester, New Britain front with his troops.

Volunteer Army

Sir Srinivasa S. Arma, managing editor of a Calcutta political paper called "Whip," said recently that India now has the world's largest volunteer army, consisting of some 2,000,000 men and a fighting spirit which will help to keep the Japs awa from their borders.

WHAT CEREAL'S BEST FOR MY FAMILY?

NO OTHER NATURAL CEREAL GIVES YOU WHOLE-GRAIN OATS VITALITY ELEMENTS SO RICHLY!

More than any other natural cereal, whole-grain oatmeal helps make up shortage of meat's great vitality food element, Protein—without which children can't grow properly and adults cannot have real stamina! Also leads every natural cereal in vitamin B_1, essential to good nerves, digestion and energy! More and more mothers are serving big delicious bowls of hot Quaker Oats for breakfast every day—and insuring extra growth and stamina protection for their families. Serve your family the "one best cereal" now that so many other valuable foods are rationed!

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February Special!
WAR STAMPS 25¢
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"SALADA" TEA

A Huge Sunflower Crop In Manitoba

Though few Manitobans know it, their province grew something like 14,000 acres of sunflowers this year—almost half the Dominion total of 29,000 acres, says Maclean's Magazine. To most Canadians that may mean little except that it sounds like a lot of ground to devote to flowers And so it is—but it pays off.

Sunflower seeds are a valuable source of edible oil and Canada's supply, now limited, needs all the bolstering it can get. Cultivating sunflowers is a profitable undertaking, too, for cash returns run as high as $35 an acre. For wheat it is only about $29; oats $28 and barley $21. Returns from flaxseed, the only other oil crop of importance. run about $18 an acre.

Sunflower oil may be hardened or hydrogenated to produce shortening. In its refined form it is used as a cooking oil. It finds a multitude of other uses in the preparation of such edible foodstuffs as mayonnaise and sandwich spreads, Sunflower meal, besides being one of the highest protein foods, has commercial possibilities for human consumption. In many respects it resembles the soybean. Roasted, the seeds are good eating and have been in high favor for years with people of Russian extraction.

Sunflower protein may be processed to produce an egg white substitute for use in baking. Other possibilities include its use in the plastic and nylon-type textile field.

The future of the sunflower, officials say, appears almost as bright as the flower itself.

INCREASED REFUND

For Standard Domestic Beer Bottles

Because of a severe bottle shortage, the Brewing Industry (Ontario), at the request of the Administrator of Alcoholic Beverages, Ottawa, announces increased prices to be paid for standard domestic beer bottles, effective January 10th, as follows:

Small Bottles–From 2c to 3c per bottle, or from 48c to 72c per carton of 24 small.

Large Bottles–From 4c to 5c per bottle, or from 48c to 60c per carton of 12 large.

The sales price for each size package has been raised to correspond with the increased deposit.

Standard domestic beer bottles now in the hands of our customers have increased in value. Please return your empties to your nearest Brewers' Retail Store. THEY ARE URGENTLY NEEDED.

BREWING INDUSTRY (ONTARIO)