HAD DIZZY SPELLS FOR 3 YEARS

Result of Acid Indigestion

"Before taking Kruschen," a woman writes, "I had very bad dizzy spells and hot flushes, bad spells of acid indigestion, and I was so nervous at times that the least thing would upset me. I was about three years in that condition.

"I could not tell you in words how happy and glad I am to-day that I gave Kruschen Salts a trial. I have now taken them for 18 months. I would not miss them one day. They are a great help to anyone who suffers as I did. I feel in better health to-day than I have for years. After taking Kruschen for three weeks the dizzy faints and hot flushes left me. I now feel so bright and cheerful. Kruschen Salts assist to keep you fit and fine."—(Mrs.) J. M.

Kruschen Salts is an excellent recipe for maintaining a condition of internal cleanliness. The numerous salts in Kruschen stimulate your interal organs to smooth, regular action. Your inside is thus kept clear of those impurities which, when allowed to accumulate, lower the whole tone of the system.

Farm Forum

Q. Do colonies need attention before the bees commence flying in late winter or early spring? J. C., Halton Co.

A. Yes. Prevent robbing by the closing of the entrances of all the dead colonies or remove the entire box to a bee-tight cellar. Clear all dead bees, ice, etc., from the entrances of all live colonies. — Dr. E. J. Dyce, Dept. of Agriculture, of O. A. C.

Q. What should one do with the weak or queenless colonies? R. C., Haldimand Co.

A. Unite them with strong colonies. Place a piece of newspaper between the strong and the weak colony at the time they are being united. This will reduce loss resulting from fighting. — Dr. E. J. Dyce, Dept. of Agriculture, O.A.C.

Q. We sometimes read in the farm press of the use of concentrated fertilizers that may be applied by simply mixing with the seed grain in the grain drill. As none of the fertilizer companies advertising matter mentions this type of material, I am wondering if you could tell me where it might be obtained, as we have no fertilizer drill, and would like to give this a trial. "W. J. G., Simcoe County."

A. As to sowing the fertilizer with the grain, I would say that there is some danger of the fertilizer materials reacting on the metal parts of the grain drill, which are not built for fertilizer sowing, and seriously injuring the drill. Then again, fertilizer materials and the grain are of different specific gravity. This means that the fertilizer being the heavier of the two, will tend to flow through the drill much more quickly than will the grain. If a dry, uniformly graded granular fertilizer is used, there is some chance for success by applying it as you have indicated. However, we do not recomend this practice. I have known some farmers who claim success from sowing fertilizer mixed with seed grain in the grain drill. — Harry G. Bell, Dept. of Chemistry, O. A. C.

Modern Etiquette

BY ROBERTA LEE

QUESTIONS

1. Is it all right to give a reason for not accepting a formal invitation?

2. Should one use a fork to place butter on a piece of bread or biscuit?

3. Isn't it improper to send engraved announcements of an engagement?

4. Should a woman, after the death of her husband, be addressed as "Mrs. Mary Blank" or as "Mrs. James Blank?"

5. Is it necessary for a man to rise when dining, and another man stops at his table?

6. Is it proper to introduce one's self, if one has not met the first member of a receiving line?

ANSWERS

1. Yes, if one wishes to do so, though it is not obligatory.

2. No; the knife should be used.

3. Yes. This is not done.

4. The death of the husband of a woman in no way affects the name by which she is known. She continues to be "Mrs. James Blank."

5. It is not necessary when there is no great difference in age. If the man who stops is elderly, it is very courteous for a young man to rise.

6. Yes, if this should happen, one should say, "I am Mrs. Smith."

What Science Is Doing

TWO MILES PER SECOND

Research with rockets is going ahead rapidly and quietly. There are already 300 experimenters in the U.S., their first objective being to reach the stratosphere with weather instruments.

Fuels of liquid oxygen and gasoline already give a speed of two miles per second. The next step will be to send mail by rockets, which seems to be perfectly feasible.

CARE OF ENLARGED HEARTS

Experiments in artificially producing large hearts in animals, which have shed new light on care and treatment of humans with enlarged hearts, have been developed. They show that return of the blood volume to normal and relief of strain on the heart was not followed by a return of the heart size to normal. The lesson is that a constant or severe strain on an already damaged or enlarged heart only adds insult to injury.

CURE FOR BERI-BERI

A case of oriental beri-beri, the first ever treated in Toronto with synthetic vitamin "B1" has just been discharged cured from the General Hospital there.

