HEALTH

by

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

WHY BE VACCINATED?

"Why Be Vaccinated?" is the title of a pamphlet recently issued by the Department of Public Health of Massachusetts. Many years have passed since the English physician, Jenner, in 1798, made the announcement that smallpox is prevented by vaccination.

Jenner was listened to because everyone, in his day, knew too well the horrors of smallpox. It was unusual, at that time, to see a face that was not pock-marked. Smallpor was prevalent among all classes of society and thousands died, each year, from the disease.

Today, comparatively few people know what smallpox really is. Thanks to vaccination, the disease is relatively uncommon, and for that reason, the fear of smallpox has disappeared, and there is, in general, an unfortunate tendency to be careless about securing individual protection through successful vaccination.

The Massachusetts publication is a reminder that smallpox still exists and that the unvaccinated person may be exposed to the disease at any time. This is strikingly illustrated by one experience related in the pamphlet. A man ill with an unrecognized case of smallpox started for his home, and, on the way, he stopped at the home of his sister for five hours. In this home, there were four persons, two unvaccinated, and both of whom contracted the disease. In the man's own household, there were only two members, his wife and his mother-in-law, both of whom were vaccinated; neither of these women contracted smallpox. The man attended a dance at which thirty-five persons were present, and the one unvaccinated guest was the only one who contracted smallpox.

This story is not an unusual one. We have had similar experiences in Canada. The reason why we refer to it is because it seems to us to be necessary to repeat the warning that there is only one way to secure protection against smallpox, and that is through vaccination.

It may be that you are planning to be vaccinated if cases of smallpox occur in your locality. The danger in that plan is that you yourself may be exposed to and contract the disease before there is any warning, and so you will have no chance to be vaccinated now.

Parents should have their children vaccinated during the first year of life. There is no reason why any child should be left unprotected against a disease when it is possible to secure protection. The answer to the question, Why Be Vaccinated?, is obviously that it is only through vaccination that protection against smallpox may be secured. Smallpox is a disease to which we may be unknowingly exposed at any time, hence the need for protection is an urgent one.

ELECTRIC LIGHTS IN THE POULTRY HOUSE

It has been proved conclusively that, as the nights become longer, the use of artificial light in the laying pens will help the winter egg production considerably. The use of lights durng the winter will not influence the year's total yield to any great extent. However, they will increase production during the season of good prices and a greater profit will result. The high yields sometimes obtained in the Canadian Laying Contests where, for the reason of uniformity and comparison, no lights are allowed, compare very favorably in the total number of eggs lain in one year with similar flocks that have had the advantage of lights during the winter, but the peak of production occurs much later when no lights are used.

Keeping The Wool Clean

Woollen manufacturers often object to Canadian wool on account of dirt, particularly chaff and seeds. The removal of such material is expensive, which is frequently the reason for lower prices offered. A little care on the part of the farmer will help considerably in keeping the wool clean.

The construction of the feeding racks is important. Have the slats on the feeding side almost vertical, and not more than two inches apart. This will prevent the hay from falling over the animals.

When feeding, fill the racks from an alley, or keep the sheep out of the pen. They should also be kept out when the bedding is being spread.

New Year Message From Premier Henry

To the Editor:

A new year is here. It lies, large and problematical, before us. What we in Ontario shall make of it depends primarily on our resourcefulness, our courage, and our pride.

With four years of depression past—the worst of it is over, I believe—the Province finds itself in a rather favored position. Though many difficulties loom ahead—and I, for one, do not minimize their complexities—our Ship of State is once more riding on even keel, with colors flying.

Our people are being fed, clothed and sheltered. None starve. Our credit is unimpaired. Our institutions, sound. There is no disorder. Little lawlessness. Throughout all our trials the people have manifested their adherence to British tradition and to British sane thinking. By patience, perseverance, and general co-operation with those entrusted with the reins of administration, they have proven that the welfare of a country, in times of stress, comes properly before things political and matters purely partisan.

This attitude of mind must prevail throughout 1934—if we are to come safely and securely through. There should be no place in our calculations as a Province for quack tonics and cure-alls concocted by impractical preachers and prophets. Experience is an excellent teacher; and experience, so far, has taught us that our recovery must be slow and orderly. Moving along such lines the goal we all have long envisioned is assured. One hasty, over-reached step, however might spoil all.

