PRICEVILLE

Mr. and Mrs. Fred Karstedt spent a pleasant week's holidays in New York City and had some fine scenery of large buildings and beautiful streets. We were honored with a card showing a fine 22 story building in which they were domiciled. They returned much refreshed and rested after their trip.

We are pleased to report the return of Miss Mima Wright from the nursing home in Flesherton, much improved in health.

We were sorry to learn from your columns on returning from our holidays at Holstein of the passing of our fine old friend and chum at camp for many years—Sergt. John Weber. As he was a Staff Sergeant, like ourselfves, we were often brought together. He was a fine shot and an enthusiastic militiaman. He was in attendance at the memorial service here, medals and all.

In the same issue was chronicled the death of Dr. E. K. Richardson, a well known Major of No. 6 Company, Flesherton, many years ago. I recall the fine, friendly welcome extended to us on a visit we made to him in Toronto, when he took me to the orthopaedic hospital, of which he was consulting physician. In one case he showed the method of righting curvature of the spine. A visit was also made to the work shop, where various limbs of the body were manufactured from wood — a fine, friendly, social call. Our deepest sympathy goes out to both bereaved families.

Many kind, lovable friends visited here during the festive season. Being away ourselves, we missed them. "We can't have our apple and eat it too."

The congregational meeting of St. Columba United Church is being held on Wednesday evening of this week, when reports, we are assured, will be satisfactory. A jubilee will likely be mentioned, and contemplated, for the near future of the opening of St. Columba church for service.

This Wednesday, January 12th, the annual congregational meeting of St Andrew's Presbyterian church will be held in the church at 2 p.m.

The W.M.S. and W. H. societies of the Presbyterian church will be held at the home of Mrs. Wilfred Watson, when all the ladies are cordially invited to attend.

Mr. and Mrs. Bill Hill of Fergus spent New Years at the home of Mr. H. R. McLean.

Mrs. Donald Campbell left Saturday to visit with friends in Niagara Falls. Miss Florence McEachern is assisting in the home.

Mr. and Mrs. Jim Sturrock are enjoying a new radio.

Misses Mary Mather and Kathleen Burnett are taking a course in Owen Sound, catering to tourists, being held by the Department of Agriculture.

Mrs. Jim Sturrock received word on Friday that her father, Mr. Archie Ferguson of Swinton Park, was quite low and early Sunday morning he passed away. The funeral will be held at Swinton Park.

Miss Margaret McArthur returned home, after spending some time in Toronto.

Mrs. Dunn returned to Algoma, after spending a couple of weeks with the Oliver families and other relatives on the O.D.R.

Mr. Innis McLean returned to Toronto after spending a couple of weeks with his parents, Mr. and Mrs. Colin McLean.

Mr. Alex. Weir is engaged with Mr. Ed. Dingwall.

Mr. and Mrs. Archie McCuaig visited on Sunday at the home of their uncle, Wm. McLeod, South Line.

Sacrament of the Lord's Supper was fittingly observed on Sunday last in St. Andrew's church. Mr. Stephenson of Toronto occupied the pulpit.

The Holdfast U.F.W.O. club meeting will be held this Wednesday at the home of Mrs. Archie Stewart.

MAXWELL

The W. A. held their regular meeting at the home of Mrs. Angus Morrrison on Thursday of last week, with a good attendance. Plans were made for the annual meeting which is to be held on Wednesday, Jan. 12th at 2 p.m., and supper at the close of the meeting. The W. A. had a very successful year.

We are sorry to report Mr. C. M. Field very ill at time of writing.

The Y.P.S. held their annual meeting on Friday evening, with thirty in attendance. The following officers for the year were elected:

President—Mrs. Joe Wright.
Vice Pres.—Mr. M. Shouldice.
Secretary—Miss Flora Morrison.
Treasurer—Mr. Jas. Poole.
Miss. Convenor—Miss Mabel Ross.
Christian Citizenship— S. Barclay.
Literary Convenor—Barry Elliott.
Organist—Mrs. Robt. Priestly.

Mr. George Long of Niagara Falls is home for the winter months..

It costs 60 per cent. more to live in the United Kingdom now than in 1914 The people of the British Isles will probably say however it is worth it.

