The Perfect Thirst Quencher

"SALADA" ICED TEA

Lost Kingdom . .

by OREN ARNOLD

CAST OF CHARACTERS

ROBERT BARRY — hero, explorer.

MELISSA LANE — heroine, Barry's partner.

HONEY BEE GIRL—Indian; member of Barry's party.

HADES JONES — pioneer; member of Barry's party.

* * *

Last week: Having satisfied the curiosity of the strange people, Bob and Melissa obtain a guide and begin their return journey back through the cavern.

CHAPTER XXII

Since they had slipped away in the dawn that morning, Mary Melissa and Bob had been gone six days. They weren't sure of that until later, but Bob estimated that they had been gone anywhere from four to eight days; he just couldn't say exactly how long they had first been in the cave, so harrowing were those dark hours.

It is almost miraculous that Hades Jones didn't find them in all that time. Left to his own inclinations he no doubt would have climbed to Defiance Castle, found the inner cave entrance and started in search. But Hades was past 70 years of age. Climbing 600 feet of assorted ladders and precarious toe holds was not exactly easy, and he realized it. Not that he couldn't do it—oh no! But it would be best to have a good reason.

He didn't worry much until the third day, in fact. He had the rather vague note that Bob had left. Honey Bee assured him that Bob and 'Lissa had departed in the direction opposite the cliff. The main worry for Hades was the fact that the absent ones had not taken their horses. Where could they be going on foot, for so long? There wasn't anywhere to go, that he could figure. Furthermore, why couldn't he find their trail?

Two days had passed before he thought to look for tracks, and wind had blown considerably in the meantime. Hades once was an expert trailer, but blowing dry sand soon erases tracks and a trailer is forced to detect such difficult signs as broken grass, shoe marks on rocks, bent wigs in brush. This is very hard to do in desert regions. Hades circled the camp a half mile or so out, but he could pick up no likely signs. He came back and questioned Honey Bee.

SHE'D BEEN UP

"You say they never said where they was going to?"

"Bawb say they go away, us to wait," Honey Bee insisted.

"But where to, damn it?"

She shook her head. "I wish I could say," the Indian girl declared, truthfully.

"Waal, we better climb up there'n look. They mighta' got hurt or something." Hades leaned back to stare at the high cliff castle.

Scott Holliman had squatted, cowboy fashion, within hearing of this conversation, and now he took part for the first time.

"Aain't you already been up there, cookie? Didn't I see you upon them ladders last night?" Holliman addressed Honey Bee.

The girl nodded. She had indeed gone up. Most of the way, but not quite all. She had been mooning about the matter, meditating over the absence of the man she loved. The thought of his taking her rival angered her in the first place, and his prolonged absence with 'Lissa was beginning to drive Honey Bee into brooding jealousy. But Bob had commanded her to silence about the new cave. He was her man, she must obey. She had thought of all these things as she climbed. She had faith in his ability t She had faith in his ability to take care of himself—what harm could befall a grown man and woman, adequately equipped with water, food, a lantern, spare candles, everything? She had no belief in "ghosts" and such yarns. And she had an Indian's patience; she could wait.

"Waal, ef you already been up there to look, that settles that," Hades ruled. "They've slipped off some'ers." He shook his old head, confused at the strange turn of events.

* * *

THE SIXTH DAY

Holliman went on with the work he was hired to do, building first permanent pole frames for the tents, making tables, chairs, a fireplace, then assisting Hades Jones to build a corral. He was a plodder type unless something stimulated him into extraneous action.

He did talk once to Honey Bee Girl about his deal with her concerning Mary Melissa. But Honey Bee was not inclined to discuss it. She was surly. Things had gotten out of hand. All three of them were, in fact, getting anxious, increasingly touchy, as days passed.

And Holliman may have noted that Hades was absent part of the time, but they didn't bother. The old man, as a matter of fact, was "cutting trail." He rode and he walked, inspecting every ravine, every coyote track, every possible place for signs of the missing ones. It bothered him that he could pick up no track.

On the fifth day of Bob's and 'Lissa's absence, Holliman left the camp himself, permanently. Tempers all were strained by that time, and the showdown incident to Holliman's departure served to relieve Hades some. He had "blowed off steam" as he would have put it. Scott Holliman, lucky to be alive, must have had a long and tiresome walk back to civilization, but 40-odd miles wouldn't kill him.

Soon after on the sixth day, Hades was still at the corral doctoring a mule that had been injured, when he chanced to glance up the face of the cliff.

"Waal. I'll be fried and buttered!" he exclaimed, mumbling to himself. Thar goes that squaw up thar!"

* * *

It was true. Honey Bee was climbing the ladders. She had thought Hades gone for the morning, as usual, perhaps miles from camp and entirely out of range as to vision. She had brooded all night.

