THANKS TO KELLOGG'S ALL-BRAN, THAT TROUBLE IS ONLY A MEMORY

"I have suffered considerably from a sluggish digestive system and have tried many remedies which failed to bring relief. But now, thanks to eating KELLOGG'S ALL-BRAN regularly, that trouble is only an unpleasant memory," writes Howard E. Nichol, Pense, Saskatchewan.

KELLOGG'S ALL-BRAN helps you get at the *cause* of constipation due to lack of the right kind of "bulk" in the diet. Eat this delicious cereal for breakfast (or try it in muffins) every day and drink plenty of water. But remember, it doesn't work like harsh purgatives . . . ALL-BRAN takes time. At your grocer's, in two convenient size packages or in individual serving packages at restaurants. Made by Kellogg's in London, Canada.

MARRYING MARK . . . .

by

Violette Kimball Dunn

SYNOPSIS

After Mark Alexander's beautiful wife Ellen died, her whole family became interested in Valerie, Ellen's daughter by a former marriage. All save Shirley seemed to have their eyes on the trust fund left Valerie by Ellen. Dorothy, Elise, and their husbands, want Valerie to live with them, but Mark will have none of it. Mark and Valerie go on a two-months' automobile trip and, as they near home, meet Lucy Tredway, owner of a broken down traveling library. Mark asks Lucy to tutor Valerie, and she accepts.

CHAPTER THIRTEEN

"I'll be right along," she promised. "It won't take me a minute."

"Could you—if you wouldn't mind, wear the primrose taffeta? Maybe it isn't nice enough, now you have your own things—" suggested Valerie.

"It's much nicer than anything of mine," Lucy told her truthfully. "You see, I didn't need much in the Ark. Mostly just breeches and boots. I love your dress, and I'll adore wearing it."

"You're terribly sweet—" Valerie breathed to her through the crack in the door.

Lucy dashed under a shower, ran a comb through her hair, fell into a brief silk undergarment or two, and slipped Valerie's dress over her head. She put on a bit of makeup before her dressing table mirror, and went out. She found Valerie waiting patiently in the hall outside, and they ran down the stairs together.

Mark was reading in the library. He jumped up as they came in, and his face lighted.

Lucy was taking stock, too. It took a big man, she thoght, to create magnificence, and then live so simply in the midst of it all. It had come to him through three generations, and the novelty had been gone a long time.

The First Dinner

Lucy always remembered that first dinner at Wide Acres; the informal formality with which it moved; the perfection of its service. As they chatted over their coffee in the library afterward, she began to wonder almost fearfully if she had stumbled on a sort of domestic fourth dimension, where discord was taboo.

She was laughing over some nonsense of Mark's when the curtains parted and Elise came in. She moved in her fluttering skirts with a curious swinging motion. Lucy thought at once of something floating in on the tide.

"Darling!" cried Elise. But her look was for Mark. Her voice was rich with emotion. "I just ran in on the chance you'd come back. If you knew how I've missed you!"

Lucy stretched back in a corner of her big chair, and watched. It was almost like seeing a curtain go up. Mark and Valerie had both got to their feet.

Elise caught Mark by both hands, and then released one to throw a lavish arm around Valerie. There was something almost domestic in the posing of the three, if you didn't look too closely at their faces. The light that smoldered behind Elise's large, rathur dull brown eyes was anything but peaceful. And Valerie and Mark reminded Lucy curiously of wild things held against their wills.

Bit of a Shock

Elise turned suddenly and caught her first glimpse of Lucy. She stared and froze. Her hand dropped from Valerie, but her hold on Mark tightened.

"Oh—" she said.

"Oh—" echoed Mark easily. "You haven't met Miss Tredway, have you? She's heaven's gift to the unlearned. Valerie's new tutor, in other words. Between whiles, she's going to keep us all in order. Isn't it luck?"

"It's quite charming," said Elise. "How do you do?" She sat down suddenly.

She ignored Lucy completely after that. She chattered endlessly about her own affairs, and asked questions about the trip when she remembered, seldom waiting for an answer. Almost as if she were afraid to pause, while she made the new adjustment to Lucy's arrival.

Chiltern came in, and poured coffee for her, and went away.