CENTRE LINE

We have had a taste of real winter weather, both cold and stormy, with roads very bad. This morning appears a bit better.

Miss Jean Lyons spent part of Christmas holidays with Mr. and Mrs. Russell White, Saugeen Jct.

Miss Mable Fawcett and friend of Duncan visited recently with Mr. Ernie Little.

Miss S. Konozewski spent Christmas and New Years with friends in Hamilton.

The sympathy of this community is extended to Mr. Jack Haney and other relatives in their sorrow on the death of their sister, Mrs. Wm. Morrow, Dundalk.

Mr. Delbert Magee of Eugenia spent the holidays with his cousin, Garfield Lyons.

Church was not held at Mt. Zion on January 2nd. Rev. Elliott and daughter were at church, but only two others braved the storm and bad roads. Yesterday was Mt. Zion's Sunday to be closed. Nert Sunday church will be held, as usual.

Mr. Ernie Little has returned home after spending a couple of weeks with his sister, Mrs. Fawcett, of Duncan.

ROCK MILLS

Mr. and Mrs. Laurie Betts spent a day with Mr. and Mrs. John Badgerow fourth line.

Miss Delsa Kaitting of the Club House, Eugenia, spent the week end with Miss Dorothy Foster.

Mr. Saddler is trucking wood from the yard of the Durham Furniture Co. to Owen Sound this week.

The lumber truck came through from Durham on Monday, but had some difficulty making the return trip, as he had 2,500 feet of lumber on board.

Very few logs have been coming into the mill yard the past week or two.

Mr. and Mrs. Harold Best of Toronto spent the week end with Mr. and Mrs. George Johnson.

Mr. Leo Paton of London spent a week with his father, Mr. H. Paton, and also visited other friends.

Mr. and Mrs. Kenneth Betts and daughter, Janet, of Flesherton visited on Sunday with his father, Mr. Levi Betts.

Mr. Peter Gagnon of Durham made a business trip here on Monday. He was accompanied by Mr. Bowman Jamieson, who remained for the week as usual.

Mr. Glen Croft motored to Durham on Saturday and was accompanied by his cousin, Dorothy Badgerow.

ROCK MILLS LADIES' AID

The Rock Mills Baptist Ladies' Aid will meet on Wednesday, January 19, at the home of Mrs. Ned Croft. Lunch Com.—Cake, Mrs. Harry Paton and Mrs. Alex. English; sandwich, Mrs. B. Field and Mrs. A. Blackburn.

KIMBERLEY

The community rink is in good shape for skating and hockey. Mr. Saul Fawcett is the manager. Due to the generosity of Mr. Elmer Ellis, who donated the ground and a number of interested citizens who assisted in putting the fence and ground in shape, we now have a good rink.

We extend our sincere sympathy to the Weber families in the death of their aged father, who passed away New Years eve.

Mr. and Mrs. Earl Dillon are leaving for Crystal Falls this Wednesday morning.

Mr. Ross Atkinson spent the week end at his home in Midland, visiting his mother, who is very ill.

The annual congregational meeting will be held in the church on Friday evening.

The annual meeting of the Ladies' Aid was held on Wednesday afternoon of last week. A splendid financial report was given by the treasurer, Mrs. B. A. Carruthers, showing $98 raised, clear of expenses, and $96 spent for church purposes. The money was raised, as follows: $21 at the 10 cent teas (each monthly meeting), $20 quilting and quilts, 12 members paid for 1938. The officers are:

President—Miss Mary Haines.
Vice Pres.—Mrs. R. D. Carruthers.
Secretary—Miss Myrtle Stafford.
Treas.—Mrs. B. A. Carruthers.

A number of the junior hockey boys played a friendly game with the Heathcote boys on Saturday afternoon. Score 5 to 5.

RADIO SERVICE

We have opened up a first class Radio Service on the premises formerly owned by Austin Shackleford, and we are prepared to serve your interests in a prompt, courteous and efficient manner. All work done by a skilled technician, a student of the Radio College of Canada in radio engineering. If its electrical we can fix it—give us a try and be convinced. House wiring and Hydro installation. Tubes tested free.

JOHN W. COOK, Flesherton.