In wishing our people a happier, a brighter, and a more prosperous New Year, let me again commend them for the manner in which they have played the game during the trying twelve months that have just ended.

Sincerely yours,
GEO. S. HENRY,
Prime Minister.

Shelburne 5, Flesherton 2

Flesherton suffered their second defeat at the hands of Shelburne on Tuesday night by the score of 5-2 in Shelburne's own arena. The game was faster than the one in Flesherton, but the Flesherton players were not as effective as they were at home. Play was fairly even in the first and third periods, Shelburne spearing one in each, but had their big inning in the second period when they made sure of the game by sniping three past Ferris. Best tied the score in the first period with a nice stickhandling effort after Hastilow had minutes. Rutledge put Shelburne opened the books in the first three ahead again in the second, only to have Boyd tie the count again. Under the fast going, condition told, and when Blood and Crawford each scored, Flesherton wilted and failed to flash the red light again. Bellerby added another to Shelburne's count in the third to make the final score 5-2. A little unpleasant incident occurred in the second period when the Shelburne referee forgot his important position to become embroiled in a common scrap with one of the Flesherton officials.

Shelburne — Goal, Rayburn; defence, Crawford and Rutledge; centre, Macaulay; wings, Fisher, Hastilow; alternates, Spilker, Blood, Bellerby, Banks.

Flesherton — Goal, Ferris; defence, McCutcheon, Patton; centre, Cairns; wings, Phillips, Boyd; alternates Best, Sled, M. Johnson, E. Johnson.

Referee — Dr. Zinn.

Breeding Essential For High Egg Production

The average production of all the birds in the laying contest held at Harrow for the past three years is about 180 eggs per hen. It is roughly estimated that it costs about 80 to 100 eggs to feed a hen for one year. The hens which lays about 180 eggs in a year produces eight times as much profit as a 110-egg hen, less the small extra cost of feed required to produce the larger number of eggs. The moral of this story is that breeding is one great factor which governs profits, and that if the farmer has not the inclination or is unable to carry on his own selective breeding program to save his own flock from deterioration he must depend on the poultryman who makes this a practice. Indiscriminate use of untested males means reversion; and it should be borne in mind that the yield of the jungle fowl, from which our high-record "egg machine" of today originated, was probably about two dozen eggs in a year.

Sign over the desk of a leading dairy executive, "All that I am I owe to udders.

Curling Club Rinks

At a meeting of the members of the Curling Club on Tuesday evening skips for the several rinks were chosen and the personel of each rink selected, as follows:

G. B. Welton, skip; G. McTavish vice; A. Down, H. Down.

A. E. Preston, skip; J. O. Dargavel, vice; G. Armstrong, J. Duncan.

C. N. Richardson, skip; W. Turney, vice; E. J. Bennett, F. Pinder.

H. A. McCauley, skip; J. A. Richards, vice; W. G. Kennedy, F. Taylor.

C. McTavish, skip; W. Welton, vice; J. Nuhn, F. Duncan.

E. C. Murray, skip; W. D. Bryce, vice; C. R. Chapple, C. Wright.

R. W. Piper, skip; F. H. W. Hickling, vice; J. E. Milne, A. Sinclair.

G. Brackenbury, skip; W. Henry, vice; E. Henry, H. Eubank.

M. Wilson, skip; D. Williams, vice; J. Wright, J. Wilson.

J. O. Dargavel, skip; F. Thurston, vice; A. McKechnie, F. G. Karstedt, A. E. Bellamy.

A playing schedule is to be drawn up and a local tournament held for the club championship.

Wm. Irwin Elected W.M. L.O.L. 2855

The annual election of officers of Flesherton L.O.L. No. 2855 was held on Tuesday evening with George Cairns, District Master, conducting the election. Mr. Wm. Irwin was elected as Master for the coming year. Following are the officers to be installed at the next meeting on Tuesday, January 16th:

I. P. M. — J. A. Stewart.
W. M. — Wm. Irwin.
D. M. — P. Dow.
Chaplain — C. R. Chapple.
Rec. Sec. — C. J. Bellamy.
Fin. Sec. — A. Down.
Treasurer — F. W. Duncan.
Marshall — A. E. Bellamy.
1st Lect. — W. D. Bryce.
2nd Lect. — G. McMaster.
1st Com. — G. Irwin.
Com. — W. E. Turney, F. J. Thurston, G. Cairns and R. Fisher.
Sick Com. — H. Down, T. Bentham W. A. Hawken.
Auditors — E. J. Bennett, W. D Bryce.

