OPERATION LEFT HER CONSTIPATED

Had No Relief Until She Tried Kruschen

Constipation is an evil at any time. When it follows upon an operation, it is a condition that simply must be remedied. This woman tried various remedies, but found relief only when she took a regular daily dose of Kruschen Salts. She tells of her experience in the following letter:—

"I have used Kruschen Salts for about 10 years every morning without fail. I had an operation 10 years ago (abdominal), and found when getting over it that I should have to take aperients, as constipation developed. I took various medicines and pills, which somehow did not do much good.

"Finally, I tried Kruschen Salts, and found it very satisfactory, and have carried on with it ever since. My health is much better since I started using it."—(Mrs.) E.T.

Kruschen is a most sensible way to maintain regularity in the body's most important daily duty. You will find that your system submits to Kruschen's gentle and friendly power of persuasion.

"In public life it is not enough for a man merely to be honest; he must appear honest as well, or he will not have the confidence of the people." —Colonel Theodore Roosevelt.

"Bad manners are the privilege of any critic who is properly outraged and disgusted by all forms of artistic, intellectual and emotional bounderism."—George Jean Nathan.

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FINANCIAL FLASHES

Garnet Long Lac Mines is reported to have sufficient finances on hand to further explore its property in the Little Long Lac area, and a crew is being sent into the property to carry on a programme of exploration and development.

May production at Buffalo-Ankerite Gold Mines amounted to $143,200, a new high monthly record. This compares with $133,018 in April. During the period, the No. 1 mill treated 15,868 tons of ore and the No. 2 plant 5,880 tons. Average grade of ore for the two mills was $6.58 per ton against $6.65 in April.

Central Patricia Gold Mines reports May production at 2,708 ounces gold valued at $94,780, as compared with recovery of 2,881 ozs. gold worth $100,835 in the preceding month. During the past month the mill treated 4,610 tons of ore, against 4,782 tons treated in April. Output for the first five months of the current year was valued at $455,245 from the milling of 21,458 tons of ore.

Dome Mines Ltd. had production value, including premium, in the month of May of $513,482, as compared with $559,389 in the preceding month and $626,679 in May, 1935.

Output for the first five months of the current year was valued at $2,829,000, as compared with $3,019,000 for the corresponding period of last year.

Northern Empire Mines, Beardmore area, Ontario, is showing steady improvement in ore conditions as depth is attained, according to field advice. The company is increasing production at its property and in this connection it is stated that the mill now is handling slightly better than 200 tons of ore per day and the company is pouring bricks and shipping twice monthly. The last brick is said to have run 1,600 ozs., valued at approximately $56,000. With two bricks the company, on this basis, is producing bullion to the value of about $112,000 monthly, thus establishing a new production record for the mine.

Current assets of $6,281 against no current liabilities is revealed by Clericy Consolidated Mines Ltd. in the annual report covering operations from Jan. 1, 1935 to May 31, 1936. In February, this year, an agreement was made with Arno Mines Ltd. whereby Clericy will acquire a 50% interest in a group of claims adjoining McWatters Gold Mines. In March, diamond drilling was carried out and encouraging values were obtained in five holes, while visible gold was found at a depth of 90 feet. Arrangements are now being proceeded with for the sinking of a shaft and at least 1,000 ft. of crosscutting and drifting.

May production at Paymaster Consolidated Mines is estimated to have a value of $77,400, a new high record and compares with $74,480 in the preceding month. From November 11, 1935 to May 31, 1936, output totalled $473,169. The milling rate has been steadily increased and during May the daily average reached 381 tons. The No. 2 winze at the No. 5 shaft has been completed to 1,575 ft. and new levels opened at 1,450 and 1,575 ft. Development has been carried out from the 500-ft. to 1,575-ft. level while a total of 3,584 ft. of crosscutting, drifting and raising was accomplished with 50% of this work in ore. At the No. 6 shaft, necessary preparatory work prior to sinking a two-compartment shaft from the 425-ft. level was completed and the winze is now bottomed at a horizon which is equivalent to the 1,050 level at No. 5 shaft. A drive on this level is now in progress to connect the No's. 5 and 6 shafts. Four new levels from No. 6 shaft were opened up on which 600 ft. of sinking and 143.5 ft. of station cutting was completed. While sinking was in progress, development was limited and was concentrated on extensions to previously known veins. A total of 1269 ft. of drifting, crosscutting and raising was carried out with 21% of work in ore. Two 40 acre claims, known as the "Apex Mine," which adjoins the Dome Lake section of the property have been acquired by purchase. Two new directors, Major-General D. M. Hogarth and Joseph Errington have been added to the board.

South McKenzie Island Mines, Ltd., has completed arrangements whereby F. M. Passow, M.E., general manager of Gold Eagle Mines, it to supervise field operations for the company during the present year. Mr. Passow left for the property in the Red Lake area last night and arrangements have been made for the immediate engagement of an efficient crew of men who will commence work without delay upon Mr. Passow's arrival in the field. Tentative plans provide for the thorough surface examination of the property with a view to correlating numerous mineralized breaks that have been traced to date with the mineral occurrences on the adjoining properties of Gold Eagle and MacAndrew Red Lake.

