HOW TO FIND OUT IF YOU HAVE ACID STOMACH

HERE ARE THE SIGNS:

Nervousness, Neuralgia, Indigestion, Loss of Appetite, Nausea, Frequent Headaches, Feeling of Weakness, Sleeplessness, Mouth Acidity, Sour Stomach, Auto-intoxication

WHAT TO DO FOR IT:

TAKE—2 teaspoonfuls of Phillips' Milk of Magnesia in a glass of water every morning when you get up. Take another teaspoonful 30 minutes after eating. And another before you go to bed.

OR—Take the new Phillips' Milk of Magnesia Tablets — *one tablet* for each teaspoonful as directed above.

If you have Acid Stomach, don't worry about it. Follow the simple directions given above. This small dosage of Phillips' Milk of Magnesia acts *at once* to neutralize the acids that cause headache, stomach pains and other distress. Try it. You'll feel like a new person.

But—be careful you get REAL milk of magnesia when you buy—genuine PHILLIPS' Milk of Magnesia. See that the name "PHILLIPS'" is on the label.

ALSO IN TABLET FORM

Each tiny tablet is the equivalent of a teaspoonful of Genuine Phillips' Milk of Magnesia.

MADE IN CANADA

Phillips' Milk of Magnesia

New Egg Grading Regulations

The foundation of a more prosperous poultry industry in Canada has been laid in the amendments to the egg grading regulations just announced by the Department of Agriculture. Conditions to-day are vastly different than they were when grading was first established in 1915. Now, because of years of educational effort, our average egg production is of much better quality than then and marketing conditions are entirely different. Therefor, to ensure all producers, both the average farmer and the poultry specialist being paid according to quality, the Department has most carefully worked out the changes now in effect.

The new regulations divide eggs into four grades, A1, A, B and C. A1 is a special grade which may only be packed by producers whose flocks are under government supervision. Grade A1 gives the poultryman who complies with the government regulations an opportunity to secure the premium price to which he is entitled. These regulations require cleanliness, care in feeding and management of the flock designed to ensure eggs of uniform high quality, and consumers purchasing eggs of this grade are thus assured of the highest quality. Grade A1 eggs can only be packed in sealed cartons by the producer or group of producers or marketing organizations as approved by the Department. This grade is divided into three weights, "Large," 24 ounces and up to the dozen, "Medium," 22 to 24 ounces to the dozen, and "Pullet," 20 to 22 ounces to the dozen.

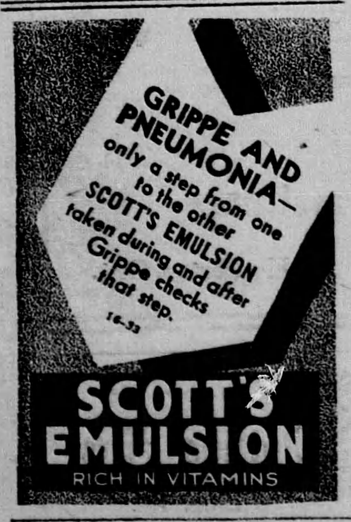
A grade covers the established trade in fresh eggs and is also divided into three weights. "Large," 24 ounces to the dozen, "Medium," 22 to 24 ounces to the dozen, and "Pullet," 18 to 22 ounces to the dozen. Reducing the minimum weight in this grade to 18 ounces entitles the producer to better returns for small eggs of 'A' grade quality. Changing the "Medium" weight minimum to 22 ounces also makes a more uniform spread between weights, the old "First" minimum being 22½ ounces.

Any word or expression denoting freshness can only be used in connection with Grades A1 and A and the word "New Laid" can only be used in conjunction with "Grade A1."

Cold storage eggs can only be sold in Grade B, which is divided into two weights, "Large," or 24 ounces and up to the dozen and "Medium," or 22 to 24 ounces to the dozen. Cold storage eggs smaller than 22 ounces to the dozen are classed in C grade, which comprises all eggs including cracks and soiled eggs not permitted to be graded into grades A and B but which are not unfit for human consumption.

Quality only distinguishable by candling and individual egg weights are stressed as well as the necessity for marking with the true grades all eggs offered for sale.

The new regulations are the result of much study by the Department and are a distinct advantage in the marketing of one of Canada's most valuable agricultural products.



Get Rid of Disfiguring PIMPLES BLOTCHES AND ALL SKIN RASHES WITH D.D.D.

Dr. D. D. Dennis' Liquid Prescription, made and guaranteed by the makers of Campana's Italian Balm. Trial bottle 35c at your druggist.