The Late Wm. Smith

Death came suddenly to one of Osprey's old residents, in the person of William Smith. After an illness of one year, he passed away at the home of his daughter on December 13, 1933. He was 79 years of age and was born at Thornhill in 1855 coming to Flesherton with his parents when he was 5 years of age. He married Sarah Jane Lang, 55 years ago, and moved to the Tenth Line of Osprey, where they farmed up till 6 years ago, then moved to Feversham and lived there until one year previous to his death, when they moved to the farm with his daughter, Mrs. Dannie Cameron.

He has been a member of the Salvation Army for about 40 years. He leaves to mourn his loss his loving wife, one son, three daughters and three brothers: Court, Eighth Line Artemesia; Alma, (Mrs. Ab. Long), Toronto; Francis, (Mrs. McKean), Ravenna and Tola, (Mrs. Dannie Cameron) Tenth Line Osprey; Sam of Toronto; Isaac of Flesherton and Robert, Tenth Line, Artemesia.

The funeral which was held on Friday was largely attended. Comdt. James Poole of Toronto conducted the service at both house and grave; interment was made at Providence cemetery. The pallbearers were: Messrs Ed. Pedlar, Henry Coulthard, John Poole, Ern. Hawton, Wm. Davidson and Hugh Wright.

The floral offerings were beautiful and consisted of a wreath from wife and family; pillow from Mr. and Mrs. Ab. Long, spray from Mr. and Mrs. Sam Galley nee (Irene Long) and pillow from his brother, Sam.

TUBER'S THIN SKIN

Bearing in mind that a potato is at all times a living organism, conditions must be provided which will prevent severe losses in storage. Indeed, conditions are widely prevalent in Canada which cause in many cases a high percentage of loss in stored crops. Above all, it should be borne in mind that the tender skin of a freshly harvested tuber is easily scratched or broken, that diggers or implements may cause cuts or bruises which prove disastrous when such potatoes are placed in suitable storage. Rot and decay soon follow. Moist tubers, especially when cut or bruised, are the first to succumb. Therefore avoid bruising and, if at all possible, the placing of potatoes into any kind of storage until they are perfectly dry.

WE WANT TO GREET THOSE WHOM WE OWE

The Advance mailing list has been corrected and all subscription renewals sent in by last Saturday were credited to those from whom they were received. If the date on your label has not been corrected let us know at once and the error can be traced more easily. Look at your label now and if you are in arrears kindly let us have part of the amount or all of it if possible and it will enable us to look our creditors in the face and not pass by on the other side of the street when we meet them, which nobody enjoys doing.

Real Cold Weather

Experiencing one of the coldest snaps for years at this season Flesherton district shivered and froze under a temperature of 30 degrees below zero early Friday morning. At 9 a.m. the same day the thermometers had only raised 8 points and held around zero mark most of the day. Saturday morning it was still very cold, being 11 degrees below zero, but mild weather then set in and by night was 15 degrees above zero and by Sunday morning a real spring thaw was in progress with a steady downpour of rain that made the roads and streets a glassy mass where ice had formerly formed. In other places were pools of water and slush. Monday morning cold weather again set in and by night a real blizzard was howling that kept many people indoors, while Tuesday morning zero temperature was again prevalent. One could hardly realize that the thermometer could show a difference of 75 degrees of temperature between Friday morning and Sunday, but such was the case. With the changeable weather we have experienced the past month or so it is to be expected that there would be considerable sickness in the community.

Friday and Saturday many of the water systems in the village were frozen solid and necessitated considerable work in thawing them out. A transport truck was stuck in the snow on the highway below Flesherton due to the extreme cold and snow drifts It is doubtful if we will have any colder weather this winter.

DECEIVING LOOKS

Tommy came home looking rather dishevelled and bruised. "I thought I told you only to play with good boys," said his mother. "Good little boys never fight."

"Well," answered Tommy, "I thought Charlie Johnson was a good little boy till I hit him."

Figure This One Out

There are Scotch stories and Scotch stories but few of them can match this one for ingenuity.

