Canadian Military Leaders Confer In France

Here is, LEFT to RIGHT, Brig. Harold Crerar, chief of Canadian military mission in England; Col. Charles P. Vannier, Canadian minister to France; Gen. Andrew McNaughton, commander-in-chief of Canadian forces in France; and Col. O. R. Turner, chief of staff. They are shown at a Paris railway station before going back to the front after holding private conversations with Vannier, who remained behind.

How Can I?

BY ANNE ASHLEY

Q. How can I iron mats or anything that requires careful shaping?

A. Iron them first without starch and then place them carefully on the board. Lay over them a thin, smooth cloth dipped in raw starch, and iron dry.

Q. How can I skim excessive grease from the top of soup?

A. Take square sheets of clean, white tissue paper. Lay one sheet at a time carefully on the surface of the soup; then gently lift it off, and all the grease, or fat, will adhere to the paper.

Q. How can I put out an oil fire?

A. Never try to put out an oil fire with water, as this only spreads the flames. Sand, earth, gravel, flour, meal, any of these, is effective to throw on burning oil.

Q. How can I treat chapped lips?

A. An excellent remedy for chapped lips is one-half teaspoonful of borax to one tablespoonful of honey. Mix the borax and honey thoroughly before applying.

Q. How can I impart a rich, brown color to my sponge cake?

A. Sprinkle a little granulated sugar over the top of the sponge cake before placing it in the oven.

Reindeer milk, with 22 per cent butterfat is the richest of 11 different kinds of milk listed in the U. S. 1939 Yearbook of Agriculture.

What Science is Doing

TEST "ROYAL JELLY"

After a year and a half of chemical analysis, University of Toronto chemists are preparing for an experiment which will tell if they have succeeded in breaking down royal jelly — the mysterious substance on which queen bees are nurtured into the larva state to make them rulers of the hive.

Success of the experiment may forecast synthetic production of the precious fluid which some scientists believe can be used beneficially on retarded children and for other human diseases.

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TO IMPROVE VEGETABLES

By measuring appetites of tomato plants in various types of soil, Prof. Stanley S. Ballard, University of Hawaii physicist, has suggested a possible new technique for the growing of bigger and better vegetables.

His procedure is based on determination of the amount of food a plant actually consumes, rather than on the amount present in the soil.

—o—

CUTS PERITONITIS TOLL

Three University of Pennsylvania surgeons attribute to sulfanilamide—the "wonder drug"—a reduced death rate in peritonitis cases resulting from acute appendicitis.

"We are convinced by the clinical evidence," the three scientists assert in the annals of surgery, "that sulfanilamide therapy subsequent to operation has ameliorated the severity of the reaction in spreading peritonitis in many cases, and has saved some lives that otherwise would have been lost."

Expect More U. S. Tourists

Next Year to Visit Canadian Parks — Superintendents All Point to Exchange Rates

Tourist traffic in Canada next season should be much heavier because the war has shut off Europe as a tourist playground and because foreign exchange rates are to the advantage of United States visitors, according to superintendents of 19 national parks meetings in Ottawa in January.

National parks are growing more popular with both Canadian and United States tourists. Campsites have been provided, but there is a need for more bungalow camps and boarding houses operated under private enterprise.

Have You Heard ?

At dinner, Betty Jane had eaten the filling of her pie, but had left the crust.

When asked why she had not eaten all of her pie, she replied: "Because I don't like the running board."

Dentist — "There's no need for you to shout. I haven't touched your tooth, yet."

Patient: "No, but you are standing on my corn."

An English motorist, who had a fifty-gallon tank of gasoline in reserve when rationing was introduced, consulted a friend as to what to do about it.

"Bury it, my dear fellow," was the reply.

Accordingly, he gave his gardener instructions next day to dig a hole for it in a secluded spot.

After a time the gardener returned.

"I've buried the gasoline," he said. "What do you want done with the tank?"

"With what weapon did Samson slay the thousand Philistines, Tommy?" asked the Sunday School teacher.

"The axe of the Apostles," replied the child, after a long pause.

The boxer who knew practically every trick in the game finally met his match. In the third round he found himself flat on his back, listening to the referee counting over him

"One," roared the referee, "two —three—four — five — six — seven — — "

The fighter reached up and grabbed the referee's wrist.

"I'm a little hard of hearing," he interrupted. "Would you mind repeating that?"

Judge —"Do you wish to marry again if you receive a divorce?"

Liza — "Ah should say not. Ah wants to be withdrawn from circulation."

