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War Against Cancer Now In Progress

By John W. S. McCullough, M.D., D.P.H., Chief Inspector of Health, Ontario

Following is the report of the address of Dr. J. W. L. McCullough, Chief Health Officer of Ontario, who spoke in Flesherton a week ago. We consider his address of such importance as to publish it in full and the first instalment appears in this issue, the final one to appear next week.

In the campaign against cancer many things must be considered, such, for example, as centres for treatment, delay in diagnosis, follow-up of cases, methods of prevention, and research.

Centres for treatment—

In most of the countries of North America and in Europe, there are centres for cancer treatment with well-equipped staffs of pathologists, physicists, physicians and surgeons, all trained to carry on their work with the closest cooperation. Cancer work has become team work. It is no longer the work of the general practitioner; it has become a highly specialized branch of treatment.

Delay in Diagnosis—

In every country there is a lamentable complaint that most of the cases of cancer come too late for effective results in treatment. This situation is being met abroad by well-trained campaigns of public education and by better training of medical students and of those proposing to specialize in cancer work.

Follow-up of Cases—

Another matter of importance is the follow-up of cases. In every clinic an elaborate record of cases should be taken to keep in touch with patients and to bring them back to the place of treatment at intervals for years until all possibility of the return of the disease is past. In some countries the expense of transportation is borne either by the government or by the local authorities.

Prevention in Cancer—

Prevention in cancer is as necessary as prevention in other diseases. Much can be done in this direction by education and by periodical examination of persons after 35 years of age.

Advance in Cancer Control—

During the last century medicine has won signal victories over many diseases. Most of the victories have been in connection with germ-caused diseases. Cancer is a disease of another category. Its actual cause is unknown.

Consumption or Tuberculosis—

A generation ago there was general despair in respect to consumption. This disease shows itself chiefly among young adults. The beautiful fair-haired girl, a keen student at school, suddenly develops a cough, a weariness, and loss of appetite. The doctor announces, "she has tuberculosis". The anxious mother feels that the death-warrant of her beautiful daughter has been signed. But thanks to the combined application of rest, good food, outdoor life and sunshine, consumption is usually checked and often cured, so that the death-rate of 145 per 100M has been cut in half and tuberculosis, instead of ranking second in the list of "killing" diseases, now occupies fifth place.

Tuberculosis is prevented by the use of better living quarters, the avoidance of crowding, by the separation of children from their tuberculous parents, brothers and sisters, by the use of pasteurized milk (thus avoiding the bovine type of the disease), by the control of flies, and general sanitary measures.

After over 26 years of public health work, I am sometimes discouraged with the slow progress made in the control of disease. When I recollect that 311 millions are spent on sickness in Canada every year and that less than seven millions are spent in the prevention of sickness, I sometimes despair of the eventual control of disease. But the facts to which I have just referred give me comfort and I thank God and take courage, that the future may bring, in respect to other diseases, results similar to those gained in diphtheria, typhoid and tuberculosis.

Cancer—

The present day despair and terror in respect to cancer is similar to the despair and terror which 30 or 40 years ago existed in respect to diphtheria. While there is to-day no perfect cure for cancer, yet the measures for the treatment of cancer are infinitely superior to those for the treatment of diphtheria before the year 1895. While there is no complete treatment of cancer, research into this affection is far more advanced and the prospects for a cure infinitely better than the corresponding prospects for diphtheria, typhoid and tuberculosis forty years ago.

Speaking at Chicago recently, Dr. Bloodgood said: "A beautiful woman doesn't have cancer of the face. Why? Because with the first blemish on her face she goes to a physician. That is a valuable lesson for men to learn."

"Women smoke, but they do not develop cancer of the mouth. The reason—they keep their teeth free of nicotine. That's another lesson for their husbands and brothers."

But there is after all this, a real increase in the incidence of cancer. If we take our own country alone, the mortality from cancer has shown a successive and steady rise over a long period, one must admit that **cancer is increasing.**

Statistics of Cancer Mortality—

I suppose you are not fond of statistics, and I shall burden you with only sufficient to convince you that there is an alarming increase of this affection. Beginning with 1914 the mortality rate for cancer in Ontario was 69 per 100,000 of population; in 1929 the rate was 104, and last year 109.5, an increase of 5½ per 100,000 in a single year.