Down on Disease Farm

Most visitors use a farm for the study of health, but now there is to be one for the study of disease. It is the Buckstone Browne Research Farm of the Royal College of Surgeons, for which Sir George Buckstone Browne has provided £100,000, and it is adjacent to the house of Charles Darwin at Downe, Kent, England, presented to the nation by the same donor.

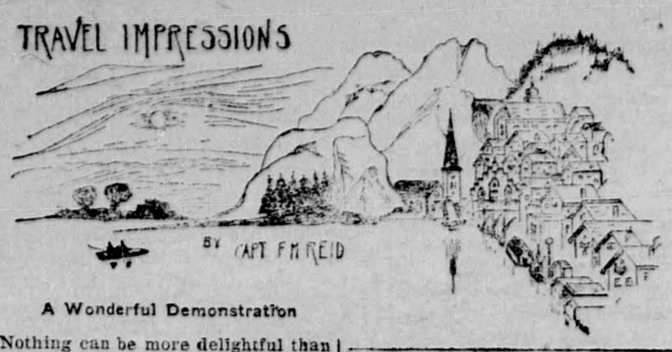
It is intended to make exact studies of normal growth, without which data the understanding of malignant and other abnormal growths seems impossible. For this purpose the farm will breed sheep, cattle, and the usual farm stock, and in a paddock will be a small herd of deer, the growth of whose antlers will be measured with X-rays.

Hen-coops on the well known principle of individual nests, so that it is known which hen laid which egg, will also be installed to provide individually identified and marked eggs for the college's research workers studying the growth of bone through tissue-culture—the cultivation of living cells in a test-tube.

New Egg Grading Kit

The new egg grading regulations are a great benefit to producers and the Handee Egg Grading Scale and Candler enables anyone to grade accurately. Know to what you are entitled—grading pays. Sent mailed complete with copy of new regulations $2.50 postpaid. Mitchell Poultry Supply Company, Mitchell, Ontario.

A pawnbroker's shop is always a place of interest.



A Wonderful Demonstration

Nothing can be more delightful than the Italian Riviera, which rivals in beauty its sister resort on the French coast of the Mediterranean. It extends from Ventimiglia around the half-moon shaped Gulf of Genoa to the Italian naval base of Spezia, about which I shall tell you another time.

Genoa, the most important port in Italy, if not on the Mediterranean, is situated midway on this crescent-like shore. It is the centre of the two Rivieras; that on the east being known as the Riviera di Levante and that to the west as the Riviera di Ponente. It is a fine city and was, at one time, one of the Mediterranean ports which dominated the shipping of the world. In the old town the network of narrow streets fascinate the visitor. These quaint and alley-like thoroughfares, although teeming with humanity and lined with business places on either side, are clean as compared with similar streets in Naples and other places.

Genoa claims to be the birthplace of Christopher Columbus and much interest is shown in his memory. In a little square there is to be seen the remains of a house, covered with a creeper, which is said to be all that is left of the birthplace of the great navigator. A huge park scheme is now in progress which will embody this little square in a general series of parks. This programme will abolish the unsightly houses that are in the vicinity and will provide a real memorial to the man whom Genoese people regard as their most prominent native son.

Genoa also possesses the finest monumental cemetery in the world; its close proximity to the marble quarries at Carrara making material for monuments vey cheap. Many Sculptors have devoted their art to the hundreds of pieces and groups of statuary that adorn the corridors of this wonderful place. A visit to the Campo Santo is not relished by everyone but you can see there what is, undoubtedly, the finest collection of memorials and you cannot help being impressed by the various conceptions of art, thought to be suitable, either by the sculptor or his patrons.

Right in the centre of the city, the basin of the River Brisagno cuts a wide ditch and, as it is usually dry, it seems to us to be a waste of valuable land. We were remarking on this to a friend in Genoa, who was accompanying our party to Alassio, and he told us that the river often overflowed, due to the fact that there was no watershed in the vicinity. We felt inclined to doubt his statement but had the proof within half an hour of the time the question was asked. We were held up at a level crossing—in Italy the gates do down when the train is expected to arrive and they remain down even if the train is overdue; somtimes cars will wait at a level crossing for over an hour. While we were waiting, a gentle rain began to fall, shortly afterwards followed by a smart shower and, in a few minutes we saw the miracle of the filling of the huge river bed. Down the sides of the hills came tiny streams, small waterfalls and dashing torrents—it was almost unbelievable. Huge boulders were torn from the hillside, sections of the roadway were washed out and, almost immediately, gangs of men set to work to make temporary repairs. The riverbed, which a short time before was parched, became the receptacle for a rushing body of water, emptying itself into the Mediterranean and changing the color of the water, near the shore, from a brilliant blue to a muddy gray. We were told that the river would soon resume its dry appearance, but that, for occurrences like this, it was a great sluice for controlling what would otherwise be a flood in the city.

