HAD AGONISING PAINS IN HER BACK

Free from Pain Since Taking Kruschen

Like many other sufferers from backache and rheumatic ailments, this woman decided to try Kruschen Salts in a last attempt to obtain relief from pain. To her surprise, the pains did grow less, and in a few months the backache had disappeared. Having made sure of the results, she now writes as follows:—

"For about four months I had agonising pains in my back, and could not turn in bed. During that time I tried various remedies, but obtained no relief, and was seriously considering going into hospital. However, seeing a case similar to mine described in an advertisement for Kruschen, I thought I would try it, and was more than surprised to find the pain getting less. I have been taking Kruschen for four months, and would not be without it for anything. I must say I am free from those dreadful pains."—(Mrs.) B. C.

Kruschen is an excellent diuretic—that is, it helps to stimulate kidney functions. When kidneys are restored to healthy normal action, poisonous waste is properly eliminated, the blood-stream is purified, and you get welcome relief from the dragging pains of backache.

Successful Farming Without Livestock

It is reported that George Baylis of Berkshire, England, made over a million dollars over a period of years farming without live stock, except for horses to do the work. Mr. Baylis commenced farming in 1866, growing grain and roots and keeping live stock but his accounts did not balance, and so he decided to abolish live stock from his farming system and devote all his attentions to grain growing, using the following rotation: three grain crops, two bare fallows and a clover crop. At the time of his death he was farming 12,000 acres and the only live stock was 30 work horses.

A few men may make money growing grain only, and some in Ontario are trying it this year. They are selling their brood sows and disposing of their grain for cash rather than feed it to the pigs. They have reduced the cattle herd to the minimum, and no doubt they may have more money at the end of the year than if they fed live stock, but what of next year and the year after? What happened to the farmers who were largely grain growers in 1934-35? The pendulum always swings back and the man without some good live stock has very little revenue when grain prices are low.

Motor-coaches on British roads numbered 21,000 at the end of Aug. The industry is said to be worth $130,000,000 and employs 100,000 people.

Alleged WIT

Wife—Its nearly six weeks now since the baby was born. Have you been to the court house and told the registrars yet?

Husband—No, if they live within five miles radius of this house, they won't need to be told.

—o—

Most women can make a dollar go so far that friend husband never sees it again.

—o—

Visitor—Is that boy any good in the office?

Business Man—I've not formed a very good opinion of him, sir. He spent a good deal of the morning trying to get 'Est. 1901' on the telephone.

—o—

Mrs. Jones was spending a day in bed with a severe cough, and her husband was working in the back yard, and hammering nails into some boards. Presently his neighbor came over:

Neighbor—How's the wife?

Jones—Not very well.

Neighbor—Is that her coughin'?

Jones— No, you fathead, its a henhouse!

—o—

Don't knock. . . It is well to remember that you cannot climb by dragging others down. . . Your progress doesn't depend on other people's mistakes, your fortune on their misfortune . . . Success is a positive attainment. . . It is built on what you do, not on what others do. . . .

—o—

Blessed is that church whose choir is not a battleground for preferred position and unseemingly jealousies.

—o—

Stranger —I came in because I read your advertisement for a man to retail canaries.

Proprietor—Oh, yes. Are you experienced in that line?

—o—

There isn't going to be much privacy in this old world any more. A scientist now claims he can photograph people's thoughts.

—o—

Teaching Public School

Forty little urchins coming through the door,
Pushing, crowding, making a tremendous roar;
"You must keep more quiet; can't you mind the rule?"
Bless me, this is pleasant teaching public school!
Forty little pilgrims on the road to fame,
If they fail to reach it who will be to blame?
High and lowly stations brought together here
On a common level, meet from year to year.
Dirty little faces, loving little hearts
Eyes so full of mischief, skilled in all the arts;
Half a dozen asking: "Please may I go out?"
But not a pupil knowing what its all about.

—o—

A small boy, on being asked how his uncle always won when he played cards, but lost when he backed horses, promptly answered: "Uncle can't shuffle the horses."

Stranger—Oh, no. I just wanted to ask how the canaries lost their tails.

—o—

You may plan a great year's work—but you'll never get it done unless you do a good job of turning off each day's work.

—o—

Frank—What a shame Eve wasn't created first.

Mary — What difference would that have made?

Frank—Eve could have bossed the job of making Adam and then man would have been perfect.