During the last decade the rate of increase has been nearly 20.0 per 100,000 of population, or a relative increase of 31%. For certain regions of the body, the stomach, the intestines, and the female organs of generation, the increase has been particularly marked and is in comparative accord with that found in most countries. The annual loss of life from cancer in Ontario has, in the aggregate now reached 3,635 and the total number of cases cannot fall short of 10,000.

The increase in cancer mortality is general all over Canada, the rate being 93 in 1930, or an increase of 5 over that of 1929, and of 470 in the number of deaths.

The newer sections of the coun-

(Continued on page 4)

Upturned Benches Served As Cradles

Pioneer members of the Methodist Church at Salem, Ont., used to turn the rough pine benches up side down at the back of the old log building and cradle the babies there while mothers and fathers worshipped together eighty-five years ago. Sometimes the babies cried, and interupted the services, but the Rev. Thomas Lacey smiled, and waited until the wailing one had been quieted, and went on with his discourse. Three ordained ministers, a professor, a missionary and eight preachers, came from Salem in sixty years.—The New Outlook.

Hunters Leave For Their Annual Holiday

This week sees the deer hunters from this locality all ready for the annual migration to the north country in the search of the illusive red deer. Preparations have been going ahead for some time and arrangements have now been completed and all of the hunters are hopeful for a successful hunt with their allotment secured.

As usual, two clubs are going from this district. The High Falls Hunt Club have their headquarters near Boakview and is composed of Messrs. Peter Munshaw, Chas. Stewart, Cecil McTavish, Royden McDonald, Albert Sparks, J. W. R. Lever, and A. O. Elting and Perry Johnston from Chicago, who are expected to arrive here on Thursday. Cecil McTavish and Wilfred Lever leave this Wednesday to have the camp and equipment in shape for the main body when they arrive. The other club is the Rock Mills Hunt Club which has headquarters for hunting at Deer Lake, and will be composed of J. O. Dargavel, Wm. Phillips, Dave Williams, Geo. Brackenbury, Thos. Watson, Howard Watson and the following from outside points: Otto Loss of Palmerston, R. Everett of Kincardine and Albert Langton of Oakville. Both parties intend travelling by motor to their camp grounds.

Will Dismis The Old Age Pension Board

A change is to be made in the administration of the Old Age Pension Act of the Province of Ontario when Hon. David Croll, Minister of Public Welfare, announced that only two or three of the inspectors of the Department would be retained for the inspection of applicants for pensions.

At present applicants for pensions are under the supervision of local boards who make recommendations which are rechecked by Inspectors of the Department of Public Welfare. Mr. Croll announced that it was the intention that the applications be handled by county judges and magistrates who are immune from local influence and political pressure and who are best qualified to pass upon the genuineness of applicants, as judicial training is of special importance in this connection. In all counties and towns and cities under 70,000 population the local boards are to be abolished. In the counties, villages and towns and cities the municipal clerks will do the work of making out applications, which will be sent to the Old Age Pension Commission at Queen's Park where the amount of pension payable will be decided and the municipal clerk informed. In the provisional judicial district the provincial investigator will complete application and take statutory declarations.

Mr. Croll said that under the present administration it usually takes two or three months for an applicant to receive a decision. That is a long period of time for an aged man or woman who is in want to wait. Under the new plan it should be possible, generally, to make application and receive a decision of the Board within two weeks.

The Late Mrs. Plummer

A loving mother and esteemed resident was called home on Sunday, October 14th, in the person of Mrs. Robert Plummer. She had always been hale and hearty until the past two years, but had been confined to her bed for the past six weeks.

The deceased, whose maiden name was Janet McKechnie, was born near Brampton, Ont., ninety-one years ago last January. For 54 year she resided on the farm at Gibraltar, where she died. Her husband predeceased her 27 years ago. Of a family of four daughters and four sons, six survive, namely: Mary (Mrs. Alex. Fletcher) of Gibraltar, Kate (Mrs. J. W. Kennedy) of New Westminister, B.C. Janet, at home who cared for her mother; Neil at Sudbury, Robert at Ravenna and Stewart in Collingwood Those deceased are one daughter Annie and one son William; one brother, Mr. Dan McKechnie of Gibraltar and two sisters, Mrs. R. K. McKenzie, Cavalier, N. D., and Mrs. Chas. Robins of Grand Forks, N. D. Twenty-nine grandchildren and thirty-one great grandchildren, also survive.

