Sunday School Lesson

LESSON X

Christian Rest.—Matthew 11:28-30; Hebrews, Chapter 4:1-11

Golden Text—Come unto me, all ye that labor and are heavy laden, and I will give you rest. Matthew 11:28.

The Lesson in Its Setting

Time.—Our Lord's words of invitation were uttered in December, A.D. 29. The date of the writing of the epistle to the Hebrews cannot be definitely determined. It must be placed before the fall of Jerusalem, probably about 68 A.D.

Place.—Our Lord's words were uttered in Peraea, east of the Jordan River, opposite Judaea. The place of the writing of the epistle to the Hebrews is disputed.

The late Dr. J. Stuart Holden of St. Paul's, London., says of Matt. 11: 28, 29: "This is perhaps the greatest word of the Evangel. It is majesty set to music for the lightening of overburdened and fevered lives. It is heaven's heart's ease for healing of sinning and sorrowful men. No other of all the gracious words which proceeded from his mouth is consecrated so entirely by the experience of thousands in every age as is this ever-new invitation of the Son of God to the sons of men.

28. Come unto me. There is love in this invitation, and urgency, and a consciousness of ability to meet the needs of those who will come. Come ye that labor and are heavy laden. 'Come unto Me, and I will give you rest!' All ye that are like over-cargoed boats, whose minds are burdened with anxieties and cares, or with the heavy and lumbering traditions of men, who are nigh to being swamped, living in perpetual fear of sumbission, 'Come unto Me, and I will give you rest.'

Rest is that heart harmony with God which qualifies men for life's engagements, for its ceaseless conflict and conquest, for its fruitful toil, and for its noblest and highest purposes. This is what Christ came to effect in men. This is the object of all His work and the interpretation of all His passion.

Invitation to Rest

29. Take my yoke upon you. . . . Christ takes upon Himself the one side of the yoke, and He invites you to come and occupy the empty place beside Him. He is the meek and lowly one. He has been accustomed to the yoke. This is the divine yokefellow of whom you are to learn, moving side by side with you, that you may imitate His patient endurance, His meekness and lowliness of spirit.

And learn of me. We are to learn of the Lord Jesus first, by studying the portrait of him as revealed in the Gospels, and then by living the Christlike life, as the Spirit of Christ dwells in us, teaching, strengthening, sanctifying and guiding us. For I am meek and lowly in heart. "The word 'meek' carries the idea of mildness and gentleness and the absence of self-vindication, and retaliation of injury, and so it carries with it the conception of unselfishness. What is it to be lowly in heart? The lowly-minded man is down in a humble sphere, where he is content if he can only serve." And ye shall find rest unto your souls. Here is a promise, but there are specific conditions which must be met before the promise can be fulfilled; we first come to Christ. then we take his yoke upon us, and then we learn of him. When we have done these three things, we shall no longer be seeking rest. We shall have it.

30. For my yoke is easy, and my burden is light. "The word rendered 'easy' means agreeable and serviceable. If Christ's yoke ever galls the neck, it is because we do not work steadily in it."

Rest For Christian Believers

1. Let us fear therefore. "It is because we know the Father, it is because we are redeemed by the precious blood of the Saviour, it is as the children of God and as the saints of Christ that we are to pass our earthly pilgrimage in fear. This is not the fear which dreads condemnation, but the fear of those who are saved and whom Christ has made free. Lest haply, a promise being left of entering into his rest, any one of you should seem to have come short of it. 2 For indeed we have had good tidings preached unto us, even as also they: but the word of hearing did not profit them, because it was not united by faith with them that heard. 3. For we who have believed do enter into that rest. Thomas Carlyle, in his life of Schiller, speaks of unrest as "the never failing inmate of every human breast." This is true of everyone outside of the Lord Jesus Christ, but in Christ, if the New Testament teaches anything, it teaches this, that, in believing, we are to have peace and joy. Here is one of the deepest, more precious themes of the word of God, something which cannot be analyzed, but must be entered into by experience.

