BY CAPT. F. H. REID

SIGHTS IN THE WORLD'S CAPITAL.

LONDON — that magic word—in spite of fluctuations of trade and commerce, is still centre of things. It is by far the largest city in the world, having an area of 443,455 acres and a population of 8,202,818 in 1931. This shows an increase of over 700,000 since the census of 1921. London is the political and commercial capital of the British Empire and is, in some respects, the most fascinating city in the world—why this should be even those who love it best are unable to tell. Tradition, history and the glamor of old things are in its very atmosphere. The conservatism of a city that knows its importance and maintains its pageantry and old customs, observed even down to the meanest denizen of the streets, is, perhaps, one of its attractions.

I am not going into the history of London, nor am I going to describe places and things everybody reads about. This article will deal with human interest happenings and may be continued in next week's issue.

Street Scenes.

The sights of the London streets are too many for one article to enumerate. The flower girls—old women, bonneted and shawled, sitting behind their baskets full of luxurious and colorful blooms, chiefly at Piccadilly and Oxford Circuses; the silk-hatted gentlemen who, selling racing tips, remove their black eye-masks and fade away into the passing throng on the approach of a "bobby"; newspaper vendors who, either stand at corners with the glaring posters, supplied by the papers, beside them on the walls or railings, or else display these posters on a wire rack in front of them and attached to their shoulders; the natty little uniformed messenger boys; the street vendor, demonstrating and selling his mechanical toys—these are all common sights of a London street.

Street Musicians.

Almost every type of instrument and every kind of voice is to be heard on the streets of London. Sometimes a group of disabled men, playing brass and wind instruments, in the fashion of the German band of olden times on our city streets, will be seen slowly marching along the roadway, two of their associates soliciting contributions; the hurdy-gurdy is a common sight; individual singers, accompanied by an accordion or a small street organ are frequently seen; the queues which line up in front of the gallery entrances at the popular theatres find entertainment, during the period of waiting, by all types of jugglers and musicians.

One night, last summer, while walking down Regent Street, I was attracted by the sound of a flute, beautifully played. Coming to a corner I was surprised to find that the musician was a young girl who played the most difficult selections with artistic skill. As I stopped to listen to her, an obliging taxi driver came over from his cab—parked in the centre of the street—and told me that the girl musician was also the possessor of a very fine voice. One afternoon, coming from the Caledonian Market, I encountered a one-man band: with a mouth organ, attached to him in such a way that he had the free use of of his hands, an accordion and set of drums, cymbals and triangle, operated by a foot paddle, he was creating quite a din. Sometime one might get a shocks, such as I did one day. Standing idly by the curb, watching people and things go by, I was startled by a loud, raucous voice bellowing almost in my ear. One of these begging singers had suddenly decided to make his stand at this particular spot and, with no other preparations, than throwing his hat on the sidewalk, he had started operations.

Sidewalk Artists.

All over London you will find sidewalk artists who either sit against church or garden railings and display their drawings—in chalk, water colors or oils—to the passerby or make their sketches on the flag-stone sidewalk. These latter sketches are made with chalk of various colors and are often quite artistic. Of course they have to be renewed each day and when the work in finished, the artist will patiently sit beside it and mutely solicit the pennies which are thrown into an upturned cap on the sidewalk in front of him.

Some of these pavement artists are philosophers. Here are three sayings which I copied from the sidewalk, near Cleopatra's Needle on the Thames Embankment:—

A tombstone always has a good word for a man when he is down.

There is no mistake so great as being always RIGHT.

A man who never made a mistake never made anything.

The Charm of London.

I have a song at home, in which is this line, "London is a big place — lots of people in it." I am sure that the charm and attraction of this or any other city does not lie in its buildings, although, in the case of London, the buildings themselves intrigue the visitor. To me the people are the most interesting feature of this tremendous place and human nature is exemplified in all its variety to a greater extent here than any other place that I have visited.

THE BRITISH ISLES.

England, Scotland, Ireland and Wales—just think of visiting them for the first time, or, if you have been there before, think of renewing your previous experience.

