LADY BANK

The heaviest frost of the season occurred Sunday night.

Mr. and Mrs. George Dobson spent Sunday with friends at Dundalk.

The September meeting of the Ladies' Aid of Providence church was held at the home of Mrs. Lorne Tuplin with good attedance of both members and visitors. Most of the work consisted of the making of a quilt for Mrs. Henry Butcher of Maple Grove. The meeting was closed in the usual way and a dainty lunch was served by the hostess. The October meeting will be held at the home of Mrs. Wm. Semple, on the 9th.

Mr. and Mrs. Wm. Semple, Mr. and Mrs. Ernie Semple and babe and Mr. and Mrs. Percy Semple and little son spent Sunday with Mr. and Mrs. Jack Graham in the Valley and attended the funeral of the late Mrs. Free Wickens. The bereaved husband and family have the sincere sympathy of a host of friends in their hour of sorrow. A great loss of a dearly beloved wife and mother.

Mrs. Dave Roberts is the guest of her daughter, Mrs. Ted Parson, near Proton.

BORN — In the Clarksburg private hospital on Monday, September 9th, to Mr. and Mrs. Don McKenzie, the gift of a daughter.

Mr. and Mrs. Don McKenzie have moved to Clarksburg, where the former has secured a position with the Georgian Bay Fruit Growers. Mr. and Mrs. McKenzie have resided in this neighborhood durng the past summer on Mr. Robinson's farm, formerly the Jos. Sewell farm.

The young people of the neighborhood held a corn roast, tea and cake party on Friday evening and a most enjoyable time was spent by all those present.

TORONTO LINE NORTH

Mr. and Mrs. Delbert Alcox treated their neighbors to a corn roast on Friday evening of last week when a very enjoyable time was spent.

Messrs. Fred Brown and Harold Lever were recent visitors with Mr. Arnold Harbottle near Chatsworth.

Mr. D. Gardiner of Dundalk was a caller in our burg Sunday.

Miss Agnes Irwin of Toronto is spending her vacation with her grandparents, Mr. and Mrs. W. Burnett.

Recent visitors with Mr. and Mrs. W. Burnett were Mr. and Mrs. Scott, son Jim, Buelah Burnett, and Mrs. Mary Irwin, Durham, Mr. and Mrs. Ed. Kyle and family and Mr. Chas. Kyle of Maple.

Mr. Henry Carvell treated his friends from this line and Dundalk to a corn roast at the home of Mr. Fred Brown.

Very sorry to learn that Mr. Alex. Miller had the misfortune to lose one of his valuable young horses. The young black got into the well on the farm of Roderick McKenzie.

ROCK MILLS

Misses. Edith and Mabel Betts returned home Sunday after spending a few days at Clarksburg.

Mrs. Jack Holley of Vandeleur spent a week with Mr. and Mrs. Sam Croft.

Mr. Harvey Croft visited in Toronto and attended the C. N. E.

Prayer meeting will be held this Friday night at the home of Mr. Thos. Betts at 8 o'clock, conducted by Rev. F. Dean of Feversham. Everybody welcome.

Mrs. John Robertson was taken suddenly ill the past week and was taken to the General Hospital, Toronto, on Thursday, her daughter, Miss Annie Robertson, R. N. accompanied her down and will remain with her mother.

Harvest thanksgiving service was held in the Baptist church here on Sunday evening last and was well attended, the church being almost filled. The ladies had the church nicely decorated with flowers, fruits and vegetables and grain for the occasion. The service was conducted by the pastor, who delivered a fine thanksgiving sermon, taking for his text Psalm 65:9. The orchestra also provided special music.

Mr. and Mrs. Chas. Hornby of Collingwood visited recently with Mr. and Mrs. Lewis Pedlar and family.

Miss Marguerite Croft of Toronto is holidaying at her parental home here.

Mr. and Mrs. McDowell of Toronto were recent visitors with Mr. and Mrs J. A. Foster and family.

Miss Pearl Hardy has returned to her home in Owen Sound after spending two weeks with Mr. and Mrs. Sam Phillips.

Mrs. Clifford Partridge and two daughters of New Liskeard are visiting with the Partridge families here.

Miss Fawcett and friend of Duncan called on Mr. and Mrs. Walter Russell on Sunday.

Recent visitors at the home of Mr. and Mrs. Dick Clark were: Mrs. Jas. Park, Mr. Geo. Park, Mr. and Mrs. George Patton and Mrs. Bob Lee and son, Joe, all of Owen Sound.

