Woman's World

By Mair M. Morgan

WHO SAID HASH?

Hash may be an old boarding-house favorite to a few and a boarding-house bugbear to many, but hash, when properly made, is a pretty good dish. Here are two hash recipes that will please you:

Beef Hash

2 cups chopped cold roast beef or steak
2 to 4 cups chopped boiled potatoes
1 cup beef gravy or hot water
4 tablespoons butter
Salt and pepper

Put butter (or substitute) into a frying pan and then put in the meat and potato, salt and pepper, moisten with beef gravy or hot water and cover. Let it steam or heat through thoroughly, stirring occasionally to mix it evenly and also to keep it from sticking. When done it should be neither watery nor dry, but just firm enough to stand well when dished. If onion is liked, fry two or three slices in the fat before the hash is added.

Corned-Beef Hash

2 cups chopped corn beef
2 cups cooked potatoes
½ cup milk or water
2 tablespoons butter or fat
Salt and pepper

Mix beef and potatoes together lightly and season. Pour the milk into a frying pan with half the fat and, when this is warm, turn in the hash, spreading it evenly and placing the rest of the fat, cut in piece,s on the top. Cover the pan and place it where the hash will cook slowly for half an hour. There should then be a rich, thick crust on the bottom. Do not stir the hash. Fold it as an omelet is folded and place it on a warm platter. This slow process of heating the hash gives it a flavor that can not be obtained by hurried cooking.

SUNDAY SMACKS

Here are two recipes that you will want to file under "Sunday or "Snacks" — tasty tidbits that touch the spot:

Sunday Supper Sardines

8 large sardines
½ cup butter
½ cup dill pickle, finely chopped
4 slices toast

Saute the sardines in a frying pan until golden brown. Soften the butter and mix well with chopped dill pickle. Spread a thin layer of prepared butter on each slice of toast. Place two sardines on each prepared slice of toast. Cover with remaining butter mixture. Serve at once. Serves 4.

Dad's Beefsteak Sandwich

1 cup cooked beefsteak, ground
1 hard cooked egg
4 medium sized sweet gherkins
Catsup

Put through food chopper the beefsteak, egg, and sweet gherkins. Add sufficient catsup to moisten. Spread between slices of buttered bread. Makes filling for 6 sandwiches.

MANY RECIPES IN ONE

Here is a recipe from the Science Kitchen that should be a welcome addition to your collection of recipes —because from it you can serve muffins as often as you wish, and vary them regularly:

Variety Muffins

2 cups sifted flour
2 teaspoons baking powder
2 tablespoons sugar
½ teaspoon salt
1 egg, well beaten
1 cup milk
4 tablespoons melted butter or other shortening

Sift flour once, measure, add baking powder, sugar, and salt, and sift again. Combine egg, milk, and shortening. Add to flour, beating only enough to dampen all flour. Bake in greased muffin pans in hot oven (425 degrees F.) 25 minutes, or until done. Makes 12 muffins.

NUT MUFFINS. Use above recipe, adding one-half cup broken nut meats to the sifted flour mixture.

CURRANT MUFFINS. Use currants in place of nut meats.

PRUNE MUFFINS. Use 2-3 cup finely cut prunes in place of nut meats

SURPRISE MUFFINS. Drop a scant teaspoon of currant jelly on each muffin before baking.

WEEKLY CASH PRIZES !

Winter meals, with their roasts, stews, puddings and pies are due for a change now that Spring is here.

The wise housewife will want to devote less time in her kitchen, consequently she will refer to her files for one of those combination-main-course dishes. Every home-maker has at least one dish that she has concocted out of this and that, which has surprised the family by its delicious flavor.

Such a dish is lima beans, combined with left-over meat, fish, vegetables, or cheese, seasoned with onions, celery or green peppers. Have you another variation of this dish or another combination which is equally economical?

Here is an opportunity for the thrifty housewife. Each week we are offering a cash prize for the most economical, tasty main-course dish. Recipes calling for detailed ingredients and involved method of preparation will not be considered. One dollar will be paid for each recipe selected for publication.