—o—

The hinges of true friendship may never rust— sometimes they squeak just a little.

Little Bobby— We've got a new baby at our house!

Little Mable—That's nothing. We have a brand new daddy at ours.

BIG BEN
THE PERFECT
Chewing Tobacco

Money Not Church's Biggest Problem

Many Willing To Contribute Funds — But Not their Personal Services

Writes the Port Arthur News Chronicle:

Not long ago a casual group of our Port Arthur men were engaged in a discussion of the things men talk all about when they get together. It was a Saturday. One of the group mentioned that he was currently converting some of his securities into cash. "Just enough to get a little church collection for tomorrow," ventured one of the small gathering.

'No it is not that exactly," said the other man, "but I will say this, that I do give regularly to the church. It is the most valuable institution we have. I think it does more for preservation of social security and good order than our laws and our police forces."

That probably represents the attitude of a large number of men. There is giving to the church. The fact is proved by a reference to the reports which have been appearing lately from the several annual meetings of the different congregations in Port Arthur. Almost invariably these reports have shown balanced budgets and generally increased receipts. To judge from them alone there is prosperity in the churches of all denominations. As one minister has already been quoted in this paper, he has never know a community where the money necessary to conduct the activities of the church was so easy to obtain as in Port Arthur.

It remains a fact however, that ministers are not making boasts about the size of the Port Arthur congregations. It appears that many of those who are willing to give of their money, as here referred to, are not so willing to contribute their personal services. The difficulty which the ministers and others active in the church work find is not to procure the funds but to build up the congregations and to procure the active interest of the men and the women who are necessary to the conduct of the various branches of activity. In no respect is this more true than in respect to young people's work. The complaint here is that the people are not merely willing but are anxious that their children go to the Sunday Schools, to the regular services and to join the groups organized for the various age and sexes, but all too few of them are willing to take over the responsibilities of directing these classes and groups.

The consequence is that the staffs generally are undermanned. There is a surplus of young people looking for help and leadership and a scarcity of leaders and helpers.

The question which arises from all this is what of the future. Will the young people who observe this form of neglect on the part of their elders continue, as their elders apparently do in these days, to value the church as an institution contributing to the welfare of the state and society? Will they, when their day comes, not merely neglect attendance and personal service but cease as well, to give financial support?

Therein is involved the real problem of the church in the present day. Even those who realize the importance of money in the operation of any institution will add that money alone is not sufficient to the welfare of the cause.

In the last 300 years, the dunes of the Sahara Desert have moved southward more than 186 miles, and ruined what once was fertile farm and grazing land. The settlers themselves are much to blame for this, since they pay little attention to soil control.

Along Canada's Mining Highway

Day by day brings its mine and oil news. British Columbia, Alberta, Northern Saskatchewan, Manitoba, Ontario (West and East), Quebec, and occasionally Nova Scotia, give news of greater or lesser importance in the development of Canada's natural resources.

From British Columbia comes news that Base Metals Mining Corporation will resume work as early as possible in the Spring. The southerly continuation of the orebody mentioned in the last quarterly report was located shortly before closing down, states J. H. C. Waite, president, but there has not been sufficient work done to estimate its importance.

Alberta supplied wonderful news this past week with the bringing in of the fourth and so far largest well of the Turner Valley crude oil development. This B. & B. well is named after and largely owned by the two R. A. Browns—Senior and Junior. Several wells are now competing for next honours. Royalite's Sterling No. 4, Area, Newfold, Westside and Dalhousie are scheduled to complete during the next month.

In the Patricia District, Western Ontario, Albany River, adjoining Pickle Crow—according to reports from the North had favourable underground developments. Well-informed mining opinion expects the Pickle Crow area to be intensively active this year.

The Long Lac Camp reported little news of importance. MacLeod-Cockshutt declined severely in the market on publication of an unfavourable report on underground values. Some well-informed mining people in close touch with this situation are optimistic on the long range view of this important mine.

Federal Kirkland, in the Kirkland Lake Camp, after preliminary difficulties, started drilling with two diamond drill rigs, launching the Company's important drilling programme. News should be continuous from this property during the next six weeks.

The Kerr Addison Gold Mines development at Larder Lake carries all the signs of a great thing. There are many high grade sections, but there is also a great tonnage of medium to low grade. It is expected that an initial 500-ton mill will be erected on Kerr Addison, this summer, for operation in the fall. New ore on the 250 foot level of Martin Bird was reported. A new incorporation with properties close to Kerr Addison, called Barber Larder Mines Limited, was reported. R. S. Potter, well-known mining man, is President.

