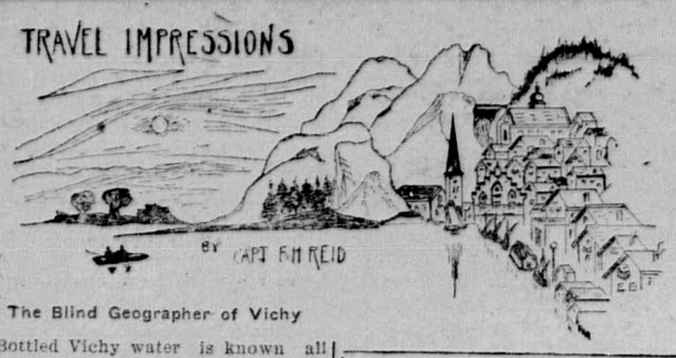

The Blind Geographer of Vichy

Bottled Vichy water is known all over the civilized world, but how many know that it is named after a very busy and beautiful city which, if you look at your map, you can locate about the centre of France. Like many other mineral waters, originating in Europe, the output of these springs is controlled by the state and the quality is therefore guaranteed. This article, however, is not meant as an advertisement although, on the other hand, one cannot refer to the place without mentioning the waters which account for so much of its importance.

When we drove into Vichy this past summer, we found the streets crowded with people and vehicles — at first sight one would conjecture that some fete was being observed. We soon realized that we were entering one of the brightest places on the Continent; life was passing before us in every form, some were here to benefit from the cure, others were here to enjoy themselves. The mineral springs of Franc are of a varied type and contain properties to meet every therapeutic requirement — German and Austrian springs are of one uniform type. Among the patients, who come to Vichy, are those seeking treatment for liver complaints, skin diseases, diabetes and gout, and rheumatism. The hotels are magnificent and here we met the most fashionable people, saw the smartest gowns and watched the gayest dancing of all the twelve countries we visited.

Located in the midst of all this activity are various booths where one can drink the water or have a receptacle filled. These booths are attended by neatly dressed girls who are clad in long, white smocks and have a white cap covering their hair. The water has a peculiar taste—one of my group made a face and described it as like a combination of fish salts and dirty water; why such a comparison she alone knew. There is plenty of demand and the uniformed attendants are kept busy—the water is provided without any charge.

Who would think that in such a place, with gay shops, bands playing and all kinds of excitement, that we should be regaled with a description of Canada by a poor blind man on a street corner? Outside of the busy section and in a little corner of a square, stood this kindly faced old man. In a roped-off, triangular space around his feet were hundreds of stones—different sizes, colours and shapes. There was no apparent order to this collection, although irregular little paths ran through the plot and, surmounting the stones, a varying intervals, were the flags of all the nations. It was this latter feature that attracted my attention and as I stopped to examine the peculiar layout, the blind man sensed the presence of a possible benefactor and, in a monotone, began to recite, in French, names of important places. He soon learned, however, that we were English speaking and, quickly accommodating himself to the change, gave us, in very good English, the names of places and their location in the United States. "No! no! no!" said my companion, "we are not from the United States, we are from Canada." "Oh! Canada—English," said the blind man, and stretching out his arm, over a section of his little piece of ground, he pointed out the Union Jacks and gave us the names of the countries of the British Empire, their capitals and many of their principal features. Looking at the arrangement of the stones it would be almost impossible for an observer to make head or tail of the scheme, but the blind man knew and, with his stick, made his way over to the proper location and picked out the correct flags. We could not, nor did we try to, stop the flow of his recital for some time: finally we did get him back to the realization that we were Canadians as we had a desire to plumb the extent of his knowledge. We were immediately rewarded by a description of our own country that would have been a credit to most of the scholars in our schools. He knew the capital to be Ottawa; he knew the provinces, important places, railways and boundaries; he knew our connection in the Empire and our historical connection with France. He did make some minor mistakes, it is true, but it was a marvellous demonstration of concentration and memory and he seemed to thoroughly enjoy his occupation.

When we first stopped, there was only one curious loiterer, but, human nature being the same wherever you go, a group soon collected and, while they couldn't follow the conversation, we could detect the whispered "l' anglais," passed from one to the other while the exhibition, in our behalf, was in progress. It was a most interesting experience; an unexpected and unforgettable touch with home, in a place where one would least anticipate such an occurrence. It was with great difficulty that we were able to break away from our blind narrator—he was most anxious to impart further knowledge to, what he considered, was a sympathetic audience. Above the bright lights, fascinating shops, gay promenaders and the glittering hotel where we stayed, this one circumstance stands out as an appealing human incident.

