THE FLESHERTON ADVANCE

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W. H. THURSTON, Editor.

WEAR A POPPY

Nineteen years ago the bugles sounded, "Cease Fire", on the far flung battle front that constituted what we have since come to remember as the Great War. Nineteen years is a long time as we measure time and much has happened since Armistice brought relief to an agonized world. Those who were but babes then represented the youth of the land today; youth that will shortly be assuming the direction of our country and participating, we trust, in maintaining the peace of our commonwealth.

But for thousands of maimed, disabled and unemployed Canadians, who went out in perfect health to do battle for what we and they believed to be a righteous cause, there is as yet no Armistice. We find them suffering silently in their humble homes, or racked with pain on our hospital beds, perhaps walking our streets in poverty their families suffering still the tragedies of war. They must not be the forgotten men.

The Canadian Legion seeks each year to remind the public of the needs of these comrades, and by means of the Poppy Day collections the Legion endeavors, in some small way, to help those who suffer yet for Canada's freedom.

In a few days now the blood-red poppy will be everywhere on our streets. Women will ask you to "Wear A Poppy For Remembrance." It is a duty for you to support this appeal. It is more than a duty, it is an obligation, for we sent them forth in our name and we promised that we would care for them on their return. It is not too much that we do our share to fulfil that promise. Will you put a poppy in your window for remembrance. Will you wear a poppy as an emblem of your sympathy with the cause? Will you give as much as you can for the blood-red flower from Flanders' Field?

REPUTATION FOR PROGRESS

Some towns have reputation for being progressive, while people complain that others are dead or asleep. The dead or sleepy towns often have plenty of good folk in them, only they are too content with their stagnant condition. How shall a town gain a reputation for progressiveness?

That reputation is given in various ways. Such a town needs good organizations, supplying the social, religious, business, and educational needs of the community. It must have energetic people, who are not satisfied unless these organizations are active. It must be constantly trying to improve home conditions and enlarge home town business. It must have high standards of neatness, so it is attractive to the eye. Such a town will be known far and wide a progressive.

PREPARE FOR DISASTERS

Nineteen persons were killed recently when a United States Airliner crashed while travelling through a storm in the mountainous section of Utah. This machine was one of the latest built with all safety appliances installed for safe flying. All that mechanical engineering skill could accomplish was of no avail when the human element is included in the operation of the airoplane. This disaster was only one of many that have occurred in the United States and reminds us of the uncertainty of flying safely through storms. Canada's transcontinental air service will be inaugurated next July and we will have to be prepared for news of such accidents as have occurred in the country south of us. While there have been a number of fatal airoplane crashes in establishing a regular route for air transportation, hundreds of thousands of miles have been travelled without accident and this fact is received as a matter of course and thousands of travellers use this means of fast transportation. It is only when a major accident occurs that the public gaze is focused on the uncentainty of air travel.

EDITORIAL NOTES

Canadian railways are to be commended for the great work they are accomplishing by taking food from Ontario to the dried out areas of the West without remuneration. It is a wonderful chance for service to the Western people, but costs the railways a great deal of money for transportation. The people of Ontario are also "measuring up" to the need of the western people.

VANDELEUR

Anniversary services will be held in Vandeleur United Church on Sunday, November 7th at 2.30 p.m. and 7.30 p.m., with Rev. Burry of Walter's Falls as Minister.

Church re-opened on Sunday afternoon with our pastor, Rev. H. S. Warren, in charge. It was good to be back in the regular routine of living after the long enforced holiday.

On Monday the public school reopened with Mr. H. J. Thompson in charge, and a fairly good attendance of scholars.

At Lundy Johnson's on Friday evening, the pastor, Rev. H. S. Warren will commence a teacher's training course, similar to the one held last year. There wil be five lessons in the course.

Master Teddy Warling went to Toronto to the hospital for past-Infantile paralysis treatment during the past week. We wish Teddy every success.

Mrs. Will Johnson and Miss Emily Lawson R. N., of Wodehouse are spending a few days in Toronto. Master Donald Johnson will accompany them home, having spent several weeks in the hospital in Toronto.

Mr. W. J. F. Hutchinson received the sad news of the death of his nephew, Mr. Roy Devins of Weston on Saturday, October 16th. Mr. and Mrs. Hutchinson motored to Weston on Sunday and attended the funeral on Monday afternoon. Mr. Roy Devins is a former Vandeleur boy.

Master Melville Buchanan is attending Flesherton high school.

WE FUNNY HUMANS

Aren't we humans funny? We spend money for gasoline, ice cream, soft drinks—and indulge in hundreds of things that bring us nothing but entertainment for the moment. No permanent benefit comes to us from any of its use but we never think of kicking. It is only when it comes to paying taxes, the things that give us schools, public buildings, sidewalks, electric lights and permanent benefits that we rise up on our hind legs and holler our heads off. Aren't we humans funny?—Paisley Advocate.

No man was ever so much deceived by another as by himself.—Grenville.

Experts now say babies shouldn't be rocked to sleep on mother's lap. It disturbs the little things so when hot ashes fall on them.