A new financing deal on Oriole Mines, some miles to the west of Larder Lake, was reported.

In the Quebec area, Astoria Rouyn reported good values in shaft sinking.

Rouyn Reward in the Noranda area has drills set up and drilling commenced. Further east, good underground results are reported on the Bouscadillac.

PROBLEMS OF EVERY DAY LIFE

By Dr. M. M. Lappin

SHOULD COUSINS MARRY?

The questions of kinships marrying has generally been considered a delicate one. It all depends upon two things, viz: (1) the nearness of the kinship, and (2) the family history on both sides.

I have been asked to advise on the proposed marriage of two first cousins. The young man is twenty eight and the girl is twenty three. Their mothers are sisters, and the young man's father and mother were cousins. I am not told whether first or second cousins. The family history on both sides appears to be very good, and the young couple are financially in a position to marry; but the girl's mother objects and, in deference to her mother's wishes, she has been putting off and putting off.

This young couple have been courting for six years. They have come to mean much to one another and are quite wrapped up in each other. I believe it is really a matter of true love.

Well, from the psychologist's point of veiw, I can see no reason why they should marry, and particularly when the family history on both sides is good. I cannot conceive of ill effects resulting from their marriage and I would advise that the girl's mother give in, and allow the marriage.

Of course, as I have stated in this column before, I am not qualified to give medical opinion since I am a Christian Psychologist and not a medical man. In this instance, however, I have taken the trouble to consult a friend of mine who is a medical man and an authority on the matter. He agrees with my opinion and says he would give exactly the same advice. Moreover, he tells me that medical authorities could be quoted as supporting this opinion.

From the psychologist's viewpoint, more harm is likely to result from frustrating the purpose of these two young couple. Having kept company for so long, to put anything in the way of their love consummating in marriage now, would only tend to ruin two lives. I think that should be borne clearly in mind. If either of the parents intended to stop this friendship, the time was when it begun, and not now after six years when it has flourished into love.

NOTE: The writer of this column is a trained phychologist and an author of several works. He is willing to deal with your problems and give you the benefit of his wide experience. Questions regarding problems of EVERDAY LIVING should be addressed to: Dr. M. M. Lappin, Room 421, 73 Adelaide Street, West, Toronto, Ontario. Enclose a 3c stamped, addressed envelope for reply.

Don't Try to "Save" on Home Remedies—Ask Your Doctor

There is one point, on which practically *all* doctors agree. That is: *Don't give your child unknown remedies without asking your doctor first.*

All mothers know this. But sometimes the instinct to save a few pennies by buying "something just as good" overcomes caution.

When it comes to the widely used children's remedy — "milk of magnesia" — many doctors for over half a century have said "PHILLIPS." For Phillips' Milk of Magnesia is the standard of the world. Safe for children.

Keep this in mind, and say "PHILLIPS' MILK OF MAGNESIA" when you buy. Comes now, also in tablet form. Get the form you prefer. But see that what you get is labeled "Genuine Phillips' Milk of Magnesia." 25¢ for a big box of the tablets at drug stores.

ALSO IN TABLET FORM:

Each tiny tablet is the equivalent of a teaspoonful of genuine Phillips' Milk of Magnesia.

MADE IN CANADA

PHILLIPS' MILK OF MAGNESIA

Opportunities For Canada's Birds

The Galt Reporter says: George H. Corsan, swimmer and naturalist of Toronto, makes the suggestion that boys living on farms might find a profitable side line in the breeding of wild animals or birds. Mr. Corsan has specialized in growing nut-bearing trees at Islington and he has collected quite a lot of information on kindred subjects. He points out that raising wild game does not require much capital at the beginning, therefore any farm boy, in a district where waste land is available could start in a small way and eventually own a game farm that might have a revenue of $5,000 a year.

It is well known that many farm boys become tired of the monotony that is inescapable where routine work is concerned. Give these youngsters an undertaking such as raising pheasants, mink, foxes or wild ducks and in the majority of cases there would be new enthusiasm brought to bear on the task. It is pointed out that a boy could readily find waste land in almost any part of Canada. It might be on the farm owned by his parents or a neighbour. Wild game would always command good prices. There is some doubt at present whether it could be sold on the open market but there is an impression that such game raised on the farm can be sold without special permit. However, this is a matter that could be determined readily. The fur of wild animals is always in demand and the business of raising foxes, mink, marten, and rabbits for commercial purpose has been sufficiently exploited to establish that it can be done successfully.

