Activity was Good for Her Figure

Helped by "That Kruschen Feeling"

Her husband assured her that it was her age and that she could not expect to wear stock size now. He was evidently a believer in the ancient "fat and forty" legend. To-day she dsmisses the idea with a laugh. But let her tell the story herself:—

"I must tell you I had developed beyond the 'stock size.' My husband assured me that it was my age. One day I saw an advertisement and decided to try Kruschen Salts. That was last July. Now once more I wear a size 38. Besides which, I feel so much better, more energetic, and can do my work without that tired feeling."—(Mrs.) J. M.

Your figure will not develop a "middle-aged spread" if you keep yourself healthy and active with a daily dose of Kruschen. When you have taken Kruschen Salts for a few days that old indolent armchair feeling begins to desert you—it doesn't matter if you are in the forties—the urge for activity has got you—and you're "stepping lively."

And, best of all, you like this activity—you walk a couple of miles and enjoy it—you thought you'd never dance again, but you find you're getting as spry as ever—and you can wear the modern dresses with as much comfort as the young folks.

Get a 75c bottle of Kruschen (it lasts four weeks) and start right away to take a half-a-teaspoonful in a tumbler of hot water every morning.

The Splendid Spirit Of The West

It is a great spirit that obtains in the drouth-ridden, grasshopper devastated areas of the West. At Bergfield, south-west of Weyburn, the farmers unable to get further help from the Department of Education or from the municipal council were not daunted in their effort to educate their children. An "emergency meeting" was called and one farmer offered to donate his granary for a teacherage, others volunteered to plaster it, whitewash it, put windows in and equip it from the meagre supplies of their homes. A teacher was engaged and sustained out of their restricted food supplies and school is going on. There are many like instances in these days of difficulty. Their churches are kept up in the same way. Ministers are cheerfully living on less than half their salary in manses and parsonages segregated in one or two rooms to save fuel expenses and are ministering to their flocks without thought of further comfort or remuneration, bring sweetness and light into homes where were it not for these ministrations might come gloom, discouragement and despair. It is hard to discourage a people used to vicissitudes. Such determination is bound to bring its own reward.

"Before a man can become serene he must cease to live for his sense or himself."—H. G. Wells.

BEFORE BUYING *any* TIRE

SEE THE *New* Firestone HIGH *Speed* TIRE

Firestone Tires have always been noted for their long, low cost mileage. Now, in the New High Speed Tire for 1935, you get 50% more Non-skid mileage*—at no extra cost!

Put these—the last word in tires on your car—see the nearest Firestone Dealer today.

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*Compared with previous Firestone tire.

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TOURIST TRADE SHOWS CLIMB

$129,794,000 Is Estimated As Amouunt Spent For 1934 In Canada

Ottawa. — A substantial increase was shown in the total expenditure of tourists in Canada during 1934 when they were estimated at $129,794,000 compared with $117,124,000 in the previous year, the Dominion Bureau of Statistics reported recently. Overseas tourists were estimated to have spent $9,455,000 against $7,763,000 in 1933. Tourists from the United States by automobile spent about $86,259,000 compare with $72,196,000 in the preceding year, while those by rail and steamer were estimated to have spent $34,260,000 against $29,460,000 in the previous 12-month period.

Canadian tourist expenditures in foreign countries were estimated at $60,905,000 compared with $50,860,000 the previous year.

Canadian tourists to overseas countries was estimated at $14,272,000 against $13,982,000 in 1933. Canadian tourists by automobile to the United States spent approximately $32,645,000 against $24,611,000, while those by rail and [illegible] to the United States were estimated to have spent $13,988,000 compared with $12,267,000 in the previous year.

Vicious Trees

One of Nature's oddest growths is the electricity tree of Central India. Its leaves are so full of electricity that if you touch one you receive an electric shock. They will influence a magnetic needle seventy feet away. The electrical strength is strongest at midday, and weakest at midnight. In wet weather its powers disappear. Birds and insects keep away.

The "Saymal," or "Cotton-tree" of Nepal, will eat other trees. Its seeds are dropped by birds in the forks of is victims, where they germinate and drop a sort of root which starts a cotton-tree branch. This spreads and drops other roots until a large stem of the victim tree is seized. Then the cannibal spreads round the main trunk. After its meal, a fine coton tree appears on the scene of the repast.

