Woman's World

By Mair M. Morgan

Grapefruit Conserve

Here are some interesting variations in the jelly making line: For this conserve the ingredients called for are: 1 grapefruit, 1½ pounds carrots, 1 lemon, 1½ cups sugar, 1½ corn syrup. Chop cooked carrots and mix with the finely sliced fruit. Add sugar and syrup and cook until fruit is clear and mixture thickens. Pour into sterilized glasses and seal.

Peach and Orange

These conserve recipes are simple to make and the results so delicious that it is well worth the time taken to prepare them. This combination of fruits is both helpful and supplies the family with the necessary acid content in their diet. Ingredients: 15 medium sized peaches, 2½ pounds granulated sugar, 2 cups water, 6 medium sized oranges, 2-3 cup corn syrup, ½ pound blanched, shredded almonds. Dice peeled peaches and add to the grated rind of 4 oranges and the sliced pulp of six. Boil all the ingredients, except nuts, until thick and clear and about fifteen minutes before removing from fire, add the shredded almonds. The above quantity should fill 10 jelly glasses.

The Art of Carving

How many young husbands view the first "bird" waiting for the carving knife with a troubled and doubtful eye? A great number, I'll wager. The following instructions are well worth cutting out and keeping for future reference:

First of all, the platter should be large enough so that there will be plenty of room to carve and the knife should be carefully sharpened and the choice of the knife considered. Three sets of carvers are almost a necessity. A small pair for fowl or steak, longer and larger for roasts and a fish set, this preferably of silver.

Fish

For baked haddock, cut down centre from backbone, lifting off small portions to prevent breaking. For salmon, slide fish knife down the back from the bone and lift off in square pieces.

Turkey, etc.

Insert carving fork firmly across breastbone; cut through skin at leg, bend leg and cut at joints, cut off wing. Cut breast meat in thin slices, carving one side of bird at time; cut leg meat in small portions.

Duck, Goose, etc.

Cut meat horizontally at each side, cut off wings and legs, carving latter, For partridge or quail, etc., cut down the breastbone, lifting meat off; serve one-half to each person. For pigeon, etc., serve one bird to each person.

Candy Pie

Cut rhubarb into tiny pieces, cover with sugar and cook slowly in the oven. Line a flat tin with pastry and fill with cooked rhubarb. Cook in quick oven. When done, cover thickly with brown sugar and also place clots of butter on top.

Return to oven and allow sugar and butter to thicken. Serve very hot.

Economical Recipe for Lemon Pie

Lemon pie is always a popular dessert and can be varied in so many ways that it may be served often without becoming monotonous. It's a particularly happy choice just at this season of the year when pie "timber" begins to be scarce and you may want a change from spicy steamed puddings.

Lemon meringue pie is a universal favorite and very easy to make. If an extra thick meringue is liked use two eggs in place of one as suggested in the recipe.

Lemon Meringue Pie

One cup granulated sugar, 1¾ cups boiling water, 4 tablespoons cornstarch, 1-8 teaspoon salt, 1 lemon, 1 egg, baked pie shell.

Mix and sift sugar salt and cornstarch. Be sure the corn-starch is completely blended with the sugar. Add grated rind of lemon. Add boiling water, stirring vigorously. Cook and stir until mixture is clear. Add lemon juice and yolk of egg. Beat well and remove from fire. Let cool and turn into a baked pie shell. Beat white of egg with 2 teaspoons water and a few grains of salt until stiff but not dry. Fold in 3 tablespoons sifted granulated sugar and spread roughly over lemon filling. Put in a cool oven for fifteen minutes to puff and color the meringue. Serve cold.

The meringue will not "weep" if the filling is cool before covering.

Lubricate Dry Skin

Body oils and foot creams have the same beneficial effects on your feet and body as nourishing creams have on your neck and face. They help to lubricate a dry condition of the skin.

If you haven't a foot cream, try using your tissue cream on your feet once a week. You'll be surprised at the difference in the way they feel after about three or four such treatments.

When your feet have been bathed and scrubbed with plenty of soap suds and a small brush, dry them thoroughly. Then, with foot cream or tissue cream in the palms of your hands, massage the cream into your feet from the tips of the toes up to the ankles. If there are little callouses on the backs of your heels, rub in a bit of extra cream on those places. When you have finished, wipe off the surplus cream and go to bed.

Body oils usually are slightly scented. When you have taken your bath and dried yourself with a rough towel, massage body oil into your skin. It will eliminate that rough, uncomfortable feeling which dry skins have after they have been washed with soap and water.

Modern bath oils are a far cry from the oils with which the ancient Greeks and Romans used to annoint themselves, but the result is about the same. Oils do help dry skin.