Under conditions where the orthodox farming is somewhat discouraging in possibilities, the switch to game or fur-bearers might offer opportunities to enterprising and industrious youth of the rural areas. In any event it is an idea that might be studied by boys and girls as well.

WAKE UP YOUR LIVER BILE—

And You'll Jump Out of Bed in the Morning Rarin' to go

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You get constipated. Harmful poisons go into the body, and you feel sour, sunk and the world looks punk.

A mere bowel movement doesn't always get at the cause. You need something that works on the liver as well. It takes those good, old Carter's Little Liver Pills to get these two pounds of bile flowing freely and make you feel "up and up". Harmless and gentle, they make the bile flow freely. They do the work of calomel but have no calomel or mercury in them. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else. 25c.

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POISONED KIDNEYS

Stop Getting Up Nights

To harmlessly flush poisons and acid from kidneys and correct irritation of bladder so that you can stop "getting up nights" get a 40-cent package of Gold Medal Haarlem Oil Capsules and take as directed. Other symptoms of kidney and bladder weaknesses are scant, burning or smarting passage—backache—leg cramps—puffy eyes.

Boys on Farms

Canada has probably 500 different kind of birds, and each different kind has a different travel schedule; in fact, some kinds scarcely travel at all and may be found even in the most severe winter weather in their accustomed haunts.

Canada values its bird travellers for the aesthetic pleasure they give by their presence by their beauty of color, and by their charm of song. They are an import control of insect pests in forests and garden, and some birds, are a major attraction for the hunters in the fall. Not only are the game bird kinds valuable for sport, but they are also valuable to the residents in remote parts of Canada as providing an important part of their food supply.

To protect its bird travellers which spend part of the year in Canada and part of the year in the United States, Canada almost 20 years ago, entered into a treaty with the United States which by co-operation between the two countries, extends protection to migratory birds by means of close seasons, bag limits, and the prohibition of unfair hunting methods. The birds do not belong to either country — they belong to both.

Canada's Migratory Birds Treaty of 1916 has been of major assistance in conserving this resource and has been hailed the world round as the first international treaty for bird protection. — Canada's Weekly.

Classified Advertising

BABY CHICKS

LEGHORNS, 9c. BARRED ROCKS, 10c. White Rocks 12c. From blood tested stock. Order early. Guaranteed delivery. April prices lower. 10% down, balance C.O.D. Box 1 C, Kent Hatchery, Chatham, Ont.

INVESTORS

AN OFFER TO EVERY INVENTOR. List of wanted inventions and full information sent free. THE RAMSAY Company, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

PURE GUARANTEED WOOL

WHEELING YARN — GUARANTEED pure Canadian wool—Grey, white, mottled 69c; colored yarns—79c lb, plus postage. Bancroft Woollen Mills, Bancroft, Ontario.

DO YOU HAVE "NERVES"?

NO need for girls or women to suffer from periodic pains, headache or sideache. Many find that Dr. Pierce's Favorite Prescription is a very beneficial tonic. This is what Mrs. L. Bowman of 145 Park Row, Woodstock, Ont., said: "I was feeling rundown and out-of-sorts, had frequent headaches, and 'nerves' caused me no end of discomfort. I did not rest well at night. But Dr. Pierce's Favorite Prescription made me feel better in every way. It relieved me of the headaches, improved my appetite and helped to overcome the other symptoms."

Buy of your druggist now! New size, tablets 50 cts. Large size, tabs. or liquid, $1.35.

ITCH

. . . STOPPED IN A MINUTE . . .

Are you tormented with the itching tortures of eczema, rashes, athlete's foot, eruptions, or other skin afflictions? For quick and happy relief, use cooling, antiseptic, liquid **D. D. D. Prescription.** Its gentle oils soothe the irritated skin. Clear, greaseless and stainless—dries fast. Stops the most intense itching instantly. A 35c trial bottle, at drug stores, proves it—or money back. 20

PERSONAL OBSERVATION

With several mining areas holding real prominence in the Canadian mining picture during 1936, we have maintained a close personal touch with mining in the Province of Quebec, having a member of this firm in this area at regular intervals.

The knowledge gained is available, upon request, through our Statistical Department.

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