Beri-beri, a disease caused by diet deficiencies, was first recorded by Admiral Takaki, surgeon-in-chief of the Japanese navy, towards the close of the last century.

COBRA VENOM PAIN-KILLER

Cobra venom, the deadly poison from the fangs of the storied Asiatic snake, may be the most potent of all pain killers, the University of California Hospital reports following successful experiments with patients suffering excruciating torment.

Bird Dogs Enter In Field Trials

Setters And Pointers From Ontario And Neighboring States Are Competing At Niagara-on-the-Lake, April 16th.

The Spring field trials of The Ontario Bird Dog Association to be held on Sunday, April 16th, at Niagara-on-the-Lake, will feature a new class which is expected to bring out many new dogs and dog owners. This is a class for untrained Setters and Pointers.

Trials For Untrained

There are numerous owners of Setters and Pointers throughout Ontario whose dogs show natural hunting instinct and style. Some are dogs which have accompanied their owners in the hunting field, perhaps, some may be show dogs or pets. They have never had training beyond that which their owners, in a limited way, have been able to give them. Their owners would like to know how their dogs rate in the field. This class will enable such dogs to "do their stuff" before an experienced bird dog judge. The class will be restricted to Canadian-owned dogs, but no age limit will be enforced.

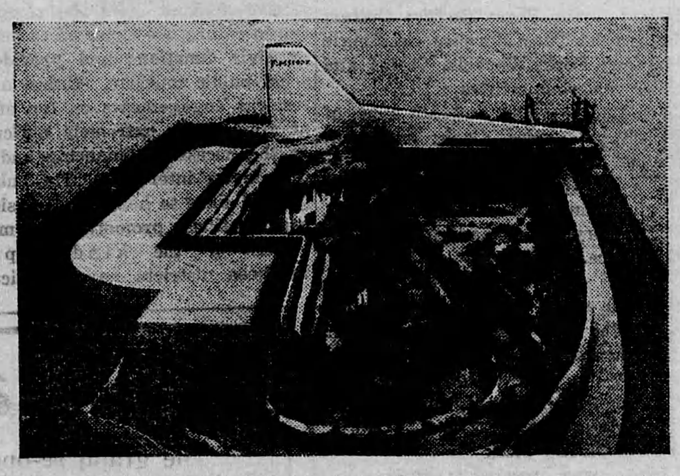
The classes for trained dogs will provide interesting sport for both dog men and spectators and, as usual, it is expected that a large "gallery" of spectators will follow the trials.

Plenty Of Pheasants

Headquarters for the trials will be the Prince of Wales Hotel, Niagara-on-the-Lake, and roads leading to the "grounds" will be marked so that motorists can easily locate the various events.

The frontier country is ideally suited to the sport. Pheasants are there in good numbers and the terrain adjoining the roads surrounding the village has every type of land required to enable a good trial of a dog's willingness and ability to work in both open pasture and heavy cover.

Firestone Exhibits Farm At World's Fair



A 3½ acre exhibit at the World's Fair in New York is being completed by the Firestone Tire & Rubber Company. In addition to a full-scale tire factory producing a tire every four minutes, probably the most unique part of the exhibit will be an actual life-size reproduction of a thriving farm with live stock, buildings, farmhands, and all. This part of the exhibit will demonstrate how the farm is being modernized by the use of rubber tires on every wheeled farm implement, and will call attention to the fact that it was Harvey S. Firestone on his own 640 acre farm who pioneered in the development of rubber tires for farm use.

Gardening

SPECIAL FLOWERS

For full sun, especially if planted close to a south wall where there is little protection from the summer heat, there are things such as coreopsis, California and other poppies, portulaca or climbing morning glories and nasturtiums which are recommended. These give remarkable results even in a siege of dry weather.

Of an opposite nature are certain annuals like clarkia, alyssum, larkspur, pansy and phlox. These will actually give better results, more delicate coloring, if planted in partial shade.

NURSERY STOCK

Like seed, it is important to secure nursery stock(roses, shrubs, vines, etc.) from a reputable and reliable source, and one that is familiar and caters to Canadian conditions. This sort of planting material is offered in a wide range of prices but as a rule cheap stock proves disappointing.

Good stock is pliable, green and shows plenty of live buds. Roots are moist and well wrapped to exclude the air. Such will grow readily when planted. Brittle wood, and wrinkled buds or none at all and exposed dry roots are an indication of inferior stock. If it grows at all, a year or perhaps two are lost before it is likely to make any real growth.

