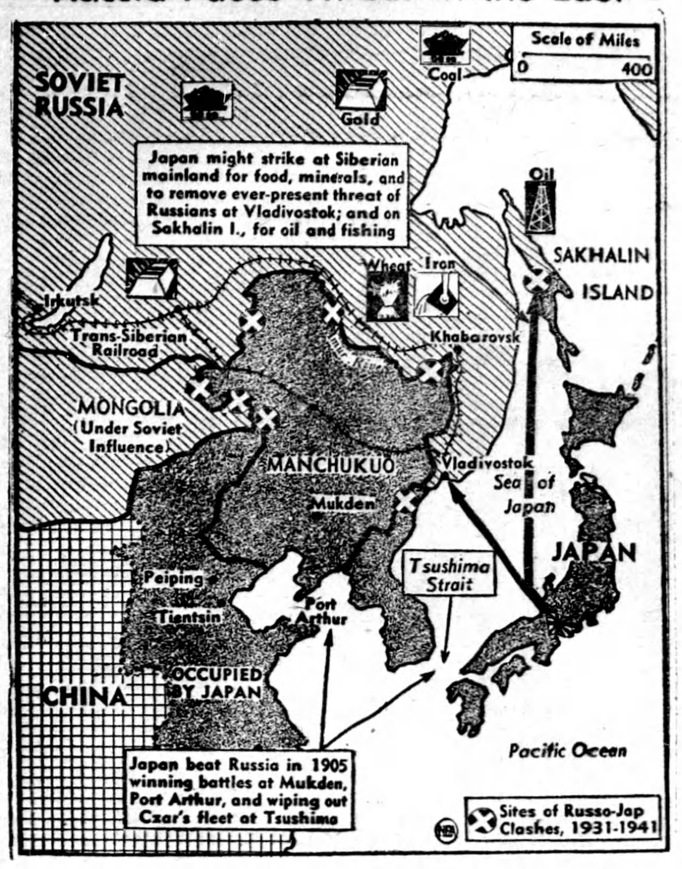
Russia Faces Threat in the East



Japan, longtime enemy of Russia but currently bound to the Soviet in a friendship pact, may seize the present opportunity to strike at her near neighbor in the Far East while Germany is attacking in the west. Map shows scenes of Russo-Jap border clashes during past 10 years, and possible Japanese attack routes.

How Can I?

BY ANNE ASHLEY

Q. How can I treat an ingrowing nail?

A. Applications of alum will usually cure a case of ingrowing nail in about five days. The application is not painful in the least and is usually effective. Apply a fomentation of soap and water for 24 hours beforehand, and then pour the alum into the space between the nail and its bed, tamponing with cotton to keep the alum in place, and repeating the application daily.

Q. How can I make use of pea pods?

A. After shelling the peas, wash the pods thoroughly and cook them with an onion and some parsley. Then drain, mix with milk, thicken with a little flour, and season with salt, pepper, and a tablespoon of butter. This makes a delicious soup.

Q. How can I remove brown stains from the steel fittings of my stove?

A. Rub with a rag dipped in vinegar. Then polish in the usual manner.

Q. How can I save time when cleaning the furniture?

A. Try using a soft paper napkin with a bit of polish on it to give a high luster to the furniture, the next time you are dusting. This saves quite a bit of time and gives pleasing results.

Q. How can I remove fly specks from brass chandeliers, picture frames and ornaments?

A. Wet a soft cloth with alcohol and carefully wipe the surface. Then dry with a chamois.

What Science Is Doing

NEW THEORY OF RAIN

By literally straining clouds above 6,000-foot Mt. Washington in New Hampshire, scientists have discovered that they contain sulphuric acid and that this corrosive element probably plays a part in the mysterious process of forming raindrops.

—o—

STATURE AND BLOOD PRESSURE

A relationship between physical build and high blood pressure has been determined by Dr. S. C. Robinson, of Chicago, who presents in the "Journal of Laboratory and Clinical Medicine" the result of studies of 5,000 men and women. He found that it generally is the person who deviates from medium build who develops difficulties due to either high or low blood pressure. The tall person and the broad person are much more likely to have high blood pressure than the medium individuals.

—o—

INSECTS' LIGHT PREFERENCES

Bright and blue lights are preferred to dim and red lights by night-flying insects, including mosquitoes, according to experiments by L. C. Porter, lighting expert of the General Electric Company at Schenectady, N. Y. Observations were made on lamps of various kinds strung in the open. In the latter part of the summer insect traps were set up with each lamp and a count kept of the number of insects caught.

NEW TREATMENT FOR DEAFNESS

A treatment for deafness, using ing the spine as a spigot to withdraw excess pressure from the ears, was recently reported to the American Association for the Advancement of Science.