The head of a large firm was retiring after a long and active service, and it was decided to give him a good radio, to help him pass his leisure time. A Scottish foreman was chosen to collect the necessary money from the three thousand employees of the company.

Jock laid his plans well. He collected fifteen cents from each man in the firm. With the money he bought three thousand packages of cigarettes. To each man that had paid him fifteen cents, he returned a fifteen-cent package of cigarettes.

How did he get the radio? That's easy. He had removed the three thousand coupons from the packages, and that was enough to get a radio as a premium.

You can see at once that no person was out anything, except the foreman, who had spent all that time collecting the coupons. But he was a Scot. He had bought the cigarettes at wholesale prices and he kept the commission for himself. — Fergus News-Argus.

Smiles and tears speak all languages.

Printed in 2,000 Papers

A nine-pound girl, whose expected birth was announced in 2,000 newspapers by its proud father, has been born to Mr. and Mrs. William E. Worthing, of Muskegon, Mich. Worthing last July asked the Michigan newspaper to publish a news item that a baby was expected by the couple, married five years in November. The editor refused, but Worthing's pride was not to be squelched. An advertisement carried the news refused by the editorial department and soon the whole world knew of the "blessed event". Two thousand newspapers reprinted the item, clippings showed.

WINTER FEEDING OF MARKET HOGS

Winter fed hogs require a dry, reasonably warm bed. Exercise is necessary in the early stages of growth. Include in the feed mixture a variety of grains such as oats, barley and shorts or middlings. Skimmilk or buttermilk should be included and must be always fed uniformly sweet or sour. Tankage may replace the milk. Do not attempt to finish too quickly or crippling may result.

Do It Now

IT PAYS TO DISINFECT THE WALLS AND FLOORS OF STABLES, ALSO TREAT THE ANIMALS FOR LICE, FLEAS, SCURF AND SKIN IRRITATION.

WE CAN GIVE YOU YOUR CHOICE OF KEROL, ZENOLEUM, HELLIBORE, SULPHUR, COOPER'S DRI KILL AND PRATT'S ROOST PAINT

Happy Vale Sauerkraut, 3tins for 25c
Ideal Silver Cream 21c
Horne's Gelatine, Makes 2 quarts 15c
Windsor Sweet Pickles, 30 oz. 21c
Heinz Tomatoe Catsup 19c

Osprey & Artemesia Co-operative Co., Ltd.
FLESHERTON

ONTARIO
DEPARTMENT OF HIGHWAYS
MOTOR VEHICLES BRANCH

"For the Children's Sake"

A NEW YEAR MESSAGE TO EVERY MOTORIST IN ONTARIO

Well done, Ontario drivers! The accident record for the entire year 1933 has not been compiled as yet, but at the end of November the number of fatalities from motor vehicle accidents was 87 less than the total recorded during the first eleven months of 1932. For this marked improvement the Government of Ontario offers its thanks and congratulations to the motorists of the Province. It is a definite indication that the majority of drivers of motor vehicles in Ontario are co-operating in a real endeavour to reduce the waste of human lives on street and highway.

But there is room for improvement yet. The toll is still too great. In eleven months of 1933, 368 lives were sacrificed. And most distressing of all is the fact that children are frequently the victims. Here then is an objective well worthy of any effort—and its cost is only a little more care as you drive.

If by any fault of your driving or from any neglect of some simple rule of safety, you were to deprive some child of health and strength, perhaps even of life itself—what a responsibility would be yours! For the children's sake this appeal is made to you, and to every motorist in Ontario: that through this winter you drive carefully, cautiously, sanely and safely, lest one child's life be lost or one little form crippled or torn.

The days of winter are days of difficult driving—of icy roads and slippery streets—when vehicles slide and slip over treacherous surfaces—and when accidents and fatalities may happen without warning, if drivers fail to realize the imperative need for added care and extra vigilance.

To ensure that the gratifying improvement made during 1933 will be maintained during the dangerous days of winter as well as throughout all the coming year, your continued co-operation is required. Will *you* not make this resolution for 1934, if only "for the children's sake": to protect life and health by driving with courtesy and caution, by observing the simple rules of the road, and by making "safety" your motto as you drive along the streets, the highways, and the by-ways of the Province?

If you will, 1934 will indeed be a HAPPY NEW YEAR.

Toronto, December 29th, 1933

Minister of Highways