NEW PLANTS

New grains and fruits are not the only thing that have been occupying the attention of plant breeders in recent years. In vegetables, there have been even more improvements. Scientists have carried out this work in two directions; first by the introduction of vegetables unfamiliar to most Canadians, and secondly and probably more important, by vast improvements of those varieties that have been grown in this country for a great many years.

Claims Goldfish Eating Record

A Harvard University student, Irving Clark, 20, of Seattle, claimed the goldfish eating championship this week. Clark reported he ate 24 live goldfish in a little more than five minutes, using orange juice as a chaser. Clark was spurred on by Frank Pope, of Franklin and Marshall College, who bet him $50 he couldn't eat more than Pope. Pope downed a mere three.

HAVE YOU HEARD

This charming story from a Polish newspaper reaches us from the United States:

An English missionary, in a chat with an old Negro cannibal of the tribe Niam-Niam, told him of the enormous number of victims of the world war.

"How could you," wondered the cannibal, "eat so much human meat?"

"We whites," answered the missionary proudly, "do not eat human beings."

"Well, then, what did you kill them for?" asked the cannibal in great astonishment.

"I've been sleeping like a log."

"You wood!"

The teacher was trying to make Elsie understand subtraction and she said: "You have ten fingers, now supposing there were three missing what would you have then?"

"No music lessons," said Elsie promptly.

"Do mistakes of your past ever keep you awake nights?"

"Not any more. I had my telephone disconnected."

Humorous Man (in street car): "Has anyone dropped a wad of notes with an elastic band round them?"

Chorus of voices: "Yes, I have!"

"Well, I've just picked up the elastic band."

Doctor (to patient)—It's nothing to worry about—just a little boil on the back of the neck. But you must keep your eye on it."

How Can I?

BY ANNE ASHLEY

Q. How can I make the drippings from highly flavoured foods sweet and tasteless?

A. Fry a few slices of raw potato in the drippings. This will also take away the flavour of rancidness.

Q. How can I get rid of a scale of dandruff appearing on baby's head?

A. Wash the head every day with pure castile soap and then rub white vaseline over the dandruff. The scales should loosen and come off within a short time.

Q. How can I prevent piano keys from turning yellow?

A. It is claimed that if piano keys are washed occasionally with alcohol, then polished with a soft clean cloth, they will not turn yellow.

Q. What causes boiled potatoes to be soft and broken on the outside, while the centers are hard and uncooked?

A. Boiling too rapidly will cause this condition.

Q. How can I make a plant fertilizer?

A. A little ammonia added to the water affords a rich fertilizer for the plants, also aids in preventing bugs.

Q. How can I prevent silk thread from unwinding too rapidly on a sewing machine?

A. Place a small piece of felt on the spindle under the spool, and the silk will not unwind so rapidly, tighten, nor break.

Steam Brazils.—Brazil nuts are easier to remove from the shells if they are steamed before cracking.

Fishermen's Paradise

Reputed to be one of the greatest small-mouth black bass sanctuaries in Canada, Bayfield inlet will be accessible by road now under construction by the Ontario department of highways. Previously fishermen were forced to reach the inlet either by air or water.

Conversation Made Easy.—Keep the centre of the room free from furniture. This makes for easy conversation across the room.

DRINK HOT WATER

—*but* **loosen the CLINGING wastes**

To your daily cup of hot water, add the "juice" of the 10 herbs in Garfield Tea and you not only "wash out" internally—but loosen the hard-to-get-at wastes which cling to the lining, undigested. Garfield Tea makes hot water tastier to drink. Mild, THOROUGH, prompt. 10c & 25c at druggists.

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DON'T MISS THESE BARGAINS! Two-week old Barred Rock Cockerels .09c, Mixed $12.50, Pullets $19.95. New Hampshire Red Cockerels, .08c, Pullets $19.95. Three weeks old add .03c, Big Egg Quality add .01c, Extra Select add .02c. Rush your order if you want these bargains. Baden Electric Chick Hatchery Limited, Baden, Ontario.

F. C. PORTER, COCHRANE, ONT., bought 52 Bray pullet chicks. Put 51 in laying house. "At five months," says he, "they are laying lots of extra large eggs . . . mighty good in this cold country." Buy Bray Chicks. Bray Hatchery, 130 John Street North, Hamilton, Ontario.

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