"There's a clever one," he told Mrs. Banwood later. "Too clever, if you ask me. Had a bit of a shock, and put on the brakes before anybody could tell the difference. I was watching her eyes. Doesn't relish another woman coming in and upsetting her plans. Not that she'll get much change out of Miss Lucy."

"I don't relish it myself," said Mrs. Banwood.

'Perhaps you'd rather have Mrs. Waterford under foot," suggested Chiltern.

Mrs. Banwood ignored this. She sat down to her own coffee, and looked at him over the brim of her cup.

"Not sure it's nothing to me who he brings into the house to teach Miss Valerie," she offered.

Chiltern passed his cup a second time. "No more it should be, with situations what they are at present," he reminded her. He never found it very hard to keep Mrs. Banwood in her place.

Not Crowded Out

Elise was almost ready to leave before she apparently realized Lucy. She turned the velvet of her eyes on the girl, and spoke with gentle enthusiasm.

"My dear—we've all forgotten you—" she said. "But I'm sure you'll understand. We three had so much time to make up—"

"I haven't forgotten Lucy," said Valerie suddenly. It was the first time she had spoken since Elise came in. She got up now and tucked her slim young body into the vacant space in Lucy's big chair.

"Oh, but darling—" cried Elise maternally, "aren't you crowding Miss Treadle terribly?"

Lucy smiled with equal amiability on Elise and Valerie. "She isn't crowding me at all, thanks. The name is Treadway," she said.

"I'm so wretched at names," said Elise plaintively. "I shall probably call you all sorts of queer things. It may take me months to get you straight. I expect you'll be tired of us long before that, and have flown away."

Valerie clasped Lucy's hand in sudden panic. "Lucy's going to stay forever!" she cried.

"Oh," said Elise.

Mark looked across at Lucy, sitting with Valerie beside her. There was a suggestion of tenseness in the way they both looked back at him. As if in some mysterious way they sought him for protection. He felt a sudden rush of tenderness for them, sitting so young and so defenseless under his roof.

"Our contact with Miss Treadway came through old friends of her father's," he explained. "Judge Brown, of Allington, and others—" He suggested somehow that she could take the information or leave.

DOUBLE-ACTING

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• Calumet is one of the world's largest-selling baking powders *because it gives such fine results,* due to its double action.

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DOUBLE-ACTING

Pork Order For Britain

Canada to Send 600 Million Pounds Within One Year

Canada has agreed to provide Britain with 600,000,000 pounds of bacon under a new contract just signed.

The new contract, at a higher price than has been paid since the start of the war, goes into effect as soon as the last of the 425,000,000-pound order placed last November is shipped. This will probably be early in October.

The unprecedented size of the order, an increase of about 42 per cent, will necessitate an increase in hog breeding in Canada in excess of anything yet attempted. The first British bacon order was for 330,000,000 pounds, and there were doubts whether it could be filled. Last fall this was jumped to 425,000,000 pounds, and early in the summer this was further increased by the request that the contract be filled six weeks ahead of schedule. It was this unexpected request that forced reduction in domestic pork consumption.

Whether the new 600,000,000-pound order can be filled without continuing seasonal reductions in domestic consumption is still a question. There will be no shortage in the fall or winter months, but next summer the same call to lay off the bacon may have to be issued.

There is one reassuring factor in the feed situation and that is the stocks of wheat cramming Canadian elevators. More hogs will be raised on wheat this year than ever before.

Service At Sea

On one side of the broad quarter-deck of H.M.S. Prince of Wales stood rigid ranks of sea-hardened boys from the United States. On the other side were sea-hardened boys from Great Britain. Between their ranks sat President Roosevelt and Prime Minister Churchill.

The commander read a Church of England service and intoned a special prayer. As he closed his prayerbook a hundred throats swelled in a refrain sung by seafaring men from Brisbane to Bangor since any one of them could remember.

Oh hear us when we cry to Thee
For those in peril on the sea.

"Bless me!" a British naval officer whispered to his American companion. "Yes," the other nodded, "blood really is thicker than water."

Canada Produces Anti-Aircraft Gun

Assembly of the first anti-aircraft gun to be manufactured in Canada was completed at the plant of the Otis Fenson Elevator Company on August 21.

