Serial Story

A Page of Interest to Women

Fashions — Recipes

Promenade Deck

by Ishbel Ross

SYNOPSIS

A luxurious five-month cruise all around the world aboard the "Marenia" brings together a group of passengers for adventures, romantic, entertaining and tragic — Like in "Grand Hotel" these passengers offer a study in human actions and reactions that unconsciously bare their souls — These characters are aboard the ship; Macduff, dour Scotchman, single, of middle age; Miss Mudge, school teacher, spending the savings of 20 years; Angela, faithful wife of Lovat, gigolo; Dick Charlton, first officer; Clare, a person of experience; Joan, a dissipated flapper; Jenny, run-away wife, and Peter; Captain Baring, master of the ship — and his soul — NOW, GO ON WITH THE STORY.

CHAPTER IV

Dick danced with the swing of the sea, and entertained Patty by telling her about some of the things she'd see on the trip. The third time he had danced with her he suddenly saw that she was not listening to a word he was saying, but looking over his shoulder with the expression of a hurt child. With the next turn he could see why — Mrs. Langford was adrift in a sea of self-infatuation, her wide lips an inch from the cheek of the boy whom Dick had seen pursuing Patty around the decks ever since they had sailed. So that was the way! Well, a good thing it had happened quickly, before she had got fond of him. He swung her hastily down the other side and out for a breath of air. The promenade deck was enclosed with glass, and she suggested that they go still higher. "I should love to feel the wind on the top deck," she said. They then climbed up the companionway, Patty hugging her white fur jacket around her thin dress.

A Lovely Child

The moon was a crescent swung on a chain of diamonds, and the waves dashed foam against the bow. Patty had a dim idea that the woman in gold hovered like a shadow between a carefree yesterday and an ominous tomorrow. It was the look in Johnny's eyes that appalled her. How did a woman make a mere boy, whom she scarcely knew, look like that?

Dick kept quiet, preserving a pensive pathetic air. He was thinking: "A very lovely child, but she's in for more of it, if she feels that way about the boy. It's just another case of what the sea does to a woman."

He felt her clutching at his arm; all of a sudden she had decided to go down to her stateroom. Telling him to let her aunt know that she had gone to bed, Patty went below and tried to read. The type danced before her eyes and she wondered if she were getting a little seasick. When her aunt came in, she found her fast asleep.

"Bertrand Russell's 'Marriage and Morals,'" said Mrs. Minton, picking up the book and covering her gently. "The child is growing up."

Monte Carlo

The Marenia lay at anchor at Villefranche, her flags strung like a garland of autumn leaves over the sapphire stretch of bay. Monte Carlo was snugly tucked in the green curve of Monaco. After eleven days at sea, Macduff blinked at the brilliance of the scene before him. He had his own plans for the day. He would give Monte Carlo a wide berth and stretch his legs in one of his favorite walks. He had a poor opinion of the place and had never tossed a penny on the table. Any time he went to the Casino, it was simply to see what fools human beings could make of themselves over a gambling-wheel.

He strode along, with his arms swinging like windmills. More passengers were getting on at Villefrandie. That was a pity. There were altogether too many on board already. Things seemed to be happening on the ship, some of them which he did not altogether approve. Soon they would all be bickering, where now they were gushing and flirting. It was bound to turn out that way when people saw too much of one another.

He hoped they would not get another Mrs. Langford on board; one of her kind was enough. She was beginning to get under his skin, spoiling the pleasure for him on the top deck, always up to her tricks, and now roping in the American boy. Macduff had thought that his sex should be protected from such influences. The Foster girl was showing up badly, too. He never went into the bar that he did not find her there. The high jinks of the boat extended even to his own alley, where a diamond merchant across the way was continually entertaining women in his stateroom.

He came down off the breakwater and followed the road to the Italian border, stopping at a restaurant that stood on stilts in the sea.

At The Casino

The short Riviera day was passing, and the chill of three o'clock was creeping in from the sparkling waters It was short-lived at its best, warm and vivifying, but swift in its decline. He remembered that he had to be on board the Marenia by seven. He might motor back to Monte Carlo and take a turn in the Casino to see what his fellow passengers were doing.