For Thin Faces

If your face is long and thin try putting a little rouge on the outer cheek bones and on the chin. This will make it appear broader and shorter.

Don't wear a high crown or large brimmed hat. A round beret-shape or small brim suits you better.

The up-to-the-throat fashion is flattering to thin necks and faces. Always choose a round neckline in preference to the V-shape.

To Clean White Fur

Trimmings of white fur on frocks, hats, or children's garments may be most successfully cleaned with powdered starch without troubling to remove the fur from the articles. If the fur trims a black garment, such as velvet, the surrounding material should be well protected before beginning the cleaning process. Sprinkle the starch over the fur and rub it in lightly. Leave on for a time and then shake out thoroughly. This cleaning method will be found most effective.

Household Hints

Lettuce will keep best in the electric refrigerator if it is washed, dried, then placed in a wide-mouthed jar with the lid screwed on securely and kept there until ready for use.

Pour boiling water into the bowl, let stand for a few minutes, then pour out. Now put the butter and sugar that are to be creamed together into this heated bowl. You will be surprised how quickly they will blend.

British Train Alien Airmen

London.—Britain's "air university"—the big flying school at Hamble, on Southampton water—set new records in 1933. Flying hours accomplished by the fleet of 21 aeroplanes aggregated 6,428 (equivalent to some 600,000 miles flown), compared with 4,380 in 1932. In one month alone—August—1,046 hours were logged.

AIR CAREERS.

The aeroplanes in the school fleet range from the light training 'plane to amphibious craft and a multi-engined airliner. Nationals of 12 countries made up the 87 civilians and officers of foreign air forces who attended the school during the year: Austria, Canada, Denmark, Great Britain, India, Iraq, the Irish Free State, Norway, Peru, South Africa, Sweden and the United States.

Twenty of the 40 civilian pupils under training at the end of the year were "long course" students who intend to make their career in aviation and whose stay at the school will last three or four years.

Lovely Lines For Matrons

By HELEN WILLIAMS.

Illustrated Dressmaking Lesson Furnished With Every Pattern

A glance at this effective dress and its "just rightness" for matrons or heavier figures is immediately realized.

This very charming model shown for today's pattern is in printed crepe silk in navy and white with navy bodice and sleeves. The flattering cowl neck is accented by a white gardenia. The soft neckline, V-bodice lines and skirt panels are very slenderizing.

While extremely attractive carried out in contrasting effects, in one material as, for instance, in either plain or in a printed crepe, it is also lovely.

Style No. 2544 is designed for sizes 36, 38, 40, 42, 44, 46 and 48 inches bust.

Size 36 requires 2¾ yards of 39-inch print with 1¾ yards of 39-inch plain material and ½ yard of 35-inch lining.

HOW TO ORDER PATTERNS.

Write your name and address plainly, giving number and size of such patterns as you want. Enclose 15c in stamps or coin (coin preferred; wrap it carefully) for each number, and address your order to Wilson Pattern Service, 73 West Adelaide St., Toronto.

High Honor Conferred On Anne Lindbergh

Washington. — The National Aeronautic Association of the United States has conferred its highest honor — honorary membership — on Anne Lindbergh. Mrs. Lindbergh, "because of unusual and outstanding contributions to aviation," becomes the eighth living member of this select group of flyers.

The honor places her along with Orville Wright, her husband, Col. Charles A. Lindbergh, Rear Admiral Richard E. Byrd, Dr. Hugo Eckner, Harold Gatty, Wiley Post and Amelia Earhart.

Sweeping Generalities Never Applicable

Washington. — Mrs. Franklin D. Roosevelt, who says women must keep right on proving they are practical until the world believes it, is going to help find new occupations for members of the sex.

Mrs. Roosevelt said that time and again she had heard people say that "no woman can do" some special thing that a woman probably has been doing successfully for years.

"There are still people who feel you can generalize about women, or about men," she said. She contended that there's no such thing as a sweeping generality on either of those subjects.

Sunday School Lesson

Lesson XI.—March 18. Jesus Responds to Faith.—Matt. 15:21-31. Golden Text.—Ask and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.—Matt. 7:7.

TIME.—Spring and summer of A.D. 29, the third year of Christ's ministry.

PLACE—The Sea of Galilee and its northern shores on both sides. The region of Tyre and Sidon in Phœnicia.

PARALLEL PASSAGE—Mark 6: 47; 8: 21.

Matt. 15: 21. "And Jesus went out thence." Matthew speaks of him as in the land of Gennesaret northwest of the Sea of Galilee, a region which gave to the sea one of its four names (Matt. 14: 34). "And withdrew." Again he sought rest from the crowds. "Into the parts of Tyre and Sidon." This was Christ's only excursion into heathen territory (except that he was taken to Egypt when an infant).