Flesherton United Church

FOWL SUPPER

Lecture by

Rev. Dr. E. Crossley Hunter

OF HAMILTON

THURSDAY, NOV. 4, 1937

Supper Served from 5.30 to 8 p.m.

ADULTS:- 40c CHILDREN:- 25c

Proton Council

The Municipal Council of the Township of Proton met at Hopeville on Saturday, Oct. 9th, 1937, at 1 o'clock, with all members of Council present.

The following accounts were ordered paid: G. B. Smith, 1 ewe killed by dogs, $9.00; Archie Russell, 4 trips valuating sheep, $3.00; Dalton Scott, trucking gravel $1.28; Alex. D. McCannell, grading, $11.10, dragging P. and A. townline, $1.20, total $12.30; Art Richardson, dragging, $4.80, also dragging P. and A. townline, $3.75; total $8.55; Dick Ellis, cleaning pits, $8.00; Walter Carson, grading and grant, $28.50; Milford Marshall, work, $9.00; Jas. Batchelor, screening 207 yards of gravel, $41.00; Wm. Adams, tile and putting in culvert, Lot 4, Con. 9, $26.15; Wm. Adams, trucking, P. and A. townline, $1.22; Wm. Pryde, wire fence, $16.00; Peter McTaggart, putting in culvert and dragging, $16.-50; John Bell, work on road, $3.75; John Lane, grading, $15.00; Wilfred Black, operating grader, $3.75; Oliver Milner, wire fence, $16.00; Reuben Smith, crushing, Div. 2, $80.40; Reuben Smith, crushing, P. and E. townline, $45.30; Wesley Funston, levelling gravel, P. and E. townline, $6.00; Geo. Russell, 1 lamb killed and 3 ewes injured by dogs, total $10.00; Dalton Scott, trucking, Div. 1, $8.64; R. Smith crushing, Div. No. 1, 45c.; Bell Telephone Co., moving poles, Con. 6, $3.71; S. G. Crawford, work on 37 Sideroad, $13.50; Sam McCullough, levelling gravel, $3.00; J. E. Corbett, going for grader, $1.; P. J. Ryan, crushing, Div. No. 4, $27.90; J. E. Corbett, work as Sanitary Inspector, $2.70, attending two Board of Health meetings, $4.50; Milton Irwin, attending two Board of Health meetings, $4.50; Wm. Jack attending two Board of Health meetings, $4.50; Ingot Iron Co., repairs for grader, $6.50; Dalton Scott, trucking, Div. No. 2, $26.92, trucking, P. & E. townline, $32.96; P. J. Ryan, crushing and trucking 24 yards of gravel, Div. 5, $14.88; Fred Greer, R. H. Wale and Wm. Jack, 1 trip to Flesherton re townline acct. with Artemesia, $1.25 each; Wm. Jack, use of car, $100; Sam Sherson, work on road, $3.83; William Redmond, grading, $11.85; Earl Robinson, cutting willows, $9.00; Dan McCannell, work on road, $18.00, gravel $8.80, total $26.80; Jas. McCannell, paysheet 22nd Sideroad, $33.00; Pat Ryan, crushing, Div. No. 5, $49.26; R. Smith, crushing, Div. No. 1, $25.20; Wm. Coughlin, 1 ewe killed by dogs, $7.00; Arthur Stephen, 1 ewe killed by dogs, $9.; Jas. Banks, valuating sheep, $1.00; Pierre Garden, putting in culvert, Lot 4, Con. 9, $7.50; Oliver Tebby, 1 ewe injured by dogs, $1.00.

The Council members received $2.25 each for sitting, Mrs. Wale $2.50 for use of room, and adjourned to meet in Hopeville on Nov. 6th at 1 o'clock.

Milton Irwin, Clerk.

THE REASON WHY

A young chap who used to get around town much fell a few months ago for a pretty girl and entered into matrimony. One by one he began missing his old haunts and friends. If queried on the subject, he would hem and haw and excuse, but finally stated plainly that his wife violently disapproved of any tendency that he showed to return to his batchelor habits.

"But why don't you give her an argument?" One of his unmarried friends demanded.

"I thought of it once," came the weary answer, "but that was before I caught her carrying a piano upstairs. I've let her alone since."

"You can't say I made any noise coming home last night."

"That's true, but the three friends who carried you did."

Fall Days Are Here Again . .

AND YOU WILL NEED-

STOVE PIPES, ELBOWS, DAMPERS, STOVE BOARDS, RANGES and HEATERS

HUNTING NEEDS

Single and Double Barrel Shot Guns, Wincheter, Savage and Remington 22 calibre Rifles; also Browning slide-action 22 Rifles. Shot Gun Shells and 22 Ammunition

Roof Coating, Roofing, Building Paper, Cement, Axes, Saws, Hammers, Auger Bits. Flashlights & Batteries

Frank W. Duncan

Phone 54 FLESHERTON

HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

EATING IS AN ART

We are very often told how to eat and how important it is that our meals consist of a variety of foods. The proper selection of foods is that first item to be considered, and the next is to eat food in the right way after it has been selected. The following suggestions are made to cover the important subject of How to Eat.

