Sunday School Lesson

LESSON VII.
GOD GIVES LAW TO A NATION
(Exodus 19: 1—20; 21.
Printed Text—Exodus 20: 1—17.
Golden Text—Thou shalt love the Lord with all thy heart, and with all thy soul, and with all thy mind. . . Thou shalt love thy neighbor as thyself.—Matt. 22: 37, 39.

The Lesson in its Setting
Place—Mount Sinai.
Time—B.C. 1498.

"And God spake all these words, saying, I am Jehovah thy God, who brought thee out of the land of Egypt, out of the house of bondage." —Two fundamental reasons for Israel's obedience to the law about to be given are here announced; the one who gives the law is none other than Jehovah and God, Jehovah meaning "the one who is," i.e., the eternal one; this redeemed the Israelites out of the house of bondage, and consequently had a claim upon them for their gratitude and obedience.

"Thou shalt have no other gods before me."—This commandment is a direct prohibition of every form of worship which does not have for its object the Jehovah of the Old Testament, who is the Father of our Lord and Saviour Jesus Christ, and strikes at the very root of all polytheism, and of every ancient and modern religion and cult which exhalts to a place of worship either a mythological god or goddess, or an actual human being. There cannot be two gods.

"Thou shalt not make unto thee a graven image, nor any likeness of any thing that is in Heaven above, or that is in the earth beneath, or that is in the water under the earth. Thou shalt not bow down thyself unto them, nor serve them; for I Jehovah, thy God, am a jealous God, visiting the iniquity of the fathers upon the children, upon the third and upon the fourth generation of them that hate me.

"And showing lovingkindness unto thousands of them that love me and keep my commandments."— As the First Commandment forbade any other being to be worshipped as God, the Second Commandment forbids the making of any images of God or of other creatures to worship and serve.

"Thou shalt not take the name of Jehovah thy God in vain; for Jehovah will not hold him guiltless that taketh his name in vain."—The word "vain" means "empty", "without reality," and, by taking the name of God in vain, not only is all profanity which uses his name here condemned, but all acts and words of men who pretend to be solemnly worshipping God, while their hearts are far from him.

"Remember the Sabbath day, to keep it holy. Six days shalt thou labor, and do all thy work. But the seventh day is a Sabbath unto Jehovah thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy man-servant, nor thy maid-servant, nor thy cattle, nor thy stranger that is within thy gates.

"For in six days Jehovah made Heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore Jehovah blessed the Sabbath day, and hallowed it." —The word "Sabbath" means, literally, cessation, and, consequently, rest. While the word itself does not appear in the Bible until Ex. 16: 23—29, the idea of the Sabbath is revealed in the story of creation (see Gen. 2: 1—3). For other important references, see Ex. 31: 13—16; Lev. 19: 3, 30; Deut. 5: 12—15; Isa. 58: 13; Jer. 17: 21—27.

"Honor thy father and thy mother, that thy days may be long in the land which Jehovah thy God giveth thee." "The meaning of the word "honor" is—"to attach weight to; to put in the place of superiority; to hold in high opinion; to reverence, in the best sense of that word." "To the child who is not yet of age to think, to plan, to will, honoring of parents consists in subjection, obedience implicitly and gladly rendered. This, like every law of God, is for the child a gracious and yet imperative requirement.

"Thou shalt not kill."— This and the next three commandments have to do with life, purity, property, and reputation. The command not to take another life naturally stands at the beginning of a series of laws dealing with human relationships.

"Thou shalt not commit adultery." —Strictly speaking, adultery is violation of the marriage vow on the part of either husband or wife, while the accurate term for sexual relationships outside of the marriage state is fornication. Both of them and all sins of every form involved in these certainly come within the scope of the Seventh Commandment. Impurity is probably the most terrible curse in our modern Western civilization, and it is getting darker, and deeper, and more prevalent. Our vicious movies have a great deal to do with the careless, indifferent, almost smart attitude which our present generation is taking toward sexual sins. No man can treasure evil thoughts and let them remain in his heart. They are like the plant which starts in the recesses of your porch, which presently beings to creep out into the light. No man can think foul thoughts, no man can meditate on things that are unworthy without paying the price for it in his manhood. Keep pure associations. There are evil-minded friends who love to spew out upon their suggestions. Against them we can only erect the barrier of aggressive purity.