Even as he hath said, As I sware in my wrath, They shall not enter into my rest. These words are taken from Psalm 95: 11, and they refer to God's words to Israel, especially as regards her entrance into the Promised Land. Had Israel fully followed the explicit instructions of God in the matter of exterminating enemy peoples, Israel would have had a complete rest from the exhausting, taxing, rebellious invasions and uprisings of these pagan peoples. But there is certainly a deeper meaning here in the matter of rest — a rest for the souls of the Israelites, a true resting in God.

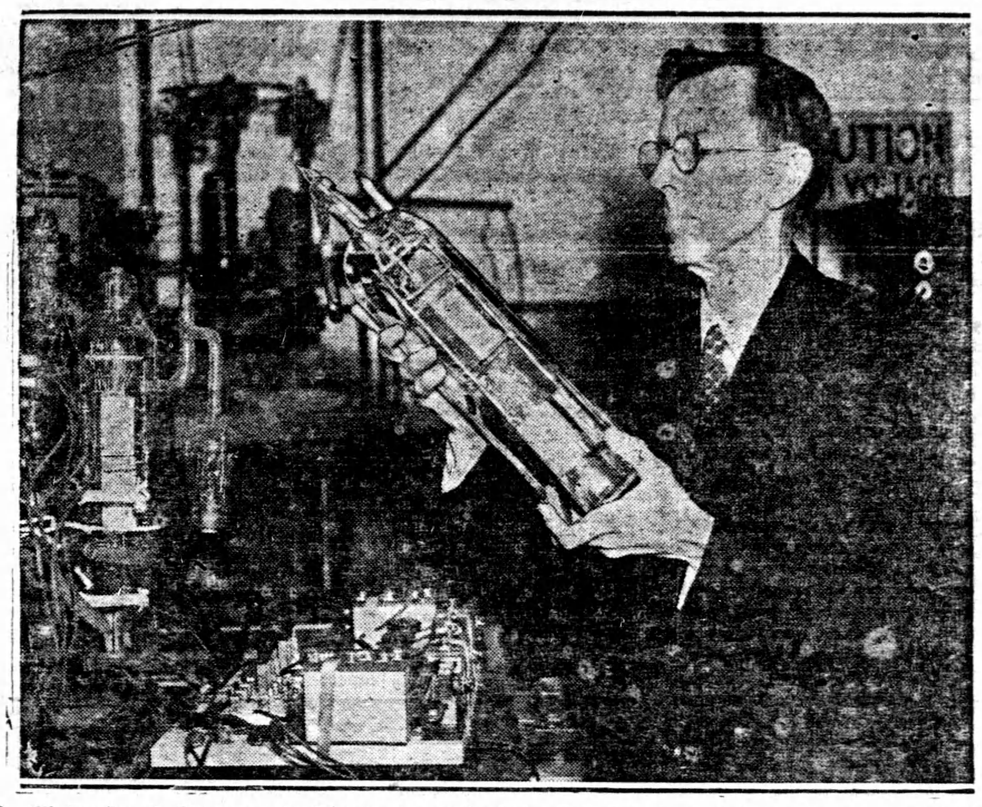
Although the works were finished from the foundation of the world. 4. For he hath said somewhere of the seventh day on this wise, And God rested on the seventh day from all his works; 5. And in this place again, They shall not enter into my rest. These quotations are from Gen. 2:2 and Psalms 95:11. The rest of God is the expression of the perfect, divine complacency in the perfect, divine work.

A Special Day

6. Seeing therefore it remaineth that some should enter thereinto, and they to whom the good tidings were before preached failed to enter in because of disobedience. 7. He again defineth a certain day, To-day, saying in David so long a time afterward (even as hath been said before), Today if ye shall hear his voice, harden not your hearts. 8. For if Joshua had given them rest, he would not have spoken afterward of another day. 9. There remaineth therefore a sabbath rest for the people of God. "We are not summoned to the heavy slumber which follows overtaxing toil, nor to inaction or indolence; but to the rest which is possible amid swift activity and strenuous work; it is perfect equilibrium between outgoings and incomings of life; it is a contented heart; it is peace that passeth all understanding, it is the repose of our will in the will of God."