"And behold, a Canaanitish woman came out from those borders." Some of the ancient Canaanites had been driven northward into Phœnicia, and this woman was of that stock. Mark calls her "a Greek, a Syrophœnician by race," Phœnicia being part of Syria. "And cried, saying, Have mercy on me, O Lord, thou Son of David." The fame of the miracles of Jesus—especially his expulsion of demons—had gone far and wide. "My daughter is grievously vexed with a demon." The mother, as a mother would, made her child's case her own, and prayed the Lord, "Have mercy on me."

"But he answered her not a word." Whosoever would trust God must trust his silence. "And his disciples came and besought him, saying, Send her away; for she crieth after us." Probably they meant, Send her away with her desire granted and her daughter healed, so that she may cease bothering us with her clamor.

"But he answered and said, I was not sent but unto the lost sheep of the house of Israel." It is that he anticipated a ministry that should be wider than these Jewish limits. And one of the events that makes this clear is the event we are now studying.

"But she came and worshipped him, saying, Lord, help me." She had not heard Christ's parable of the importunate widow, but she proved its universality of truth by acting it out in a heathen land.

"And he answered and said." This was the third test of the mother's faith, and the most severe test of all, unless, as was very likely the case, it was mollified and interpreted to her by a loving smile on the Saviour's Countenance. "It is not meet to take the children's bread." Christ's miracle-working power that should be reserved for the children of Israel, God's chosen people. "And cast it to the dogs." To the miserable, half-starved, filthy dogs that prowled masterless, around the streets of Eastern towns and were a synonym for all that was despicable.

"But she said, Yea, Lord." With a mother's ready wit, with the quickness of despair, she seized Christ's words and tossed them back at him, winning an argument out of his very denial. "For even the dogs" Christ had used the word "little dogs," the diminutive, and she appropriated it as signifying the household dogs, the family pets. "Eat of the crumbs which fall from their masters' table." The pieces of bread which were broken off, and, in the absence of napkins, were used to wipe the hands, and then thrown under the table to be appropriated by the dogs. The poor woman might be only a Gentile dog. Very well; she asked only for a dog's portion for her child.

"Then Jesus answered and said unto her." She had shown the quality which always won his most ardent admiration. "O woman, great is thy faith." Christ marvelled also at the great faith of another Gentile, the centurion of Capernaum (Matt. 8:10). He does not say Great is thy love. He says Great is th faith. "Be it done unto thee even as thou wilt." Faith is the opportunity of God; our faith enables him to do for us wisely what his love is longing to do. "And her daughter was healed from that hour." Another case of our Lord's healing from a distance.

"And Jesus departed thence." Once more our Lord's desire for rest and for quiet converse with his disciples was frustrated. "And came night unto the sea of Galilee." On which side? According to Mark (7: 31), the eastern, approached by a circuitous journey through Sidon and Decapolis. "And he went up into the mountain." Rather, the mountain country, the high land, as distinguished from the low land, which he had left. "And sat there." He sat down to teach, as before the Sermon on the Mount; but the address in this case is not recorded.

"And there came unto him great multitudes." They had tracked him from Phœnicia, publishing his fame by the way. "Having with them the lame, blind, dumb, maimed, and many others." Some take the work translated "maimed" as meaning those who had lost limbs, which Christ restored; but there is no definite account of such a miracle. "And they cast them down at his feet." A very strong word, flung them down, not carelessly, but in haste, because so many were coming on the same errand. "And he healed them." That was what they wanted.

"Insomuch that the multitude wondered." What must it have been to be an eye-witness of such a scene of healing and of worship. "When they saw the dumb speaking, the maimed whole, and the lame walking, and the blind seeing." When thy saw applies to the entire scene. "And they glorified the God of Israel." This expression may indicate a heathen crowd on the eastern side of the lake. They knew that there was some special relationship between God and the children of Israel.

Someone Due Credit Yeast or Bread Maker?

Inverness.—On Feb. 9th the morning Homer Fisher's home was burned. Mrs. Fisher had mixed some bread leaving it beside the stove to rise. When fire was discovered, among the articles that was carried to a near-by shed was this bread mixer: On Feb. 16th just one week later, Mr. and Mrs. Fisher moved back to a temporary home prepared for them, Mrs. Fisher thought she must get this dough out of the pan so placed it near the heat to thaw out, (as it was frozen as hard as stone) as it began to thaw, it began to rise. Curious as to the result, when it had risen sufficiently, she put it in pans and cooked as usual. The bread was as light as any she had ever baked, and she is one of the best bread makers in the valley.

