WHY not go home for Christmas? . . . Perhaps you haven't been there for years.

Restful cabins . . . comfortable public rooms . . . marvellous meals . . . and the perfect Cunard Personal Service await you in whichever class you travel on these popular ships.

SPECIAL CHRISTMAS SAILINGS

from MONTREAL *on*

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from HALIFAX *on*

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Low Round-Trip Fares

Cabin Class.....from $206.00
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Ask about our Special Christmas Excursions, from your local agent or from the nearest Cunard office 217 Bay Street, (Elgin 3471) Toronto

SAIL CUNARD ANCHOR-DONALDSON

3-B3

Are You WEARY?

Do you find it hard to do things some days? Days when body and brain feel oppressed? Incomplete elimination of body wastes is probably the reason. It is most likely the reason even though you are as regular as can be in your daily habits, because regularity is no guarantee of completeness. Follow these simple health rules: Eat moderately, sleep sufficiently, get lots of fresh air and exercise—and once or twice every week take a bracing, sparkling glass of Andrews Liver Salt. Andrews will purify and invigorate your whole system and help Nature end those tired, "headachey" days. Get Andrews Liver Salt from your druggist. 35c and 60c in tins. 75c for the new, large bottle. Sole Agents: John A. Huston Co. Ltd., Toronto. 2

Judging Babies Requires More Than Wisdom

New York.—As a city magistrate, Benjamin Marvin spends a great deal of time passing judgment upon various and sundry persons brought before him, but judging babies—that's something entirely different.

Asked to serve as a judge in a baby contest, the magistrate replied as follows: "Every baby is the prettiest baby in the world to its mother, and it would require more than the wisdom of a Solomon to select the prettiest child and at the same time please the mothers of the other babies. I'll stick to my own job, watching adults who pass before me. It's much easier.

Heaven and Earth

A wide, rich heaven hangs above you, but it hangs high; a wide, rough world is around you, and it lies very low.—Donald J. Mitchell.

"Life has commonly more unheroic than heroic features."—Adolf Hitler.

If Past 45

and "Low" and Upset Look for Acid Stomach

HERE ARE THE SIGNS:

Nervousness	Frequent Headaches
Neuralgia	Feeling of Weakness
Indigestion	Sleeplessness
Loss of Appetite	Mouth Acidity
Nausea	Sour Stomach

Auto-intoxication

WHAT TO DO FOR IT:

TAKE—2 teaspoonfuls of Phillips' Milk of Magnesia in a glass of water every morning when you get up. Take another teaspoonful 30 minutes after eating. And another before you go to bed.

OR—Take the new Phillips' Milk of Magnesia Tablets — *one tablet* for each teaspoonful as directed above.

If you have Acid Stomach, don't worry about it. Follow the simple directions given above. This small dosage of Phillips' Milk of Magnesia acts *at once* to neutralize the acids that cause headache, stomach pains and other distress. Try it. You'll feel like a new person.

But—be careful you get REAL milk of magnesia when you buy—genuine PHILLIPS' Milk of Magnesia. See that the name "PHILLIPS'" is on the label.

ALSO IN TABLET FORM

Each tiny tablet is the equivalent of a teaspoonful of Genuine Phillips' Milk of Magnesia

MADE IN CANADA

Phillips' Milk of Magnesia

Passing Marks in School Depends On Pleasing Teacher

So a Research Director Explains Why More Boys Than Girls Fail in Examinations

Cleveland. — More boys than girls, report the statisticians of the Cleveland Board of Education, invariably "flunk" school courses, but not because boys aren't as bright.

Here's the reason William L. Connor, research director, gives:

"Boys pester the teacher more, and she consciously or unconsciously takes it out on them in marking."

The latest survey of the board of education's bureau of child accounting bears out similar results obtained three years ago in showing that boys do not excel girls in a single subject, so far as the percentage who keep from "flunking" is concerned.

"Boys are as bright as girls," Connor maintains. "In fact, boys generally rate higher on tests than do girls. It just goes to show that passing marks in school depend upon pleasing teacher.

"The schools are set up in such a way that a premium is placed on conformity, and girls conform better than boys."

Duchess of York Eats Seaweed

Portree, Isle of Skye.—The Duchess of York ate seaweed one day recently.

The occasion was the lunch at the opening of the new hostel at Portree, presented by the Earl of Elgin. Every item on the menu, except coffee, came from the island of Skye.

Snipe cream and a special seaweed mould were the two delicacies

Skye lived up to its title of the Misty Isle. But the mist that gathered on the mountains did not damp the enthusiasm of the large crowds that awaited the arrival of the royal pair at the hostel.

The Duke of York, declaring the hostel open, said: "I have heard that its romance and beauty have earned for this island such titles as the Isle of Mist and Shadows, and the Isle of Glowing Morn.

"And now I should like to add another—the Isle of Kind and Loyal Hearts."

WIFE'S DELIGHT AT HUSBAND'S LOSS

30 Pounds of Fat!

Here is something all wives of fat men will be glad to know. It is the experience of a woman whose husband recently weighed 230 lbs. She writes:

"I really feel I must write and tell you that, after taking Kruschen Salts for nearly 3 months, my husband has got his weight down from 230 lbs. to 200 lbs. This has been achieved by nothing else but Kruschen. I am too heavy also, and I started taking Kruschen only three weeks ago. Already I have got down from 153 lbs. to 144 lbs. We are delighted." — (Mrs.) C.