It is worth while to build up an estate of memories for the future: it is worth while DOING IT NOW.

Captain Reid's all motor, all British tour sails on the "Empress of Australia" on June 21st. You can take 31 days, 45 days or continue on the whole trip for the 52 days.

It costs nothing to enquire—it is a wonderful opportunity.

Or, if you want to go to the Continent or the Passion Play, there are seven itineraries available, ranging from 27 days to 57 days and in price from $341 to $778.

Write to Captain F. H. Reid, C. P. R. Building, Toronto, or telephone WAverley 6646.

RHEUMATISM GOES WITH EXCESS FAT

Both Banished by Kruschen

When one realises that the cause of overweight is closely associated with the cause of rheumatism, it is easy to understand how it is that the two troubles can so easily be overcome by the same remedy.

The experiences told in the following letter are typical of those of many other sufferers:—"I first started taking Kruschen Salts for rheumatism in my ankle joints. Being rather stout, I thought perhaps they would remedy both troubles, and you cannot realise how surprised I was with the effect. I don't feel anything of my ankles now. And not only that —my weight has reduced 19 lbs. in just three weeks. I am still reducing, and yet I eat what I like, and I feel a different woman in every way."—(Mrs.) B.

Gently, but surely, Kruschen rids the system of all fat-forming food refuse, of all poisons and harmful acids, which give rise to rheumatism, digestive disorders and many other ills.

A SIMPLE QUICK WAY TO RELIEVE ACID STOMACH

HERE ARE THE SIGNS

Nervousness	Frequent Headaches
Neuralgia	Feeling of Weakness
Indigestion	Sleeplessness
Loss of Appetite	Mouth Acidity
Nausea	Sour Stomach

Auto-intoxication

WHAT TO DO FOR IT:

TAKE—2 teaspoonfuls of Phillips' Milk of Magnesia in a glass of water every morning when you get up. Take another teaspoonful 30 minutes after eating. And another before you go to bed.

OR—Take the new Phillips' Milk of Magnesia Tablets — *one tablet* for each teaspoonful as directed above.

If you have Acid Stomach, don't worry about it. Follow the simple directions given above. This small dosage of Phillips' Milk of Magnesia acts *at once* to neutralize the acids that cause headache, stomach pains and other distress. Try it. You'll feel like a new person.

But—be careful you get genuine *Phillips'* Milk of Magnesia, or *Phillips'* Milk of Magnesia Tablets when you buy—25c and 50c sizes.

ALSO IN TABLET FORM

Each tiny tablet is the equivalent of a teaspoonful of Genuine Phillips' Milk of Magnesia.

MADE IN CANADA

Phillips' Milk of Magnesia

ATTRACT THE BIRDS

Miniature Log Bird Houses, Bird Shelters, attractive and practical. Approved by Jack Miner. Ask your local storekeeper or send us $1 and we shall mail to any address post free. Hardwood Specialties Ltd., Annapolis Royal, N.S.

POULTRY RAISER CONQUERS "ROUP"

Praises Minard's Liniment As Remedy for Roup or Bronchial Flu

Read in this letter from G. Minvielle, Fort Garry, how he checked Roup (Bronchial Flu) when it broke out among his young hens. "After trying other remedies and obtaining no results whatever," writes Mr. Minvielle, "I tried Minard's Liniment, five to six drops on the tongue and sometimes more, depending on the birds. I am positive that it helped me out a lot." Minard's Liniment is a tried and proven remedy for sprains, burns, bruises and skin diseases, as well as for Bronchial and Rheumatic trouble. For sale by all druggists. 87

THE SALVATION ARMY

ANNUAL
Self-Denial Appeal

"If each man in his measure would do a brother's part,
To cast a ray of sunshine into a brother's heart,
How changed would be our country,
How changed would be our poor!"

TO cheer the hearts of men, to minister to physical need, and to inspire new hope has been the work of The Salvation Army since its inception. Kindly help us in your **fullest measure.**

Your donation may be sent to:

COMMISSIONER JAMES HAY
20 Albert Street — — TORONTO, ONT.

