Woman's World

By Mair M. Morgan

Making Hamburg Steaks Interesting

It is all too easy to slump into a rut when preparing dishes such as hamburg steak. Consequently this nutritious dish is under a handicap in most families. Here are a few seasoning hints that you may not have tried.

Unless the meat is to be used very soon after it is brought from the market, it's a good idea to put to through the food chopper yourself. Chopped meat loses much of its juice and flavor if allowed to stand for some time. After chopping add 1 teaspoon salt, ¼ teaspoon pepper and ½ cup milk to 1 pound chopped meat. This addition of liquid insures juicy hamburg after cooking. A few drops of onion juice may be added, or an onion, a few sprigs of parsley or a green pepper may be put through the food chopper with the meat. It's the variety in seasoning and sauces that makes Hamburg steak into different dishes.

Broiled Meat Cakes

Prepare meat as suggested and shape in eight flat round cakes. Cook five to eight minutes under the gas flame, turning once or panbroil in a hot, lightly oiled frying pan, turning frequently at first and afterward occasionally, allowing ten to fifteen minutes, depending on whether the cakes are liked "rare" or well done. Put on a hot platter, spread with butter and serve.

Mock Fillet Mignon

Prepare meat as suggested and shape in four round cakes about an inch thick. Wrap a slice of thinly sliced bacon around each cake and broil under the gas flame eight to ten minutes. Always pre-heat the broiler before broiling any kind of meat.

Savory Meat Cakes

Remove seeds and white pith from a green pepper. Chop flesh and cook three minutes in 2 tablespoons butter. Add to 1 pound chopped meat with 1 teaspoon salt and ¾ cup canned tomatoes, omitting pepper and milk from foundation rule. Shape in flat cakes and pan-broil in hot, oiled frying pan.

Creamed Hamburg

One cup thin cream, 1 cup chopped meat, 1-3 teaspoon salt, few grains pepper, 4 slices toast.

Bring cream to the boiling point. Add meat and cook and stir until meat is lightly colored. Add salt and pepper, pour over toast and serve at once.

The Newest Make-Up

Many tips in new fall feminine make-up were given by Myndall Cain, Minneapolis beautician, who was on the program of the National Hairdressers and Cosmetologists Association in annual convention at Chicago. Here are some of them:

Delicate Beauty

The fall ideal in make-up is to copy the delicate fragile beauty of the women of the Victorian era, yet retain the vitality of 1933.

Make-up—rouge, lipstick and powder—is lighter in color this fall.

Beauty patches are back. They are worn to accent the most attractive feature, but generally are placed near the eyes when the hat is small and close to the mouth when the hat is large.

Combs Again

Combs—yes, fancy, jewelled combs and the plain school girl tortoiseshell variety—are back, too.

An illustration of the new hair ribbon vogue was described for evening wear. With a white evening gown, flat tailored white ribbon bows were pictured as worn at the temples.

Finger nails may still be brilliantly colored, but the new fad in application of the polish is to cover the entire nail, leaving no white tip and sometimes no white moon at the base of the nail.

The new bob is longer—two inches below the ear lobe, but—the bob is not worn long. Instead, the hair is dressed up iln back and held in place with combs and barrettes.

Successful Pastry Making

A few years ago some dietitians regarded pie crust with much disfavor and proclaimed it as indigestible. Now nutrition specialists tell us that well-baked pastry is as completely digested by the normal healthy individual as any other form of baking.

The ideal pie crust is flaky and tender. In appearance it is a golden brown color around the edge and somewhat lighter brown on the bottom. Its surface is rough, almost blistered rather than smooth and firm. It should be crisp throughout.

Pie fillings seldom give the inexperienced baker as much trouble as the crust. Good pastry is not just luck nor mere guess. Careful methods and accurate measuring are as essential for pie crust as for any other variety of baked foods.

Plain Pastry

There are several kinds of pastry—plain, rich and puff or French. The average pie, however, is made with plain pastry and the woman who masters this branch of pastry making can be well satisfied.

A good bread flour makes a flakier crust than pastry flour Pastry flour makes a crumbly, tender crust. Of course, either variety can be used with satisfactory results.