10. For he that is entered into his rest hath himself also rested from his works, as God did from his. 11. Let us therefore give diligence to enter into that rest, that no man fall after the same example of disobedience. "The essence of sin is that sin centres in self instead of God. We try to help ourselves instead of throwing our burden of sin and care and sorrow upon the great Sinbearer and the Man of Sorrows, who was acquainted with grief. Now, when we come to Christ, we abandon all this self-help, and ask Him to be our helper; we abandon all this self-trust and lean on His finished work. We stop laboring to build up our own interests, and we are taken up with the interests of His kingdom. You shall never find rest until you find rest in ceasing from your own works, as God did from His, and entering into the Sabbath of rest that remains for the people of God, in this way."

Wins Nobel Prize for Study of Atoms



Dr. Clinton Joseph Ravisson, physicist on the staff of the Bell Telephone Laboratories, pictured in his laboratory, after notification that he was a joint winner, with Prof. George Paget Thomson, of London, of the Nobel award for physics. Dr. Ravisson and Prof. Thomson received their awards for their research in electronic interference.

Is This Your Birthday?

By A. R. WEIR

What the STARS foretell for those born on December 3, 4, 5, 6, 7, 8, and 9

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If the date of your birth is listed above, Sagittarius, the ninth sign of the Zodiac, is the sign under which you were born. This gives you a naturally happy, carefree and optimistic disposition. If you err at all it is on the side of hopefulness and optimism. Mix just a bit more concentration and determination with your efforts and you will be one rung higher on the ladder of success.

YOUR OWN BIRTHDATE:

DECEMBER 3—There should be a slow and steady improvement in your financial affairs bringing much more prosperity and happiness. Several long journeys are indicated and you should exercise caution when dealing with strangers as you have a tendency to overdo things.

DECEMBER 4—You are extremely restless and should curb your natural desire to see strange scenes and visit far-off countries. You should receive some important news from a long distance and much travel is indicated. Relatives and friends will help you and you will gain through intellectual people.

DECEMBER 5—Because you are a lover of sport and the open-air, you should walk as much as possible—it is your best tonic. While there are times when you can be irritable, without apparent reason, you have a naturally jovial disposition. You should benefit through some new work in which you are interested and the year is especially good for social matters.

DECEMBER 6—You are inclined to be rebellious by nature. Guard it and allow your philosophical turn of mind to govern. You are happiest when in complete harmony with your surroundings. Some new work will come your way and there will be many long journeys and much excitement and adventure.

DECEMBER 7—You are sincere, happy-go-lucky and just a little bit careless. Many visits to places of amusement are indicated also a removal of residence and a pleasant holiday by water. Love affairs will prosper.

DECEMBER 8—You are quick to grasp the importance of new ideas and to adapt yourself to surroundings. Because of this you should have little difficulty in adjusting yourself to changes which are indicated in your business affairs. A woman will help you in business and you should be careful with correspondence.

DECEMBER 9—Like all Sagittarius people you long to travel, to explore new scenes and to know new people. There will be much more stability in your life and you should benefit by property and elderly people. The coming year will be very good for social and love affairs.

IF YOUR BIRTH DATE IS NOT LISTED ABOVE and you would like your personal Horoscope, or if you wish a complete Horoscope for any date listed above, send 10c (coin preferred) to A. R. Weir, 73 W. Adelaide St., Toronto, Ont. Please print your name, address and BIRTH DATE plainly.