Hot and stuffy inside, as usual, with an annoying buzzing of subdued voices like a swarm of bees zooming in a distant grove. The merciless lights dug seams in weary faces. He thought he had never seen so many pairs of tired eyes. Wherever he looked, he could spot someone from the Marenia, but very few were throwing counters on the tables. They were a cautious lot and ill at ease. He was surprised to see Miss Mudge — little Miss Muffet, he called her in his own mind — tossing two counters on the baize with quite a flourish. He would watch to see what happened. The croupier raked up her counters. She looked very anxiously at his pasty face, not quite sure which way her luck had gone, but he did not raise his eyes from the table.

(To be continued)

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Discovers Women Less Dishonest

Government Inspectors Say They Seldom Try to Cheat

The common belief that almost all women are amateur smugglers and that no woman thinks it a crime to cheat the government or a big corporation is disproved by the experience of government investigators, declares Gretta Palmer. Quoting facts and figures, she writes in McCall's for May:

"In spite of the common belief that large numbers of women smuggle new clothes into the country, the government inspectors know that this is not true. Their own experts are trained to detect the sales slips which are unreasonably low. They know about the women who wear three dresses, one on top of the other, and about the women who sew old labels in new foreign coats. But they say that such dishonest passengers number fewer than one per cent. of the women returning from abroad.

They're Not The Crooks

"Well, you may say, women are the sex that shoplifts. They form a large section of the criminal class found guilty of theft. Oh, do they?

"Every year the Department of Justice of the United States issues a solid, bulging book known as the Uniform Crime Reports. It lists convictions of criminals in every city and state. And in a nine-months' period of 1937, this book shows that 44,127 persons were found guilty of larceny or theft. Only 3,159 of these were women!

"The old-fashioned woman who thought it was ethical to cheat a corporation 'because it was so big', has disappeared—if she ever existed — along with the old-fashioned woman who had to use her fingers to count over three. If the men of America were as honest as their women are, our jails would be less crowded and our government many millions better off today."

Are Photographers' Biggest Headache

Women Greatest Problem Of "Watch the Birdie" Men

The Professional Photographers' Society of New York State emphatically declared last week that women are its greatest problem.

The "watch-the-birdie" men and women agreed that it takes patience and skill to prepare women to face the camera lens and, after all that work, they are seldom pleased unless the result is extremely flattering.

Middle-Aged the Hardest

"Middle-aged women are hardest to photograph, especially if they are fat," Emme Gerhard, New York City photographer, declared. "They have to be intensely idealized because they can't forget that they once were sweet sixteen."

Experts agreed that the successful photographer of tomorrow will come from the ranks of artists and pictorialists—amateur camera clubs—and will produce artistically beautiful pictures through use of corrective make-up, art of reshaping the contour of the face and its expressive features, the eyes and mouth, according to the laws of optical illusion.

Wray Meltmar, Cleveland make-up artist, demonstrated new principles on four models before the group.

"The same rules of make-up apply to men and women alike, but with men it is usually only necessary to correct the beard line and reshape the nose to get a good picture," he pointed out.

Dancing Equal To An Hour's Football

Instructor Says Technique On Floor As Hard As That On Field

An hour's practice in modern dance technique, says Mrs. Barbara Page Beiswanger, in Atlanta, last week, for the convention of the American Association for Health and Physical Education, is equal to an hour's scrimmage on the football field.

"It takes the same ability, involving quick muscular tensions and relaxes, to snag a forward pass that it takes to hold an attitude in a modern dance," said the Monticello College (Godfrey, Ill.) instructor.

And the time has passed, she said, when it is hard to get men students interested in dancing classes. They have more energy than the girls and are more easily interested.

But Mrs. Beiswanger admits that it would help if athletic coaches were more interested in dancing. The boys admire their coaches and will follow their leadership, she said.

