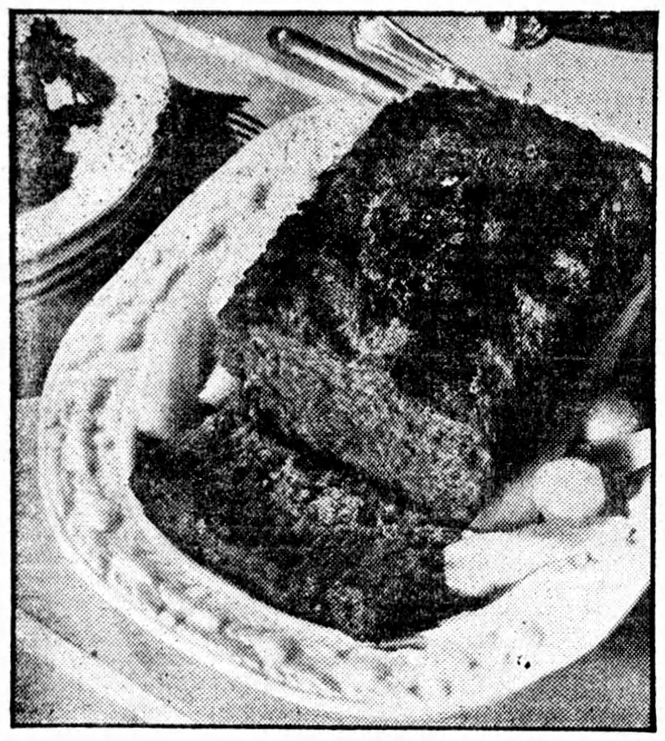
Woman's World

By Mair M. Morgan

GOOD FOR PICNICS



Picnic days are here — those long afternoons of late spring and early summer are just made for friendly gatherings and an outdoor meal. With all the improvements in picnic baskets—themos bottles, paper plates, Collapsible cups, and such marvels, it isn't necessary to hold the menu down to sandwiches and weiners. Meat loaves, made at home the day before are popular and appetizing substitutes for picnic sandwiches.

Cooked meat—the left-overs of a roast - can be used to make a delicious meat loaf. The recipe given here ensures a loaf that holds its shape and retains a moist texture. That is because minute tapioca is used to "bind" the ingredients together in a really tender loaf.

Meat Loaf Roast

4 tablespoons minute tapioca, ½ teaspoon salt, dash of cayenne, dash black pepper, 1 teaspoon Worcestershire sauce, 1 teaspoon minced onion, 1 tablespoon minced parsley, 3½ cups ground cooked meat (veal, pork, ham, etc.) 3—4 cup tomato juice or meat broth, ½ cup hot water and 2 tablespons butter.

Combine tapioca, seasonings, onion, parsley, meat, and tomato juice. Shape into loaf in roaster or turn into loaf pan Bake in hot oven (450 F.) 30 minutes, basting frequently with mixture of hot water and butter. Serve hot or cold. Serves 6.

Ham Loaf

½ cup minute tapioca, ¼ teaspoon pepper, ¼ teaspoon paprika, 1 teaspoon Worcestershire sauce, 1 tablespoon minced onion, 1 pound lean ham, ground; 1 pound lean pork, ground; 2 cups milk.

Combine ingredients in order given. Bake in loaf pan in hot oven (450 F.) 15 minutes; then decrease heat to moderate (350 F.) and bake 45 minutes longer, or until done. Rub mixing bowl with garlic before mixing, if desired. Serve hot or cold. Serves 10.

THIS WEEK'S WINNERS

Vegetable Pie

3 tablespoons of butter, 4 tablespoons of flour, 1 teaspoon salt, ½ teaspoon celery salt, ½ teaspoon pepper, 3 cups of milk, 6 small white onions (cooked), 1 cups cooked peas, 1 cup cooked string beans, 3 cooked carrots, sliced ½ in. thick.

Melt the butter and add the flour, stir until well blended. Add seasonings. Then add the milk slowly, stirring until mixture is smooth and thick. Bring to a boil, and boil two minutes. Add the vegetables. Then pour all into a large baking dish. Cover with rich crust, and cut four or five strips of bacon up small and sprinkle over the top. Bake in hot oven about twenty minutes until bacon and crust are browned. Will serve eight.—Mrs. W. Gammage, Burford, Ont., R. 2.

Rice Meat Loaf

2 cups chopped cooked meat, 1 teaspoon salt, ¼ teaspoon pepper, ¾ teaspoon onion juice, 1 tablespoon chopped parsley, ¼ cup fine bread crumbs, 4 cups cooked rice.