PROTECTING POTATOES FROM INJURY

It has been demonstrated convincingly that potatoes produced on wet land develop a tender skin and are more subject to injury when dug. Potatoes produced under such conditions, therefore, should be handled very carefully. While potatoes grown in dry soil are less liable to injury, they are often injured through the fact that this type of soil is not carried over the digger. To compensate this disadvantage, when elevator diggers are used sufficient soil should be taken up to prevent the tubers coming into direct contact with the moving parts of the machine.

Falls cause about three times as many deaths among elderly persons as automobile accidents.

CEYLON

Mr. Elmer Muir has returned home after spending a week in Toronto.

Mr. and Mrs. Robt. Rutledge and family, Holland Centre were Sunday visitors at their home here.

Mrs. George Alton, Markdale is visiting at the home of Mr. George Cairns.

Miss Agnes Coburn returned, Friday to Vineyard Haven, U. S. A. after an extended visit with her sister, Mrs Peter Muir.

Mrs. White and Miss Laura who have been visiting in Toronto, returned home on Saturday, accompanied by Mr. and Mrs. Stanley White and Edna, who spent the week end here.

Mr. Sangster Hemphill, Miss Maud Hemphill and Mr. Percy Hemphill motored to Clarksburg on Sunday.

Mr. anl Mrs. Wesley Kirk of Berkeley were visitors last week with Mr. and Mrs. A. C. Muir.

Mr. and Mrs. Jack Cairns of Meaford and Mr. and Mrs. A. McDonald of Weston attended the funeral of their aunt, the late Mrs. MacMillan, at Priceville on Monday. Ceylon friends join in sympathy to the relatives of the deceased.

Mr. and Mrs. Archie Sinclair spent Sunday with Mr. A. E. Haw and family at Salem.

Among the members of Holdfast Club who visited the Rocky Saugeen Club at the home of Mrs. Lauder at Durham last Wednesday were: Miss Lottie Whittaker and Mesdames A. S Muir, Macphail, Smellie, Hunt, Nichol, Udell and Gibson.

The Ladies' Aid will meet at the home of Mrs. A. C. Muir on Wednesday, September 25th at 2 p.m. Roll call will be answered with "Summer Desserts." Social Com.—cake, Mesdames Snell and McMullen; sandwich, Mesdames F. Cairns and D. McLeod.

Mrs. Geo. Snell is in London this week where she represents Grey Chapter No. 170, at the Grand Chapter, O.E.S., in session there.

Mrs. . Irwin and son, Brady, visited Mr. Christopher Irwin near Markdale recently.

Mr. and Mrs. P. Sherwood returned from Toronto last Tuesday.

Mr. and Mrs. Geo. Hall of Oakville were callers on Sunday with Mrs. C. Wilcock.

Miss Agnes Macphail is in the midst of her political campaign prior to the elections next month.

Mr. Fred Chislett and Mr. Seymour of Stratford are visiting the former's sister, Mrs. Anna McMillan.

Mr. Grant Whittaker of Toronto is visiting his brothers here.

Don't forget the Rally Day Service at Ceylon on Sunday, at 3.00 P.M. The Sunday School will take part in this Service.

Ceylon Anniversary Services will be held, Sunday, Sept. 29th at 3.00 P.M. and 7.30 with Rev. T. J. Jewett B. D. as preacher.

—HAVE YOU RENEWED?

Local and Personal

Mr. and Mrs. Harold Best of Pickering spent the week end in town.

Mr Stewart McTavish was in town over the week end.

Miss Betty Milligan of Toronto is visiting with Mrs. Jamieson.

Mr. George Jamieson of Timmins is visiting his mother at present.

Miss Helen Heard of Varney spent the week end at her home here.

Miss Jean McDonald of Durham is visiting with her brother, Mr. Royden McDonald here.

Mr. R. Porteous has been seriously ill the past week but is showing some improvement at the present time.

Markdale village takes a vote this Thursday on the beverage room question.

Mr. and Mrs. Herb Smith of Owen Sound spent the week end with relatives in town.

Miss Bessie Cairns and friend of Flesherton spent a few days in London last week.

Mrs. Wes. Stoddart of Markdale is visiting her daughter, Mrs. Harold Fawcett.

Mr. and Mrs. Alex. McDonald and daughter, Isobel, of Weston spent the week end in town.

Mrs. T. J. Banks of Durham spent the past week with her son, Postmaster, Geo. Banks, and family.

Mrs. C. N. Richardson and Mrs. W. W. Trimble are spending a week at Wasaga Beach.

Mr. Ed. Baker of Wayne, Mich., Mrs. Clark and daugher, Mrs. Alban of Belleville, Mich., spent the week end with Mrs. M. Thistlethwaite.

Mr. and Mrs. Ward Harrison and Messrs. Alf Harrison and Richard Bentham spent the past few days at Fredonia and Dunkirk, N. Y.