How to Enter Contest

Plainly write or print out the ingredients and method of your favorite main-course dish and send it together with name and address to Household Science, Room 421, 73 West Adelaide Street, Toronto.

Blue Lights Seen As Romance Spur

HOLLYWOOD, Calif. — A girl should have a dim blue light to help a bashful beau propose, says Lou Kolb, chief electrician at a big film studio.

A red lamp shade in the living-room is likely to drive a man to the divorce court.

"Those things are just practical psychology," Kolb explained. "We've been using them for years to help stimulate the mood a star must have to play a certain type of scene. They never fail."

He said red light makes people irritable, even quarrelsome; a lot of white light tends to cause gaiety; green shadings bring peace and calm; so do brown; blue or purple are effective in generating affection.

The blue tinge, typical of romantic ideas, is what makes moonlight so popular with lovers, Kolb said.

Infant Mortality Decreases in Britain

The Registrar-General for England and Wales has supplied to the British Medical Journal a statement regarding the provisional birth-rates, death-rates, and the rates fo infantile mortality in England and Wales during 1935.

These figures, just published, show a live birth-rate of 14.7 per 1,000 of the population, death-rate of 11.7, and an infantile mortality rate of 57 per 1,000 live births registered. This infantile mortality rate is the lowest recorded, the previous record years being 1934, with 59, and 1930, with 60.

Last year's birth-rate was 0.1 per 1,000 below that of 1934, but was 0.3 above that of 1933, the lowest recorded. The general death-rate was 0.1 below that for 1934.

Egyptian Beauty Weds

Miss Naila Khayatt, 27-year-old beauty whose family was one of the richest in Egypt, and Frederick E. Couder Roelker, New York Socialite, pictured with Mohamed Amine Youssef, Egyptian Minister to the United States, after their marriage in Washington.

SUNDAY SCHOOL LESSON

LESSON III.—April 19.
GOD, THE LOVING FATHER.—Luke 15.
GOLDEN TEXT.—**Like as a father pitieth his children, so the Lord pitieth them that fear him. Psalm 103:13.**

THE LESSON IN ITS SETTING
TIME.—January, A.D. 30.
PLACE.—Peraea.

"And he said, a certain man had two sons. And the younger of them said to his father, Father, give me the portion of thy substance that falleth to me." According to Jewish law (Deut. 21:17) each son would receive the same proportion of property and inheritance from the father, except the eldest son, who would receive an inheritance double that of any of his brothers. The younger son here, then, asks for one-third of his father's estate. The request probably was not unusual, and yet it shows two things: the younger son chafed at the restraints that the home placed upon him, and he wanted to live a life which the environment of the home did not conveniently permit; moreover, he needed money with which to accomplish the selfish purposes that were in his heart. "And he divided unto them his living." In the father's consenting to the guilty wish of his son, a very solemn thought is expressed, that of the sinner's abandonment to the desires of his own heart (Rom. 1:24, 26, 28), the ceasing, on the part of the divine Spirit, to strive against the inclinations of a spoiled heart, which can only be cured by the bitter experiences of sin.

"And for many days after, the younger son gathered all together and took his journey into a far country; and there he wasted his substance with riotous living." The word riotous here means abandoned, dissolute, profligate.

"And when he had spent all, there arose a mighty famine in that country." There is a divine teleology (that character of nature which reveals design or final cause) in the conjuction, whether appearing in individual experience or in the life of nations, and the parable only recognizes this truth in exhibiting a correspondence between moral state and outward circumstances. "And he began to be in want." The inevitable destitution to which sin drags its victims.

"And he went and joined himself to one of the citizens of that country." The word implies that the citizen of the country, to whom he applied, was unwilling at first to receive him, and only after persistent pressing entreaties, took him into his service. "And he sent him into his fields to feed swine." This young man, a Jew, has now lost his independence and freedom, which, at first, he started out to fully enjoy; he has been driven to tasks which normally would have been revolting to him.