Football Player's Ambition to be Chef

Hands that Snapped the Pigskin Working Over the Mixing Bowls

Salt Lake City—Between activities on the football field and the boxing ring, 200-pound Harvey Brown is learning to make salad dressing and buy potatoes.

Hands that snapped the pigskin back to quarterback during the grid season, now are working over the mixing bowls in the domestic science department at the University of Utah. He always liked to cook, so he went in for it in a big way, his objective being a job as chef in a hotel or hospital.

He plans to take all the courses the university offers in cooking and may work for a degree if he does not have to take too many subjects that would be "embarrassing."

"Sewing, for instance," he explained.

Asking about his class marks, Brown said they are "just about the same as the girls."

Electric Goods Canada Made

90 Per Cent. of Supplies Used Manufactured in Dominion

Toronto—Study of Dominion statistics reveals the fact that more than 90 per cent. of the electrical apparatus and supplies that are being used in Canada are the products of domestic manufacturers. In all, 169 manufacturing plants are engaged in the production of apparatus required for the generation, transmission and utilization of electrical energy. Of these 15 are in the province of Ontario, 22 in Quebec, 9 in British Columbia, 8 in Manitoba, 4 in Alberta and one in the Maritimes.

Ontario is rather in a class by itself as regards a market for electrical products, particularly that class produced for domestic, industrial and institutional use. Market reports show that 41.3 per cent. of the consumer income is located in Ontario, as is also about half of the industrial buying power of the country. Another rather astonishing point is that one-third of Canada's total buying power is within a radius of 100 miles of the city of Toronto.

"I never knew anything like Omega Oil for putting the limbs and body into shape after prolonged exercise. It takes out soreness, and keeps it out."

So said the late James J. Corbett, conqueror of John L. Sullivan. Famous athletes and their trainers have long known that Omega Oil goes deeper, and can be rubbed in without blistering. Every household needs it. It takes out the pain and stiffness from sore strained muscles and ligaments so quickly. 35 and 60 cts. at all druggists. Sole Agent: John A. Huston Company, Limited, Toronto.

British 'Tech' School First of Kind in China

Shanghai—Work has been started on the $500,000 main building of the Lester School and Henry Lester Institute of Technical Education, designed to afford technical education for students of all nations and the first school of its sort to be erected in China.

By the will of the late Henry Lester, a Briton long resident here, this institution will serve internationally but offer special inducements to Chinese. It will contain a laboratory and testing machinery of the most modern type. There will be five large workshops including an engineeing machine shop and a materials testing laboratory with a 50-ton universal testing machine.

Commenting upon the laying of the foundation stone recently, the British-owned North-China Daily News of Shanghai said: "The establishment in Shanghai this year of the first full-time technical school after the British pattern marks a notable achievement on the part of British enterprise. The British system of technical education has taken 100 years to become thoroughly established."

Long Life Span Held Due to Child Training

Toronto— It is possible that by "proper living, throttling of preventable, death-dealing maladies, and the improvement in medicine" man might ordinarily live to the age of 100, a gathering of medical men and students were told recently by Dr. William D. Haggard president of the American College of Surgeons and professor of clinical surgery at Vanderbilt University medical school, Nashville, Tenn.

He declared: "Without a doubt longevity is due to child training. Bad child training, allowing tantrums, and brain storms eventuate into neurosis and crime. The children of psychopathic parents should be taught inflexible self-control. Inordinate mental and physical strain should be guarded against in middle life."

Potato Seed May be Short

Canadian farmers intending to plant potatoes this year, especially Irish Cobblers, are advised by "The pamphlet issued by the Dominion Department of Agriculture on agricultural conditions, to reserve their seed requirements at once, as the spring demand will probably exceed the supply. The production of certified seed potatoes in Canada in 1933 was the smallest in some years. Since harvest, the crop has also been considerably reduced by frost, especially in the Maritimes. While the usual Cuban demand is limited, there has been a strong early season market in the United States. The 1933 crop in the latter country was very short and a continued demand for Canadian seed is expected.