Misses Kate McMillan, Margaret and Helen Robertson and Dell Thurston of Toronto spent the week end at their homes here.

Mrs. Geo. McKee and daughter, Kathleen, of Toronto spent the week end with Mr. and Mrs. F. J. Thurston.

Mr. and Mrs. Jos. Bull and daughter, Josephine, and Miss Mary McClure of Collingwood spent Sunday with Mr. and Mrs. T. J, Fisher.

Flesherton high school defeated the Dundalk high school boys' softball team 18-16 on the local diamond this Tuesday afternoon.

Mr. and Mrs. Wilfred McMaster and children, Mr. Robt. McMaster and Mr. Geo. McMaster of Echo Place were at their home here over the week end.

The Woman's Missionary Society of St. John's United church will meet on Thursday (to-morrow) at 3 p.m. Miss MacMillan's group will have charge of the meeting.

Insist on Stafford's Alco-Borine Lotion for chapped skin. Send 5c (coin) for trial size bottle, to J. E. Stafford, Manufacturer, Flesherton, Ontario.

Mrs. Burton Field and Roy Spence visited Monday with Mr. and Mrs Jos. Field. Mr. Field was seriously ill for a few days but is able to be out again.

Mr. and Mrs. W. H. Thurston, and Miss Dell Thurston spent Saturday with the former's daughter, Mrs. R. W .Shaw in Lions Head and had extra good results fishing for lake trout.

TRUCK TURNS OVER INTO DITCH

Last Thursday a very peculiar accident occurred on the highway east of Rock Mills in front of the farm of Mr. Sam Fisher, when a truck owned by Mr. George Hillgartner of Hanover turned over into the ditch dumping the race horse that was in the back of the truck out, but did not hurt it outside of a few body scratches. The driver, Mr. George Hillgartner was not hurt either. At the time of the accident, witnesses and Mr. Hillgartner claim that the truck was not travelling oven ten miles an hour, but it is thought that the front wheel of the truck gave way and was the cause of the accident. The truck was badly damaged and will require considerable repairing before it will be ready for the road again.

You can always tell a smart man by the smart things he does not say.

Cold feet may be due to poor circulation, but some poor circulation is due to cold feet.

HEALTH

by Grant Stevenson M.D.

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

SYMPTOMS

A symptom might be defined as any evidence of disease or abnormal state of the mind or body. Symptoms, such as pain, of whose presence the patient is conscious, are called subjective symptoms, whereas those which are discovered on medical examination are known as objective symptoms.

Symptoms are grouped under two headings. Local symptoms are the changes which occur in some organ or area where the disease localizes or focuses its attack. Constitutional symptoms arise out of the effects of the disease upon the body as a whole. The body works as a unit so disease of any part brings about general changes. The local symptoms may dominate, but there are always constitutional or general symptoms.

If germs of tuberculosis establish themselves in the lungs, they act as an irritant, giving rise to local symptoms, such as cough, sputum, pain and sometimes blood in the sputum. These symptoms all arise from the activities of the germs which are attacking and destroying the lung tissue.

Disease germs give off poisons and, in addition, they may destroy normal tissue which, when destroyed, acts as a poison. These poisons are carried away from the local diseased area and are spread throughout the body by the blood stream. This spread results in a mild or severe poisoning of the body which leads to the general or constitutional symptoms. So it is that in tuberculosis, we observe a rise in temperature, an increased pulse rate, fatigue, loss of appetite, loss of weight, and night sweats.

These constitutional symptoms are not limited to tuberculosis; indeed, they are the typical symptoms of systemic poisoning by almost any disease germ. The patient who has a boil may, and generally does, show the same symptoms, due to the absorption into the system of the poison elaborated by the germs causing the boil and the pus, which is dead tissue and body cells destroyed by the germs.

Tuberculosis, in its early and most curable stage, does not give rise to this train of local and constitutional symptoms. It is difficult, in many cases, to persuade the person who feels well that he has an active disease which demands treatment. Those who wait until the symptoms are marked will have waited until the disease is well established, and treatment will take a long time. It is the earliest suggestion of fatigue, persistent coughs, et cetera, which must be heeded if tuberculosis is to be found early.

TEAM BOLT FOR BARN WITH BLAZING LOAD

A peculiar accident which might have had more serious consequences occurred recently on the farm of Mr. Jas. McLean.

The grain was being drawn in from the field and a small quantity of wild oats having been removed from the grain, was piled in the field some distance from the load which was ready to be drawn to the barn. This pile of wild oats was set afire and a few minutes later the load of grain was noticed to be on fire. The team became frightened and bolted for the barn with the blazing load, in spite of all efforts to stop them. Cartney Forgie who was working in a nearby field, saw what happened and ran across the field to head them off. He was successful in getting the horses halted at the gap a few rods from the gangway.