It was a strange coincidence, a somewhat awe-inspiring spectacle but, after it was over, we appreciated the opportunity of seeing one of Nature's wonders, enacted, as it seemed, especially for our benefit.

Next week I should like to tell you about the blind geographer of Vichy.

Are you looking for something different in the way of entertainment for your church, society, club or institute?

Capt. F. H. Reid, the well-known traveller, who has been contributing the series of articles to this paper, under the heading of "Travel Impressions," has what is, perhaps, the finest collection of European views in the country. Pictures taken with his own camera, beautifully coloured, showing some of the out-of-the-way places, as well as the localities about which you have read and heard. Portugal, Spain, France, Italy, Switzerland, Austria, Jugoslavia, Hungary, Czechoslovakia, Germany, Holland, Belgium and British Isles are included in this unique collection.

For particulars regarding this, communicate with Captain Reid at Room 421, 73 Adelaide Street West, Toronto.

SHE LOST 32 lbs.

New Frocks No Longer Worried Her

"How did she lose that 32 lbs. of fat?" is what you will be asking. Let her tell you herself:—

"About 18 months ago I weighed 178 lbs.—which I can assure you annoyed me very much. Everything seemed a worry to me, especially new clothes. Nothing would fit me comfortably, and walking was unbearable. I was advised by a friend to try Kruschen Salts, and I am very glad I did, too. During the first ten months I lost 28 lbs. of fat. Now, for the last 6 months my weight has been 146 lbs., and I feel much better in health. I have all my weight tickets to substantiate my statements."—(Mrs.) M. P.

Kruschen contains those six mineral salts, proportionately balanced, found in the waters of those famous European Spas used by generations of fat people to reduce weight.

Kruschen helps blood, nerves, glands and body organs to function properly—you gain new strength and energy—feel years younger—look better, work better.

Candy and Gasoline Mingle in Train Wreck

Dryden, Ont. — Christmas candy destined to fill the stockings of Western children, mingled with gasoline and general merchandise in the railway yards here—aftermath of a freight wreck in which 16 box cars were smashed and 20 more derailed on the C.P.R. line.

A broken axle is believed to have caused the pile-up of the westbound freight, but this was not definitely established. The engine and several cars remained on the track and no one was injured.

Tank cars loaded with gasoline sent their volatile contents gushing out through huge breaks and pending the arrival of a wrecking crew the fire department stood by to guard against an outbreak. One careening car rammed into the freight shed wall and smashed it down. One car loaded with candy, all of which was strewn over the tracks.

Several cars were reduced to splinters, and rails on the eastbound track were torn up for some distance.

King to Open New Library in London

Over a Million Volumes of Non-Fiction to be Housed

The King and Queen are soon to open a magnificent new library in London.

The new building, the National Central Library in Malet-place, Bloomsbury, will be capable of housing a million volumes.

The library, which was first formed in 1916, has grown to tremendous dimensions. During 1932-33 it supplied no fewer than 61,639 books to borrowers, and received 200 to 400 applications a day.

No Fiction

The National Central Library acts as a lending library for public libraries and University libraries all over England. It also lends books to foreign countries and borrows from them.

The library is a non-fiction one. It received a Royal charter in 1931, and gets a small grant from the Government of £3000 (less a temporary reduction of ten per cent.) in connection with the information department and the compilation of a catalogue.

Among the functions of the library is to supply on loan to a library, or or in exceptional cases to individuals, books for study which cannot be obtained in any other way, also to act as an exchange or clearing house for mutual loan of such books between other libraries, and to act as a bureau of Bibliographical information both for national and international purposes.

The building, which will house this great library, is six storeys high, has an area of 50,000 square feet, and has cost over £50,000 to build.

The money has been provided by the Carnegie United Kingdom Trustees.

Air Space for Fowls

Chickens breathe a pint of air per minute, or 1.2 cubic feet per hour. It is calculated that each bird requires at least 40 cubic feet of air per hour to obviate the deleterious effect of carbon dioxide in the breathed air. The air requirement of a medium fowl weighing about 4.5 pounds seems to be much the same as that of a larger bird weighing 7.5 pounds.

WANTED

Potatoes. Apples, Onions, Cabbage, Carrots, Hay, Straw, Oats and other farm produce. When replying state quantity, grade and your lowest price to Produce Dept., Yale Fuel Company, Brock Ave. and C.N.R., Toronto.