Police Broadcasting

The police commission has recommended the adoption of a system which has been employed for some years past in many cities and found to be of great advantage to the police forces in the apprehension of criminals, especially at the moment when crime is committed or discovered, observes the Hamilton Herald. It is the radio broadcasting system which enables the central police station to communicate at once to the police cars touring the city throughout its area and thus puts officers in possession of information which may be of the utmost immediate value in assisting them in the arrest of criminals.

Fairbanks Divorce Delay Indicated

London.—The divorce suit of Lord Ashley against his actress wife, the former Sylvia Hawkes, may be delayed until summer or probably autumn, it was indicated last week. Douglas Fairbanks, Sr., screen star, is named co-respondent.

Lord Ashley's solicitors, Gordon Dadds & Co., consented to the application of an extension of time in which Fairbanks and Lady Ashley legally are entitled "to file answer" to the suit.

200 Golfers Out On Calgary Course

Calgary.—Believed to have set a record for high February temperatures, the mercury reached 58 above here recently. More than 200 golfers made their appearance at the Municipal course.

Oh, That We Could All Pay Our Bills In the Sorel Way

Famous Actress, Sent a Signed Photograph Instead of a Signed Cheque to Beauty Surgeon

Paris.—Mlle. Cecil Sorel, 62-year-old scintillating star of the Casino de Paris, was haled into court by a facial surgeon who claims the famous actress forgot to pay her 10,000 francs for removing some wrinkles from around the eyes, the lips, the nose.

The surgeon, Helene Asdery, testified that the famous star, sent her a signed photograph instead of a signed cheque for what would amount to $645 in Canadian money.

After Mme. Asdery's testimony, the suit was adjourned for a week.

Couple Devise New Marriage Laws

Do Not Believe in Taking Vows They May Not be Able to Fulfill Permanently

Ann Arbor, Mich.—Brides have been known to delete the word "obey" from their marriage vows, but Mrs. R. E. Buxton, University of Michigan co-ed, went a step further and devised a brand new ceremony.

Mrs. Buxton and her husband, who also is a student at the University, returned to their classes here Wednesday. The Buxtons explained that their wedding ceremony embodied their own ideas of what modern wedlock should be. The phrases "to obey" and "till death do us part" were among those eliminated from the conventional service. Rev. Charles B. Allen of Detroit officiated, reading the regular Methodist marriage service which was supplemented by the vows selected by the bride.

The service opened with a short outline of the duties and responsibilities of marriage, read by Mr. Allen, which included, among other things, the assertion that "marriage is no real union established by a vow."

"Marriage," the service continued, "is a relationship between two perconalities functioning together in progressive intergration."

"It is merely that Rex and I do not believe we should take any vows we might not be able to fulfill permanently," Mrs. Buxton explained.

Women in Business Must Be Twice As Efficient As Men

That is to Have an Equal Chance, Says Mrs. Geline MacDonald Bowman

New York.—Teaching, nursing, library work and office work are the occupations most overcrowded for women; a study made by the national federation of business and professional women's clubs in the United States has revealed. Medicine, retail merchandising, credit management and the executive side of social work are the least crowded.

Mrs. Geline Macdonald Bowman of Richmond, Va., president of the federation, announced the results of the survey. Mrs. Bowman said women were sometimes prejudiced against their own sex in business and the professions.

"Women must realize," she said, "that the value they put on themselves is the value the world puts on them. Today, particularly, in order to have an equal chance, a woman must be twice as good as a man, and other women need not doubt her skill."

65,000 Rat Traps But No Cheese

New York.—Because New York City has 65,000 rat traps but no money for cheese, one of the most ingenious of the federal relief projects faces defeat. That project was to attack with cheese-baited traps the millions of rats on Riker's Island, in the East River. Previous attempts to rout them by police dogs and chemicals have failed ignominiously. There are reputed to be—though no one has counted them—12,000,000 rats.

This Hen Is A Steady Provider

The cackle of an Iowa State College Rhode Island Red hen was heard 305 times last year, and each cackle meant somebody's breakfast, according to poultry specialists at the institution.

The specialists said that although this is not a record, it is something "decidedly unusual." The average Iowa farm hen lays from 90 to 100 eggs per year.

Wolves Driving Deer Out in Open

Batchawana, Ont.—With a crust on the snow which will carry a wolf but not a deer, the deer are beginning to haunt the highways and farms in this district, in search of protection from the baying packs. The animals are at the mercy of the wolves in the woods, farmers believe.

MUTT AND JEFF— By BUD FISHER

On Second Thought—!