BY CAPT. F. H. REID

THE GEM OF THE WESTERN WORLD

To some, Killarney is just "the place the song speaks of"; to others "some lakes in South West Ireland". To those who have been there, it is one of the most beautiful and entrancing spots in the world. The exquisite loveliness of far-famed Killarney is the concentrated essence of all that is best in Irish scenery.

Killarney is not merely pretty; there is a serene majesty in its beauty. Of Killarney, Alfred Austin has said, "If mountain wood and water, harmoniously blent, constitute the most perfect and adequate loveliness of nature, it surely must be owned that it has, all the world over, no superior." Macauley says "I never in all my life, saw anything more beautiful — I might say, so beautiful".

There are three lakes: Lough Leane — the largest and the lower lake — is 4½ miles long and 3 miles broad; the middle — 1½ miles long and half a mile broad; and the upper — 3 miles long. They are interspersed with wooded islands and the lofty banks are also covered with trees. The old Keep of Ross Castle stands on an island in the lower lake and there are many legends connected with this interesting old 14th century stronghold.

The Story of O'Donoghue Rosse

According to tradition, this old Irish warrior visits his former haunts every seven years. Mounted on his white charger and surrounded by men-of-arms, carrying their ancient weapons, he ascends from the City of Perpetual Youth beneath the lake, as anyone who has the courage to walk upon the then safe waters may witness for themselves — or so runs the legend. But the adventurous one must be careful; for at sunrise — the time that the O'Donoghue and his friends descend through the lake — the waters again return to their normal state and become unsafe for mortal foot for another seven years.

Those Magic Isles

This is a title which has been given to Great Britain and Ireland. The "high spots" of these wonderful islands are to be visited this summer by a select party under the capable guidance of Capt. E. H. Reid whose "Travel Impressions" have appeared in this paper for many weeks past. This year is a good year to see the British Isles; travelling by motor makes your land journey one continuous round of sightseeing; routes, quite off the beaten track are included in the itinerary and you will have an opportunity to familiarize yourself with the Homalend in a unique and glorious summer vacation. The Cathedral cities; the lakes of England, Scotland, and Ireland and Wales; the homes and haunts of famous writers; castles; scenery that you can see nowhere else — all these and much more is included. All the "ravel" taken out of "travel"; congenial companionship; all-inclusive cost; finest accommodation; a real chance to realize the longings and ambition of years. Why not do it this summer "Another year never comes." Such a vacation will enlarge your horizons, make your reading more pleasant and above all, it will build happy memories that can never be taken away from you. Write to Captain Reid at 710 C.P.R. Building, Toronto; it will cost you nothing to enquire and you will find that he will be glad to help you in this, or any other travel plans you may contemplate.

A Question of Age

Coming from a visit to the lake, one day, and, after being entertained with all sorts of yarns by the driver of our jaunting car, we came across a man and woman drawing a small cart, on which was piled wood that they had gathered and were hauling into town. The man wore a returned soldier's button (Imperial) and the woman — both were young — had a shawl about her head and shoulders and, in addition to helping with the load, was carrying a small baby. It made an interesting picture; The two people ,the baby, the cart full of underbrush and the long road with woods on either edge. So I jumped from my side of the jaunting car, they posed for a picture, a shilling changed hands and, said I to the man "How old is the baby?" to which he answered by asking his wife "Maggie! don't you hear the gentleman asking how old it is?" and so . .

Market Day

Killarney a market town of County Kerry, Irish Free State, is 3 miles away from the celebrated lakes — or, should I say, the lakes are 3 miles from Killarney. Not a big place (population, in 1926, 5,325) and with some tawdry little alleys, running off the main street, that somewhat offset the sublime beauty of the surrounding country. I was there, with my party, in Oct. 1932, and two days of our stay in Killarney were monthly market days, the first being devoted to pigs and the second to sheep and cattle.

Early the first morning — commencing about 5 o'clock—the farmers of the district began to arrive with their squealing animals and, from that time on, sleep was no longer possible. On foot, in two-wheel carts — sometimes driven by shawl-clad women — came hundreds of pigs and soon the market square was overflowing on to the streets; even the sidewalks were not immune from the drovers and their charges. The market lasted until shortly after noon, when the streets began to assume their normal aspect.