Contends Eyes Do Not Show Emotion

Washington.—Don't look for a love-light in her eyes, because the eyes do not have it, says Dr. Knight Dunlap, Professor of Psychology at Johns Hopkins University.

She may have a "love-twist" in her lips, however.

Dr. Dunlap has been making experiments which include photographing persons in diverse emotional states—such as when smelling a dead rat, telling a funny story or hearing an unexpected pistol shot.

Each picture was dominated by the expression of the mouth, he said recently. The eyes showing nothing of the individual's emotion.

Whales Are Shrinking Norwegians Report

Oslo.—Whales, too, seem to have been hit by the depression. They are decreasing in size, according to the Norwegian whaling journal, "Norsk Hvalfangsttidende."

Measurements made sinse the season 1926-27, it says, show that whales of 70 feet and below, which then represented 22.22 per cent. of all caught, in the season 1931-32 represented no less than 60.50 per cent., while whales longer than 85 feet, which in 1926-27 represented 22.87 per cent. of animals caught, this last season has fallen to a percentage of 7.54.

FAGGED OUT? You Need WINCARNIS The GREAT TONIC

RECOMMENDED by 20,000 MEDICAL MEN

At all good Drug & Dept Stores Sales Agents Harold F. Ritchie & Co. Ltd., Toronto

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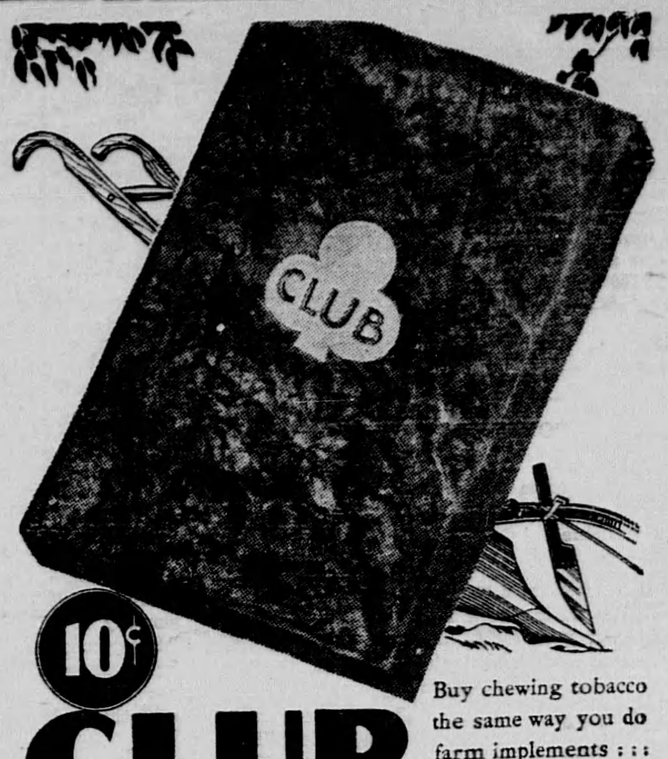

10¢ CLUB CHEWING TOBACCO

Buy chewing tobacco the same way you do farm implements : : : get the best you can for the money. There's longer lasting, richer flavour in Club Chewing Tobacco.

YOU MIGHT AS WELL CHEW THE BEST

SIMPLY WORN OUT?

Take Lydia E. Pinkham's Vegetable Compound

Can anything be more wearing for women than the ceaseless round of household duties? You have no time to be sick . . . you are tired . . . ailing . . . yet cannot stop. There comes a time when something snaps and you find yourself simply worn out.

Lydia E. Pinkham's Vegetable Compound will help you. Its tonic action will give you renewed strength, and will make your daily tasks seem easier to you.

98 out of every 100 women who report to us say that they are benefited by this medicine. Buy a bottle from your druggist today . . . and watch the results.

Buys Taxi to Get Room For Head

Long-Legged N.Y. Banker Buys 1919 Model in England

New York.—Aided by one of the most curious vehicles that ever set wheel to the sidewalks of New York, William H. Hamilton, a long-legged banker, has set up a one-man revolt against automotive progress.

Mr. Hamilton, sick and tired of having his hats crushed in modern, low-slung automobiles, with little or no head room, bought himself a London taxicab the last time he was over and it arrived recently.

The appearance of the vehicle, a 1919 model, with a high poop-deck, short wheelbase and rubber bulk horn, brought an outpouring of the populace around Gramercy square.

With his wife and two friends, Mr. Hamilton went barging around the park, luxuriating, no doubt, in the uncommon sensation of watching the meter tick merrily away in shillings and pence and knowing there would be nothing to pay at the end. The cab cost him $37.