Next week I shall relate another strange meeting—this time in Southern Hungary, at a place called Nagykaniska.

Are you looking for something different in the way of entertainment for your church, society, club or institute?

Capt. F. H. Reid, the well-known traveller, who has been contributing the series of articles to this paper, under the heading of "Travel Impressions," has what is, perhaps, the finest collection of European views in the country. Pictures taken with his own camera, beautifully coloured, showing some of the out-of-the-way places, as well as the localities about which you have read and heard. Portugal, Spain, France, Italy, Switzerland, Austria, Jugoslavia, Hungary, Czechoslovakia, Germany, Holland, Belgium and British Isles are included in this unique collection.

For particulars regarding this, communicate with Captain Reid at Room 421, 73 Adelaide Street West, Toronto.

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Too Much "Party" Last Night

Too Much Food,
Late Hours.
Smoky Atmosphere

YET—*This Morning No "Acid Headache"—No Upset Stomach*

Scientists say this is the QUICKEST, SUREST and EASIEST way to combat FEELING THE EFFECTS of over-indulgence—the most powerful acid neutralizer known to science. *Just do this:*

TAKE—2 tablespoonfuls of Phillips' Milk of Magnesia in a glass of water BEFORE bed. In the morning take 2 more tablespoonfuls with the juice of a WHOLE ORANGE. That's all! Tomorrow you'll feel great!

Or take the equivalent amount of Phillips' Milk of Magnesia tablets. Each tablet is equal to a teaspoonful of the liquid.

Get genuine Phillips' Milk of Magnesia in the familiar liquid form, or the new, marvelously convenient tablets. Be sure it's PHILLIPS . . . the kind doctors endorse

NOW IN TABLET OR LIQUID FORM

MADE IN CANADA

U.S. to Construct Island For Planes

Washington. — Formerly fantastic dreams of ocean air travel with stopovers on man-made islands have achieved a basis of reality in an announcement by the United States Department of Commerce that it plans to build one island, and perhaps five, in an effort to speed traffic across the Atlantic.

The public works administration has allotted $1,500,000 to the aeronautics division of the commerce department to erect the first island about 500 miles off the eastern coast as an experiment.

If it is as successful as officials expect, it is to be the first stopping place on a government-owned and controlled trans-Atlantic airway. The route of this would be from the vicinity of Norfolk, Va., to Spain.

The first island—known as a seadrome—will be only one-fourth the eventual size, about half an ordinary city block. It is to be completed in four months, after which actual flying tests will be started. A full-sized seadrome would cost $6,000,000 and the total project $30,000,000.

State Department approval is expected momentarily, Secretary Roper said and no international difficulty is believed likely, since the seadromes would be open to aircraft of all countries on payment of a toll charge.

Yield not to calamity, but face her bodly.—Virgil.

PRICE REDUCTION!

—and Poker Hands, too!

All packages now contain more tobacco

It *pays to* "Roll Your Own" with

TURRET
FINE CUT
CIGARETTE TOBACCO

Imperial Tobacco Company of Canada, Limited

SAVE THE POKER HANDS

Good Way To Stop Acid Stomach

Any druggist will tell you the best way to stop acid stomach and indigestion is to take a little Bisurated Magnesia in water after meals. This will stop your indigestion and sweeten the stomach, get rid of gas and belching in no time. Ask any druggist.

Important News For Quebec Women

Macmillan Report on Banking Recommends Removal of Restriction

Ottawa.—A blow for Quebec women is struck in the Macmillan report on banking and currency which recommends the removal of Section 95 of the Bank Act restricting deposits from married women in Quebec to $2,000. A Quebec provincial law forbids married women making bank deposits without the consent of their husbands.

Section 95 states that deposits from persons suffering such legal disability under provincial laws, may deposit only up to a maximum of $2,000. The Canadian Alliance for Women's Votes presented a brief to the commission when it sat in Montreal, calling attention to the fact that no special restriction was placed upon Quebec married women depositing in post office savings banks. They asked that the restriction be removed from the bank act, and the commission recommended that the section be amended accordingly.

The text of the report on this point follows:

At Montreal a special point affecting the rights of married women in the Province of Quebec was brought to our notice by the Canadian Alliance for Women's Votes. Section 95 of the Bank Act which authorizes a bank to receive deposits from, and to repay deposits to, persons under legal disability provides in the third subsection as follows:—

"If the person making any such deposit could not, under the law of the Province where the deposit is made, deposit and withdraw money in and from a bank without this section, the total amount to be received from such person on deposit shall not at any time exceed the sum of two thousand dollars."

