HEALTH

by Frederick Tennant M.D.

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

APPENDICITIS

In the year which has passed, appendicitis was responsible for over fourteen hundred deaths in Canada. More people died from appendicitis alone than from typhoid fever, measles, scarlet fever, whooping cough and diphtheria put together Traffic accidents are of much too frequent occurrence, but the fatalities arising out of such accidents are fewer than those due to appendicitis.

The City of Philadelphia has given particular attention to this disease. For five consecutive years, a close study has been made of all appendicitis deaths occuring in that city in order to determine the factors which contribute to the fatal outcome. At the same time, the Department of Public Health carried on an educational campaign in the hopes of improving conditions. We should learn from the experience of Philadelphia in order that we may profit by it, and so the findings of the Philadelphia study are presented to our readers.

Patients admitted to hospital within twenty-four hours of the onset of symptoms had a mortality of less than 2 per cent; between twenty-four and was between forty-eight and seventy- to over 4 per cent; when the delay was between forty-igth and seventy-two hours, it reached over 8 per cent. From these figures summarizing the experience of a large city for five years, it is shown so clearly that everyone may understand the percentage of deaths rises in ratio to the delay in securing proper treatment.

There were over 18,000 cases studied. Of the total, approximately 3,000 did not have a laxative and 1 in 57 died; over 5,000 were given a laxative and 1 in 18 died; 729 had more than one laxative and 1 in 9 died. Those who read these figures will surely never forget that the giving of laxatives to man woman or child who has pain in the abdomen is the mnst dangerous thing which can be done.

When there is pain in the abdomen nothing should be taken by mouth, and, above all. never a laxative. Pain which persists is usually serious, and the sooner the patient is under proper care the better, because if the condition is appendicitis, delay is dangerous, as has been clearly shown by the Philadelphia experience.

GOOSE RAISING

The raising of a flock of geese is very simple and offers the farmer an excellent opportunity for a profitable side line.

The essentials to success are free range and an abundance of tender grass or clover. The geese should start to lay about the middle of March and the eggs set as soon as possible. It is advisable to sprinkle the eggs with luke-warm water once daily when set in an incubator. Goslings require warmth after hatching and should be left under the goose or on the incubator for about two days.

When the goslings are ready for feeding place a green sod near the brooder for them to pull the tender shoots. For the first few days they should be fed bread crumbs moistened with milk. When about a week old give them a moist mash composed of epual weights of corn meal, barley meal, bran and shorts, feeding three or four times a day for about two weeks.

Man in Windsor was sent down for three months because he secured relief while he and his wife had $6,500 in the bank. When a man gets that much money why under the sun does he not retire?

Auction Sale

FARM STOCK AND IMPLEMENTS

THOMAS STEWART

will sell by public auction on

LOT 147, 3 S.W.T&S.R., ARTEMESIA

- on -

FRIDAY, FEB. 1st, 1935

when the following will be offered:

HORSES — General Purpose horse 9 years old, General Purpose mare 11 years old.

CATTLE — Durham cow 10 years old, Durham cow 8 years old, Hereford cow 7 years old, Hereford cow 7 years old; above cows are milking well; Hereford heifer coming 3 years, Hereford heifer coming 3 years, 2 Hereford heifers coming 2 years Polled Angus heifer rising 2 years, 3 spring calves, fall calf.

IMPLEMENTS — Stiff tooth Cultivator in gool repair.

No Reserve. Sale at 1.30 p.m.

TERMS — 7 Months' credit will be given on approved bankable notes, bearing interest at 5% per annum.

Herb Corbett, Clerk.

GEO. DUNCAN, Auctioneer.

Local and Personal

Mrs. M. Robertson of Galt spent a few days last week with her parents, Mr. and Mrs. F. Pinder.

Miss Edna McCallum has returned after spending a couple of months in Toronto.

Inspector G. E. Pentland of Hanover paid his official spring visit to the Flesherton public school Monday.

Mrs. D. McTavish spent the past week in Owen Sound with her sister, Mrs. H. Smith.