ALCOHOL FORESEEN AS MOTOR FUEL

Seen As Chief Product Of Agriculture In America—Boon To Farmers.

Dearborn, Mich.,—Alcohol, to be used as a motor fuel, soon will be the chief product of American agriculture, it was predicted at the concluding sessions of the agriculture, industry and science conference here.

BOON TO FARMERS

Dr. William J. Hale, research consultant, and Dr. L. M. Christensen, of the New York Chemical Foundation, told the 150 industrial, agricultural and science leaders meeting here that this concentration of alcohol manufacture would be the best way of accomplishing their announced program to restore American prosperity diverting the chief activities of farmers to supplying raw materials for industry.

"Our domestic gasoline requirements were 17 billion gallons in 1929," Dr. Christensen said. "If the entire output of agricultural products had been used for manufacture of motor fuel, the yield would not have been satisfied the demand."

Dr. Halle pointed out that different crops in parts of the country could be used for alcohol production.

DIFFERENT SECTIONS

"In the south, it will probably be the sweet potato, in the north the potato and sugar beet, in the middle portion corn, fruits and the Jerusalem artichoke."

"By intensive use of new fertilizers, Dr. Hale predicted, the farmer could produce 350 gallons of alcohol per acre at a cost price of ten cents per gallon."

Obliging 'Phone Girls

From midnight to dawn telephone girls in the great New York hotels are pleasant buffers for loneliness. Strangers far from home turn to them for conversation in those often bleak hours of wakefulness while the rest of the city sleeps. One in the hotel zone on Central Park south, known as Mickey, has become widely known for her soothing voice. She has a list of 'regulars" in the hotel and former patrons who call her in moments of dolor, "just to hear her voice."

SCOUTING

Here · There Everywhere

A brother to every other Scout, without regard to race or creed

Field Executive Bernard Cousino of Toledo, Ohio, and a party of Scout leaders of the 7th and 27th Toledo Troops were special guests at the big annual Parents' Night at Deer Park United Church of the 123rd Toronto Group. The party brought with them an invitation to the 123rd to camp this summer at the Scout reservation near Toledo.

* * *

In recognition of alertness and promptness in warning the occupants of a house which was discovered to be on fire, Scout Bunyon of the 129th Toronto Troop, was presented with a Scout knife at the troop's annual Parents' Night.

* * *

For the presentation of a Group Charter to the new 3rd Barrie (College St. United) Scout Group, five "Seconds" of the 118th Toronto (Eglington United Church) Troop accompanied Assistant Provincial Commissioner F. C. Irwin to Barrie.

* * *

Hamilton Sea Scouts proved their right to be considered water activity Scouts by capturing first place in eight events of the Hamilton Scout Swimming Meet.

* * *

Since the first of the year the number of Scouts in Chatham, Ont., has increased from 162 to 306.

* * *

Each of the P. L.'s and Seconds of the 129th Toronto Troop had the responsibility of staging an item of the troop's annual Parents' Night at St. Crispin's Anglican Church Hall. Items included a camp loom, friction fire, compass points, knots, first aid, P. T. and bridge building. Morse signalling was demonstrated by the new Radio Patrol.

* * *

Burlington, Ont., Scouts sponsored a boy's and girls' hobby show in the Town Hall.

* * *

An investiture of fifteen new members of the 1st Mimico Wolf Cub Pack took place around an indoor campfire.

* * *

Charged with deserting the Pack and going into a "foreign jungle," Baloo Christie (formerly Baloo Carter) of the 4th Moncton, N.B., Pack, was given a trial before the boys of the Pack. In spite of an able and eloquent defense, she was declared guilty, and sentenced to receive a gift and best wishes.

* * *

The 2nd Cobourg Troop has been provided a fine new meeting place in the basement of K. of C. Hall.

* * *

A "commercial hike" of the 1st Guelph Troop took the boys through the plant of the Canadian Bakery. A not unappreciated feature was an invitation to sample a liberal piece of cake.

* * *

The 1st New Toronto Scout Troop was asked to provide ushers for a series of Sunday evening concerts sponsored by the New Toronto Lions Club.