Mental pictures of Bob and Mary Melissa had bedeviled the Indian for days. She couldn't stand it, she told herself. So she determined at breakfast to climb the ladders, take a lantern of her own and go into the new cave. The time had come when she could no longer obey her loved one's command to wait. She must see if he were in danger.

When she had reached the top ladder, Honey Bee had worked up an intense hatred anew for Mary Melissa.

"He would not have been lost, but for her," Honey Bee told herself.

She lighted the lantern, after a quick inspection of the castle rooms. It burned evenly, brightly. She entered the darkness, quickly saw the chalked arrows Bob had made, marking his and 'Lissa's trail. She saw the shriveled human body in its niche, too, paused a moment to study it. Death! "Death would take the white girl out of the way," Honey Bee was thinking.

On the Indian's countenance, as she stood there, came a strange, somehow savage expression.

(To Be Continued)

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ISSUE 33—'40

Newest Furniture More Conservative

Fall And Winter Styles Follow Less Radical Trend—More Leather Being Used

New home furnishings, fresh from the designers' blueprints, were brought to Chicago "by carloads" and exhibited in fashionable room settings both in the American Mart and in the Merchandise Mart there late in July when the annual summer market introduced the new lines which will eventually find their way into the homes of this continent this fall and winter.

Trends in furniture styles and changes in the designs appear more subtle indicating that manufacturers are aware of the unsettled conditions in the world and are not risking to much in trying anything much different.

CONVERTIBLE TABLES SHOWN

The increased use of leather in chairs and sofas, desks and tables was quite noticeable. Very attractive uses of leather were seen Sofas, for instance, done in combination leather and velvet. O lucious cherry colored sofa had pillows with one side leather and the other of matching vefvet. Beautiful pastel shades of leather are used on dinning chairs. The small dinning table is definitely rising in family favor, according to manufacturers who are trying to suit their designs to satisfy the homemakers. Probably the most popular of all are tables which look like a living room piece in the day time but can be converted into a convenient eating place in the evening.

TWO VERSIONS OF CHEERY APRON

PATTERN 4503

By ANNE ADAMS

Keeping house can be fun as well as work—with colorful clothes to lighten your tasks. Pattern 4503 is an Anne Adams apron that's becoming as it is practical. You'll like the upward curve of the pointed front waist-seam. The all-in-one back bodice does away with the nuisance of slipping straps. Choose between two gay versions: one with a separate plastron which may contrast; the other with the bodice and straps made in one piece.

Pattern 4503 is available in small (32-34), medium (36-38) and large (40-42) sizes. Small size, apron B, takes 1⅞ yards 35 inch fabric and 1 yard ruffling; apron A, 2 yards 35 inch fabric and 3½ yards ric-rac.

Send Twenty Cents (20c) in coins (stamps cannot be accepted) for this Anne Adams pattern. Write plainly Size, Name, Address and Style Number.

Send your order to Anne Adams, Room 425, 73 West Adelaide St., Toronto.

TABLE TALKS

By SADIE B. CHAMBERS

Some New Desserts

For a few weeks we will leave the war time menus and take on what might seem a very frivolous mood. But upon close analysis these recipes will be found very economical.

COFFEE CREAM PIE

1 package orange jelly powder
1½ cups hot coffee
4 eggs
½ cup cream
¾ cup sugar
½ teaspoon salt
1 tablespoon lemon juice

Dissslve the jelly powder in the hot coffee. Beat the egg yolks slightly. Add ½ cup sugar, salt and ½ cup cream. (Cook in double boiler until a rich thick custard consistency. Combine with jelly mixture and cool. When mixture begins to thicken, beat with rotary egg beater and fold in stiffly beaten whites to which ¼ cup sugar has been added. Fill baked pie shell with mixture and chill. Garnish with whipped cream sprinkled with chopped pecans.

Some requested my pineapple cake so here it is:

SUMMER SPICE CAKE

2 cups cake flour
1 cup sugar
3 teaspoons baking powder
½ teaspoon salt
1 teaspoon cinnamon
¼ teaspoon cloves
½ teaspoon nutmeg
Two-thirds cup strong cold coffee
¼ cup soft butter
1 egg
1 teaspoon vanilla

Sift dry ingredients into bowl. Make hollow in centre and pour in all remaining ingredients, except vanilla. Beat all together 2 minutes. Bake in layer pans in a moderately hot oven 25 minutes. Ice with brown sugar icing.

Brown Sugar Icing

2½ cups brown sugar
½ cup strong coffee
2 egg whites
¼ teaspoon salt
½ teaspoon almond flavoring
1 teaspoon vanilla

Put sugar and coffee in saucepan. Stir until sugar dissolves, then boil without stirring to soft-ball stage. Whip egg whites to which salt has been added. Pour syrup over egg whites in bowl in a thin stream, beating constantly. Add flavorings. Place bowl over boiling water and whip until icing will hold a point. Spread. Enough for two layers.