Capss Gold Mines, operated in the Piedmont gold area, is making favorable progress with underground development, and according to local interests particularly encouraging results are being obtained. During the past several weeks underground development was advanced to the stage where immediate mill installation would appear to be justified. It may be pointed out that within the next few weeks power will be available for development work, when underground operations are expected to be conducted on a much larger scale. The present crew will be enlarged considerably, it is understood.

Drifting on a new high grade vein cut recently at Darwin Gold Mines on the 6th level about 100 feet south of the shaft, had advanced as at June 4, 45 feet from the Grace vein drift, the actual length of high grade ore exposed thus far being 32 feet. Face assays over a three-foot width average $95.05 over this length of 32 feet. This new east-west vein has no apparent relation to the Grace vein from which past production has come. Producing at Darwin Gold Mines, Michipicoten area, totalled $35,172 in May. For the preceding three months, it averaged around $20,000 a month. One grade is about $15.56 and miling range 40-50 tons per day.

Machines

Writes the St. Catharines Standard —It has been common in the last five years for people to blame the machine age for the depression, and the proposal seriously put forth recently that "all adding machines, cash registers, calculators and similar business machines be put on the scrap heap in order to make jobs for a million more office workers," aroused the ire of a writer in American Business and, in the opinion of The Detroit Free Press, proved the case that machines have not diminished employment but have increased it. The case of the type-setting machine is typical.

Here is where the investigator found:

The typesetting machine came into general use in 1890 when the population of the United States was about 62,000,000. At the same time 30,060 typesetters were at work.

In 1930, after the American people had doubled in number, 183,432 compositors, linotypers and typesetters were at work.

In other words, the number of men and women employed at setting type had multiplied six times. And the average weekly wege had increased three fold.

A great deal more could be said about the improvement to the service to the public, the enlarged part advertising is able to play, and the betterment in general working conditions. It would be interesting, too, to have the figures of the more or less dismastled industry manufacturing buggies and sleighs and the industry which has replaced it, the manufacture of the motor car with its dependent services and employment.

"Helen of Troy wasn't anything but a dizzy blonde." — Prof. Hallie Smith, Ga. State College for Women.

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Farm Problems

Conducted by

PROFESSOR HENRY G. BELL

with the co-operation of the various departments of Ontario Agricultural College.

The business of farming is yearly becoming more and more dependent upon facts that have been gathered regarding livestock and livestock management, crop production, soil management, disease and insect control and business organization of the farming industry. Individual problems involving one or more of these, and many other phases of agriculture, engage the attention of Ontario farmers from day to day.

Through this column farmers may secure the latest information pertaining to their difficulties. To introduce this service Professor Bell has prepared the following typical problems to indicate the information which should be giaen in order that a satisfactory answer can be made.

If answer is desired by letter enclose stamped and addresed envelope for reply. Address all inquiries to Profesor Henry G. Bell, Room 421, 73 Adelaide St. W., Toronto, Ont.

R. G., WATERLOO CO.

QUESTION—"Will you please give a few general rules on care of working horses?

ANSWER — WATERING — The correct practice would be to water first and feed afterwards. When horses are working hard, it would be well to water the horses before feeding and again on taking them to the field. Likewise, it would be well to give the horses an opportunity to drink after they have had the evening meal.

FEEDING — Avoid all sudden changes in feeding and also in degree of work. A quick change from old to new hay or from old to new oats; a quick change from dry feeding to pasture may result in colic. Wilted grass is more dangerous to feed than fresh grass. Horses should not be taken out and worked hard after periods of idleness. That is to say when a horse has been allowed idle for some time, he should, at least, get regular exercise. Likewise, it is important that horses that have been working hard should receive a certain amount of exercise when idle.

Mouldy and dusty feeds must be avoided. Mouldy feeds will frequently cause poisoning and dusty feeds may cause heaves.

It is not a good practice to feed horses grain immediately on coming from pasture. Horses may choke much more readily when this is done than if they are not fed grain for fifteen or twenty minutes after being brought in. Horses that are subject to choking, should be given a few bites of long hay before being fed grain.

All horses require liberal feeding but it is well to avoid overfeeding of work horses, especially on hay. We believe that one pound of oats and from one to and a quarter pounds of hay per 100 pounds of live weight is very satisfactory for farm horses at hard work. The amount of grain fed, of course, will be less for horses doing medium to hard work, but the proportion of hay given will be slightly greater.

Salt is absolutely essential to all animals digesting roughages. It should be kept before horses at all times.

Horses that are well fed and receiving plenty of exercise usually do not require any tonics.