* * *

The final indoor session of an Indoor Training Course for Scouters at Timmins, Ont., held in Masonic Hall, took the form of a model Scout meeting. The concluding week-end outdoor session was postponed until more favorable weather later in May or early in June.

* * *

A Sunday service at the Brooklyn Mission, Guelph, was taken full charge of by Scouts of the 3rd Guelph Troop.

* * *

A party of some eighty Buffalo Scouts and leaders were week-end guests of the 3rd and 17th Toronto Scout Troops. The American Scouts were extended a welcome to the city by Mayor Simpson. They placed a wreath at the Cenotaph, and later were taken on a sightseeing tour.

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Says Droughts Have Cycles

Veteran Astronomer Sees History As Bearing Him Out

Droughts occur only once in every 11 years, according to Cap. Tom See, veteran American astronomer, who recites history over a period of 1,000 years to prove the assertion.

"This regular cycle of droughts is caused by sunspots," the weather observer says.

The basis of theory is a book outlining the history of China. His findings—the results of painstaking study of weather data—were placed at the disposal of the U.S. government in a letter to Secretary of Agriculture Henry A. Wallace.

Capt. See believes his discovery will be more important to agriculturists than any data government weather forecasts can produce under their "haphazard system." He has found that the 11-year cycle of cold winters and plentiful rainfall in this country against cycles of drought in China coincide with available records of European weather compared with the drought this country suffered last year.

DOMINION OFFERS GARDENING DATA

As a resullt of more than half a century of actual experience and experiment by the Dominion Department of Agriculture, a storehouse of information on every phase of gardening is at the disposal of every member of the Canadian public who wishes to take advantage of this knowledge. How to grow shrubs, trees, flowers, and vegetables, how to protect them from disease and insect enemies, how to attend to the soil, and the thousand-and-one things connected therewith are dealt with in plain language. Year by year hundreds of bulletins, pamphlets, and circulars are distributed free to persons who write and ask for them from the Publicity and Extension Branch of the Department in Ottawa. In this way Canadian gardeners, professional and amateur, are helped to maintain a high degree of horticulture.

There are circulars or bulletins on spring and fall work in the rose garden, flowers for the prairie home, the growing of peonies, gladioli, dahlias, ferns, carnations, growing caragana for field shelters and hedges, tree planting for ornamental purposes, how to make hot-beds and cold frames, grapes for home use, mushroom culture, how to grow tomatoes, asparagus, cucumbers, potatoes, any known vegetable in short, and how to make a sketch for a proposed shelter belt, just to mention a few

The cultivation of the apple in Canada, hedges and their uses, the prairie farmer's vegetable garden, vegetable growing in the coast area of British Columbia vegetable insects and their control, cabbage flea beetle, crown gall in fruit trees and small fruits, the undesirable pest and earwig, onion maggot control, gladiolus thrips, diseases of the raspberry, potato and tomato, the strawberry root weevil, and many other subjects relating to the garden, and pest control are fully dealt with and may be obtained free by writing to the Publicity and Extension Branch, Dominion Department of Agriculture at Ottawa.

Air Route Coal Costs Are High

FOOTHILLS, Alta.,—Seventy tons of coal are being prepared here for shpment by rail and air to Arctic trading posts, unique in the annals of northern air freighting. Transportation costs will be $100 per ton.

LONDON,—Experts have again advised the foundations of St. Paul's Cathedral have little margin of safety and work improperly carried on in the vicinity might disturb subsoil and even cause collapse.

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SIX BREEDS CHICKS, 6 CENTS; pullets 25c. Complete catalogue mailed. St. Agatha Hatchery, St. Agatha, Ontario.

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HAVE YOU COTTAGES, ROOMS, cabins, etc., available for tourists anywhere in Ontario? Write Dominion Correspondence Club, 97 Howard St., Toronto.

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IMPERIAL RUSSIAN, GERMAN AND and Austrian government bonds, currencies wanted. Highest prices paid. David Davis, Queen and York, Toronto.

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IMPROVE YOUR VIOLIN. NEW INvented violin sound post, guaranteed to make any violin louder and clear tone, 25c. J. Naboznik, 520 Parkview St., Winnipeg.

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