BUCKINGHAM

The weatherman has treated us to some real winter weather so far in the new year, with roads in this part having been closed to motor traffic for over two weeks.

Although the weather was so inclement and the roads heavy twenty-six members and visitors attended the ladies' community club meeting at the home of Mrs. Alex. Mullin on January 5th. The meeting opened with the president, Mrs. Jas. Fawcett, in charge. After the usual opening business was attended to a general discussion followed and the rest of the afternoon was spent in the usual way with knitting and sewing. The February meeting will be held at the home of Mrs. J. T. Davidson Feb. 2.

The Feversham hockey team came out on Saturday and had a game with the Rob Roy boys on the rink here, which resulted in a victory for the visitors.

Mrs. Herb Eby returned from the Collingwood hospital on Friday and is convalescing at the home of her parents, Mr. and Mrs. J. T. Davidson. We hope she may soon be completely recovered.

Mr. Hugh Davidson has spent the past couple of weeks visiting with his brothers here.

Mr. John Black has been laid up for the past week suffering from an attack of neuritis and we hope that he, also, will soon be recovered.

CEYLON

Mrs. Fred Marshall was a visitor in Toronto the latter part of the week.

Mr. Joe Hemphill, Toronto, attended the funeral of the late James J. Lyness on Wednesday.

Mr. F. D. Cairns and Miss Isobel McDonald of Weston were visitors the first of the week at the home of Mr. George Cairns.

The community extends its sympathy to Mrs. James Lyness in the loss of her husband last week.

Mr. and Mrs. Geo. Blackburn of Springhill visited with Mr. and Mrs. Ken Stewart the latter part of the week.

The Women's Institute will meet at the home of Mrs. Fred Marshall on Thursday evening, Jan. 20th, at 8 p.m. The roll call will be answered with a recipe for a hot supper dish.

Miss Agnes Macphail, M.P., closed her home here last Tuesday prior to leaving on a short speaking tour in the States. Her week ends for the winter months will be spent at the home of her sister, Mrs. Hugh Bailey, at Dundalk.

HUGE AMOUNT PAID FOR DEAD SHEEP

Over in Simcoe the two district representatives have compiled a statement showing the number of sheep killed in the county in the past five years and the amount of money paid out in sheep bounties. No less than 4240 sheep have been killed by dogs in the five year period and the amount of money paid by township councils to reimburse sheep owners for their loss totals the enormous sum of $57,234.

VERMIN and FARM PROFITS

Vermin ridden poultry and animals take dollars off every farmer's income. But you can keep your stock free from any kind of vermin . . with Pearson's Louse Killer.

This famous British Specific is specially recommended for poultry.

PEARSON'S *Louse Killer*

Made by the makers of "CREOLIN"

E-4

TRY IT. THESE DEALERS HAVE IT

C. J. KENNEDY, Flesherton, Ont.

FEVERSHAM

The Hydro has been turned on in the village with the exception of one or two houses that have been wired this week.

Mr. Harvey Pedlar was appointed auditor for the section at the annual school meeting, and Mrs. E. Hawton was elected trustee, in place of Mr. Vic. Wright, who resigned.

A number of people are complaining of colds or influenza, which seems an epidemic around here.

Mr. Eby of Toronto is holidaying with friends here at present.

Mr. J. J. Edgar, miller in the Osprey Farmers' mill here, has returned to his work, after a two weeks' holiday at his home at Egansville.

We are having a real old time winter — two feet of snow and zero weather quite often.

Friends here received word recently of the death of Mrs. John Crawford, a native of Artemeisa township, near Proton Station, and a resident of Osprey for some years. After her marriage to Mr. Crawford they farmed about two miles west of this village for a number of years before they moved to Nanton, Alta. She was a daughter of the late Mr. and Mrs. James Love, pioneers of Proton Station district. Some short time after her marriage to Mr. Crawford, about 65 years ago they moved to Lot 9, Con. 11, Osprey, and there made a good livelihood and brought a rough farm into one of the nicest farms in the neighborhood, where Mr. Crawford erected a fine frame barn and good brick dwelling, which took the place of the log pioneer buildings.