A good quality of shortening should be used because this largely determines the flavor of the crust. Lard or vegetable fat is used as preferred.

The proportion of fat and flour with the minimum amount of water is of great importance, but the method of mixing the ingredients also must be painstakingly observed. The tendency to overmix the materials is usually the beginner's worst fault. A pastry blender is a decided help to the novice because it prevents the fat from warming and softening.

How to Add Water

The addition of water is another ticklish point. Too much water makes a heavy, tough dough. Toss the mixture lightly, using no pressure and adding water a little at a time until all the particles are dampenel. Water must be added in such a way that it is evenly distributed among all the little flour-coated particles of fat. Then press the dampened edges together to see if they will stick. If they remain apart, sprinkle a few more drops of water through the mixture.

Always work as quickly as possible, reducing both the time and the handling of the dough to a minimum.

Cold ingredients and utensils are also important factors in the making of tender, flaky pie crust.

Use one and one-half cups flour, one-half cup shortening, ½ teaspoon salt and four tablespoons cold water to make one eight-inch double crust pie.

Coaxing the Sick Child's Appetite

To lure the laggard appetite of the sick child back to the borderland of health is often a difficult problem for the worried mother. Eggs, milk, gruels, broths and fruit juices, cereals and custards sound fairly varied, but try serving them over a period of days and see how monotonous they become.

An ill child loves pretty dishes and food attractively served. If, in addition to this, some little surprise which appeals to his imagination is added, it will divert his mind and he will not only eat the food with more relish, but will look forward to its coming.

Egg in a Cabin

The familiar poached egg ceases to be just the regular egg when served in a little log-cabin made from sticks of toast. Put the egg, after poaching, on a hot plate, then pile toast sticks, log-cabin fashion, in a square around the egg. The toast will disappear like magic with the egg.

The egg in a nest is another way to serve eggs that is sure to appeal. To make this toast a piece of bread cut a little thicker than for rdinary toast. From its centre cut a good-sized square, leaving only a thin layer on the bottom. Separate the white from the yolk of an egg. Beat the white until stiff and put it into the hollow square which has been cut out of the toast. Slip the unbroken yolk deep into the white of the egg. Put into the oven until the white of the egg is well browned and the whole is hot throughout. If there is no objection to a small amount of salt in the diet, the egg will be more palatable if lightly seasoned with salt before putting into the oven.

Sunday School Lesson

Lesson IX.—November 26. Paul in Corinth.—1 Cor. 1:10-18; 2:1-5.

GOLDEN TEXT—I determined not to know anything among you, save Jesus Christ, and him crucified.—1 Cor. 2: 2.

THE LESSON IN ITS SETTING.

Time and Place.—Paul's year and a half in Corinth, A.D. 51, 52.

"Now I beseech you, brethren, through the name of our Lord Jesus Christ." Paul does not command, he beseeches. 'The name' means 'all that Jesus Christ is in himself, and stands for to you and me.' "That ye all speak the same thing, and that there be no divisions among you." By speaking the same thing, Paul means agreeing in spirit. "But that ye be perfected together in the same mind and in the same judgment." The word translated 'perfected' is a term that would be used of putting in place a dislocated limb. 'Mind' here translated 'feeling'; they were to feel and think together. 'The unity which Paul desired was a union in faith and love. Considering the relation in which Christians stand to each other as the members of Christ, dissensions among them are as inconsistent with their character as conflict among the members of the human body."

"For it hath been signified unto me concerning you, my brethren, by them that are of the household of Chloe, that there are contentions among you." We know nothing of Chloe, nor of the occasion which brought members of her household to Ephesus. He insists on Christian brotherhood, no matter what differences of opinion may exist.

"Now this I mean." There might be dissensions in regard to doctrine, or in regard to practice, or in regard to persons. Paul implies that the last cause is at the bottom of the troubles in Corinth. "That each one of you saith, I am of Paul; and I of Apollos; and I of Cephas; and I of Christ." Apollos was an eloquent and learned Jew of Alexandria, who became a disciple of John the Baptist. Cephas was the Aramaic name of Peter, both meaning 'a rock.'