The Women's Institute will meet at the home of Mrs. J. McMillan on Wednesday, February 6th at 3 p.m. Visitors welcome.

During the past week the weather has been hovering around the zero mark, several mornings the thermometer reaching 16 and 18 below.

The case against Clinton Keeling of Owen Sound of Criminal negligence was dismissed by Judge Morley at Owen Sound last week. The charges arose from an auto accident near Orange Valley last Fall when Telford Stokes of Orangeville was killed when the car Keeling was driving collided with a truck owned in Owen Sound and overturned into the ditch kiilling Stokes. At the inquest following the accident the coroner's jury decided that there was some negligence on the part of Keeling and the charge of criminal negligence was laid by the Crown Attorney, J. F. P. Birnie.

HOLD SOCIAL EVENING

Carnation Lodge, L.O.B.A., will hold a social evening in the Lodge room on Friday, February 8th, with progressive crockinole and program. Lunch; silver collection. Everybody welcome.

WILL MOVE DEER TO GREY AND BRUCE

Rondeau Park deer are soon to be moved to Bruce, Grey and Simcoe counties, where it is hoped that by making them more plentiful an open season may be possible in these counties in a year or two.

Rondeau Park deer are tending to become inbred and the surplus, for which there in not sufficient food in the park, are expected to improve quickly when moved to natural surroundings.

Short Courses Well Attended

In nearly every county and district of the Province at the present time, short courses in agriculture and home economics are being conducted under the direction of the local Agricutural Representative.

At the agricultural classes the young men get instruction in respect to the care and management of live stock; the balancing of rations, soil management, crops and cultural methods essential to economical production; marketing, insect and disease control, stock and seed judging, rope splicing, public speaking and many other subjects with which the successful farmer of 1935 must be familiar.

The young ladies, on the other hand receive instruction in such domestic arts as cookery, laundering, sewing, home nursing and first aid and the innumerable other subjects which go towards the make-up of the efficient rural homemaker.

Fish Meals And Live Stock

In the field of live stock feeding, fish meal has proven a rich source of nutrients. It is fed particularly for its protein and mineral content, and the percentage of these ingredients determines its value. There are three factors which have retarded the more wide-spread use of fish meal. First there is its rather high price in comparison with the price of other feeds; second, the lack of definite information regarding its use; and third, a variability in the product.

The feeding of fish meal has been confined largely to swine, but it has also been used successfully for dairy cattle, and in a limited way for other live stock. Growing market animals and milking cows seem best adapted to utilize efficiently fish meal and other high protein feeds combined with carbonaceous grains. Fish mea is relatively more valuable for rapid gains an high production than for maintenance. However, fish meal may be included to advantage in the maintenance ratioin of breeding anirals, but the percentage used should be lower than that normally included in the growing ration.

BORN

WHITE — In Coldwater on Tuesday. January 22nd, 1935, to Mr. and Mrs. Wesley, White, a daughter Georgina Mae.

Frozen Fruits Popular

Trial packs of frozen fruits and vegtables have been received by the public with increasing favor and their movement is increasing. The frozen pack of strawberries and raspberries amounted to from 40,000 to 50,000 pounds in 1934, compared with 6,000 pounds in 1933. In 1935, the output is expected to exceed 100,000 pounds. In addition to small fruits, such vegetables as spinach, asparagus, and peas, have been successfully treated. This process will extend the season of Canadian fruits and vegetables and it is probable that the frozen product may compete with and displace a part of the imports of fresh products. There is an increasing interest being taken in frozen fruits by large institutions, such as hospitals which can freeze their own supplies and hold them for use.

Selling For Cash

Terms that used to appear on auction sale bills giving so many months' credit on approved joint notes and a percentage off for cash are apparently a thing of the past. A more abbreviated form in now in common use and the most of the sales are usually "Terms Cash." Numbers of the posters also bear the admonition that nothing is to be taken from the premises "until satisfactorily settled for." It would appear that the farmer has gone on the cash and carry basis also. Can it be that the credit system is about to go from all phases of activity? A few years ago, everyone was urged to buy on easy terms. It would seem that the terms were so easy that everyone bought. The paying days are here. They have struck every walk of life, and the scales are apparently just another evidence of the cash basis being established. — Acton Free Press.