STOP Scratching Relieve Itch Fast or Money Back

For quick relief from itching of eczema, pimples, athlete's foot, scales, scabies, rashes and other externally caused skin troubles, use world-famous, cooling, antiseptic, liquid D. D. D. Prescription. Greaseless, stainless. Soothes irritation and quickly stops intense itching. 35c trial bottle proves it, or money back. Ask your druggist today for D. D. D. PRESCRIPTION.

HEALTH TOPICS

RHEUMATISM MISUNDERSTOOD

The much-misunderstood "rheumatism" or "arthritis," is a disease which should have more attention than it is receiving in the world today, according to an article in the monthly "Health Journal" written by Douglas Taylor.

The writer points out that "of all the serious diseases affecting the welfare of the nation those known as 'rheumatism' and 'arthritis' are among the most important, most neglected and most misunderstood. No other disease causes such widespread suffering and crippling among all ages and classes. Much of the misery and invalidism is unnecessary and is directly due to many strange ideas abroad concerning 'rheumatism' and 'arthritis.' It is high time that some of these popular misconceptions be seriously reviewed."

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RURAL SERVICES INADEQUATE

George Hoadley of Toronto, director of public health and medical services for the Canadian Council of Mental Hygiene, last week declared that health services, particularly in rural areas, are inadequate.

Canada's health workers now total 55,515, including more than 10,000 physicians and surgeons, 4,000 dentists, 20,500 graduate nurses, 11,500 nurses in training, 6,700 practical nurses, 870 opticians, 560 osteopaths and chiropractors, and 1,500 other men and women in health professions.

But, the 20 cities in Canada of more than 30,000 population and totaling 28 per cent of Canada's total population, have 45 per cent of all the doctors, 48 per cent of the nurses and 49 per cent of the dentists, he said.

Address Soldiers' Mail Carefully

When Sending Letters Abroad Make Certain The Address Is Absolutely Correct

Misleading addresses on soldiers' mail, now that the First Division of the Canadian Active Service Force is overseas, are causing such letters delay and are entailing considerable extra work to members of the Canadian Base Post Office in indentifying the addressee. Recently postal authorities announced the correct way to address mail to the troops overseas, and to troops still in Canada.

In spite of this much mail matter is being posted which gives the name of certain barracks and also camps in England, instead of the name of the regiment or unit, which is entirely omitted. Base Post Office authorities emphasize that to send mail to soldiers addressed to barracks or camps in the United Kingdom is most likely to cause delay, and that such practice is a hindrance rather than a help. The soldier may have been moved from that camp to another in the interim. Name of barracks or camps in England should not be given. The name of the regiment or unit should always form part of the address.

NECESSARY INFORMATION

It is again emphasized that in the addresses, abbreviations of the names, units or services should be avoided, and the names of such spelled out in full. Abbreviations such as A-T, A.Ac, or A.D. (Anti-Tank, Anti-Aircraft, or Army Co-operation Squadron) should NOT be used, but the full names should be given.

In sending mail to soldiers already overseas see that the address contains only:

Regimental Number,
Rank and Name,
Full Name of Regiment or Unit,
C-O Base Post Office, Canada.

In addressing mail to soldiers serving in Canada give:

Regimental Number,
Rank and Name,
Full Name of Regiment or Unit,
C. A. S. F.,
Postal address of Training Camp in Canada.

RETURN ADDRESSES

Do NOT send such a letter care of Base Post Office, Canada.

See that postage is properly prepaid, and that return addresses are given on all mail matter sent to soldiers abroad or in this country.

Sidney Northcote, 52, was almost certain he had an infallible way of taking his own life. He tied a rope around his neck and fastened it to a bridge girder, in Winnipeg last week. If the rope broke there was a river 25 feet below. He was in hospital nursing bruises and slowly realizing he overlooked a detail. The river was frozen.

Most dairy rations will be improved by the addition of a succulent or green feed. Either corn or hay silage makes an ideal succulent for winter feeding.

Modern Etiquette

BY ROBERTA LEE

Q. When a woman is introducing her husband to an acquaintance, should she say, "This is my husband," or, "This is Walter"?

A. When a mere acquaintance, she should say, "This is my husband." If it is an intimate friend, she may say, "This is Walter."

Q. Is it considered good manners for a girl to powder her nose and use lipstick in public?

A. No, while we see this done every day, it cannot be called "good manners." It is much better if a girl will do such things privately.