"Is Christ divided?" Christ belonged to the whole church. In our country, with its two hundred different Protestant denominations, we need to cultivate Christian fellowship and practise Christian co-operation most zealously, or we shall virtually have two hundred different Christs. "Was Paul crucified for you?" The death of Christ for the sins of all men should be a bond uniting the souls of all Christians and preventing any dissensions. "Or were ye baptized into the name of Paul?" The water of baptism, the same for all, should join them all together.

"I thank God that I baptized none of you, save Crispus and Gaius." Crispus was the former ruler of the synagogue (Acts 18: 8), and Gaius is mentioned in Rom. 16: 23 as Paul's host. It was for some special reason that Paul baptized these.

"Lest any man should say that ye were baptized into my name." Paul counted himself 'less than the least of all saints.'

"And I baptized also the household of Stephanas.' This family is mentioned with special affection and honor at the close of the Epistle, I. Cor. 16: 15, 17. "Besides, I know not whether I baptized any other." Paul had not been keeping account of baptisms.

"For Christ sent me not to baptize but to preach the gospel. 'So little concern have I with baptizing, that it is not properly part of my mission.' "Not in wisdom of words, lest the cross of Christ should be made void." The cross, the atonement, is Christianity, and it can be made nugatory by pride of human learning.

"For the word of the cross is to them that perish foolishness." The message of the cross is foolishness to the wonder-seeking Jew and the wisdom-seeking Greek. "But unto us who are saved it is the power of God." That which, in point of fact, has made God known is the cross of Christ.

"JESUS CHRIST, AND HIM CRUCIFIED," 1. Cor. 1: 26—2: 8.

Spirit and Power.—"And I, brethren, when I came unto you." From his stay in Athens, described in our last lesson. "Came not with excellency of speech or of wisdom." Paul has just said that the Christians are humble folks, who rest entirely on God for their wisdom. "Proclaiming to you the testimony of God." The testimony in regard to God, namely, what he has done in Christ for the salvation of men.

"For I determined not to know anything among you, save Jesus Christ, and him crucified. On coming to Corinth, with his failure in Athens fresh in memory, he had resolved that he would never again preach the gospel with wisdom of words, lest the cross of Christ should be made of none effect.

"And I was with you in weakness, and in fear, and in much trembling." St. Paul was physically weak and liable also to nervous weakness and depression (I. Cor. 4: 7-12; Gal. 4: 13; 2 Cor. 10: 1, 10; 12: 7, 10).

"And my speech and my preaching were not in persuasive words of wisdom." He did not attempt to be eloquent or argumentive. "But in demonstration of the Spirit and of power." Demonstration of the truth springing from the Spirit and power of God.

"That your faith should not stand in the wisdom of men, but in the power of God." Which is another way of saying that we shall be, each one of us, a relaying station in the plan by which the good news of God is to be made available for all men.

Fond Hearts Torn Apart

Mrs. Fahrney Pickering, young Illinois heiress, who was dragged from an ocean liner when she tried to sail with her fiance, Count George di Georgio, who was being deported.

Woman of Philippines Given Right to Vote

Manila,—Suffrage was granted women of the Philippines last week, marking the first extension of the right to vote to the women of an Oriental country.

Enfranchisement came through the action of the Insular Legislature. It passed the suffrage bill on recommendation of Governor-General Frank Murphy, former mayor of Detroit. Women will be placed on the same electoral basis as men.

"Women have given ample proof of their capacity for unerring appraisal and energetic action in the treatment of problems involving personal and human relaitonships," Governor Murphy said.

Spanish Women Want World Peace

Madrid.—A group of women representing the league for world peace have presented a petition to the international conference asking definite action against wars.

They proposed that Spain head a movement to utilize Madrid, Seville and Barcelona as three capitals of peace.

Passenger Air Service For Atlantic by Spring

London.—Hope for the inaugura- next Spring of the first transatlantic passenger airplane service along the northern route planned by Colonel Charles A. Lindbergh was expressed recently in British air circles

It was also reported Lindbergh himself will probably pilot the first plane in the service. Denmark wil probably be the European terminal for the planes, with Iceland as a way station, according to current expectations.