"Thou shalt not steal." — Underhand dealing was the besetting sin of the Hebrew. It is exemplified in the early days in the character of the national ancestor, Jacob. It is the constant cry in the social teachings of the prophets — Hosea, Amos, Isaiah, and Micah.

"Thou shalt not bear false witness against thy neigbbor."—To bear false witness is to make a public statement before one or more persons concerning another in such a way as to deliberately utter a falsehood about that person or persons.

"Thou shalt not covet thy neighbor's house, thou shalt not covet thy neighbor's wife, nor his man-servant, nor his maid-servant, nor his ox, nor his ass, nor anything that is thy neighbor's."—The improper desire is the root of all evil. It can seldom be reached by human legislation. But it is open to the Searcher of hearts. The intent is that which, in the last resort, determines the moral character of the act. This last 'word,' is, therefore, the interpreting clause of the whole Decalogue (Rom. 7:7). Covetousness here includes envy, malice, and every other selfish or disinterestedness, but of all forms of unselfish benevolence. This commandment is, therefore, virtually the law of love, and in this positive sense gives that loftier aspect to the Decalogue, the traces of which have been already noticed.

The Grand Canyon of the Colorado River is the longest and deepest canyon in the world. In some places it is more than a mile deep.

TIENTSIN, WHERE FIGHTING IS THE FIERCEST

A street scene in Tientsin, the base of Japan's operations in Northern China, which was bombed by Japanese planes and set afire after Chinese surprise attack developed into street fighting.

Health Depends On Cleanliness

School or College Girl Needs Plenty of Sleep, Food and Exercise

Exercise, fresh air, sunshine, a sensible diet and sufficient sleep are the best beauty preparations for the college girl. Good health is the foundation of truly radiant beauty, and it's a mistake indeed for the coed to try to subsist in chocolate sodas and fad diets, or to fall into irregular sleeping habits.

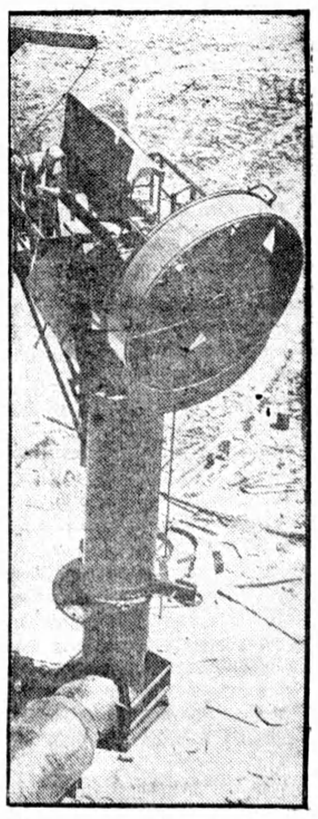
It's great fun to sit up in the dormitory and talk for hours and hours after study periods are finished, of course—and conversation is wonderful —but one who makes a habit of sleeping all too few hours a night will find that her beauty, not to mention her alertness, will suffer.

Even though you are not the active sportswoman type do go in for at least one active sport while you are at college. If routine exercises in the gymnasium bore you no end, take up golf, tennis, swimming, badminton or fencing and get your exercise that way.

Brisk walks in the sunshine will keep your figure as trim and supple as it is now. No college girl wants to be bothered with a flock of intricate beauty routines, but walking isn't a bother, and it is more sensible to pay a mite of attention to your figure now while you are young and lovely than to wait until there are noticeable defects which require strenuous treatment.

Cleanliness is part of the business of being healthy. Do bathe every day, and wash face and neck frequently between times. See that your hair always is fresh and clean and fragrant. Also that clothes are neatly pressed and absolutely spotless. Even though you are in a girls' school where clothes do not matter so much during the week, keep the casual ones you do wear immaculate. Habits set so early in life stick. So why cultivate slovenly ones? When you get out into the world and whether you choose a career of business, teaching or marriage, neatness will count. Learn to be trimly groomed now, then you won't have to be bothered trying to change your habits later on.

BLOWS AWAY COLD



This warm wind machine has been designed to take the place of smudge pots when cold snaps threaten orange orchards. It is on exhibit in Los Angeles by G. W. Grable and W. E. Saxe, its developers. Hot air is supplied by oil burner at base and is sucked up flue and distributed over a ten-acre area through fan driven by automobile motor.

Happy Lady Goes Home

Lady Peel, Beatrice Lillie, of stage fame, is just one broad smile as she poses on the deck of the liner Queen Mary before sailing for a vacation in her home in England.