INOCULATE ALFALFA

Inoculation of alfalfa has always been regarded as an aid to a good stand. But it is even more than that. Besides being indispensable for maximum yields inoculation also improves the quality. Hay from inoculated plants contains more protein per ton than from plants not inoculated. Inoculate alfalfa and use lime if the soil needs it.

"Jones' wife thinks the world of her husband". "Does she?" "Yes; she even believes the parrot taught him to swear.

PORTLAW SCHOOL

Sr. 4 — Leslie Jamieson, Sadie McKee, Harry Badgerow, Mabel Blakey, Grace Jamieson.

Jr. 4 — Alice Shier, Bernice Plantt.

3rd — Robert Nicholls*, Mary Fisher, Louisa Boyce, Elda Pedlar, George Boyce, Harold Phillips, Mabel Blackburn absent.

Sr. 2 — Evelyn Frost, Stanley Taylor, Robert Blakey.

Jr. 2 — Jimmie Nickolls*, Fred Shier.

Sr. 1 — Chester Plantt, Gladys Jamieson, Marjory Jamieson, Kathleen Croft, Donald Meldrum.

Jr. 1 — Donald Sheardown, Victor White, Evelyn Shier.

Pr. — Herb Shier, Alvin Sheard.

No. on roll 29; * denotes perfect attendance.

—J. M. LITTLE, Teacher.

—HAVE YOU RENEWED?

The telephone will ring any minute . . . mother and dad know it will, for Jack calls from the city every Tuesday at 8.30 . . . even the pup is on the alert.

● The weekly-call-home habit is inexpensive and a delight to your family. Note the rates given in the front pages of your directory. You can talk 100 miles or so for as little as 30 cents.

THE BELL TELEPHONE COMPANY OF CANADA — LOCAL LONG DISTANCE TELEPHONE

THE STORE WITH SERVICE

F. T. HILL&CO.,Ltd.

CHAIN STORES

Markdale, Ontario

OUR BUYING POWER SAVES YOU A LOT OF MONEY

Continued January Sale!

For the balance of January we are offering many lines of First Quality Merchandise at very low prices. Buy your winter needs now and save.

MEN'S UNION UNDERWEAR

A good heavy rib, first quality underwear, 36 to 44, for **89c**

Men's Pure Wool Ribbed Underwear

20 doz. Pure Wool Heavy Rib Underwear, regularly sold at $1.39 to $1.50, in sizes 36 to 44, special, garment **98c**

Men's Heavy Fleece Underwear

20 doz. Men's Heavy Fleece Underwear, in plain and mottled colors, all sizes, special **69c**

Special Showing New Spring Prints

2,000 yards 36 inch English and Canadian Prints; a real assortment of patterns from which to choose, all fast colors, per yard, special **15c**

LINEN TEA TOWELS

30 dozen only Linen Tea Towels in red, blue and gold borders, extra heavy quality, Special ..... each **18c** or 2 for **35c**

Children's Pure Cashmere Hose

20 doz. Children's pure Cashmere Hose mostly black, sizes 4 to 6, reg. 35c for, special ..... **18c,** 2 for **35c**

Balance of our 1934 Wallpaper Stock Going at Half Price

Men's All-Wool Work Socks

25 doz. in the lot, sold regularly at 19c, special ..... 2 pairs for **25c**

HARDWARE SPECIALS

No. 12 size Galvanized Pails **18c** 2 at **35**
Glass Tumblers ..... 6 for **25c**
100 files, different sizes ..... 2 for **25c**
Heavy horse blankets 68x78, each **$1.95**

A ten cent table of kitchen utensils, consisting of spoons, forks, egg beaters, granite ware and many other useful articles. You can supply your kitchen at a very low cost.