Mrs. Crawford passed away at the age of about 81 years, at the home of her daughter, Mrs. D. McNevin, at Yellow Grass, Sask. They had raised a family of two sons and four daughters. Their eldest daughter died while living here, while Mr. Crawford and the two sons died in the West some years ago.

OBESITY

Obesity is a polite way of saying "too fat" "too stout". Some persons have a hereditary tendency to stoutness and in some families a single member may become unusually stout from childhood. But stoutness is more often the result of excessive eating and not enough exercise. It is a well recognized fact that people who have passed middle life have a tendency to become stout, despite the fact that they eat moderately and play plenty of golf. The fact remains that they are consuming carbohydrates beyond their daily needs and the excess amount is converted into fat and stored in the tissues.

Obesity is undesirable on several counts. In the first place it tends to slow one up and make all exercise burdensome. Fat people suffer more than thin people when a fever hits them and they are poorer risks when they have to take a general anaesthetic. Why is this? Let us explain.

Our foods are divided into three classes, carbohydrates, fats, and proteins. All are essential for normal nutrition, but as used for body energy they are all converted into sugar (or carbohydrates). If we are taking into the body more food than is daily required the excess amount is stored in the tissues as fat. But the fat does not pick out just those parts of the body one can see in which to lay down layer upon layer of new weight. All body tissues are used in this storing up business and so the heart and the kidneys and other organs all get their share. This means that an organ like the heart has more bulk to keep working than the heart which normally does not carry a lot of extra fatty tissue. More work means more effort and that is why a very fat person gets short of breath and may experience air hunger, and is a poorer risk for an anaesthetic. Body weight in most persons can be controlled. It is largely a matter of eating within reason and having a well balanced diet. If you are overweight consult your doctor. He will prescribe a diet to suit you. Above all avoid food faddists and the kind friend who took some pills which he is sure is exactly what you need. That is dangerous. An outstanding consultant told the writer not long ago, that some of the most serious cases with which he had to deal were persons who followed somebody's cure-all for control of weight.

Eat wisely, exercise properly and remember that it is easier, as a rule to put on weight than it is to take it of.

STAMP SALES UP A MILLION

Postage stamp sales in the eight months ended Nov. 30th were $1,058,622 higher this year than in the comparable period last year. Total postage sold from April 1st to Nov. 30th was $25,275,256, compared with $24,216,634 last year, the result of increased general business activities according to department officials.

Only one candidate out of 33 nominated at Huntsville qualified. He must have been a stranger in town.

PROTON STATION

News came to Proton Station by telephone of the death of George Hutchinson of Kitchener, which occurred on January 6th. The remains were brought by train for interment in Flesherton cemetery. Rev. G. R. Service, pastor of St. John's United Church, Flesherton, conducted the service at the cemetery on Saturday afternoon.

The late George Hutchinson was the youngest son of the late Mr. and Mrs. William Hutchinson, pioneer residents of the east backline, on the farm now owned by Mr. Ernest Stewart. A large and clever family was raised on that homestead, three of whom have passed away in recent years: Mrs. Connell, Miss Maria Hutchinson and Rev. Wm. Hutchinson of Michigan. Deceased was unmarried. Three brothers and one sister survive: Rev. John F. Hutchinson of Flint, Mich., James and Hilliard of Kitchener and Mrs. Parker (Leah).

The family was for many years faithful and talented members of the Inistioge church and will be remembered by the older residents of this district very kindly, who at this time will sympathize with them in the loss of their brother.

Mr. and Mrs. Clark Wyvill have come to reside in their home in this village until navigation opens in the spring. Last Friday night their friends and neighbors made them guests of honor at a party in the Orange Hall and made them the recipients of a presentation.

Mrs. George Hutchinson and son, Mr. Milton Hutchinson, of Kimberley visited friends in and around Proton Station during the week end.

USE INSULIN IN CASES OF INSANITY

Six Female Patients Are Undergoing ..... "Shock Treatment" .....

The Ontario Department of Health, under Hon. Harold J. Kirby, is experimenting with the new insulin "shock" process, and has already completed treatment on six female patients at the New Toronto mental hospital, with results which Mr. Kirby was able to classify as "so far quite encouraging".