A small quantity of spinal fluid is withdrawn by tapping the spine near its base. The result has been marked improvement in hearing in more than 40 per cent of the cases of progressive deafness in which it was tried.

—o—

WOOD INTO SUGAR

By forcing treated wood to "inhale and exhale" gas pumped into it under pressure a yield of 50 to 60 per cent sugar has been obtained, according to a report of Rudolph L. Hasche of Kingsport, Tenn., to the U. S. National Chemurgic Council.

Competition For British Dancers

Will Be Special Feature of Music Day at 1941 C.N.E., Toronto

Capt. J. S. Atkinson, musical director of the C.N.E., announced last week than an interesting feature to be presented at Canadian National Exhibition this year will be a British National Dance competition. This will take place on Music Day (August 28), and will include three age classes for both sexes. These are for children nine to twelve years of age; those twelve years old to under 16; and a third group embracing those 16 years of age and over. Entries close on August 10.

The first two classes will feature four events: Highland Fling, six steps; Sword Dance, four slow steps and one quick step; Irish jig and Sailor's Hornpipe. The older class will compete in three events: the Sailor's Hornpipe, Irish Jig and a foursome (strathspey and reels).

A cup, it is announced, will be awarded to the first prize-winner in each class, with silver and bronze medals going to the second and third prize-winners respectively. Further information may be obtained by communicating with Exhibition headquarters, Lumsden Building, Toronto

Untreated Olives Aren't Palatable

The fresh untreated fruit of the olive tree, whether ripe or green, is too bitter to be palatable to most persons. To remove the bitterness, olives are soaked in a lye solution, washed, and then put in brine. The people of Greece, however, are said to relish fresh untreated olives that have been dried.

In the Far North in Greenland the growing season for plants lasts barely two months in the year.

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· HAVE · YOU HEARD?

"When a prisoner alters a statement he has previously made, it does not necessarily mean he is untruthful," the judge pointed out to his court.

"For instance," he said, "when I entered the bus this morning I could have sworn I had my watch with me but later I remembered that I had left it on my dressing table under an envelope."

When he returned home his wife asked him the reason for his anxiety about his watch, in sending five men for it.

"I didn't send any men for my watch," he said in some surprise.

"Well, dear, I gave it to the first man who called as he knew just where it was," said his wife.

The Irishman was relating his adventures in the jungle.

"Ammunition, food and whisky had run out," he said, "and we were parched with thirst."

"But wasn't there any water?"

"Sure, but it was no time to be thinking of cleanliness."

WAR CORRESPONDENT AT BASEBALL GAME

Authorities revealed today that the Cinnburgh Cubs and the Deyork Dodgers engaged in a critical baseball combat on June—, at an unnamed park somewhere on the outskirts of the city.

According to usually reliable sources, "Red" Wilson and Jim Smith were the starting pitchers. High Official circles in Deyork announced that the Dodgers were victorious by a score of 5 to 4. However, a dispatch from Cinnburgh claimed the Cubs to be the winners, 6 to 3. Deyork news agencies reported that the feature of the game was a home run with bases loaded by their slugging first baseman, "Hank" Ottwick. This devastating blow, coming in the ninth inning with the score tied at 1-1, was alleged to have turned the tide of battle in the Dodgers' favor. Cinnburgh correspondents flatly denied this report, claiming that Ottwick's high fly was caught near the flagpole in centerfield by the sensational rookie Ted McTroskey.

An umpire, whose identity remains unrevealed, issued what some observers believe to be an authentic report, but his statements were censored so closely as to be of little value. Informed circles believe, however, that the Cubs may have strengthened their position in the league standings by this recent offensive.

Mothers who scold little boys for carrying crazy things in their pockets should look in their handbags.—Kitchener Record.

A young private, walking through the park with his girl, met his sergeant.

"This is my sister," he explained, bashfully.

"That's all right," the sergeant replied, kindly. "She used to be mine."

Making the Most Of Your Celery

What about new ways of varying the use of celery—especially if you just think of it as something to liven up the dry cheese you are eating right to the rind. You eat raw salads with both hot and cold dishes probably (yes, don't forget they're good with roasts and grills as well). Use the heart chopped up on a bed of watercress and grate beetroot and carrot in a ring round it—color's important in food you know! Dice the larger sticks and cook closely covered in salted water, till tender. Use the liquor for a thick white sauce. The unusable outside pieces can be scrubbed and put in the stock-pot or soup saucepan.

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Slow Burning
CIGARETTE PAPERS
NONE FINER MADE

WOMEN WANTED

36 to 52 years old. Women who are restless, moody, NERVOUS—who fear hot flashes, dizzy spells—to take Lydia E. Pinkham's Vegetable Compound. Pinkham's is famous for helping women during these "trying times" due to functional irregularities. Get a bottle today from your druggist! WORTH TRYING!

