Green tea at its best

"SALADA" GREEN TEA

520

Synopsis of Preceding Instalments: ..For ten years Pop Clark has tried vainly to win the United League pennant with his New York Blues. Most of the baseball writers predict another failure but Terry Burke of the Star thinks they have a chance and through Tony Murallo, who has a restaurant in the Broadway district and is associated with bookmakers and gamblers, he bets $1[illegible] on them at 200 to 1. The opening game is a pitchers' battle. Whitpur, the Philadelphia star twirler, is jealous of Larry Doyle, the Blues' rookie shortstop, because of Pop Clark's pretty daughter Frances. He tries to intimidate Larry with a bean ball and when he throws a second one at Larry's head Doyle knocks him down with a right to the chin. Larry is put out of the game. Later Whitper hits a home run with a man on base but as Whitper is nearing the home plate, he drops dead, shot through the heart. The Blues win and it is generally believed that Whitper was killed to allow them to win. Detective Kelly suspects Larry because he will not account for his time after leaving the diamond.

Every man in the press box, remembering Terry's previous scoop, raced from the box and made for the field. Terry waited a moment to let them go, and as soon as the box was cleared he called his office and said:

"It looks like a second murder up here. The man is Dirkin, star hitter on the Chicago team. I don't know what happened, but he knocked out a beautiful homer and then ran amuck away from first base. Buck Hansen brought him down with a flying tackle. If you don't hear from me in five minutes, run a special extra." Then with a satisfied smile on his face, Terry raced after the other reporters.

A great crowd overflowed on the field. In a moment Hansen and Dirkin were surrounded, hemmed in on all sides by a great black mass of people. The club doctor pried his way through the mass and whipped out his stethoscope. There was no deep red spot on Dirkin's shirt to tell what had happened to him. There was nothing but a smudge of dirt on his neat uniform as the doctor unbuttoned the shirt and listened for the heartbeat. He put the cup of his instrument all over Dirkin's chest and then stood up looking at the wall of people surrounding him.

The press men were on the outer edges of the crowd, trying to pry their way through, but they could make no dent in the wall of flesh in front of them. Whistles blew as a patrol load of police ran into the field. The special police were helpless. When the reserve police supply arrived, Pop Clark ran to meet them and they began at the outer edge and slowly formed a wedge which began to work its way into the crowd. Two mounted police managed to keep a lane clear as the mass was slowly parted.

It was a very solemn procession which came down the line protected by the police. Dirkin was on a stretcher. Hansen and the doctor walked in front and Pop and Rawlins, the Chicago manager, brought up the rear.

A bell clanged and a siren screamed as an ambulance tore into the field in front of the dugout. The press men were allowed through, but had to stay away from the stretcher. In a short time the young interne turned away from the group near the body and walked back to the ambulance, which immediately tore off the field.

"That settles that," Terry said. "He's dead all right, or the ambulance wouldn't leave him here."

After a hurried consultation, Pop hastened over to the megaphones and the body was carried toward the clubhouse. The crowd stood surging and pressing against the line of police, who were finding it difficult to hold them in check. The loudspeakers boomed out over the field, announcing in an unhumanly loud voice that the game was called on account of an accident to Dirkin.

CHAPTER XII

Terry tore back to the press box and telephoned to his office from there, adding the news that the game was called due to the accident. He then went over to the clubhouse and joined the others who had made their calls by that time.

The police kept a firm barrier round the club and no one was allowed in. The press men cooled their heels in front of the door.

"This is one story you didn't get," Craven said with some satisfaction to Terry.

"Don't be too sure about that," Terry grinned.

"How could you scoop this one?" Mullins asked.

"Maybe I had a hunch," Terry replied.

"Look out your hunches don't get you into trouble," Reynolds warned. "You can't be lucky all the time."

"He's riding you," Craven said. "What does he know that we couldn't know or see? Here comes Kelly," he announced as he spotted the detective's huge bulk striding across the field. "Why did they send him? He was a flop on the last case."

Kelly tramped into the building and the men waited. The crowd was reluctantly thinning out, but the elevated platform was lined with a gaping black mass which allowed train after train to go downtown practically empty.

At a quarter to five a newsboy was yelling "Extra!" outside the gates and was mobbed by the lingering crowd.

What's the Extra?" Mullins asked a special officer who had come over for a drink. Mullins hoped it would be the Journal.

—To be continued—

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Issue No. 6 — '37

Home Hints

By LAURA KNIGHT

Fish — The Food of Heath

From the days of the early Greeks and Romans fish has always been a popular dish. Instinctively they knew what was good for them and the prowess of the early Romans as a sturdy nation is well known to students of history.

Throughout Europe fish is a daily dish. In Canada, however, more of the housewives should make a closer study of this wonderful food. Fish contains vitamins, minerals in quantity and variety and is an excellent source of high digestible proteins.

Fish contains proteins for building of muscles and other body tissues. Fish fats have a high energy value, too, and are as completely digested as fats from other foods.