As, under the law of the Province of Quebec, a married woman could not, apart from section 95, deposit or withdraw money without her husband's consent, the effect of the subsection just quoted is that in this Province a married woman cannot without her husband's consent deposit more than $2,000 in a bank.

Apparently under the Dominion Post Office legislation a married woman is under no disability as regards the amount which she may deposit in the Post Office Savings Department, and may make deposits up to the limit of $5,000 which applies generally. We were asked to recommend that in the case of married women in the Province of Quebec the limitation on deposits in the banks to $2,000 should be removed and an unlimited right to deposit conferred, without the requirement of the husband's consent We think that this is a reasonable request and we recommend that section 95 (3) be amended accordingly.

HOW TO AVOID ILLNESS

When you begin to feel fagged out at the end of the day, look out. Illness is just around the corner waiting to lay you low. At times like this there's nothing like Wincarnis, the great tonic that has won over 20,000 recommendations from medical men.

Wincarnis is a delicious wine, not a drug. In each bottle there are all the nourishing elements of 2½ lbs. of grapes added to the strengthening elements of beef and guaranteed malt extracts.

These elements in Wincarnis will quickly restore lost energy. They will help you to sound sleep, vigorous awakenings and active, enjoyable days. Drink this delicious wine regularly three times each day, and soon years will drop from your shoulders.

To pick you up when you are out of sorts, to soothe your nerves, enrich your blood, or in cases of nervousness, insomnia, anaemia and debility, take Wincarnis. At all druggists — Sales Agents: Harold F. Ritchie & Co. Ltd., Toronto. 19

RHEUMATISM GOT HIM

80-years-old Pianist is Relieved by Kruschen

Although old age has not yet kept this man from his occupation as a pianist, rheumatism did threaten to do so recently.

"Two years ago," he writes, "I was suddenly taken with rheumatism, all down my left arm. I tried many things—all to no purpose. I then commenced taking a half-teaspoonful of Kruschen Salts every morning, and soon felt benefit. My arm, which was painful and nearly useless, to my astonishment is now, after a few weeks' treatment, quite better. I am more than pleased, as I am a pianist, and playing made matters worse. I am just entering my 80th year, and am in good health."—G. L. A.

The six mineral salts of Kruschen have a direct effect upon the whole bloodstream, neutralizing uric acid, which is the recognized cause of rheumatism. They also restore the eliminating organs to proper working order, and so prevent constipation, thereby checking the further formation of uric acid and other body poisons which undermine the health.

Hypnotism is Used to Reduce Weight And Stop Smoking

Oxford, O.—And now science is using hypnotism—in the laboratory at least—to aid in regulating the diet so that a girl may have a figure slim enough to be fashionable.

Professors E. F. Patten and S. A. Switzer, Miami University psychologists, experimenting on reaching the unguarded recesses of the human mind during hypnosis, are helping their laboratory subjects not only to remove excess weight, but also to overcome self-consciousness and to cut down on their smoking.

Their six years of laboratory work based partly on that of Dr. Hull at Yale, has dealt chiefly with "post-hypnotic suggestion," in which a subject carries out actions upon waking which were suggested during the hypnotic state.

For example, a girl subject wanted to lose some weight; during a hypnotic trance it was suggested that she stop eating starchy foods. Later, some fattening foods became extremely distasteful to her and she regained her slim figure.

An amateur actor who was suffering from stage fright, after receiving suggestions under hypnosis, finds his acting is better. A boy who had trouble gettig up early now rises at 7 a.m., and several persons who wanted to smoke less have been helped.

Tested Eczema Remedy

Is Prescription of Doctor

Your skin trouble—whether it is eczema, acne, hives, dandruff, ringworm infection or pimples and blotches—will be positively benefitted by D.D.D., because D.D.D. is a tried and tested Physician's Prescription. D.D.D. was developed originally for his own patients by Dr. D. D. Dennis. It is now manufactured by the makers of Campana's Italian Balm. In 35 years D.D.D. has brought clear, healthful skins to millions. At druggists. Trial size 35c. Guaranteed to give instant relief—money refunded. 4

ISSUE No. 47—'33

YOUR HIDDEN TROUBLE

Incomplete elimination of body wastes exists to a far greater extent than is generally realized. Even people with the most regular habits often suffer from this condition. Incomplete elimination is why you often feel weak and weary, or suffer headaches and indigestion. The sure way to correct this condition is to follow the Andrews Rules of Health. Eat moderately. Get enough sleep, fresh air, and exercise to satisfy your body—and, once or twice each week take a bracing, sparkling glass of Andrews Liver Salt. Andrews Liver Salt will keep you in the pink of condition by helping Nature to keep your system in thorough working order. Your druggist sells Andrews in tins at 35c and 60c and the new, large bottle, 75c. Sole Agents: John A. Huston Co., Ltd., Toronto. 3

Record Broken Footwear Output

Production in Canada Exceeded 2,000,000 Pairs for Two Months

Ottawa.—"The August and September production of leather footwear has broken all Canadian records. The output in each month exceeded two million pairs," declares Hon. H. H. Stevens, Minister of Trade and Commerce.