The funeral service held at the residence, was conducted by the Rev. Robert Brydon. After the service the remains were laid to rest in the former Carmel Methodist cemetery. The pall bearers were six grandsons: Waverly and Albert Plummer of New Hamburg, Stewart N. Plummer of Kitchener, Earl Plummer of Portlaw Wesley Plummer and Duncan Fletcher of Gibraltar.

Relatives from a distance were: Mr. Waverly Plummer and family and Mr. and Mrs. Albert Plummer and family of New Hamburg, Stewart N. Plummer of Kitchener, Mr. and Mrs. Ross Boden, Mr. and Mrs. Wm. Boden of Mount Albert, Miss Olive Boden of Toronto, Mr. and Mrs. Bert Plummer of Queensville and Mrs. Harry Kelly of Toronto.

Lodges Will Hold Social

Carnation Lodge No. 545, L.O.B.A., is entertaining their members and families, together with the members and families of Flesherton L.O.L. 2855, to a social evening in Fraternal Hall on Friday evening, November 2nd. Included in a fine program will be progressive crokinole. All members of both Lodges are urged to be present for this event. Silver collection.

The Dionne children, for the first time in their 133 days of living, were taken out on the front porch. Now the struggle will commence to make the gals satisfied to stay in evenings.

New Bank Bills Will Circulate Early In 1935

The Canadian dallar is due for a considerable shrinkage between now and the first of the year when the new Bank of Canada commences its operations.

Advices from the Department of Finance intimated that, commencing with the assumption by the new central bank of its function as an issuer of currency, the Canadian one and two-dollar bills, which have been more or less familiar with the citizenship of the Dominion, are to be designed on a reduced pattern. The dimensions of the new currency are roughly two-thirds that of the present Canadian bills.

Larger Dominion notes, the legals of $500 and $1,000 denominations are to be similarly reduced in bulk.

SCRUB HUNT FOR PEST DESTRUCTION

The local game and fish Protective Association are discussing the launching of what might be termed a "scrub hunt" the aim of which is the destruction of pests and birds of prey, ranging all the way from the blackbird and starling to eagles, owls, hawks and wild cats. In order to interest the genral public in the scheme it is proposed to allow certain points to all and sundry, the birds or animals to be taken to a given place or to a member of the Committee to be named.

The time limit on the hunt would likely be set at the end of next fishing season or perhaps later.

The Association will be glad to receive any and all suggestions and assistance from all interested as it will depend on the reception the idea will get from the citizens as to whether the scheme will be proceeded with. All should show their appreciation as crop destruction alone would warrant the active co-operation of all farmers.

Good prizes will be awarded the winners—those having the largest number of points; and the active interest of the Deputy Minister in charge of the Department is assured.

Those seeking information would do well to consult the president, W Hill of Markdale, G. B. Welton or J. O. Dargavel of Flesherton or Dr. Little, Eugenia.

D.D.G.M. Dies Suddenly

Masonry in Grey District has lost a prominent member in the death of William Alexander Wansbrough at his home in Grand Valley on Monday of this week. Death came suddenly with no warning. The late Mr. Wansbrough was appointed District Deputy Grand Master of Grey District at Grand Lodge in July and had made several of his official visits in fulfilling his office, being at Flesherton on October 19th. He made a fine impression on the members of the Lodges where he has visited and the Fraternity suffers a great loss in his passing. The funeral takes place at Grand Valley on Thursday afternoon of this week under the auspices of the Masonic Order, when it is expected that a number of Masons from Flesherton will attend.

Proper Ration Needed

A hen may lay eggs early in the spring without receiving much feed or attention or she may lay at the end of the season when feed may be picked up in the fields, but the hen has not yet been developed that will lay without the proper ration during the fall and winter months. A good mash is important if the hens are to lay, and it should be before the birds all the time. If any one of the necessary elements required for the making of eggs is absent, production is impaired. Pullets require a little different mash than the old hens and it is a mistake to house them together and have them feed from the same hopper. Home-grown feeds with the addition of some purchased concentrates may be mixed, or a commercial mash may be purchased that will supply the necessary ingredients to the bird. Chickens will pay dividends if properly housed and given the right rations.

Three people were taken to the hospital in London, Ont., and after recovering they intend to take a short course in learning the difference between toad stools and mushrooms.