Moderation should be practised at all times. It is harmful to overeat, even of the proper foods. Excess does harm; it throws an unreasonable strain on the body and so tends to wear it out early. Premature old age is the common result of neglect of the watchword "moderation."

Meals should be eaten in a quiet, restful manner. Food is not readily digested when the body is tired, or when the individual is worried or angry. A rest before meals is recommended to overcome body fatigue. Arguments or scoldings should never be carried on at meal-time. Active exercise should not be taken immediately after eating. Exercise is needed by the body, but so is rest, and one of the times when comparative rest is required by the body is after eating.

This same idea of rest is the reason why meals should be eaten regularly. The number of meals and the hour for meals is a matter of individual preference and custom. When meals are eaten irregularly, or when food is taken between meals, the digestive system is not given the periods of rest which it requires if it is to do its work properly. Eating between meals should be avoided. The person who requires extra nourishment should take it regularly.

Nature has provided means for the mastication of food. Food should be eaten slowly and it should be thoroughly chewed before it is swallowed. It should not be washed down with a drink before it is masticated. There is no objection to the use of beverages in moderation with meals, but they should be taken when the mouth is empty.

Moderation at all times — that is How to Eat!

THE RIGHT ANGLE

(Exeter Times-Advacate)

Bill was getting a job done in the blacksmith shop. Some talk was indulged in regarding students who had passed their departmental examinations and of others who were taking summer courses to better qualify them for their life work. Said Bill, the farmer's son, "Farming has them all beat."

And Bill is right. Farming is a man's job any day. It is no longer a slugging backbreaking affair. Farm machinery and general mastery of the craft has done away with nearly all that. There is work to be sure, but it is pleasant work done in the open. No one dares to stand behind the farm worker with a stop-watch; counting the seconds and measuring and recording his movements. Three times a day the farmer sits down to the best of food. Every time he asks a field for fair results, the field responds. There is nothing under the sun more honest than the land. No man is surer of a market than the farmer. Beef, milk, cream, poultry and its products are in steady demand. Fruit never goes abegging for a purchaser. When gray hairs come, no one puts an item in an envelope telling the farmer to move, that his services are no longer required. A pig on ice, as far as independence goes, is not to be compared with the farmer. Wise young sun browned Bill.

SHIP CANADIAN EGGS TO GREAT BRITAIN

Exports of Canadian eggs to Great Britain in the export season which started recently are expected to aggregate in the neighborhood of one and one-quarter million dozen. The export season extends from the middle of September to the latter part of November and at the end of September about 9,000 cases—3,240,000 eggs—had gone forward.

The export trade at this season is made up of eggs laid in the spring which are held under refrigeration until shipping date. Saskatchewan, Manitoba and Ontario are the chief exporting provinces, with Quebec and Alberta making smaller shipments.

While exports of Canadian eggs to Great Britain are not large in comparison with shipments from some other countries, they are, however, very well regarded and sell at a higher price than any other eggs of the same class on the British market.

World war is almost inevitable, warns Spain's premier. Evidently misery still loves company.

ROUND TRIP BARGAIN FARES

FROM FLESHERTON OCTOBER 29—30

OTTAWA	MONTREAL	QUEBEC
$6.65	$7.70	$10.95

Ste. Anne de Beaupre $11.55

Good leaving Toronto Union 11.15 p.m. Oct. 29—30

FINAL LIMIT — Leaving destination November 1

Not good on trains leaving Montreal — Ottawa 3.00 p.m.

TO THE MARITIMES — OCTOBER 28.

All Canadian Pacific Stations in New Brunswick.
All Dominion Atlantic Railway Stations in Nova Scotia.

RETURN LIMIT

Leave Nova Scotia points not later than Nov. 3
Leave New Brunswick points not later than Nov. 2.
Not good on train leaving Montreal 3.00 p.m.

Consult Agents — Ask for Handbill

CANADIAN PACIFIC

SUPERIOR STORES

SPECIALS ARE CASH ONLY

PEANUT BUTTER, Fresh Bulk **2 lbs. for 25c**
NEW LARGE JUICY PRUNES **2 lbs. for 23c**
HALLOWE'EN SPECIAL CANDY KISSES **2 lb 25c**
CANNED PUMPKIN large size choice quality **10c**
SODAS, FRESH AND CRISP **2 lbs. for 25c**
QUICK QUAKER OATS with Chinaware **31c**

FRESH FRUITS AND VEGETABLES OUR SPECIALTY. EVERYTHING AVAILABLE

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GALVANIZED PAILS **29c**

VARIETY STORE, Flesherton

but... ask your friends.

You'll be surprised at the number of people who really want you to have a telephone. Many of them don't even know you but they're interested nevertheless because of what *your* telephone means to *their* service. Too few telephones curtails service and the value of each individual instrument as well. The more telephones in service, the greater the value to each user. From the viewpoints of both service cost and service scope, every farmer is interested in seeing that every other farmer has a telephone.

NEW LOW RATES for farm telephone service are now in effect!