"Vegetables At Their Best"

Modern dietary standards demand vegetables and still more vegetables, stressing always the vitamins, minerals, and bulk which they provide, and the particular merits of leafy greens. Granting that vegetables are a daily essential, a housewife appreciates them for still another reason —for the variety they contribute to her meals. They bring something fresh and seasonal to her table every day.

Of particular importance in serving vegetables is their cooking. Even the finest vegetables may be made utterly tasteless and unappetizing by poor cooking — usually overcooking or else slow cooking. Their natural colour and fresh flavour must be preserved to get the best value and one of first rules to achieve this is to cook them the shortest time possible — only till tender.

Here are some attractive vegetable recipes which will add variety to your meals.

Carrots Au Gratin

2 cups cooked diced carrots
1 tablespoon minced onion
1-3 cup grated cheese
¼ teaspoon paprika
Cream sauce

Make cream sauce by using 1½ cups milk, 2 tablespoons butter, and 2 tablespoons flour. Cook until thick. To this add the cheese, onion and paprika, and finally the diced carrots. Mix well, place in a buttered baking dish and cover with buttered crumbs. Bake in a moderate oven for 25 minutes.

Baked Stuffed Onions

Select large onions. Peel and then remove core with apple corer. Fill the cavity with seasoned bread crumbs. Bake until tender.

Cauliflower A La Parmesan

1 head cauliflower, cooked
1 cup white sauce
3 tablespoons grated Parmesan cheese
½ cup buttered bread crumbs

Place cauliflower in greased casserole. Pour white sauce over cauliflower and sprinkle with cheese and bread crumbs. Bake in moderate oven (375 degrees F.) 30 minutes, or until the crumbs are delicately browned. This serves 6. Canadian cheese may be substituted for Parmesan cheese, if desired.

Glazed Onions

1 pound (30) small white onions
4 tablespoons butter
3 tablespoons sugar

Peel onions and cook in large amount of boiling water salted until just tender. Drain and dry on cheesecloth. Melt butter in saucepan; add sugar. Then add onions and cook over low flame, shaking frequently until onions are glazed. Serves 6.

Baked Mushrooms

1 pound large fresh mushrooms
1 teaspoon salt
Dash of pepper
2 tablespoons butter
4 tablespoons cream

Wash mushrooms and place in casserole. Season with salt and pepper. Dot with butter. Add cream, cover, and bake in moderate oven (350 degrees F.) 30 to 40 minutes, or until tender. Serves 4.

Spinach Ring

2¼ cups cooked spinach, chopped
1 teaspoon salt
Dash of pepper
Dash of marjoram
1 teaspoon scraped onion
2 eggs, slightly beaten
2 tablespoons melted butter

Cook spinach (½ peck) only until tender. Drain and chop. Add seasonings, eggs and butter, and mix very thoroughly. Turn into a well-greased ring mold. Place in pan of hot water and bake in moderate oven (375 degrees F.) 30 minutes, or until firm. Turn from mold and serve with Mushroom Sauce. Individual molds may be used. Serves 4.

Mushroom Sauce

½ pound fresh mushrooms
3 cups water
½ teaspoon salt
[illegible] tablespoons butter
3 tablespoons flour
Dash of pepper

Wash mushrooms well. Slice lengthwise through cap and stem. Cook in water 30 minutes, over medium fire. Add salt. Drain liquor and measure 1½ cups. Melt butter, add flour, and blend well. Add mushroom liquor (1½ cups) and cook, stirring constantly, until thickened. Add mushrooms and pepper and cook five minutes longer. Serve with above spinach dish. This sauce may also be used to serve with chicken, veal, egg and other vegetable dishes. Makes 2 cups sauce. If desired, chicken broth or cream may be substituted for ½ cup mushroom stock.

Dainty Frock For Dress-up

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First choice for Summer — this beguiling "dress up" style! You'll be greeted with flattering comments whenever you appear at teas or parties in this newest and most charming of frocks made from Anne Adams' easy-to-use Pattern 4801. Don't you love the dramatic little puffed sleeves, dainty lace trimming, and softly gathered bodice that boasts sparkling button accents? All this charm tops a full, gored skirt that's gloriously in tune with the dictates of fashion. Made ever so quickly and easily, too! Lovely in a sheer flowered print.