"And he would fain have filled his belly with the husks that the swine did eat." These were the pods of the carob tree. "And no man gave unto him." The swine were more precious in the citizen's eyes than the swineherd.

"But when he came to himself." This expression is like that in Acts 12:11 in speaking of Peter awakening from his strange experience in being delivered from prison by an angel. The statement itself would indicate that this man in his sin was outside of himself, or beside himself. Sin robs us of our normal powers of common sense, of balanced juagment. "He said, How many hired servants of my father's have bread enough and to spare, and I perish here with hunger!" And thus God uses physical suffering and shame to bring those who would live apart from him to their senses again.

"I will arise and go to my father, and will say unto him, Father, I have sinned against heaven, and in thy sight." Here is the turning-point in this young man's life. He is determined to get out of the foreign country, out of his shame. out of his wasted daily life.

"I am no more worthy to be called thy son: make me as one of thy hired servants." A spirit of such humility as this testifies to the reality of his sense of sin and true repentance.

"And he arose and came to his father." Many a resolution dies before it is put into execution. Here the resolution, once taken, is immediately carried out. "But while he was yet afar off, his father saw him." Undoubtedly, the Lord would have us to believe that the father continually had been looking for his son. It was all he could do. He could not bring him home by compulsion, but he loved him, and, every day, he watched, with never tiring eye. "And was moved with compassion, and ran." It is the only place in Holy Scripture where haste is attributed to God. "And fell on his neck, and kissed him." Literally, kissed him again and again.

"And the son said unto him, Father, I have sinned against heaven, and in thy sight: I am no more worthy to be called thy son." When we were still dead in trespasses and sin, God loved us. He loved us before ever we loved Him (1 John 4:10,19).

"But the father said to his servants, Bring forth quickly the best robe." Many believe that this phrase should read, more accurately, the first robe, meaning not the first in quality, but the robe which the son had worn in former days. "And put it on him; and put a ring on his hand." A ring is symbolic of honor and dignity (Gen. 41:42; Esther 3:10; 8:2; James 2:2). "And shoes on his feet." The shoes were marks of a free man, for slaves went barefoot.

"And bring the fatted calf, and kill it, and let us eat, and make merry." It is often said that there is no sacrifice in this parable of the restoration of the prodigal son. But that great Biblical expositor, Dr. G. Campbell Morgan, writes, "If a son, whether through rebellion or legitimately, left home for a season, it was the habit to offer a sacrifice upon the threshold on his return. The purpose of the sacrifice was two-fold, first an atonement for possible sin, and secondly, a feast to be spread when the threshold was crossed."

"For this my son was dead." Death is often spoken of in the New Testament as the state of a sinner even while he is living out his life on earth (Eph. 2:1; Rom. 6:13, etc.). "And is alive again. He was lost, and is found. And they began to be merry." Man, viewed as the object of the Saviour's solicitude, is lost as a straying sheep is lost, through thoughtlessness; as a piece of money is lost to use, when its owner cannot find it; as a prodigal is lost, who, in waywardness and self-will departs from his father's house.

Marriage License Costs are Halved

REGINA.—The high cost of marriage has been reduced for residents in Northern Saskatchewan.

The Saskatchewan Legislature recently, when in committee of the whole, approved an amendment to the marriage act which cuts the costs of marriage licenses from $5 to $2.50 for persons living north of township 54, which means the area north of Prince Albert National Park. It includes part of the park.

Hon. J. M. Uhrich, minister of public health, who was in charge of the bill, stated that many residents in the northern settlements often were long distances away from marriage license issuers, and that as a result, getting a marriage license caused them much more trouble and greater expense than it did to those living in the more settled parts of the province. As a means of compensating these residents, the license fee has been reduced to $2.50.

For Itching Ears

A new form of advertising is being given a tryout on crowded trains and street cars of the East. Riding along with nothing to occupy their time, passengers subconsciously listen to conversations going on around them.

An advertising agency, taking cognizance of that fact, is sending out men in pairs to engage in a carefully rehearsed line of talk, though entirely natural, in which one tells the other what an excellent tire he has found this or that brand to be, or how much he enjoys a certain cigarette or tobacco, or the brand of shaving soap he prefers above all others, etc.—Capper's Weekly.