TRAILER-RIDING PONY SHINES UP FOR SHOW

Texas Tommy, a lone cowhand who travels the night club circuit in an automobile and a trailer with his performing pony, "Dolly," gives her a pedicure before they hit the night spots in New York City. The trailer is for "Dolly's" comfort.

Clocks of the Naval Observatory, which furnish time for the United States east of the Rockies, are kept in an underground vault and are wound by electricity. The vault is never opened except in case of emergency.

QUEEN'S NIECES ACT AS BRIDESMAIDS

The Queen's twin nieces, Mary and Patricia Bowes-Lyon, daughters of the Hon. Michael and Mrs. Bowes-Lyon, were bridesmaids at the wedding of Mr. Vernon Harington and Miss Mary Egerton at Holy Trinity Church, Brompton, London. Note the strong resemblance between Mary Bowes-Lyon (left) and her cousin Princess Elizabeth

MINISTER TO JAPAN IN MONTREAL

Hon. Randolph Bruce, Canadian Minister to Japan and Mrs. Bruce, arrived in Montreal for a short stay. Photo shows them on arrival at Windsor Station. While in Montreal they will occupy the Van Horne residence.

Movie Star Dust Radio

By VIRGINIA DALE

Everything goes in cycles in motion pictures, and just now the Russian cycle threatens to monopolize the screen. No less than three of the most fascinating screen sirens are currently holding forth in the midst of Russian magnificence.

There is Marlene Dietrich with Robert Donat, in "Without Armor" for instance, Miss Dietrich and Robert Donat make a thrilling romantic pair. Another of the Russian cycle is "The Emperor's Candlesticks" in which Luise Rainer and William Powell appear as rival spies of Russia and Poland. Last, but by no means least, particularly for music lovers, is "Two Who Dared" with Anna Sten, who has been too long absent from our screens.
are his best friends

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At last George Raft is out of seclusion and he is so relieved. For months he has had to go without a haircut for his role in "Souls at Sea" and to his eternal discomfiture his shoulder - length hair was daily waved with a curling iron. He didn't dare face the mugs who who are his friends looking like that. The day the picture was finished he celebrated with a very tight haircut and smeared on the vaseline lavishly.

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Ever since a court forced Mae West to break down and admit that she really was married 26 years ago to one Frank Wallace, she has been in seclusion. Couldn't stand having people stare at her intently looking for wrinkles, while they counted on their fingers—eighteen and twenty-six make forty-four.

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In those odd moments when they are not discussing Mae West's age, Hollywoodians are raving over the beautiful newcomer, Zorina, who is under contract to Sam Goldwyn. She is an enchanting young woman about 19 years old. Born in Norway, not far from the Arctic Circle, she went to school in Berlin, joined the Monte Carlo Ballet Russe company when she was visiting in Mexico City and because of her two years' association with his troupe now has a slight Russian accent.

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Rudy Vallee spends many of his evenings nowadays at a night club in New York where his friend, Jackie Osterman is making a comeback after a long stretch of hard luck. Vallee is a great story teller, and one of his favorites concerns Jack Benny. Vallee whole-heartedly admires the drastic way in which Jack Benny treated a hostile vaudeville audience years ago. Benny came out on one side of the stage merrily saying "Hello folks," only to face a bunch of tough-looking ruffians who glowered at him. Continuing right on across the stage, he exited from the stage, saying "Good-by folks," and walked right on out of the theatre never to return.

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Martha Raye made the hit of her life and smashed all box-office records making personal appearances at the Paramount Theatre in New York recently. The audience simply could not get enough of her. They surged down to the footlights when her act was over, shot questions at her, begged her to sing one more song, and then just stood and yelled when her voice threatened to give out.

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Frankie Masters, NBC star and band maestro says "it pays to work your way through college." Frankie started out to earn his way through the Commerce school at the University of Indiana by strumming his banjo in the band. Soon the band became more profitable than commerce and he had engagements at hotels and leading night clubs in Chicago and other big cities. Frankie is starred with Eddie Guest on the "It Can Be Done" program.

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ODDS and ENDS—There is a fan in Grand Rapids, Mich., who writes Gene Autry a 16-page letter of criticism and comment every time a ney picture of his is shown. He not only reads every line appreciatively, he tries to correct all those faults in his next picture. . . Everyone is marveling at Connie Bennett's good sportsmanship in letting Rolaxe Young get most of the laughs in he first comedy, "Topper" . . . .