COLLARS FITTING — Poorly fitting collars are usually the cause of sore necks and shoulders. Steady, hard work in dry weather is very hard on the shoulders, and it is difficult, even with good care, to always keep them in good condition. A collar that is too short interferes with normal breathing and may be the cause of a horse holding back or even quitting because he can not breathe properly. When collars are too long or too wide the point of draft may not come on the correct part of the shoulder and again a horse's efficiency is lowered.

GROOM THOROUGHLY—Careful grooming is necessary to remove the body waste, thereby keeping the pores open and the skin healthy. It is best to groom the work horse at night that he might rest more comfortably. Grooming should be thorough, but a dull curry comb is preferable to a sharp one, and only a brush should be used on the head and legs.

Occasionally a horse may get a little out of condition and become somewhat itchy on the legs. Always see that the stable and box stalls are cleaned out regularly, and that the horse is not allowed to stand in the manure. This one of the main causes of itchy legs. Occasionally, it may be necessary to give the horse a little glauber salts and sulphur, equal quantities by weight. About a tablespoonful of this mixture fed daily for several days and then miss a few days will help clean up the condition. Also a warm bran mash once daily will help.

A few mangels or turnips make a very satisfactory succulent feed for all classes of horses except the horse at very hard work. In fact they are to be recommended for horses that are a little out of condition.

M. W. STAPLES, B.S.A., M.S.
Dept. of Animal Husbandry.

WAKE UP YOUR LIVER BILE—

And You'll Jump Out of Bed in the Morning Rarin' to Go

The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You get constipated. Harmful poisons go into the body, and you feel sour, sunk and the world looks punk.

A mere bowel movement doesn't always get at the cause. You need something that works on the liver as well. It takes those good, old Carter's Little Liver Pills to get these two pounds of bile flowing freely and make you feel "up and up". Harmless and gentle, they make the bile flow freely. They do the work of calomel but have no calomel or mercury in them. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else. 25c.

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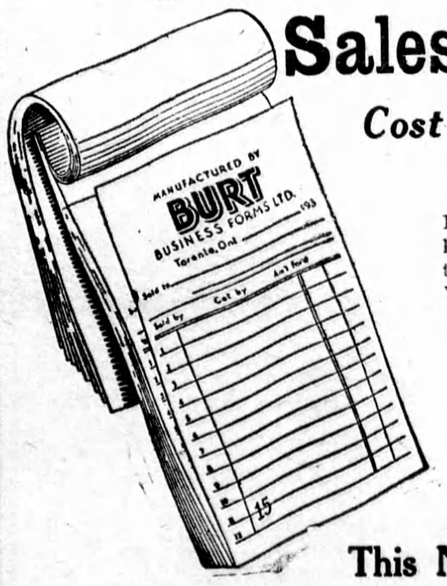

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A Chocolate Pig

I'm a chocolate pig in a shop, my dear,
And it's just half a day since they put me here.
But why I should be called a pig
Is more than I can see,
For it seems a pig is a greedy thing,
And that's not at all like me.
But all the children laugh and sing
A pig is such a greedy thing.

Why I might have been a dear little dog
With a cinnamon drops for eyes.
Or a pussy-cat with marshmallow fur,
Or an elephant in disguise.
Or even a doll with a sugary wig.
But, oh no. They had to make me a pig!
So all the children could laugh and sing
A pig is such a greedy thing.

There's a butterscotch fairy right next to me,
And she's as lonely as she can be!
She sits with the silliest smirk on her face,
She's entirely lacking in form and grace.
But the children all stare at her and sigh,
And wish they had money enough to buy.
And then they look at me and sing,
A pig is such a greedy thing.

It's really a terrible life I lead.
Being laughed and jeered at because of greed;
When truly my appetite's very small,
As a matter of fact I eat nothing at all.
And my heart's nearly broken from hearing them sing
But it won't be long until I die,
For they're the greedy ones, not I.
—Phyllis Louise Roughton.

"It seems to me that evil is chiefly ignorance and an inability to see and comprehend good."—Mary Pickford.

"We cannot run an economy of science, technology and power production in low gear."—Glenn Frank.

"Industry can only be revived by giving the great masters of industry an incentive for work."—Charles M. Schwab.

"Don't think anything is going to last forever—except taxes." — Elsie Janis.

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"I have been able definitely to change the habit of —."

"You are a great help and I hope it is given me to measure up."

"Results are wonderful."

We could quote from many more letters, but the above extracts are proof that others are being helped. If others, WHY NOT YOU?

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The Institute of Practical and Applied Psychology
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MONTREAL, P.Q.

Issue No. 25 — '36

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Men who are wedded to the practice of "rolling-their-own", honour and cherish Ogden's. They KNOW that Ogden's Fine Cut is a mighty pleasing cigarette tobacco "to have and to hold." Now that better times are here, they are again picking Ogden's because Ogden's is better. The package is better, too—because it has the purple easy-opening ribbon for removing the Cellophane. "Chantecler" or "Vogue" papers are the ideal mates for such a grand cigarette tobacco.

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SMILE: Low-lived as a dog poisoner.

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