PINEAPPLE DREAM CAKE

Butter an inch pan (diameter). In it melt 1 cup brown sugar and 2½ tablespoons butter. On the sugar after melting lay as many slices of canned pineapple as pan will hold. Sprinkle with nutmeg. Then cover with this batter:

½ cup butter
Two-thirds cup sugar
3 well beaten eggs
3 teaspoons baking powder
2¼ cups cake flour
Two-thirds cup milk
½ teaspoon salt
½ teaspoon flavoring

Mix as any light cake. Bake moderate oven for 45 minutes. Turn at once on a round plate. Serve with whipped cream or custard sauce.

READERS WRITE IN!

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chamers, 73 West Adelaide Street, Toronto." Send stamped, self-addressed envelope if you wish a reply.

Mint Jelly Now For the Winter

Now that mint is plentiful it is a good plan to make a supply of mint jelly for winter use. Make up a lemon jelly in the usual way, using hot vinegar instead of water. When cool stir in about a handful of finely chopped mint, and stir occasionally until nearly set. A little sugar can, be added to the mint when chopped, if desired. Stored in a cool place, the jelly will keep well and is delicious.

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For Figure's Sake Imitate The Cat

Graceful Feline Movements Well Worth Studying

"For a queenly, yet supple, gracefully youthful carriage, study the movements of your pet cat," says a figure expert.

She did. And here are directions for exercises created as a result of her study.

Lie on your side on the floor with knees drawn up, arms folded in the most comfortable position, back arched. Stiffen neck muscles, then relax them completely. Now stiffen muscles of the arm for a second or two. Relax them completely. Do the same with the back, with the legs, with the ankles, with the feet.

RELAX LIKE PUSSY

When you have finished, every muscle of the body should be relaxed as — well, well — as a cat's. Hold the position for several minutes, not moving, not thinking — just semi-dozing.

Study the movements of the cat as she enters a room, then do likewise. Don't hurry in breathlessly. Pause a moment in the doorway, take a deep breath, look around the room before entering it. This very important pause gives you just time enough to regain your poise, make a ladylike entrance.

EMULATE THE PEACOCK

When you have learned all the cat can teach about stretching, relaxing and timing, go to the zoo and study the peacock. The regal carriage of this handsome bird can be emulated with exercises such as the following:

Stretch arms upward. Walk on tips of toes, keeping back straight.

With arms stretched over head and back straight, bend knees very slowly until you are sitting on your heels. Now rise up on toes, stretch arms wide apart as you lower them to hips. Repeat 10 times.

Add Color To Your Life

Your Home is Your Castle So Make It Cheery With Colors of the Rainbow

A tonic for a house that's dull and uninteresting, is a flash of bright color. And an inexpensive one, for, of course, color is the cheapest ingredient.

One decorator feels that every room should have a touch of red somewhere in it—just as every lady should have her lipstick. Turquoise pottery also has a way of perking a room up effectively. Copper trays and jugs can make a mighty big splash for small expense; so can brass and pewter.

A TIP TO THE AMATEUR

Actually most home-makers are scared to death of bright colors, but here is a tip on how to get away with bright colors in decorations. The amateur is safer to try just one really scintillating color in a room—such as brilliant cerise in a room that's otherwise mostly in shades of greys. Or emerald green to counter-balance the deadening effect of the all-taupe room, or with gradations of beige to brown. Lapis Lazuli blue is lovely with dusty pinks and rose-beiges.

INEXPERIENCE CHANGES

If you can't afford to work out these ideas in any really momentous changes, you can create quite a change of scene by making fresh lamp shades and cushions, adding new curtains even if they're made of inexpensive materials framing a few bright prints, buying some new pieces of pottery.

Babies Have Fun In Unique Way

When a doctor asked through the American Medical Association's journal, for advice on how to stop a baby from getting on his hands and knees and rocking in his cradle "with such force that the bed made a great deal of noise," he was told, in effect, to skip it. This baby also had a habit of bumping his head on the head board, without injuring himself, until he fell asleep.

"There seems to be no good reason why an effort should be made to break the habit of bed rocking or head banging," the Journal advised. "Just why these habits develop is not known. Ignoring them usually causes their disappearancees."

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GET SOME TODAY

More Colors Seen In New Fashions

Bloused Backs and Slim Skirts Emphasize Youthful Look

With increased emphasis on youthful detail and silhouette, women's dresses stress the importance of the one-piece type as well as jacket and bolero suits and redingote costumes in crepe and wool White, black dresses outnumber colors in crepe, satin, tissue faille and velvet colors lead in wool dresses as well as in crepe costumes; and in crepes, great variety is shown in the blue and green families, in red especially the rich dark reds like raisin, in the grays with the accent on the taupe shades, and some browns and cocoas.

High necklines, draped and shirred detail at shoulder and waist subtly bloused backs and the long fitted sleeve or the shirred bracelet sleeve work wonders for more.

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