Try LIPTON'S INDIVIDUAL TEA BAGS

Convenient—economical—easy to dispose of—made of absolutely tasteless filter paper—each bag makes two cups of Lipton's Yellow Label Tea—Lipton's Finest—an Empire Tea 'fit for a king'. Packed in cartons of 20 and 100.

LIPTON'S FULL-FLAVOURED (SMALL LEAF) TEA

RED LABEL ORANGE LABEL YELLOW LABEL


## Modern Etiquette

BY ROBERTA LEE

**1. Is a dignified person ever angry?**

**2. When one is eating in a crowded restaurant and a stranger wants to sit in a vacant chair at your table, and asks "Do you mind," what should one reply?**

**3. Who should be the last person seated at a church wedding, before the bridal procession starts down the aisle?**

**4. Isn't it poor manners for two persons to lean across a person who is sitting between them, to carry on a conversation?**

5. What does a la mode mean?

6. Should a guest at an affair make introductions among the other guests?

Answers

1. Yes but when he becomes angry, he surely loses all dignity. It has been truthfully said, "A fit of anger is as fatal to dignity as a dose of arsenic to life." 2. "Not at all." 3. The mother of the bride. 4. Yes. If they persist, the third person may offer to change seats with one of them. 5. According to the fashion. When we speak of "pie a la mode," it means served with a mound of ice cream, because that is the fashion. 6. It is better to leave this duty to the hostess, unless the latter has asked one to do so.

### These Three Kings Made Peace Efforts In Vain

The desperate efforts of this trio of monarchs to keep Scandinavia from becoming involved in the war between Germany and the Allies failed as Germany invaded Denmark and launched a lightning attack on Norway. The monarchs of the ill-fated Scandinavian countries are pictured LEFT to RIGHT, King Christian of Denmark, King Haakon, of Norway and King Gustaf, of Sweden.

## - HAVE - YOU HEARD?

**A placid old lady, who took life philosophically, sat knitting in the drawing-room. To her came rushing her ten-year-old granddaughter.**

**"Oh, granny," cried the girl, "father's just fallen off the roof!"**

**"I know, my child," replied the old lady, without even raising her eyes, "I saw him pass the window."**

—o—

**"What is the most pathetic picture in the world?"**

**"A horse fly sitting on a radiator cap."**

—o—

**Mark Twain once talked of gratitude. He didn't much care, he said, for gratitude of the noisy, boisterous kind. "Why," he exclaimed, "when some men discharge an obligation, you can hear the report for miles around."**

—o—

**Some men smile in the evening,**
**Some men smile at dawn,**
**But the man worth while**
**Is the man who can smile**
**When his two front teeth are gone.**

—o—

**The identity of the young lady is withheld, but the memory of her answer lingers on with the science instructor of a large high school.**

**On a written quiz he had asked the class to define a bolt and a nut, and explain the difference between them. On her paper the young lady wrote:**

**"A bolt is a thing like a stick of hard metal such as iron with a square bunch at one end and a lot of scratching wound around the other end. A nut is similar to the bolt only just the opposite being a hole in a little chunk of iron sawed off short with wrinkles around the inside of the hole."**

**The startled instructor marked that "first class honors."**

—o—

**There isn't much to be seen in a little town, but what you hear makes up for it.**

## HEALTH TOPICS

FASHION AND HEALTH

Comfort rather than a fashionable figure is recommended as a guide in wearing apparel for women by Dr. D. R. Deyoe, assistant medical advisor of Cornell University.

"The women of Queen Elizabeth's time," he said, "were not squeamish; they did not faint at the slightest provocation but from the pressure of their foundation garments on the nerve centre, the solar plexis."

Dr. Deyoe said he isn't trying to scare the women, but urged them to look behind women's fashions and to consider their effect on the health. "Will a new fashion bring pressure on the waist and other parts of the body and result in shortened breathing and nervous disorders?" he asked. "Will the high heel of a cleverly styled pair of shoes shorten the leg muscles and eventually cause pain?"

UNHAPPINESS RUINS IT

Social illness, a new medical term which describes persons who are sick for no other reason than unhappiness over their environment, was recognized last week by the American College of Physicians.

Dr. Edward Weiss, of Temple University, Philadelphia, said that a third of those who see a doctor do not have any definite bodily disease to account for their illness, and another third seem to have symptoms that are partly due to emotions.

"The ill-health," he said, "arises from long-standing dissatisfaction in the business, social or home life of the individual and this failure of adjustment to environment is manifested by a disturbance in some part of the personality, either as bodily symptoms of various kinds, capable of mimicking almost any disease, or as affections of the spirit."

## How Can I?

BY ANNE ASHLEY

Q. How can I cause butter to stay fresh longer?

A. If the butter is packed in a crock containing charcoal, it will stay fresh much longer than ordinarily.

Q. How can I stiffen the brushes of the sweeper?

A. Take the brushes out of the sweeper, put a little common baking soda into some hot water and dip the brushes into it several times. Allow to dry in the sun.

Q. How can I lubricate the meat chopper and egg beater without allowing any taste of the lubricant to be imparted to the food?