Most of the 1,600 parts of the fast-firing Bofors gun were made in Ontario plants and by September all guns succeeding the initial unit will be entirely of Canadian manufacture .

The plant where the gun was assembled was completed in January this year.

Rabbits Useful

The U.S. Department of Agriculture is using long-eared jack-rabbits in Nevada as "grass testers." The rabbits are turned loose and those areas of grass where they prefer to feed are selected as the best grazing grounds for cattle and for further development for that purpose.

Build Destroyers With Britain's Aid

Navy Minister Angus Macdonald of Canada is seeking the release of a number of British technicians to aid the Canadian destroyer building program.

The visiting Canadian Minister told a press conference in London that "we propose building destroyers in Canada, but will need some assistance from this country in the matter of skilled supervisors."

TABLE TALKS

By SADIE B. CHAMBERS

More Requests

So many requests have come in during the week for such varied recipes that I find the only way to classify them is to give them together as requests.

SALMON MOUSSE

1½ cups canned salmon (flaked)
¼ cup salad dressing (preferably boiled type)
1 tablespoon gelatine
1 tablespoon catsup

Soak gelatine over hot water for 5 minutes. Add to salad dressing. Stir well. Add the catsup. Pour into wet moulds. Serve chilled on lettuce leaves.

LEMON CHIFON PIE

¼ cup cold water
4 eggs
1 cup sugar
1 envelope gelatine
½ cup lemon juice
½ teaspoon salt
1 teaspoon grated lemon rind

Add ½ cup of sugar, lemon juice and salt to beaten egg yolks and cook over boiling water until of custard consistency. Pour cold water in a bowl and sprinkle gelatine on top of water. Add to hot custard and stir until dissolved. Add grated lemon rind. Cool. When mixture begins to thicken, fold in stiffly beaten egg whites to which the other half of sugar has been added. Fill baked pie shell and chill. Before serving, top with whipped cream.

APPLE MINT JELLY

½ cup cider vinegar
1 cup apple juice
3¼ cups sugar (green coloring if desired)
½ cup pectin
½ to 1½ teapoons spearmint extract

Measure the vinegar, apple juice and sugar into a large saucepan. Mix and bring to the boil quickly. While mixture is coming to the boil, add the desired amount of coloring. As soon as the mixture boils, add commercial pectin, stirring constantly. Bring to a full rolling boil and boil hard ½ minute. Remove from the fire and skim. Add flavoring extract to taste and pour quickly into hot sterile jars. Cover with a layer of hot paraffin and cool. When jelly is set and cool, more parrafin may be poured over the top and then covered with paper.

WHOLE GREEN TOMATOES (Pickled)

2¾ quarts small tomatoes

Peel very thinly, then boil in salt water until tender but not broken. Drain well and put 3 or 4 whole cloves in each tomato and let stand overnight. In the morning, pour off the liquid. Make a syrup of 1 pint vinegar, 2 lbs. of brown sugar and a few sticks of whole cinnamon. Boil and pour over the tomatoes. Let stand 3 days. Drain off syrup and boil it; then pour over tomatoes and seal.

PEACH FRITTERS

3 peaches
1 cup flour
1½ teaspoons baking powder
¼ teaspoon salt
1 tablespoon sugar
½ cup milk
1 egg
1 tablespoon melted butter

Mix and sift dry ingredients. Beat egg, milk and melted butter. Add slowly to dry ingredients. Peel and slice peaches. Add to batter. Drop batter by spoonsful in deep fat at 365F. When brown and cooked, drain and sprinkle with powdered sugar.

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto." Send stamped, self-addressed envelope if you wish a reply

Sleeve Over Sleeve New Fall Fashion

The sleeve over a sleeve is a fashion that has been tried out from time to time in a single model here and there. This season, however, a leading designer uses it quite a few times in most effective fashion.

In one instance she poses a short sleeved shirt frock over a ong sleeved striped bouse with the collar worn outside—an idea that should appeal to stylists who might advocate that blouses be worn in this fashion under contrasting shirt frocks. In another case she sees a short sleeved basque bodice over a long sleeved bishop blouse in contrast and for a third favors the pinafore dress with low neckline and three-quarter length loose sleeve over a contrast long sleeve blouse. The latter two are in a group of peasant styles for lounging or after-skiwear.