Q. Isn't it poor manners to take more than one kind of food on the fork at one time?

A. Yes. One should never do this.

Q. What is your opinion of a neighbor who plays his radio so loudly that it can be heard distinctly several doors away?

A. A complaint should be registered against a person who is this inconsiderate and ill-bred. It can be stopped

Q. How are the wedding reception cards and the cards of admission to the church sent to those invited?

A. These cards should be enclosed with the wedding invitations.

Q. Is it correct to leave the spoon in the sherbet glass, when one has finished eating the dessert?

A. No; the spoon should be placed on the plate that holds the sherbet glass.

HELP ARREST DISTRESSING HEAD COLDS

Nose running . . . eyes streaming . . . head aching . . . miserable! There's no sense in such suffering! *TRY MENTHOLATUM for RELIEF*—at once! Its soothing vapours penetrate infected nasal areas—help ease inflamed membranes—help to halt mucus gathering. Treat that head cold NOW—with Mentholatum—*guaranteed to bring relief or money back.*

At all druggists—jars or tubes 30c.

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DIXIE is the thrifty man's tobacco.

It's a cool, slow-burning smoke!

DIXIE

PLUG SMOKING TOBACCO

The Gota Canal is the longest in the world—115 miles—with the Suez, 100 miles long, ranking second.

A stream of bats pouring out of an underground opening led to the discovery of New Mexico's remarkable Carlsbad Caverns.

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SHOES — WORKING GARMENTS. Sell Dress and Work Shoes. Sports and Service Boots, also Men's Working Garments. Free selling equipment, bonuses. Step-Easy Shoes, Reg'd., 3467 Notre Dame West, Montreal.

ARE YOU PLANNING A NEW KITCHEN OR BATHROOM? Investigate "BARCLAY TILE"

THE LATEST CONTRIBUTION to home modernizing; easily and quickly applied; attractive color combinations for kitchen, bathroom. Edmund Hind Lumber Co., Ltd., 2579 Danforth Ave., Toronto, or your Local Lumber Dealer.

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GOVT. APPROVED CHICKS FROM blood-tested breeders at money saving prices for delivery up to March 15th. Grade "A" White Leghorns, Brown Leghorns, Black Minorcas, White Minorcas, Anconas, $9.45; 90 per cent. Pullets, $20.90; Barred Rocks, New Hampshires, Rhode Island Reds, Hybrids, several crosses, $9.90; Pullets, $16.90, Cockerels, $6.00. White Rocks, White Wyandottes, Light Sussex, Jersey Black Giants, Black Austrolorps, $10.40, Pullets, $16.90, Cockerels, $6.90. Ask about our three-week old capons. Free catalogue. Tweddle Chick Hatcheries, Limited, Fergus, Ontario.

"PROUD OF THEM, GETTING more next spring," writes Mrs. F. Zieborth, Ontario, of her Bray Chicks. Thousands like her all over Canada. Join them this year. Order now, 2 hatches weekly for early orders pullets, cockerels, chicks. Catalogue. Bray Hatchery, 130 John St. N., Hamilton, Ont.

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CHESTERFIELDS — $1 WEEKLY. We pay the freight, all you pay is a rock-bottom price for chesterfields from Toronto's largest display of pieces — chesterfield, 2 chairs and modern stool to match, rebuilt and upholstered in brand new repp and tapes, tapestry coverings, spring filled back, cushions, attractive design, only $49. Another bargain, originally expensive suites, thoroughly reconditioned, $29.50. Send $10.00 now, balance $1.00 weekly. We pay the freight to your station. Satisfaction or your money back. Royal Chesterfield Mfgrs., 66 Richmond East, Toronto.

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ELECTRIC MOTORS

ELECTRIC MOTOR, 2 H.P., ALSO several other sizes. Jones & Moore Electric, 296 Adelaide st. W., Toronto.

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WADE PORTABLE DRAG SAWS reasonably priced, easy to operate, a money-maker, wherever there are logs to be cut. Write for free descriptive bulletin, The A. R. Williams Machinery Co., Ltd., 64 Front St., West, Toronto.

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ARE YOU THE MAN? YOU CAN have a solid business established within three months. If you are tired of working to earn profits for someone else, own your business, and enjoy amazing profits every hour, selling 200 guaranteed necessities used in every home. No obligation. Get details and catalogue FREE! Familex Products, 570 St. Clement, Montreal.

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HARDY APPLE TREES — 50 CTS. each. Canada's Lowest Priced Nursery, growing leading varieties Fruit Trees, Ornamentals. Write immediately requesting sensational offerings. Tobe's Treery, Niagara-on-the-Lake, Ontario.

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ROYAL VISIT, LANDING COVERS, 35c; Fifty Mixed Newfoundlands, Coronations, Jubilees, 50c. C. Hodder, Gander Bay, Newfoundland.

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ALL WOOL REMNANTS — FINEST men's suiting material, minimum size 9" by 56" and larger. Mailed Collect. Money-back Guarantee. Aronoff Bros., Ltd., 274A Demontigny East, Montreal.

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