CONSIDER THE HAMMER

It keeps its head.
It keeps pounding away
It doesn't fly off the handle.
It finds the point then drives it home.
It is the only knocker in the world that does any good.
It makes mistakes, but when it does it starts all over.
It looks at the other side, too; and thus often clinches the matter.
If you are inclined to lose your head and fly off the handle, consider the hammer

Fewer Rich Men

The latest figures published by the commissioners of inland revenue reveal a decline in the number of England's rich men. When the statistics for the present year become available, however, it is likely that the improvement in industrial conditions may well have resulted in an increase.

The commissioners' report shows that the number of persons with annual incomes of more than £30,000 fell from 1,160 in 1930-31 to 897 in 1931-32. The number of millionaires — men with incomes of £50,000 a year and over — was 333 in 1931-32. For the previous 10 years the number averaged between 500 and 600.

From 1919 to 1929 the number of American millionaires rose from 65 to 513. Then came the Wall street crash and the number fell in one year to 150. In Britain the number has been much more steadily maintained.—Overseas Daily Mail.

SOURED ON THE WORLD? - THAT'S LIVER

Wake up your Liver Bile —No Calomel necessary

Many people who feel sour, sluggish and generally wretched make the mistake of taking salts, oil, mineral water, laxative candy or chewing gum, or roughage which only move the bowels and ignore the liver.

What you need is to wake up your liver bile. Start your liver pouring the daily two pounds of liquid bile into your bowels. Get your stomach and intestines working as they should, once more.

Carter's Little Liver Pills will soon fix you up. Purely vegetable. Safe. Sure. Quick. Ask for them by name. Refuse substitutes. 25c. at all druggists. 51

Issue No. 16—'34

MORE TOBACCO FOR THE MONEY! *and* POKER HANDS *too—with* TURRET FINE CUT

That's what Turret Fine Cut gives to men who "roll their own". In every way you're ahead when you smoke this famous cigarette tobacco ... you get more tobacco for the same money —milder, cooler, more enjoyable cigarettes— and Poker Hands that can be exchanged for valuable free gifts!

You can only get these advantages—more tobacco, greater satisfaction and extra value— with Turret Fine Cut.

It *pays to* "Roll Your Own" with

TURRET FINE CUT CIGARETTE TOBACCO

Save Poker Hands to get Better Cigarette Papers FREE...

Everybody agrees that "Chantecler" and "Vogue" are the best papers—you can get 5 large books of either brand—free for only *one* complete set of Poker Hands, from your nearest Poker Hand Premium Store or by mail from P.O. Box 1380, Montreal.

Imperial Tobacco Company of Canada, Limited

SAVE THE POKER HANDS

Handy Garden Insecticide

Pyrethrum which poisons sucking insects, is obtained in the form of a palebrown to yellowish powder and it consists of the pulverized flower heads of certain chrysanthemums species which grow chiefly in Balkan countries, but are now being grown on this continent. It is commonly used on vegetables and fruits which are soon to be eaten since, although deadly to insects, it is nonpoisonous to human beings. That is its most extraordinary feature. It deteriorates very quickly when exposed to air, and for this reason purchasers should be sure it is fresh and has been stored in air tight containers. It can be used as a dust, either pure or mixed with four times its weight of cheap flour. As a spray for fruit and vegetables, it is commonly used at the rate of one ounce to a gallon of water.—Vegetable Insects bulletin, Dominion Department of Agriculture.

free RUBBER RINGS ..for your Separator for a Limited Time

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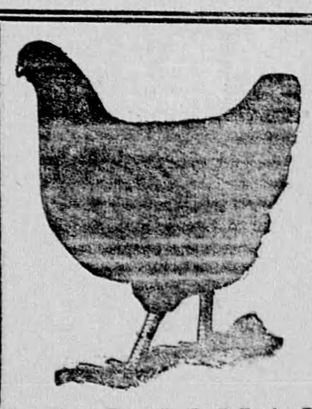

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Unexcelled for the treatment of

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Special Farm Size bottle $1.00 containing four times the quantity of the 35c. size. Also sold in ½ gallon and 1 gallon tins.

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