On the second day the streets were perhaps, more crowded but there was the absence of the shrill noise, although the cattle and the black-faced horned sheep contributing no little excitement and din to the life of the otherwise sleepy little town.

And now to Monte Carlo for next week's article — suppose we visit the Casino there.

Work Is Easier Now Fat Has Gone

"I was so stout about 11 months ago," a woman writes," that I became a burden to myself. Then muscular rheumatism set into my joints, and I had to go on sticks for some time. Then I started to take Kruschen Salts, and I am overjoyed with the results I have derived from them. Honestly, I had no idea one could feel so different in such a short time. Since taking Kruschen, I have lost nearly 28 lbs. of superfluous fat. I can now run about as well as when I was 20, cook, work and attend to seven growing children."—(Mrs.) G. H.

Unlike certain drastic drugs, Kruschen does not aim to reduce by rushing food through the body; its action is NOT confined to a single part of the system. It has a tonic influence upon every organ of elimination, every gland, every nerve, every vein. Gently, but surely, it rids the system of all fat-forming refuse, of all poisons and harmful acids which give rise to rheumatism, digestive disorders and many other ills.

FREE TRIAL OFFER

If you have never tried Kruschen—try it now at our expense. We have distributed a great many special "GIANT" packages which make it easy for you to prove our claims for yourself. Ask your druggist for the new "GIANT" 75c package. This consists of our regular 75c bottle together with a separate trial bottle—sufficient for about one week. Open the trial bottle first, put it to the test, and then, if not entirely convinced that Kruschen does everything we claim it to do, the regular bottle is still as good as new. Take it back. Your druggist is authorized to return your 75c immediately and without question. You have tried Kruschen free, at our expense. What could be fairer? Manufactured by E. Griffiths Hughes, Ltd., Manchester, Eng. (Estab. 1756). Importers: McGillivray Bros., Ltd., Toronto.

If Past 45

and "Low" and Upset Look for Acid Stomach

HERE ARE THE SIGNS:

Nervousness, Neuralgia, Indigestion, Loss of Appetite, Nausea, Frequent Headaches, Feeling of Weakness, Sleeplessness, Mouth Acidity, Sour Stomach, Auto-intoxication

WHAT TO DO FOR IT:

TAKE—2 teaspoonfuls of Phillips' Milk of Magnesia in a glass of water every morning when you get up. Take another teaspoonful 30 minutes after eating. And another before you go to bed.

OR—Take the new Phillips' Milk of Magnesia Tablets — *one tablet* for each teaspoonful as directed above.

If you have Acid Stomach, don't worry about it. Follow the simple directions given above. This small dosage of Phillips' Milk of Magnesia acts *at once* to neutralize the acids that cause headache, stomach pains and other distress. Try it. You'll feel like a new person.

But—be careful you get genuine *Phillips'* Milk of Magnesia, or *Phillips'* Milk of Magnesia Tablets when you buy—25c and 50c sizes.

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Each tiny tablet is the equivalent of a teaspoonful of Genuine Phillips Milk of Magnesia.

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Phillips' Milk of Magnesia

"The Terrible Terry"

For years nothing could stop him. Then Young Corbett mastered the McGovern whirlwind style and "beat him to it." Athletes have proved that Omega Oil goes deeper. When a man is muscle bound by over exercise, Omega Oil penetrates to the spot.

As a household liniment Omega Oil is the best possible preparation to have on hand in time of trouble from strained or strained muscles and ligaments, and all aches and pains due to weather, work or play. You can rub it in without blistering. 35 and 60 cts. at all druggists. Sole Agent: John A. Huston Compay, Limited, Toronto.

Have You Heard?

Friday, April 13th—Watch your step! This is the first of two Friday the 13th that come in 1934. The other is in July. Just remember, even if today is the 13th that it will be a mistake for you to think that it will be a mistake for you to do anything on the 13th. Remember, little men make big mistakes. Big men make little mistakes. Which kind do you make? Even if it is the 13th go to it. Be a big man.