Proper Foods Study Proposed For Public

Formulation of a Dominion-wide plan to educate the public on proper foods was urged by Dr. Frederick Tisdall of Toronto, chairman of the committee on nutrition of the Canadian Medical Association, at the opening of a recent meeting of the Canadian Council of Nutrition in Ottawa.

Representatives of various Government departments, research workers from universities, household science experts and medical men attended the meeting, with Dr. R. E. Wodehouse, Deputy Minister of Pensions and National Health, in the chair.

The object of the meeting was to settle on a means of applying the lessons drawn from research in the nutrition field towards the promotion of national health and fitness.

Modern Etiquette

BY ROBERTA LEE

1. What are some things a girl should not do when applying for a position?

2. Should one ever advise or ridicule other players in any game of sports?

3. How far in advance should vacation reservations be made?

4. When two or more women enter a street-car who should pay the carfare?

5. Isn't it rude for a person to shove when attempting to pass through a crowd?

6. To whom should complaints be made by a person who is staying in a hotel?

Answers

1. Smoke a cigaret, chew gum, or powder her nose are three things she should not do if she really wants the position. 2. Advice on how to play a game should never be given to players unless they have asked your help. Teaching should be left to professionals. Ridiculing any player is one of the meanest forms of insult. 3. Several weeks in advance if possible. When delayed too long, one is often disappointed. 4. Too much fuss is made about this trivial matter. Usually the one who has the exact change ready, or the one who encounters the conductor first, pays the fare. 5. Yes. The courteous way is to say, "May I pass, please?" 6. They should be made directly to the management or the desk clerk. Make the complaints in a pleasant manner, never in a disagreeable or quarrelsome fashion.

CUT EACH SMOKE FRESH FROM THE PLUG AND SAVE MONEY WITH DIXIE.

DIXIE
PLUG SMOKING TOBACCO

"School at Work" Coming to C.N.E.

Schools of Province Are Planning to Put on Special Displays at 1941 Exhibition

C.N.E. headquarters report that an exhibit of particular interest which is scheduled for presentation at the 1941 Canadian National Exhibition from August 22 to September 6, will be that of the Ontario Educational Association. This, it is announced, will be located in the Music Building and will present the theme, "The School at Work."

Here, it is stated, girl students in the Home Economics section will prepare and serve meals, and do a day's mending on clothing for the men of the Active Service units stationed at Exhibition Park. Members of the school agricultural section will give a demonstration of their work as it is carried on in Simcoe, Ont. The Commercial schools of the province will have an exhibit, and the bench-working classes of the various Technical schools will also be represented.

In Music Building

All scheduled school competitions, it is announced, will take place in the Music Building, including the school baking contest and the dressmaking competition. Also, on Children's Day, August 25, Canadian children will participate in dressing dolls for the nursery shelters of British bombed cities.

The Ostrich Egg

The ostrich lays an egg weighing in the neighborhood of three pounds. Consequently, one ostrich egg would equal two or three dozen ordinary hen's eggs. Ostrich eggs have very strong shells, from which the African natives make bowls and cups.

Start Excavating Historic Ground

S. J. Latta, Saskatchewan provincial librarian, is going from Regina to superintend excavation of ground where a lead tablet dated [illegible] the name of Pierre de la Verendrye, early western explorer, was dug up recently.

Latta came on instructions of Education Minister J. W. Estey after E. Robinson found the tablet while digging in his garden. The six-ounce tablet, three and one-quarter inches by one and one-half inches, is a miniature replica of one found at Pierre, S.D., in March, 1913, and which historians hold was proof of the journals left by the French-Canadian expore and his four sons.

Rail Honeymoons Set New Record

Honeymoon couples starting their travels from four local stations of the Canadian National Railways were of record number during June, according to ticket examiners, station masters and other officials who contact Mister and Missus. Saturday is the most popular day, as many as twenty couples boarding week-end trains, with five as a minimum on other week-days. Montreal is noted for the gaiety of wedding parties, usually friends crowding to the station to provide a cheerful sendoff and in numerous instances musicians accompany the wedding guests. An aftermath is the rush of workers to sweep up confetti and rice. The latter is stored and set aside for birds nesting at station buildings.

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EARN WHILE YOU LEARN HAIRdressing. Complete details in new 1941 booklet, now on request. Robertson's Hairdressing Academy, 137 Avenue Road, Toronto.

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HAVE YOU GOITRE? "ABSORBO" reduces and removes. Price $5.00 per bottle. J. A. Johnston Co., 171 King E., Toronto.

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FOUR POUNDS BURLEY AND VIRginia Leaf for pipe $1.35. Five pounds Fragrant Virginia Leaf Cigarette Tobacco $2.50 postpaid. Natural Leaf Tobacco Co., Leamington, Ontario.

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