Around The Dial

RADIO HEADLINERS OF THE WEEK

By FRANK DENNIS

Hello again — more gossip about those you hear on the radio. In answer to many requests, we are going to tell you about the program—Ask Another. It is heard Fridays, 10:00 o'clock over CFRB and brings to the microphone such people as Howard Lindsay, he who ask another, Wally Armour and his orchestra, George, the capable assistant, Miss Rhoda Howe who interviews those present who think they know the answers to the questions, and those who think they have tough questions to ask. Here's the idea! You send in what you think if a difficult question. If your question is used on the program, you receive a Prize Package. If your question is not answered by those present at the studio, you also receive a salute by the orchestra. The audience at the studio must answer the questions — and those who do, also receive a Prize Package. Apparently it's lots of fun, for this program is in its second year, and is still going strong. If you wish tickets, just write to "Ask Another" in care of CFRB. Incidentally, the prize package consists of a glass jar of powder, a giant jar of cold cream, a large jar of vanishing cream, and a bottle of Cream Lotion, so if you ladies are interested in looking beautiful—why not send in a question?

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Musical Mysteries

The musical mysteries program is back on the air again with a two-piano team. The station is CFRB and the time 10 p.m. Frank Grant and Celia Huston do the ivory-tickling. We have heard this team work on many occasions before, and we don't mind telling you that we think they do a fine bit of work.

* * *

Lovers of sport broadcasts will be glad to learn that Wes. McKnight's sport feature is offering a new series of sport books. Tune in to CFRB Mondays to Fridays at 6:40 p.m. and Saturdays at 7 p.m. The Saturday broadcasts consists of interviews with hockey stars — and their opinions of the game for the evening are expressed. Interesting sidelights are also given. Incidentally, Wes McKnight's sport feature is one of the longest run radio programs of any in Canada.

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Vox Pop at Hockey Games

Stan Francis is doing a vox pop during the intermissions at the NHL Hockey games at the Maple Leaf Gardens. If you saw him doing this work, you would probably think the Man from Mars has descended to Earth. Stan wanders about the Gardens with a big bag of batteries on his chest and a box of equipment on his back, to say nothing of the aerial sticking up at his side. Stan sends his interviews by wireless to the gondola occupied by Foster Hewitt, and from there it is broadcast by standard waves across the country. Short Wavers can pick Stan up direct by tuning in VE9BQ.

* * *

Happened to tune in to the Life and Adventures of Santa Claus, the finest kiddie's show on the air—no blood and thunder—no cops and robbers—but a clean show with something of genuine interest for the children. Adults, we learn, are finding it a treat listening to this program. The Station—CRCT, Tuesdays and Fridays, 5:30 to 5:45. Incidentally we had an error in mentioning this program before. The story was written by a woman and not a man — the name, Julie Lane.

LISTEN... on Friday Night "CANADA-1937"
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Largest Steel Ingot

The largest steel ingot ever produced in Britain has been made by the English Steel Corporation at its Vickers Works in Sheffield. The ingot weighs approximately 220 tons, is about 25 ft. long by 8 ft. 9 in. across the largest octagon section. It required steel from four acid open-hearth furnaces.

A 250-ton crane was used to handle the monster, which will be made into large forgings in connection with the Government's defence programme.

Measures Its Sausages

BERLIN. — Germany consumes more than a million and a half yards of sausages every year. Statisticians figured that out from the amount of sausage skins and casings required by the industry.

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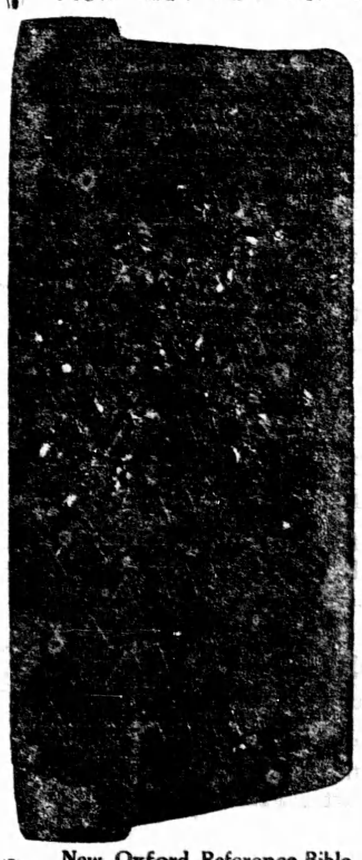

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