The burning load was overturned and the horses unhitched in a moment. The wagon was not burned but the rack and the load of grain were a total loss. However, it would have been serious enough had the team reached the barn.—Stayner Sun.

Shovelling coal at this time of year plays havoc with the family budget.

A San Francisco girl has a bathing suit made of moths. Well, it is by no means the first time moths have had something to do with a bathing suit.

Tommy: "Why hasn't daddy got much hair?"

Mother: "Because he thinks a lot, dear."

Tommy: "Then, why have you got so much, mother?"

Mother (angrily): "Get on with your breakfast."

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LOT 1 — 40 only, fine quality, trimmed coats in Blue, Black and Brown, pure Wool Cloths. Extra good quality Linings. September Price $12.95

LOT 2 — 40 only, fur trimmed Coats in Women's, Misses' and Juniors' sizes. Extra fine Fur Collars and Pure Wool Cloths. Made to sell at $19.50.
September Price $15.95

LOT 3 — 15 only, Sample Coats in the newest Shades and Cloths. Some Coats in this lot were made to sell at $50.00
September Price $27.50

LADIES' HATS

Dozens of Hats to choose from in Wool Felts, Fur Felts and Velvets. See these before you buy.
Priced at $1.69, $1.95, $2.45, $2.95, $3.50.

New Crepe Dresses at a Low Price

LOT 1 — 36 only, Crepe Dresses in Blue, Black and Brown. A real heavy cloth that will give excellent wear. Long sleeves and lace trimmed.
September Price $5.95

LOT 2 — 36 only, Heavy Crepe Dresses, similar to Lot 1 in quality, with no sleeves, lace over the shoulder.
September Price $4.95

GROCERY SPECIALS

Japan Rice ..... 5lb for 25c
1 can corn, 1 can peas, 1 can tomatoes ..... all 3 for 25c
40 oz. jar orange marmalade for 21c
2lb pkg., Weston's Sodas for 25c
4 bars of Sunlight soap (small Rinso free) for ..... 25c.
Fancy Sweet Biscuits ..... 2lb for 29c
Puffed Wheat ..... 10c pkg.
Shredded Wheat ..... 11c. pkg.
Pork & Beans, 16 oz. size. ..... 4 for 25c
Angler Salmon 1 tall ..... 2 for 19c
Buyasak Flour ..... 98lb for $2.50
Every Bag Guaranteed

Small Advts.

FOR SALE

Purebred Oxford Down ram.—Geo. Stewart, Flesherton.

FOR SALE

Black coat, fur collar and cuffs, in good condition, size 34, reasonable.—Mrs. T. J. Stinson.

LOST

Purebred Oxford Down ram, label on right ear with a YIN marking.—R. Allan, Flesherton.

FOR SALE

Two good Durham cows for sale, 3 and 6 years years old.—Dannie Cameron, Eugenia P. O. 'Phone 7 r. 14, Feversham.

FOR SALE

Hog chop, $19.00 per ton, sacks included. Special allowance for grain in exchange. One ton or more delivered free. Phone 38 r. 3.—A. C. Muir, Ceylon.

FOR SALE

Grey County Egg Grading Station, also lots adjoining the same, will sacrifice for cash.—Thomas Owler 40 Doel Ave. Toronto.

PROPERTY FOR SALE

In Flesherton 6 room house, brick veneer, hard and soft water; about two acres of land on which is a large barn with cement stabling and garage. Apply to W. J. Meads; R. R. 3, Priceville.

FARM FOR SALE OR RENT

Two hundred acres, good soil, good buildings, cement stabling, steel staunchions, windmill, water in pasture, 170 acres under cultivation, on the Fourth Line of Osprey, one mile east of McIntyre.—Apply, K. Rinn, Singhampton P.O., R. R. No. 1.

WANTED

A man to do fall plowing.—Apply at the Advance Office.

FOR SALE

Good strong democrat, large size, will carry one ton.—Russell Park, Flesherton.

NOTICE TO TRESPASSERS

Any person found removing fruit from the orchard on lot 147, 2 S.W. will be prosecuted.—Roy W. Piper, Ceylon.

HOG FOR SERVICE

Registered Berkshire hog, government inspected. Terms $1.00 if paid within 2 months, over that time $2.00. —Laurie Pedlar.

HOG FOR SERVICE

Young Yorkshire hog, purebred and government inspected; terms: cash 75c.; charged $1.00.
—WES. SMITH, Rock Mills.

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Prince Arthur Lodge No. 333, A.F. &A.M., meets in the Fraternal Hall, Flesherton, every Friday on or before the full moon. W. M., R. W. Piper, Secretary, H. A. McCauley.