"Never before has the production for any month reached the two million mark."

"This is an industry which is making marked progress," commented the minister. "The production in the first nine months of 1933 was 15,071,463 pairs, a gain of eight per cent. over the same period of 1932."

A Shilling a Day Is Thing of the Past

London.—The War Office is going to introduce new methods into recruiting. More centres will be opened throughout the country.

A War Office official said to a newspaper representative recently: "There still exists a belief that a soldier gets only a shilling a day.

"A corporal, aged 25, receives at least 21s. 6d. a week and 47s. 6d. if he is a tradesman, in addition to free food, accommodation, clothing, and certain allowances."

Diner—Waiter, there's a button in my soup. Waiter (ex-printer)—Typographical error sir; it should be mutton."—Legigh Burr.

THAT DEPRESSED FEELING IS LARGELY LIVER

Wake up your Liver Bile —Without Calomel

You are "feeling punk" simply because your liver isn't pouring its daily two pounds of liquid bile into your bowels. Digestion and elimination are both hampered, and your entire system is being poisoned.

What you need is a liver stimulant. Something that goes farther than salts, mineral water, oil, laxative candy or chewing gum or roughage which only move the bowels—ignoring the real cause of trouble, your liver.

Take Carter's Little Liver Pills. Purely vegetable. No harsh calomel (mercury). Safe. Sure. Ask for them by name. Refuse substitutes. 25c. at all druggists. 53

Classified Advertising

STAMPS.

STAMPS: 120 DANDY VARIETIES, Liberia, Nyassa, Airmail; many Pictorials; only 25c. Approvals: D. Bruce, 2518 15½ Street N.W., Calgary, Alberta.

PATENTS.

AN OFFER TO EVERY INVENTOR. List of wanted inventions and full information sent free. The Ramsay Company, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

The analyses of samples of milk of 142 mares at Edinburgh, Scotland, showed no marked differences in the composition of the milk of British and continental mares.

BEFORE BABY COMES

A mother is a mother before her child is born. SCOTT'S EMULSION furnishes an abundance of the necessary Vitamins A and D for health and strength of mother and child.

SCOTT'S EMULSION
RICH IN VITAMINS
12-33

NERVOUS WOMEN
Take Lydia E. Pinkham's Vegetable Compound

"I am so nervous it seems as though I should fly" . . . "My nerves are all on edge" . . . "I wish I were dead" . . . how often have we heard these expressions from some woman who has become so tired and run-down that her nerves can no longer stand the strain.

No woman should allow herself to drift into this condition if she can help herself. She should give Lydia E. Pinkham's Vegetable Compound a trial. For nearly sixty years women have taken this wonderful tonic to give them renewed strength and vigor.

98 out of every 100 women who report to us say that they are benefited by this medicine. Buy a bottle from your druggist today . . . and watch the results.

Cuticura Soap
World-Famous for Daily Toilet Use
Price 25c.

Buck That
Cough or Cold
With Buckley's

It costs only a few cents to knock out a cough or cold with BUCKLEY'S MIXTURE, because Buckley's is so supremely good that only a few doses are needed to subdue the toughest cough or cold. And Buckley's can be diluted with three times its volume of water making it go still further.

Will not upset your stomach. Just safe, sure, instant relief from coughs, colds, 'flu or bronchitis. Play safe. Refuse substitutes. Buckley's is sold everywhere.

High School Boards and Boards of Education
Are authorized by law to establish
INDUSTRIAL, TECHNICAL AND ART SCHOOLS
With the approval of the Minister of Education

DAY AND EVENING CLASSES
may be conducted in accordance with the regulations issued by the Department of Education.

THEORETICAL AND PRACTICAL INSTRUCTION
is given in various trades. The schools and classes are under the direction of AN ADVISORY COMMITTEE.

Application for attendance should be made to the Principal of the school.

COMMERCIAL SUBJECTS, MANUAL TRAINING, HOUSEHOLD SCIENCE AND AGRICULTURE AND HORTICULTURE are provided for in the Courses of Study in Public, Separate, Continuation and High Schools, Collegiate Institutes Vocational Schools and Departments.

Copies of the Regulations issued by the Minister of Education may be obtained from the Deputy Minister, Parliament Buildings, Toronto.