The good-looking summer boarder was enraptured about farm life.

Oh, I'd just love to be a farmer," she purred, "and live with the blue sky overhead always."

"That would be all right," the farmer replied, "if the blue sky was the farmer's only overhead."

A little boy had been extremely naughty, and his father told him to go to bed, and he would come up a little later and settle accounts with him. Before getting into bed the child knelt down and said:

"Please, God, if you really do want to help a little boy in trouble, now's your chance."

A resident in a street undergoing repairs protested about a pile of broken paving outside his front gate.

Resident (shouting to one of the men on the job)—Can't you take this away?

Good-Natured Irishman—Where will I take it?

Resident (clearly and forcefully)—You can take it to Hades!

Irishman—Hadn't I better take it to Heaven. It would be more out of your way there.

People aren't so crazy about liberty, unless its absence stands in the way of their personal pleasure or their personal gain.

College Boy Wit—Your school is not an educational institution; its a match factory.

Girl Student—Maybe you're right. We furnish the heads and get sticks from the men's colleges.

Every time you are late to work you make it easier to be late again. Tardiness costs the business and is likely to cost you your job.

Jones had a serious complaint to make to his landlord.

Jones (storming)—It's the people in the apartment above me. They don't give me a minute's peace. They play the radio and dance all night. They upset me last night, and I had to stop working.

Landlord—Working? What were you working at?

Jones—I was practicing on my saxophone.

Guffs of April Wind—You may be as good as pie, but lots of people don't like pie. ..... The worse the medicine the better the doctor—so most women think. ..... Lots of bad people are found in jail, and some worse ones are found out. ..... The average man's word is considered as good as his bond—by a stranger. ..... A woman likes to have some one coax her to do something she wants to do. ..... A man can make a woman happy by telling her that that's the way she makes him. ..... You'll do the right thing if you stop growling about the imaginary wrong. ..... And the man who thinks he knows it all soon shows how little he really does know. ..... The self-made man is always boasting of his handiwork, but it's different with a self-made woman.

Friend—What did you have for breakfast?

Boarder—We had scrambled eggs—two eggs on the table and we all scrambled for them.

No matter how much you disagree with your kin, if you are a thorobred you will not discuss their shortcomings with the neighbors.

First Office Kid—Why do you hate Willie Smith?

Second Office Kid—He says that he has got a new excuse to get off for ball games and he won't tell me."

It is not good luck that makes a good business. It is intelligent, hard, continuous, everyday work.

SINUS PAIN

I suffered misery from Sinus and Catarrh for 7 years. I tried every known method, changed climate, had two operations, used electrical appliances, but all failed. Then I located this treatment and now my head is always clear. No more terrible headaches nor sleepless nights. I am never bothered a single moment. Write me and I'll gladly tell you how I succeeded in curbing my Sinus and Catarrh misery. Clara Ross

Ross Remedies, 70 Pitt St. W., Windsor, Ont

Issue No. 14—'34

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SAVE THE POKER HANDS

Imperial Tobacco Company of Canada, Limited

Grand Juries Are Necessary

A Pertinent Review of the Part Grand Juries Play In the Execution of Justice

A recent proposal was made to abolish grand juries as part of our administration of law in Ontario and to substitute a government official for the ancient grand inquest of the county. This would result in but a trifling reduction of the cost of suppressing crime, and as has been said the Grand jury is the people's participation in the administration of justice, and is a body free from any influence that might induce a mere civil servant to pervert the fairness of our law.

In Ontario no man can ever be placed on trial for a serious crime until a grand jury of his fellow-citizens have investigated his alleged offence, and have declared that it is proper that he should be tried for it. Not even the Attorney-General, who has the chief responsibility for the administration of justice, can place a man on trial. All he can do is to lay a complaint before the grand jury, who are chosen by lot from the citizens of the county, and who have the absolute right to refuse to allow the man to be tried, if they think there is not sufficient evidence against him to justify it.