Women often pause to reflect—but only when they see a mirror.

COMMENTS EVENTS

AROUND THE DIAL

By AUSTIN MORAN

The Ups and Downs of Radio Life

Fate has made a football of B. A. Rolfe, veteran band master, hurling him to the heights one day and knocking him out of bounds the next. But through all life's tough plays he manages to score whenever disaster threatens. Again in the ascendancy, Rolfe has succeeded because of holding to Albert Payson Terhune's thought, "Courage consists in hanging on one minute longer". It is Rolfe's guiding principle in life. Incidentally the very B.A. has been a millionaire twice during his career as a director of the foremost bands in the country.

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Yours Truly "Graham"

Graham McNamee, mike-master, might today be a star salesman for a meat packer instead of a star broadcaster if he had a good control over horses as he has over his voice. In early manhood he toured the countryside in the interests of a large packing concern. On his first trip the horse ran away. And in the next twelve months, he wrecked twleve buggies and his career as a star salesman at the same time.

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Sidelights

Paul Whiteman, averages five hours sleep a night . . . Even his wife Margaret Livingston, can't get a word out of him in the morning until he has bathed, shaved and dressed and has two cups of coffee . . . Is a fastidious dresser and has a wardrobe of twenty-five suits.

Jack Pearl . . . Baron Munchausen, ascribes to the little wife proper part in his success but regards her not only as his severest critic but toughest audience. Frequently he tries out new radio gags on Mrs. Pearl, knowing that a snicker from her is equivalent to a guffaw in the studio. For Mrs. Pearl is the former Winifred Desborough, a professional who knows all the funny answers.

Frank Black, musical director for NBC has a unique desk ornament which consists of a mounted "eight-ball" from a billiard table.

Deems Taylor, music critic, composer, narrator and master of ceremonies, spends his spare time fashioning furniture in his Stamford, Conn., home.

"IN THE AIR"

Radio's All-Star Presentations

WAVE LENGTHS

Station	Metres	Kilo-Cycles
CKNC, Toronto	291	1030
CFCF, Montreal	291	600
CFCH, North Bay	322	930
CFCO, Chatham	297	1210
CFRB, Toronto	435	690
CKAC, Montreal	411	730
CKCR, Waterloo	465	645
CRCT, Toronto	312	960
CHML, Hamilton	340	890
CRCO, Ottawa		1010
CKOC, Hamilton	475	1010
CKPC, Preston	341	930
CKLW, Windsor-London	555	540
CPRY, Toronto	357	840
KDKA, Pittsburg	306	930
KMOX, St. Louis	275	1090
KYW, Chicago	294	1020
WABC, New York	349	860
WBBM, Chicago	389	770
WBEN, Buffalo	333	900
WEAF, New York	452	660
WENR, Chicago	345	870
WGR, Buffalo	545	550
WGY, Schenectady	379	790
WHAM, Rochester	261	1150
WKBW, Buffalo	202	1480
WJZ, New York	394	760
WJR, Detroit	400	750
WLW, Cincinnati	428	700
WMAQ, Chicago	447	670
WTAM, Cleveland	280	1070

These programs are subject to change without notice.

THURSDAY.
Eastern Standard Time.

P.M.
8.00—Rudy Vallee ..... CRCT
Captain Diamond ..... WJZ
8.30—Harlem Serenade ..... CFRB
9.00—Grenadiers ..... CRCT
WJAS Dedication ..... CFRB
Show Boat ..... WBEN
9.30—Dramatic Guild ..... CFRB
10.00—Willard Robinson ..... CFRB
Paul Whiteman ..... CRCT

FRIDAY.
8.00—Rosario Bourdon ..... CRCT
8.30—Jimmie Johnson ..... CKNC
March of Time ..... WGR
9.00—Fred Allen ..... WBEN
Irvin S. Cobb ..... WKBW
9.30—Gems from Lyrics ..... CRCT
Football Show ..... WGR
Victor Young's Orchestra. WBEN
10.00—Olsen and Johnson ..... WKBW
First Nighter ..... WBEN
10.30—Lum and Abner ..... WBEN