All these patients had been ill from 19 months to seven and one-half years. Since they were treated, one is considered to have recovered completely her former mental health, and four have improved sufficiently to again care for themselves, do simple work, and are socially acceptable though symptoms of their mental illness "still persist in a milder form". The sixth patient was entirely uninfluenced by the treatment.

Live Stock R

(By Dunn & Lev

Liberal supplies for Monday's mar. a fair demand for quality, while other cows and bulls, were lower. The outlet was pretty much to the local trad

Choice heavy steers sold 6.00 to 6.25; good to choice ste at from 5.75 to 6.25; fai 5.00 to 5.65; common 4.25 to 4.75. In the but the best demand was shown heifers, while steers were good to choice rangin 5.75; fair to good 4.50 t mon to medium 3.50 to 4 choice baby beeves sold to 8.00, with those of med quality from 5.50 to and feeders were slow breedy cattle selling f 4.50. Choice butcher cow from 4.00 to 4.25; fair to 3.50 to 4.00; common to me to 3.25; canners and cutt 2.65. Choice butcher bul from 4.00 to 4.50; bologna to 3.75.

In the small meats, sold at from 7.75 to 8. very choice feed lot lambs fro ern Canada at 8.25. butcher sheep brought 5.00. The calf market was with choice calves selling from 10.00 to 11.00; fair to good from 8.00 to 9.50; common to medium 5.50 to 7.00.

The hog market was very dull on Monday and prices a quarter lower compared to the close of last week. Reports from the United Kingdom on Canadian bacon products were considerably lower and this had a direct effect on the trade here. Truck deliveries on Monday sold here at 8.25 and the market for the balance of the week will probably be easier, depending entirely upon supplies.

RAFFLE TURKEYS COST $1.00 A POUND IN FINES

Thirty residents of Trenton and district found that Christmas turkeys came at the rate of slightly over a dollar a pound. In Trenton police court each was assessed $16.50, including costs, for being found in a common gaming house. Provincial police had raided a farmhouse where a turkey raffle was being conducted. Earlier, the farmer in whose house the raffle was taking place, was convicted of keeping a common gaming house. The farmhouse was raided a few days before Christmas.

READ THE "SMALL ADVTS".

NOTICE

TO RUPTURED PEOPLE

PLEASE DO NOT BE DECEIVED

ANYONE INTERESTED in or how YOU CAN BE FREE FROM TRUSS WEARING in Six Months—Come to the Grand Central Hotel, Dundalk, on WEDNESDAY, JANUARY 19—All Day and Evening.

Consult a noted Rupture Specialist—20 years' experience; two years in operating room. Let HIM demonstrate to you free of charge HOW and WHY there are no curing qualities in a truss. A TRUSS is merely a mechanical support to retain the hernia and keep it in place providing it is properly fitted with an uplift effect directly over the place where the rupture is developing. Also let him demonstrate to you HIS method of treatment for rupture, a treatment which has been approved by a number of medical men throughout Canada, along with the most comfortable fitting appliance that can be obtained in America. This treatment used with a properly fitted appliance has been proven by physicians to be a vast advancement over all former methods, exemplifying instantaneous effects immediately, withstanding any strain or position, no matter the size or location, large or difficult cases, on men, women and children. Consult your doctor after using this treatment. If he can find any rupture apparent your money will be refunded. Don't forget the date—January 19th.

THOMPSON APPLIANCE CO., Napanee, Ontario

MASTER FEEDS for Cattle, Hogs and Poultry

SOL-MIN Mineral for all Live Stock

SHUR-GAIN FEEDS

Big 50 for Poultry and Shur-Gain Hog Concentrate

COOPERS DRI-KILL — Kills Lice on Poultry and Live Stock

HELLIBORE, SULPHUR, SALTS

A FEW SPECIALS

Ivory Soap, reg. 20c	2 Cakes for 11c
O. K. Soap	10 Bars for 29c
Red Rose Tea	lb. 55c
Butter Color	29c
Pitted Dates	2 lbs. for 19c
Pride of the Valley Peas	10c
Choice Tapioca	3 lbs. for 23c
Picnic Herring in Tomato Sauce	10c

TERMS: Cash or Trade

Osprey & Artemesia Co-operative Co., Ltd.