A. Use glycerine as a lubricant, and this will eliminate the possibility of any taste being imparted to the food.

Q. How can I clean grease-stained overalls?

A. Rub them well with lard, then scrub with a stiff brush, using a little ammonia in warm soapsuds.

Q. How can I cause curtains to hang evenly after laundering?

A. Slip curtain rods through the lower hems and leave them there for a few days. They will straighten the curtains.

Q. How can I make use of the spiced vinegar from cans of peaches?

A. This spiced vinegar makes a delicious flavoring for minced meat. It also makes a savory sauce for cabinet pudding.

## What Science Is Doing

POWDERED IRON

Launching of a new industry of a highly promising character is forecast on the basis of methods perfected at Mellon Institute, Pitthburgh, for the preparation of electrolytic iron powder.

Designed to do in the field of metallurgy what modern plastics have accomplished for light industry, the new process is believed to make possible economical production, for example, of iron shapes not ordinarily forgeable.

PEDALLING SAVES LIVES

A new way to prevent blood clots and the fatal blocking of veins following some operations — by using bicycle pedals — is announced.

The method was reported last week as an effective aid in minimizing one of the greatest risks of surgery, the danger of post-operative complications.

It consists of elevating the foot of the patient's bed for from 24 to 48 hours after a major operation and then having the patient exercise on ordinary bicycle pedals mounted on the foot of the bed.

GLASS "STITCHES"

It soon may be possible to talk about the glass stitches in your operation.

Glass thread which can be drawn as fine as silk and spun into fibers of any thickness promises to be one of the newest developments in surgery.

It is smooth, easy to handle, easily sterilized and is absorbed slowly by the body when used to close up deep incisions, says Games Slater, the inventor.

POLLEN PILLS FOR ALLERGY

Eating pollen has now been tried as a medical remedy for hay fever and found quite effective.

One hundred and thirty hay fever victims acted as the guinea pigs at the University of Cleveland Allergy Clinic. About half of them took injection of the ragweed pollen, which is a standard method of relieving hay fever, while the other half swallowed capsules filled with the same pollen.

The results showed the swallowing method is almost as good as immunization by vaccination.


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Open Evenings

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Lydia E. Pinkham's VEGETABLE COMPOUND

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HANDY SEAL-TIGHT POUCH - 15¢

½-LB. "LOK-TOP" TIN - 60¢

also packed in Pocket Tins

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## Heavyweight Family

Eight brothers and sisters of the Jones family of Glamorganshire, Wales, together weigh nearly 15 cwt. Their combined ages total 543. There are two 270-pounders, Caradoc, aged 52, and John, aged 74.


CREAM WANTED

We are paying a real high price for cream F.O.B., Toronto. Write for particulars and cans.

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The United Farmers Co-operative Co. Ltd.

Duke and George Streets
TORONTO, Ontario.


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LIGHTNING ROD AGENT WANTED to sell Phillips Lightning Protective System. B. Phillips Company Limited, 32 Osborne Avenue, Toronto.

AGENTS WANTED FOR UNIQUE, low-priced portable duplicator. Sells itself in stores, offices, churches, schools, clubs, etc. Dandy proposition for stationer or a specialty man. Box 4, 73 Adelaide Street West, Toronto.

SWIFT — SURE RESULTS! FOR ambitious men and women! Familex will show you how. 900 successful dealers now on our list! Inquire for further details and FREE catalogue to-day. The Familex Products Company, 570 St. Clement Street, Montreal.

AUTO PARTS AND ACCESSORIES

TO DEALERS WHO ARE INTERESTED in obtaining a source of supply for a complete line of auto parts, accessories, tires, tubes, batteries, oils, etc., we can assure you the lowest possible wholesale prices; and place you in a position to be competitive to any large catalogue mail order house. You are under no obligations to inquire. Letters will be kept strictly confidential. Dandee Auto Stores, 522 Yonge Street, Toronto.

BAKERY EQUIPMENT

BAKERS' OVENS AND MACHINERY, also rebuilt equipment always on hand. Terms arranged. Correspondence invited. Hubbard Portable Oven Co., 103 Bathurst St., Toronto.

BASKETRY — REED WORK

LEARN BASKETRY, INTERESTING, educational, complete instruction, 25c. Free catalogue and reed-work instructions. Dominion Reed Supplies, Department W., Toronto.

BABY CHICKS

ORDER BABY CHICKS NOW. ATtractive prices on well bred Barred Rocks, White Leghorns, Hampshires, Austrolorps. Write for prices. Wingham Hatchery, Wingham, Ontario.

CHEAP CHICKS

CHEAP CHICKS ARE NOT ALways profitable, buy quality chicks at no higher price and be assured of profits from our blood-tested, government approved White Leghorns. Elmview Poultry Farm, Norham, Ontario.

EGG TRAYS

MORE MONEY FOR EGGS. ELIMinate loss from cracks and breaks by packing in Keyes Trays (filler flats). 30 doz. large eggs packed in regular cases. Send for free samples or 25c for enough for one case. Postage paid. Hawley Products Ltd., 79 Elgin Street, Brantford, Ontario.