Against Great Odds

Air Commodore R. V. Goddar, B.B.C. commentator, said in a broadcast recently: "When our airmen withdrew from Crete we had only seven airplanes still able to fly—four Gladiators and three Hurricanes." He added: "These seven were facing thousands of Nazi aircraft."

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Development Not Curtailed

There was gratification when the British Government announced that the war would not halt its development and welfare plans in the West Indies. The policy of developing colonial resources in spite of pre-occupation with the war is now being extended to the rest of the Empire. This decision announced recently by Lord Moyne, the secretary of state for the colonies, shows the Mother Country's confidence in her own ability to withstand and defeat the enemy. Britain is being helped, of course, by those same colonies, which are prepared to make yet greater sacrifices than they already have made in a great cause. But the Mother Country is insistent that their education and health services shall not stand still, and that the development of their economic resources shall continue vigorously.

LONG-WAISTED PANELLED DRESS

By Anne Adams

You'll discover real dressmaking fun and satisfaction — when you stitch up Pattern 4862 by Anne Adams. A front-buttoned style designed for the thirty-four-to-forty-eight size range, it magically slenderizes your figure with long, vertical lines. And by making it yourself, you'll be able to include all those little niceties of detail and fit that spell smartness. The smartly cut, gathered side bodice sections give long-waisted lines, with the front seams forming low points and the back seams slanting. Add gently curved revers—or leave the neck a simple V-shape. And choose between short, three-quarter and long sleeves. For striking color, the sleeves, side front and bask bodice sections may be in gay contrast!

Pattern 4862 is available in women's sizes 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 takes 4¼ yards 35 inch fabric.

Send twenty cents (20c) in coins (stamps cannot be accepted) for this Anne Adams pattern to Room 421, 73 Adelaide St. West, Toronto. Write plainly size, name, address and style number.

Halifax Meets Surprise Test

Unscheduled Airplanes Over Halifax PProve Halifax Defenses Ready

Alert defenders of this fortress city have had an unscheduled test of their efficiency in meeting attack from the air, it was revealed recently, and have been found ready for the task.

In the early morning darkness recently, two unidentified planes appeared over the city at a time when no Canadian aircraft should have been in the air there. They could have been enemy machines, and the defence mechanism sprang into instant action as though they were.

Searchlights stabbed through the skies; anti-aircraft gunners went to action stations at their weapons, and rockets were fired. Some vital establishments were blacked out.

But the two planes were identified quickly as Canadian. Later, it transpired they were off their course and arrived over the city without the authorities having been notified.

Hundreds of mystified Haligonians speculated all day over the cause of the alarm. The loud booming of the rockets—fired for a purpose which cannot be disclosed — resembled gunfire, and many believed some of the guns in the area may have been taking a pot shot at an enemy.

It was the most realistic display of the city's defences since the start of the war. Halifax has had many practice blackouts, and the spectacle of searchlights chasing planes through the night skies over the city is a common one. But these are all prearranged.

This recent incident was nearer the real thing. For all the men at the searchlights and guns knew, the visitors were enemy fliers. Had that been the case, they would have received a swift and warm reception. As it was, though the guns were ready, no shots were actually fired.

A Hun Drama In Four Acts

Act I: Nazis to Poland: Help us against Czecho-Slovakia and you will get Teschen. (Poland agrees, gets Teschen and shortly thereafter is itself dismembered.)

Act II: Nazis to Russia: Help us against Poland and you will get a large slice of it with much more additional territory. (Russia agrees, gets eastern Poland, Estonia, Latvia, Lithuania, part of Finland and Bessarabia, all of which has now been taken away from it.. Now it is desperately fighting against Nazi slavery.)

Act III: Nazis to Italy: Help us against France and you will receive a great reward. (Italy is now a vassal of Germany.)

Act IV: Nazis to Japan: Help us against Russia and you will get—

Japan: We know—that's just what is worrying us.

Two Good Things to do!

Roll Your Own with DAILY MAIL

ISSUE 37—'41

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