SATURDAY.
6.00—Meet the Artist ..... CFRB
8.00—"K-7" ..... WBEN
8.30—Bridges of Paris ..... CRCT
9.00—Triple Bar-X Days ..... CFRB
Baron Munchausen ..... WBEN
9.30—Leo Reisman ..... WBEN
Singing Strings ..... CKNC
10.00—Dancing Party ..... CRCT
10.30—George Jessel ..... CFRB
11.00—Vancouver Frolic ..... CRCT

SUNDAY.
2.00—Broadway Melody ..... CFRB
Gene Arnold ..... WBEN
2.30—Hollywood Show ..... CFRB
3.00—Philharmonic Orchestra .. CFRB
Opera Concert ..... CRCT
4.30—Hoover Sentinels ..... CRCT
5.00—Roses and Drums ..... WKBW
5.30—Crumit and Sanderson ..... WGR
7.30—Joe Penner ..... WJZ
8.00—Jimmie Durante ..... CRCT
Freddie Rich ..... WGR
9.00—Seven Star Revue ..... WGR
9.30—Album of Music ..... CRCT
10.00—Jack Benny ..... WBEN
Sunday Hour ..... CKNC
11.00—Fireside Hour ..... CRCT

MONDAY
8.00—Syrup Symphonies ..... CFRB
Blackfoot Trails ..... CKNC
8.30—Bing Crosby ..... WGR
Canadianettes ..... CRCT
9.00—A. & P. Gypsies ..... WBEN
Gaiety and Romance ..... CRCT
9.30—Big Show ..... CFRB
Ship of Joy ..... WBEN
10.00—Contented Hour ..... CRCT
Wayne King ..... WKBW

TUESDAY.
8.00—Crumit and Sanderson ... WBEN
8.30—Wrigley Hour ..... CFRB
Wayne King ..... WBEN
9.00—Ben Bernie ..... WBEN
California Melodies ..... CFRB
9.30—Nino Martini ..... CFRB
Don Vorhees Orchestra .. WBEN
10.00—Legend of America ..... CFRB
Lives at Stake ..... WBEN
11.00—Moonlight on Pacific ..... CRCT

WEDNESDAY.
8.00—Bert Lahr ..... CRCT
8.30—Albert Spalding ..... CFRB
Waltz Time ..... CRCT
9.00—One Hour With You ..... CRCT
9.30—Burns and Allen ..... WKBW
Leo Reisman ..... WBEN
10.00—Ortiz Tirado ..... CRCT
Corn Cob Club ..... WBEN
Harry Richman ..... WKBW

BULOVA correct time daily over Stations CRCT—CKAC.

Rural Women Noted As World Examples

Hamilton. — "Women of rural Ontario will be held up as an example to women of all parts of the world," G. A. Putnam, superintendent of Women's Institutes for Ontario, said, in addressing the Hamilton area, Women's Institutes annual convention at the Royal Connaught Hotel here last week

"You are on sound ground," he assured his audience, "and are grasping every opportunity for betterment with a determination that speaks well for the future not only of the women of this land, but for the people in general. Ontario Institutes are looked to by the women of this province—and of the world," the speaker said

More Than 30 Victims U.S. Football Death Toll

New York.—Mid-season in American football and the toll of fatalities runs more than 30, all among high school and sand-lot players. No college men have met their deaths on the playing fields. An incomplete list shows that throughout the country 31 young men, mostly between the ages of 16 and 20, have died this fall.

Civic Office for Women

Winnipeg.—"You have to have some courage to run for civic office, I've found that out," Dr. Ellen Douglas, women's party aldermanic candidate told the business and professional women's club here. She qualified her statement by saying "we have to put up with so much razzing."

Out of a Job But Is Not Worrying

New York.—Mayor John P. O'Brien will be out of a job on January 1 but he isn't exactly worrying about the future. His 32 years service with the city entitles him to a yearly pension of $14,933.12.

MUTT AND JEFF— By BUD FISHER

The Typewriter Knows Its Alphabet.