SPECIAL COCKEREL BARGAINS, while they last. Three to four week old Barred Rock and New Hampshire cockerels, standard quality $9.95, also 10-day-old nonsexed New Hamps, Barred Rocks $11.45, 90 per cent. Pullets, New Hamps $19.40, Barred Rocks $18.40 Cockerels, New Hamps $5.95, Barred Rocks $6.95, two week old, add one cent, three week old add four cents, Big Egg Quality add one cent. Extra Select add two cents. Immediate delivery. Baden Electric Chick Hatchery Limited, Baden, Ontario.

CASH IN ON THESE STARTED chick bargains. They are all High Quality Chicks from Government Approved bloodtested breeders. Double AA Quality two week nonsexed New Hamps, Barred Rocks $13.40, 90 per cent Pullets $19.90, Cockerels $8.95. Three week old add three cents. Extra Profit add 1½ cents. Special Mating add 2c. Supply limited. Order to-day. Tweddle Chick Hatcheries Limited, Fergus, Ontario.

TOP NOTCH CUT PRICES. THIS startling news comes just when you least expect it. All chicks from carefully culled blood-tested breeders Standard Quality non-sexed White Leghorns $8.50, Barred Rocks, New Hamps $8.95, White Rocks, White Wyandottes, Hybrids $9.95, 90 per cent Pullets Leghorns $16.95, Barred Rocks $14.75, New Hamps, White Rocks, Wyandottes, Hybrids $15.75, Cockerels, Leghorns two cents, New Hamps five cents, Barred Rocks six cents, White Rocks, Wyandottes, Hybrids $6.75. Large Egg Quality add one cent, Bigger profit add two cents. Top Notch Chickeries, Guelph, Ontario.

QUICK ACTION IS WHAT YOU want with chicks now. Bray is ready with 18 varieties. Started chicks, capons. For egg or meat markets. Immediate shipment. But order soon. Bray Hatchery, 130 John N., Hamilton.

BICYCLES, MOTORCYCLES

FREE ILLUSTRATED CATALOGUE New rebuilt Bicycles $10 up. Used Motorcycles. Duke's, 625A Queen W., Toronto.

GARDEN SPECIALS

ASSORTED — SIX FRUIT TREES $5.00. Six Roses $3.00. Three hundred Strawberries $6.00. Fifty Raspberries $4.00. Complete Requirements supplied. Cash with order. Burlington Nursery Co., Burlington, Ontario.

ELECTRIC MOTORS

ELECTRIC MOTORS, NEW AND Rebuilt, also pulleys and V-belts. Jones & Moore Electric, 296 Adelaide St. W., Toronto.

HALF TO 1½ HORSE POWER heavy duty new hydro approved Emerald Motors, 30 per cent. less than any other motor on the market. 15 month guarantee. Hoffman Machinery, 181 King East, Toronto.

FILMS

APRIL ADVERTISING SPECIAL — dollar value for 30c and advertisement. Roll developed, printed or eight reprints, with craft embossed enlargement 7 x 10. London Photo Service, Box 551, London, Ontario.

FOR SALE

TWO-UNIT MILKERS — New as low as $99; guaranteed rebuilts as low as $89; also amazing new Grade-A (5 parts replace up to 47 parts on others), free demonstration, get our offer and free Grade-A Guide. Box K, Room X8-4, Sarnia, Ontario.

FOUR POUNDS BURLEY AND Virginia Leaf $1.00, fifteen pounds $3.00. Four pounds Virginia Leaf Cigarette Tobacco $1.50. Postpaid. G. W. Jeffrey, Leamington, Ont.

HERB-GROWING

$5,000 CROP FROM HALF ACRE — People everywhere are growing Ginseng and Golden Seal (Medicine herbs). Enormous profits! We supply seed, instructions, buy every pound. Particulars 10c (credited). No triflers. Associated Herb Growers, Box 27W., St. Norbert, Manitoba.

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ECZEMA, RASHES, PILES, SORE Feet, completely relieved by Dermisoothe, the clean, powerful household ointment, 25c, at your local druggist, or mailed direct. Write for free sample. Twentieth Century Remedies, 107 Hogarth Avenue, Toronto.

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STRAWBERRY PLANTS, PREMIER $5.00 thousand. Burrill, Glen Mary, Parson's Beauty $4.00 per thousand. Darwin Cripps, No. 2, Acton.

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$19.50 Bedroom suite, walnut finish dresser, steel bed, sagless springs and new mattress.
$39.00 smart bedroom suite in rich walnut finish, dresser, chiffonier, full size bed, sagless spring and new mattress.
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$59.00 complete modern bedroom suite in waterfall design, bleached walnut finish, dresser, chiffonier, full size bed, sagless spring, new mattress and 2 pillows.
$6.95 large dressers with 3 roomy drawers.
$10.50 walnut finish chiffonier, five drawers.
$12.95 Simmons walnut steel bed, sagless spring and new mattress, full size.
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