Association Will Hold Annual Social Event

Mr. Burton E. Field, Secretary of the Flesherton Old Boys' and Girls' Association writes as follows of a recent executive meeting of the Association:

About 35 members of the Executive officers of Flesherton Old Boys' & Girls' Association motored to Oshawa on Tuesday evening, October 23rd, and held a meeting at the residence of Mr. C. E. McTavish, to discuss our fall activities.

Among those present was Mr. W. H. Fenwick, whose state of health has prevented him from taking as active part in the affairs of the Association as formerly, and advantage was taken of the opportunity to present Mr. Fenwick with a life membership in the Association. Mr. McTavish presented Mr. Fenwick with a framed certificate on behalf of the Association, accompanied by a short address of appreciation of Mr. Fenwick's past services to the Association, to which Mr. Fenwick made a suitable reply. It was a matter of extreme gratification to know that Mr. Fenwick has so far recovered as to be able to be with us on this occasion. I might say it was intended to make this presentation at the picnic held at Flesherton earlier in the season, but owing to circumstances it was unavoidably postponed.

It was decided to hold another 'At Home" in Toronto this fall, and a Committee was appointed to handle the details. A suitable date could not be secured at the Royal York Hotel for this event, and arrangements were completed to secure accomodation at the King Edward Hotel on the evening of Thursday, November 29th, 1934. We wished to secure a Friday evening but were unable to do so at either places.

Mr. R. Maddocks was named as Convener of the "At Home" Committee and a meeting will be held on Saturday evening to discuss other arrangements, after which I will be able to give you some further details.

The thanks of the members of the Association are due to Mr. and Mrs. McTavish for the kindness extended to them in placing their home at the disposal of the Committee for this occasion.

Masonic Service

Despite unfavorable weather there was a fair attendance of members of Prince Arthur Lodge No. 333, A.F. & A.M., at the annual church parade on Sunday evening in St. John's United church, when Rev. E. A. Baker of Dundalk preached a splendid sermon on the mission and aim of Masonry, his text being found in Solomon 2:10. The members of Prince Arthur Lodge were also pleased to have a number of the Dundalk brethren join in the service.

Read the Small Advertisements

Tribute to Late Inspector

At the recent convention of the school teachers of South Grey, the following resolution, moved by Principal J. A. Magee of Hanover and seconded by Principal J. A. Graham of Durham, was carried unanimously by a standing vote of the teachers:

"That we, the teachers of South Grey, in convention assembled at Markdale, desire to express our appreciation of the splendid work carried on in this inspectorate by the late Robert Wright, B.A., who was in charge here for the last seventeen years, and our great regret on hearing of his death in June last.

"That the Inspectorate is now one of the best in Ontario, and that the pupils from the various schools have been eminently successful in many walks of life, are due to the indefatigable labors of Mr. Wright; and in his death we feel that the Department of Education has lost a thoroughly capable and efficient official, the teachers a tried and trusted advisor, the county an inspector whose judgment was clear and wise, the community a citizen who was honored and respected, and all of us a tried, trusted and sympathetic friend."

The Late Mrs. Cudmore

As the result of a heart attack, the death occurred suddenly at her home in Osprey township, near Wareham, on Thursday evening, October 18th, of Mrs. Wm. Cudmore, aged 66 years. Mrs. Cudmore was about to retire when the sudden call came.

The deceased, whose maiden name was Sarah Ann McDonald, was born in Proton township, daughter of Mr. and Mrs. John McDonald, pioneer residents. Following her marriage to William Cudmore they farmed in the West about seven years, later returning to Dundalk, where they spent a number of years ere moving to Melancthon township, two miles north of Dundalk. Lately Mrs. Cudmore and son Mac have resided at Lot 21, Con. 1, N.D.R., Osprey.

Besides one son, the deceased is survived by one sister and two brothers namely: Mrs. Matt Woods of Markdale; Neil and Archie McDonald in the West.

The funeral was held on Saturday from her late home to St. Paul's Cemetery, Melancthon. Services were in charge of Rev. Mr. Bushell of Maxwell. The pallbearers were: William Hargrave, William Russell, Henry Arnott, Sam Arnott, Gus Robinson and Ed. Post.

Among friends from a distance who attended the funeral were: Mr. and Mrs. Matt Woods, Markdale; Mr. and Mrs. Clarence Barclay, Prince Albert, Sask.; and the McDonald family of Eugenia.—Dundalk Herald.

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