Season the meat with seasonings. Mix with crumbs, wet with stock, milk or boiling water, just moist enough to pack. Line a greased mold with ¾ of the rice, then fill with meat, and cover with rest of rice. Cover closely and steam 45 minutes. When ready to serve, pour over it 1 can of tomato soup (heated).—Miss Mary G. Struthers, Lucknow, Ont.

ATTENTION ... ...

Attention!

The season demands a change of diet. We will pay $1.00 on publication for the best salad dish or refreshing drink recipe received.

HOW TO ENTER CONTEST

Plainly write or print out the ingredients and method and send it together with name and address to Household Science, Room 421, 73 West Adelaide Street, Toronto. .....

Scholarship Fund To Aid Architects

NEW YORK,—American Institute of Architects last week announced a scholarship fund of $104,008 to aid students of architecture resident in Canada and the United States had been received from Edward Langley's estate.

Native of Toronto, Langley was a noted architect of Scranton, Pa. A committee will administer the scholarships. First selections probably will be made this summer.

The copyright law was conceived in the Kingdom of Tara, part of Ireland. A monk designed a psalter, which was copied by a rival monastry. On hearing the case, the king announced, "To every cow her calf," and ordered the infringing copy destroyed.

SUNDAY SCHOOL LESSON

LESSON IX. — May 31.
THE LAST SUPPER—Luke 22 : 1-38
Printed Text Luke 22 : 7-23
GOLDEN TEXT—This do in remembrance of me. Luke 22 : 19.

THE LESSON IN ITS SETTING

Time—Thursday evening, April 6, A.D. 30.

Place—Jerusalem and principally the Upper Room.

"And the day of unleavened bread came, on which the passover must be sacrificed." All leaven was most carefully and scrupulously put away on the afternoon of Thursday, the thirteenth of Nisan. At sunset of that Thursday, the fourteenth of Nisan would begin. It is an amazing fact that, while the passover is still kept by Jewish people throughout the world, no sacrifice is offered. Ask your Jewish friends why no sacrifice is offered.

"And he sent Peter and John, saying, Go and make ready for us the passover, that we may eat." On this occasion, Jesus entrusted a most important mission of the two disciples closest to him.

"And they said unto him, Where wilt thou that we make ready?"

"And he said unto them, Behold, when ye are entered into the city, there shall meet you a man bearing a pitcher of water; follow him into the house whereinto he goeth." It would be a very unusual sight in the East, where water is drawn by women, to see a man bearing a pitcher of water, unless he were a slave, or unless we have here a reference to the Jewish custom of the master of a house himself drawing the water with which the unleavened bread was kneaded on Nisan thirteen.

"And ye shall say unto the master of the house, The Teacher saith unto thee." Here is a definite indication that this man was a disciple and follower of the Lord Jesus. "Where is the guest-chamber?" However, there is nothing definite in the New Testament to indicate that all these events took place in the same house. The upper stories of the house, especially the rooms erected on the flat roofs, are the upper rooms of which the New Testament speaks. They were not used as the usual family dwelling-rooms and could be quickly turned into guest-rooms. "Where I shall eat the passover with m. disciples?" It is wonderful to behold the love that Christ had for his disciples this last night, in that, rather than being preoccupied with his own approaching death and preparation for it, he longed to have fellowship with those whom he had appointed to be his witnesses, to comfort them, and to instruct them.

"And he will show you a large upper room furnished: there make ready. And they went, and found as he had said unto them: and they made ready the passover." No one has ever followed the command of the Lord Jesus but he has found all the circumstances attending his following to be exactly as the Lord indicated, and that the Lord has actually gone before him and made the excution of his commands possible.

"And when the hour was come, he sat down, and the apostles with him. And he said unto them, With desire I have desired to eat this passover with you before I suffer." This is the only feast of the Jews in which Christ is said to have desired to participate. The deep desire was the result of his longing to fulfill his mission on earth, that is, to die for the sins of the world.

"For I say unto you, I shall not eat it, until it be fulfilled in the kingdom of God." Some have concluded from this verse that Christ did not partake of the passover himself. No one can speak finally on this matter. What is clear is that the Lord was certain of a kingdom yet to come in which he and his disciples would be gathered together (see, especially, Matt. 26 : 29).