Estimate Cut Of Wheat Crop

Storages Are Up—238,180,000 Bushels 1933 Production

Winnipeg.—Indicating a wheat crop of only 238,180,000 bushels in Western Canada, the estimate of the 1933 prairie wheat production made by the Northwest Grain Dealers' Association here is the smallest of current estimates.

The Dominion Government on Sept. 11, placed the western crop at 264,000,000 bushels, while the Searle Grain Co., Ltd., after indicating 269,000,000 bushels on Sept. 1, reduced this figure a week ago to 247,000,000 bushels. Disappointing returns, especially from northern areas of Alberta and Saskatchewan are said to be the reasons for the lower estimates now being made.

The grain dealers' estimate, however, is based on its own acreage figures of 24,055,600 acres, which is 1,000,000 acres less than government figures.

Ottawa.—Canadian wheat in store for the week ended Oct. 27 increased by 4,261,654 bushels as compared with the previous week, it is reported by the Dominion Bureau of Statistics.

The visible supply of wheat was reported at 249,502,238 bushels compared with a revised figure of 245,240,584 bushels for the previous week and 239,434,997 bushels for the corresponding week in 1932. The excess of 1933 visible supplies over those of comparable dates in 1932 has been gradually narrowing during the past few months and is now only about 10,000,000 bushels.

Classified Advertising

BUSINESS OPPORTUNITIES.

FOR SALE—ONE OF THE OLDEST established retail lumber businesses, located in one of the best towns in Ontario; planing mill in connection; very little opposition; good reason for selling; does not require much cash outlay. Apply Box 86, Room 421, 73 Adelaide St. West, Toronto.

MERCHANTS!

MERCHANTS! CROWDS FILL stores daily using "UNUSUAL ADVERTISING CONTESTS." Six contests sent, $1.00. Harry J. Penprase, St. Clair, Chatham, Ontario.

FURS!

QUEBEC MINK—VERY FINE stock. Prices on request. Delphis Bedard, Thetford Mines, Que.

AGENTS WANTED.

NEW FAST-SELLING HOME APPLIANCE, sells for $3.50, good commission. Write Acton Tool and Stamping Co., Limited, 122 Front Street East, Toronto.

AGENTS WANTED—MEN—WOMEN.

AGENTS WANTED TO HANDLE "Manufacturer to Consumer" Wearing Apparel. Eagle Outfitters, 231 Yonge St., Toronto.

PATENTS.

AN OFFER TO EVERY INVENTOR. List of wants inventions and full information sent free. The Ramsay Company, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

SALESMEN: NO MORE DOOR BELL RINGING

We'll Start You in a Profitable, Permanent, Wholesale Business.

Here's a line that you can sell to almost every store. Beautifully Carded 5c, 10c and 15c Counter Displays. No cut-throat competition. You can make a try out with as little as two dollars. Mention this paper. Write today.

TESTED PRODUCTS LIMITED, HAMILTON, - - ONTARIO

FINE REMEDY FOR ACID STOMACH

Four out of five people have acid stomach whether they know it or not. Pains after eating, belching, gas, and bloating are all signs of too much acid. A spoonful of Bisurated Magnesia after meals will overcome this condition within three minutes. Any druggist will tell you that. Try it and see.

A Few Sips—A Few Cents —Coughs, Colds Gone

BUCKLEY'S MIXTURE is not a *cheap* preparation, but it takes so little of it to completely banish a cough or cold that it costs far less than any other preparation.

Buckley's is so marvellously good that one dose gives unmistakable relief. Two doses may stop your cough or cold entirely. Good-bye to sickening syrups and dopey preparations. Take Buckley's. It means *safe, sure,* instant relief from coughs, colds, 'flu or bronchitis. "It acts like a flash—a single sip proves it." Play safe. Refuse substitutes. Buckley's is sold everywhere.

THAT DEPRESSED FEELING IS LARGELY LIVER

Wake up your Liver Bile —Without Calomel

You are "feeling punk" simply because your liver isn't pouring its daily two pounds of liquid bile into your bowels. Digestion and elimination are both hampered, and your entire system is being poisoned.

What you need is a liver stimulant. Something that goes farther than salts, mineral water, oil, laxative candy or chewing gum or roughage which only move the bowels—ignoring the real cause of trouble, your liver.

Take Carter's Little Liver Pills. Purely vegetable. No harsh calomel (mercury). Safe. Sure. Ask for them by name. Refuse substitutes. 25c. at all druggists.

Beecham's PILLS

The World Famous Remedy for LIVER & STOMACH TROUBLES