Grocery Specials

10 lbs. Sugar **51c**
10 lb. pail Clover Honey **95c**
10 lb. pail Buckwheat Honey **78c**
1 can Peas, 1 Corn, 1 Tomato, for **25c**
Toffee Wafer Biscuit, regular 20c lb. ..... 2 lbs. for **23c**
Choice Black Tea, lb. **44c**
Good Broom for **33c**
6 lbs. Oatmeal for **25c**
2 lbs. Seedless Raisins **25c**
15 lbs. Cooking Onions **25c**
Robinhood pkg. Oats ..... **18c,** 2 for **25c**
Robinhood Keynote Flour , bag **$2.45**
Robinhood Flour, bag $2.69

Small Advts.

GRAIN WANTED

Highest market prices paid.—A. C. Muir, Ceylon, phone 38 r 3.

OVERCOAT FOR SALE

Worth $9.00, will sell for $4.00; to fit a boy 10 or 12 years. Can be seen at The Advance Office.

FOR SALE

House and lots for sale in Flesherton, the estate of the late Mrs. M. Phllips.—O. W. Phillips, Flesherton.

FOR SALE

A number of Guinea Fowl for sale. — Mrs. Gordon McMullen, Duncan Ont. phone Thornbury 170 r 5.

WOOD WANTED

Any quantity and any length of dry or green body wood, maple.—F. G. Wright, Flesherton, or phone 18w.

HORSE FOR EXCHANGE

Grey General Purpose colt, rising 3, will exchange for wood. — G. B. Welton, Flesherton, phone 3.

FOR SALE

For sale or exchange good cut straw for young cattle.—John Parker Proton Station, R. R. 3.

COAT FOR SALE

Medium weight overcoat for boy of about 14, in first class condition; cheap; can be seen at Advance office.

FOR SALE

Two Hereford cows, four and three years old, the former due to freshen, the latter due in April.—Apply Box 4, Advance office.

CATTLE STRAYED

Came to Lot 10, Con. 13, Osprey about Nov. 1st, 1934, Jersey steer and Durham steer. Owner prove property and pay expenses. — J. Robinson, Feversham.

LOST — Likely in Flesherton on Saturday, Jan. 5th, pair of glasses in case with the Armstrong name on case. Finder please leave at Advance office or with Wm. Haines, R. R. 4, Flesherton.

FOR SALE OR RENT

Blacksmith shop, stable and frame house, together with small orchard, for sale or rent at Vandeleur. Apply to Robt. Richardson, Flesherton, phone 33 r 4.

WOOD WANTED

20 cords of 24 inch maple body wood wanted. — Rev. W. J. Scott, Flesherton.

HOUSE FOR SALE

One solid brick house in good condition; hardwood floors throughout; good garage and drilled well. For full particulars see W. G. Kennedy.

FARM FOR SALE OR RENT

One hundred acres of good land, well built buildings, well watered, situated on Fourth Line of Osprey, one mile east of McIntyre. Apply to James Rinn, Singhampton P.O.

HOG FOR SERVICE

Registered Berkshire hog, government inspected. Terms $1.00 if paid within 2 months, over that time $2.00. —Laurie Pedlar.

HOG FOR SERVICE

Young Yorkshire hog, purebred and government inspected; terms: cash 75c.; charged $1.00.

—WES. SMITH, Rock Mills.

BOAR FOR SERVICE

Registered Yorkshirt Boar for service by Flesherton Bacon Hog Club, the property of the Ontario Department of Agriculture.

—C. STEWART, Caretaker.

BUSINESS CARDS

DR. R. W. LINDSAY

Feversham - 'Phone 17 r 3

Office 10-12 a.m. 7-8 p.m.

DR. A. E. LITTLE

DENTIST

Office at residence in Flesherton. Extraction and plate work. From 10.30 a.m. to 4.30 p.m.

Prince Arthur Lodge No. 333, A.F. &A.M., meets in the Fraternal Hall, Flesherton, every Friday on or before the full moon. W. M., R. W. Piper, Secretary, H. A. McCauley.