Apart from the standpoint of better health, you will find a study of your local fish market will prove worthwhile and a tremendous help in this business of balancing both budget and menu. Ask your merchant about all the varieties he sells. Usually he can tell you whether each kind is dry or oily, free of small bones, where it is caught, and how brought to market and give you suggestions for cooking it. Fish merchants take a pride in the telling you what they know about it.

Fish is equally delicious whether it is baked, broiled or steamed. There are no end of tempting dishes also that can be prepared from canned fish products. While there is an art in the cooking of fish, it is so simple even growing boy or girl can prepare it. The determination of that psychological moments when the cooking process is complete is one that must be left to the individual judgment. Over or under-cooking minimizes that essential delicacy of flavour which does make properly prepared fish so enticing. So watch it closely.

As one demonstrator from overseas said recently, "Ve do not cook from the recipe in my country, ve cook from de heart." She who cooks fish, will, likewise, not cook from "de recipe," but rather from 'de heart." The wish itself will give the signal. She will watch for it. The one infallible sign when fish is cooked is that the moment a knife blade, or a fork is slipped between the flesh of the fish it separates clean from the bone. At this moment fish in in its full perfection. It makes no difference what method of cooking you employ, this test may be used.

Try this delicious recipe for stuffed fillets of Sole. It is one that is simple to prepare and one that every member of the family will enjoy. Choose six large fillets of equal size, which will serve four or five people. Make a stuffing by moistening a cup and one-half of stale bread crumbs with a cup or more, depending on the staleness of the crumbs, of hot, sifted tomato juice, one-half a teaspoonful of salt, a tablespoonful of minced parsley, and one-half teaspoonful of pepper. A teaspoonful of mixed dried herbs may be added if desired. Spread this stuffing over three of the fillets, place over these the left-over three fillets, fasten at the sides with the wooden toothpicks, lay on the grate of a baking pan with a thin slice of salt pork over each, pour into the pan a cup or more of fish stock, water or water and tomato mixed and bake for half an hour until done — at 350 degrees F., basting every ten minutes.

Pan Broiled Fillets a la Meuniere are delicious too:

2 lbs. Canadian Fish Fillets, 1 tablespoonful finely minced parsley, 4 tablespoonfuls butter, juice of one lemon, salt and pepper.

Roll fillets in salted flour. Heat some oil in a frying pan and fry fillets until cooked a nice brown on each side. Remove to a hot platter. Melt the butter, add the lemon juice.

And don't forget that a good sauce always adds to the zest and enjoyment of a fish dish.

HANDY HINTS

Below are listed some questions and answers concerning numerous small household problems:

Q. How can I treat cellar walls that are moldy?

A. Apply unslacked lime with a garden spray. The atmosphere of the whole house will be freshened.

Q. How can I take proper care of rubber gloves?

A. If the gloves are used frequently sprinkle talcum powder into them before putting them on. It will be easier to slip them on and off, and the powder will absorb any perspiration from the hands.

Q. How can I renew and restore the colors to a rug?

A. Sprinkle some ammonia powder over the rug, dampen the broom, and sweep thoroughly. The rug will look almost new.

Q. How can I prevent dates, raisins and figs from sticking to the grinder when running them through?

A. They will not stick to the grinder if lemon juice is squeezed into the grinder before the fruit is put through it.

Slim Tailored Frock for Larger Figures

This definitely tailored, all-purpose frock for the larger woman boasts slenderizing and trim details. It's nice for shopping, visiting, club and general get-about. Utterly simple, too, requiring a little of your attention, and a few yards of material, a buckle and a card of buttons.

The collar and jabot are flattering, soft and feminine with a tricky side opening sheltered by a front yoke. Short sleeves with turn-back cuffs repeat the softly styled collar. Small tucks at the back of the neck give ease through the shoulders. The uprising panel accompanied by two inverted pleats makes the frock fit smoothly over the hips and gives a slight flare to the hemline.

Barbara Bell Pattern No. 1970-B is available for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38 requires 4 yards of 35-inch material plus ¾ yard for contrast.

HOW TO ORDER PATTERNS

Write your name and address plainly, giving number and size of pattern wanted. Enclose 20c in stamps or coin (coin preferred); wrap it carefully and address your order to Barbara Bell, Room 421, 73 Adelaide Street West, Toronto.

The Way of the English

A. Beverley Baxter, M.P., in Maclean's writes: There is a tolerance about the English which amounts to genius. The other day in Hyde Park I listened to an orator describe the King as a parasite and accuse the police of being in the pay of gangsters. A blushing policeman stood ebside him to see that he was not maltreated.

HOW TO AVOID ILLNESS

When you begin to feel fagged out at the end of the day, look out. Illness is just around the corner waiting to lay you low. At times like this there's nothing like Wincarnis, the great tonic that has won over 20,000 recommendations from medical men. There's *health* for you in Wincarnis—new vigor, new resistance to illness.

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