If a man is on trial for having taken the life of another, or for having spoken seditious words that may incite the commission of crime or promote hostility between different classes of citizens, he is not there because relatives of the slain have demanded vengeance, or because he is obnoxious to the government, but because a grand jury of his fellow citizens have investigated his alleged offence, and have declared that he should be tried for it.

The grand jury is thus the safeguard of every man, whether he has attacked an individual, or threatened the peace and safety of the society in which he lives.

Movies and Papers

Everybody in the United States at the height of prosperity went to the movies 40 times a year. Last year they went only 25 times. This is shown by the figures in the new edition of the Film Daily Year Book. It estimates the average weekly attendance in boom times at 100,000,000, but in 1933 at only 60,000,000.

Since there are considerable numbers of persons who never go to the movie theatres, such as children under five not in the arms of their mothers, farmers remote from a theatre, inmates of hospitals and jails and the like, even the curtailed attendance last year would come close to a weekly visit by those who like film shows.

Still, the newspapers can boast of doing much better. Daily and Sunday they had last year a weekly circulation of very nearly 25,000,000 copies. There were four newspapers read in the country for every trip to the movies.—New York Times.

FREE—50 TURKEY EGGS

WRITE FOR PARTICULARS AND 100 turkey raising secret booklet. 10c postage appreciated. Burbank Turkey Ranch, Perth, Ontario.

...se Feeds On G...rantee

Do you find yourself with a "goldbrick" feed, money spent and no value in return. Oat feeds analysed in the laboratories of the Dominion Experimental Farms have had a range from 4 to 14 per cent. of protein and from 10 to 30 per cent. of fibre, meat meals of from 40 to 65 per cent. protein and phosphoric acid from 10 to 20 per cent. Therefore do not buy your feeds blindly but study the guaranteed analyses, as printed on bags or other containers so that you know of what value the feeds are for your specific purpose, and also as compared with other feeds of the same class.

Crime Increase In Province

14, 538 Persons Sentenced Durin '33 as Against 21,421 in 1930.

The recent play of the spotlight on conditions in certain of the penal institutions in this country has emphasized the high standard of excellence maintained in the gaols and reformatories in Ontario. The Provincial Secretary's reports show not only a substantial decrease in crime in the Province — 14,538 persons were sentenced to prison in 1933, as compared with 21,421 in 1930 — but also a reduction in the next expenditure upon these institutions in the last two years amounting to $188,394.44. Such general falling off of crime is in no small measure due to the progressive advanced methods adopted in the treatment of criminals — Mr. C. F. Neelands, the Assistant Provincial Secretary, in his report dated January 11th, 1934, states that only two decades have passed since the open Reformatory system was adopted in this Province. He points out that much of this period was experimental, and part was beset with difficulty in obtaining competent officers, since it requires years of training before an officer can be regarded as fully capable. "The weeding in effect and care in replacements are now showing results of which the people of this province can well be proud."

Uninformed persons might well pay heed to the following passage from this report. "For years past any reputable persons, without previous notice, have had easy access, in working hours to our Reformatories and Industrial Farms and their questions have been gladly answered. . . . We have no intention of changing this policy — pen to all good citizens. The more intelligent interest they show in these institutions the better for every one concerned."

Ask Mother— She Knows

Mother took this medicine before and after the babies came: It gave her more strength and energy when she was nervous and rundown . . . kept her on the job all through the Change. No wonder she recommends it.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

'34 Honey Output Looks Promising

Toronto.—Honey production in 1934 will depend largely upon the number and the strength of colonies that survive the Winter, the number of package bees imported and weather conditions during Spring and early Summer, according to the Federal Department of Agriculture booklet entitled "The Agricultural Situation."

In most sections of the country, the bees went into Winter quarters in fairly good condition and the subsequent steady cold weather has favored satisfactory wintering.

The clovers, which are the main source of surplus honey over the greater part of the Dominion, suffered to some extent from the drought of last Summer, but entered the Winter in fair condition. The heavy snowfall of the present Winter also promises better protection against the Winter killing of clover than has been the case for the past two or three years.

NOT RESTAURANT

Windsor—Dr. Fred Adams, Medical Officer, of Health says he is not inclined to classify the city market coffee stall as a restaurant within the meaning of the ordinance.

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