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Send TWENTY CENTS (20c) in coins (stamps cannot be accepted) for this Anne Adams pattern. Write plainly SIZE, NAME, ADDRESS and STYLE NUMBER.

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Quintuplets Like Dentist's Chair

All Have Perfect Teeth, Examination Shows

CALLANDER, Ont. — The Dionne quintuplets, who struggled to get into the dentist's chair all at once, were told by three specialists that nothing was wrong with the 100 teeth which the girls share evenly.

Dr. Arnold D. Mason, dean of the University of Toronto's Dental College, said that the children had "unusually beautiful" teeth. Neither he, Dr. Charles Corrigan of the University, nor W. G. Thomson, of Hamilton, Ont., could find a sign of decay.

Have Eaten Right Food

They had no suggestions for Dr. Allan Roy Dafoe, physician to the five, about a change of diet, finding that the food which the children were eating had developed their teeth perfectly.

The dentists took impressions of their teeth, which will be kept for records.

As the dentists first pronounced Yvonne's teeth perfect, Emilie, Annette, Marie and Cecile rushed to take her place in the chair. Yvonne was reluctant to leave and it was only with the help of the nurses that the specialists could prevent all five climbing into the chair at once.

Buying a Husband

Miss Klai, Burmese Giraffe-necked beauty, is going home to buy a husband. The husband worth having, she says, is the one she picks for herself and buys with her own money.

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Adults 25c;
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Issue No. 20—'38
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Daily use of WRIGLEY'S SPEARMINT CHEWING GUM AFTER EVERY MEAL is fine for teeth

Dentists recommend Wrigley's Gum as an aid to strong, healthy teeth, cleanses them of food particles, massages the gums. Aids digestion, relieves stuffy feeling after meals. *Helps keep you healthy!* Take some home for the children too — they will love it! CS-35

"Equal Rights" Has A Real Meaning

Married Worker Teaches Husband To Cook, Mend, Darn And Sew

DURHAM, Eng. — Defending the right of married women to continue at work, Mrs. Rose Farrant, 26, clerk in the same London factory which employs her husband, told a meeting here of a 50-50 arrangement which gives here equal opportunities with her husband.

She taught him to cook, mend, darn and sew. "By this arrangement we both have opportunities for attending meetings in the evening and taking part in other activities."

Mrs. Farrant said she only wanted to work until they had enough money for her comfortably to retire and have eight children.

Lay Awake In Agony With Neuritis

Kruschen Salts Brought Lasting Relief

Ordinary headaches are bad enough, but they are as nothing compared to the awful pains of neuritis in the head, says this woman. Read how Kruschen completely banished the pain:—

"I had neuritis in the head and right arm. I suffered untold agony with my head, and I dare not think what might have happened had it continued. Everybody knows what a headache is like, but it is as nothing compared with the awful pain of neuritis in the head. I spent sleepless nights tossing with pain. I began taking Kruschen Salts, and after some months of the treatment I have effected lasting relief."—(Mrs.) L.M.

Neuritis, like rheumatism and sciatica, frequently has its roots in intestinal stasis (delay)—the unsuspected accumulation in the system of harmful waste matter, which leads to the formation of excess uric acid.

Two of the ingredients of Kruschen Salts have the power of dissolving uric acid crystals. Other ingredients of Kruschen assist Nature to expel these dissolved crystals through the natural channels.

SOUR STOMACH, GAS?

IF you're troubled with stomach upsets, acid indigestion, gas, or have no appetite, there's nothing better than Dr. Pierce's Golden Medical Discovery. It stimulates the appetite and aids digestion. Mrs. H. Jones, 134 Glen Ave., Western Hill, St. Catharines, Ont., said: "A few years ago I was so weak and suffered from acid indigestion and sour stomach. I was almost always belching gas. Dr. Pierce's Golden Medical Discovery has helped me more than anything else I have used. It helped to relieve me of the stomach upsets and I felt 100% in every way after using it." Sold by druggists. New size, tabs. 50c. Liquid $1.00 and $1.35.

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