"And he received a cup, and when he had given thanks." The Passover was observed among the Jews in the time of our Lord in the following fashion: The company having taken their places, two or three flat cakes or thin biscuits of unleavened bread (Ex. 12 : 18), and four cups of red wine mixed with water, being on the table before the master of the feast—(1) He took one of the cups, called the cup of consecration, and gave thanks, tasted the cup, and passed it round. (2) Water was then brought in, and first the president and then the others washed. (3) The table was then set with the bitter herbs (lettuce, endive, beet, succory, and horehound), the sauce called charoseth (made of dates, raisins, figs, vinegar, etc., pounded and mixed together), and the paschal lamb. (4) After thanksgiving, the president took a portion of the bitter herbs, about the size of an olive, and, dipping it in the sauce, ate it, as did the others. (5) The second cup of wine was filled, and then followed the haggadah or showing forth (1 Cor. 11 : 26). A child or proselyte present asked, What mean ye by this service? (Ex. 12 : 26), and the president answered in prescribed washion at great length. The first part of the Hallel (Ps. 113, 114) was sung, and the second cup was solemnly drunk. (6 The president again washed his hands, and, taking two of the cakes of unleavened bread, broke them, gave thanks, and distributed them to the company, each of whom took a portion, dipped it in the sauce, and if any stranger was present, he was presented with a portion, but had no other share in the meal, a custom which sheds light on Jesus' giving the sop to Judas. (7) The paschal lamb was then eaten. (8) After thanksgiving the third cup, or cup of blessing (1 Cor. 10 : 16), was handed round. (9) Thanks were given for the food received; the fourth cup, the cup of joy, was drunk, the second part of the Hallel (Ps. 115-118) was sung, and the company separated. If you have a truth, if you have a vision, if you have a new way of looking at things, divide it among yourselves, do not keep anything hidden under some secret cover of your own.

"For I say unto you, I shall not drink from henceforth of the fruit of the vine, until the kingdom of God shall come." This is but an amplification of his former word recorded in verse sixteen.

"And he took bread, and when he had given thanks, he brake it, and gave to them, saying." The passover is finished. Our Lord now institutes what we have come to designate as the Lord's Supper. It had no part in the original passover feast. It was entirely new, and belongs distinctly to the Christian church. "This is my body which is given for you." The bread is a symbol and type of the body of Jesus. Note the word given. Christ is God's unspeakable gift to us.

"This do in remembrance of me." The passover itself was a memorial One thing above all else would our Lord have us remember concerning himself—his death.

"And the cup in like manner after supper, saying, This cup is the new covenant in my blood, even that which is poured out for you." This is the second cup mentioned by Luke in this evening event. There is an evident reference here to Ex. 24 : 4-8; Jer. 31 : 31-34.

"But behold, the hand of him that betrayeth me is with me on the table." Judas did not participate in the Lord's Supper. The fact that the hand of Judas was on the table with Christ means that Judas pretended to be the friend of Jesus, when, in his own heart, he knew he was about to betray him.

"For the Son of man indeed goeth, as it hath been determined: but woe unto that man through whom he is betrayed!" This betrayal had been determined, not so much by the chief priests and by Judas, as by God himself (Acts 2 : 23; 4 : 27, 28; Rev. 13 : 8).

And they began to question among themselves, which of them it was that should do this thing." It is amazing that the disciples seemed to have had no idea that it was Judas who was to be guilty of this dastardly deed. Each one, apparently, thought he, himself, could possibly be guilty of such an act, though he had never conceived of it before (Mark 14 : 19).

In the lowlands of India a peculiar species of insects sacrifice their armore to science, giving us shellac, or the "milk of their tiny shells."

The flattering cape-sleeves falling gracefully over the arms, the V-neck with soft jabot tie and the paneled skirt, make this dress particularly becoming to the mature figure.

It is delightful for summer in town and will do duty for the country to.

It looks so cool and fresh on a warm day in sheer cotton voile print as wine on white as pictured.

Another scheme is navy blue swiss dotted in white that you'll like equally as well.

Soft cottons in shantung or linen weaves, beside tub pastel silks will make up attractively in this simple to sew model.

Style No. 2980 is designed for sizes 36, 38, 40, 42, 44, 46 and 48-inches bust. Size 36 requires 3⅞ yards of 39-inch material with 2¼ yards of plaiting.

HOW TO ORDER PATTERNS

Write your name and address plainly, giving number and size of pattern wanted. Enclose 15c in stamps or coin (coin preferred); wrap it carefully, and address your order to Wilson Pattern Service, 73 West Adelaide Street, Toronto.

Off on 30,000 Mile Flight

The Hon. Frances Patricia Tollemache, 27-year-old daughter of Lord Tollemache, who obtained her "A" in pilot's license after three weeks's instruction, left Heston Aerodrome, London, recently, on a 30,000-mile trip by plane as a commercial traveler. She is co-piloting a new 160 miles an hour Vega Gul monoplane with Vernon Motion. The tour includes Egypt, Palestine, Uganda, Rhodesia, Nairobi and South Africa. Miss Tollemache (left) is shown shaking hands with a friend on her departure from Heston.

FU MANCHU By Sax Rohmer

The Creature On The Lawn