The Rural Teacher

(Ottawa Journal)

Addressing the Gatineau Techers' Association Dean Salmon of Ottawa spoke in warm terms of the "fidelity and effectiveness' of rural teachers. It was a deserved tribute to a class of professional men and women who have little in material reward to reconcile them to laborious and painstaking effort.

It is plain that the rural teacher is a larger factor in the early years of rural boys and girls than is the city teacher in his or her sphere, because there are fewer distracting influences in the schoolhouse at the country crossroads to interfere with the impression that is made on young lives by the teacher's character and skill.

The country teacher in Canada has done a magnificent job, and those who have charge of the rural schools today inherit a tradition of service that has many fine chapters in Canadian history. A community with a teacher and a parson possesses a centre of culture from which radiate influences of incalculable value to the nation.

Bolero Dress

How young and fresh with navy taffeta bolero jacket and navy and white crepe print dress, is today's model.

Wear them separately, if you like. The jacket forms a perfect contrast for grey or beige crepe dress. It's grand worn over sheer summer prints.

Other suggestions for this simple to sew model include linen, cottons and tub pastel silks.

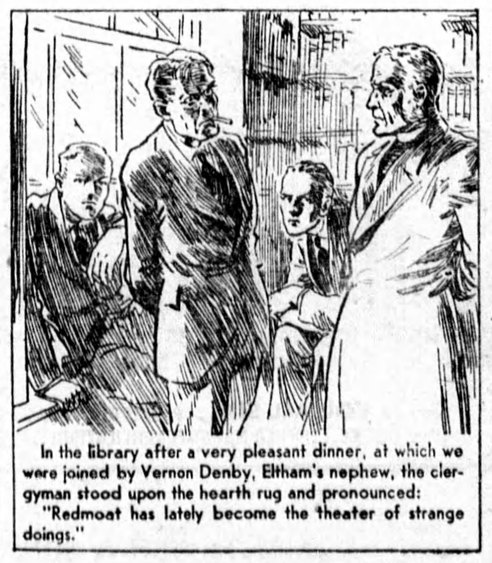
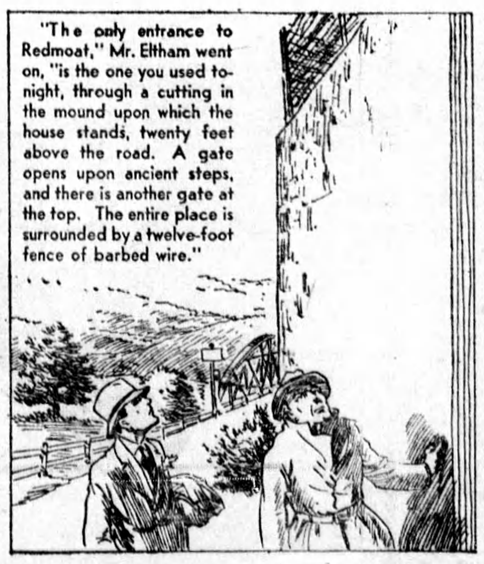
Style No. 2698 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 3 yards of 39-inch material with 1⅝ yards of 39-inch material for jacket.

HOW TO ORDER PATTERNS

Write your name and address plainly, giving number and size of pattern wanted. Enclose 15c in stamps or coin (coin preferred); wrap it carefully and address your order to Wilson Pattern Service, 73 West Adelaide Street, Toronto.

Starting Chicks

Supply water with chill taken off in suitable vessels, charcoal, shell and grit or river sand. Feed the youngsters immediately on their entry to brooding quarters. A good starting mash consists of: Middlings, ground yellow corn, ground oat groats, each one part; shorts, alfalfa leaf meal and animal feed mixture, each ½ part; bone meal 2 per cent.; cod liver oil 1 to 2 per cent; and salt ½ per cent.

FU MANCHU By Sax Rohmer

The Fortified House