Kruschen combats the cause of fat by assisting the internal organs to perform their functions properly—to throw off each day those waste products and poisons which, if allowed to accumulate, will be converted by the body's chemistry into fatty tissue.

Better Protection For the Family, Aim Of Chilean Measure

Santiago, Chile.—It is a long time since Congress has been asked to pass a law assured of so much disinterested support as that relating to the Propiedad Familiar. A group of deputies—conservatives, liberals and radicals alike—have presented a special bill in the chamber amending social legislation with respect to the family in all classes.

If the present family head loses his employment, drinks or is put in prison, the painful spectacle is presented of innocent women and children reduced to the utmost distress through no fault of their own. The idea of the bill is to constitute the family as a legal entity, the effects of which would not be subject to embargo, as it is under resent legislation.

Under the new law the family head will be compelled to inscribe his home at the national property office, listing his family and home effects. His misbehaviour or irresponsibility, even if it leads to conviction before the law, will not permit any family property to be embargoed nor the home to be broken up to satisfy an award for damages.

Where inveterate irresponsibility is proved the State will be empowered to intervene and provide for the maintenance of the family and the education of the children.

Coins made of an alloy of chromium and nickel, which is non-corrosive, may be tried by at least two foreign Powers. Such coins would be very clean to handle.

Imperial Tobacco Company of Canada, Ltd.

More Turret Fine Cut for the same money —and Poker Hands, too!

Now we give every man who "rolls his own" more Turret Fine Cut for the same old price! On this new deal you'll get still more cigarettes from every package of Turret Fine Cut—you'll actually *save* money by purchasing this cool and fragrant cigarette tobacco and buying your own cigarette papers.

Remember, too—you can get 5 large booklets of "Vogue" or "Chantecler" cigarette papers *free* in exchange for one complete set of Poker Hands.

It *pays to* "Roll Your Own" with

TURRET FINE CUT CIGARETTE TOBACCO

SAVE THE POKER HANDS

A CANADIAN IN OPORTO, PORTUGAL.

Portugal. — "Europe's Garden by the Sea laid out," to quote a quaint translation from the works of one of Portugal's best romantic poets—is a country that is too little known in Canada. Since the days of the Peninsular War, it has had a treaty with Great Britain and, under the terms of this treaty, Portugal sent 10,000 troops to the Great War. A country with a most interesting and important history; beautiful in its unique landscapes and in the varied hues of the sea that borders its coasts, it is unspoiled by tourist traffic.

In the summer of 1931, I directed the first party that ever left Canada or the United States, to visit Portugal. We entered the country at the frontier over the Minho River, separating Tuy on the Spanish side from the fortified town of Valenca on the Portuguese side. From here we motored through a primitive country where long horned, cream colored oxen were used to haul all kinds of commodities—stone, wine, cork, produce, etc. Frequently the wheels of the cars were solid sections of trees and the patience of the animals—to say nothing of the bare-footed driver—and the cumbersome pace, at which the vehicle moved, was in direct contrast to the speed with which we, in Canada, are accustomed.

We spent the night at Santa Luzia, a promontory above the town of Vianna do Castello, overlooking the Atlantic and a considerable portion of Spain and Portugal—a view that many prominent artists have hailed as one of the finest in the world. In the morning we returned to a lower level by a tortuous, corkscrew-like road and boarded a very comfortable train to Oporto.

Oporto, the centre of the port-wine industry and the second city in Portugal, is situated near the mouth of the Douro River. The country here is hilly and Oporto is built on sloping ground, having two headlands, on one of which is located some of the principal buildings — the Bishop's Palace, Cathedral, etc.—while the other headland is clothed with vineyards. In this latter connection it would be interesting to know that Portugal produces over 211 million gallons of wine in a given year and that most of this trade is in Anglo-Portuguese hands, many of the firms having names like Macdonald, Johnston, and so on. The wine is brought to Oporto — the name means "the Port" — from the many vineyards that line the river and it is either conveyed by ox carts or by the equally picturesque little wine boats—each having a single mast and a multicolored square sail —the wine being contained in three or four casks amidships.

Oporto has also a big trade in fish and is the distributing centre for that commodity to many parts of Europe. On the day, I am about to mention, I was strolling down the river, wending my way through a market where fish women, ox carts, poultry sellers and their customers—all of whom were viewing my progress with much good-natured curiosity. The harbour, at this point, was full of shipping and I was busy taking pictures of all the different activities. I had just snapped one picture, showing the boats, with the huge, steel-arched bridge in the background and some women washing clothes, at the river-bank, in the foreground, when I glanced at a three-masted schooner and was surprised and thrilled to read the words "LUNENBURG, NOVA SCOTIA," painted on her stern. I can assure my readers that it didn't take me long to accertain the ways and means to board that ship and, when I had accomplished my desire, I found that the crew were no less surprised and pleased to see me than I had been to see their vessel. All were Newfoundlanders — young husky fellows; the skipper being under 30 years old—and they had been in the port for nineteen days, with a cargo of winter fish, under the hatches. They had crossed the Atlantic, under their own sail, and were a bunch of homesick boys, anxious to dispose of their cargo and return to their homes. Portuguese sailors, in turn, are often to be seen on the Grand Banks, off Newfoundland—it is an international exchange of maritime activities that is not realized by many in this country.

I had meant to mention other incidents, occurring during our visit to Oporto, but these must wait for another time. Next week, in view of the tremendous interest in everything pertaining to Germany, I shall relate something of my impressions of "Hitlerism," as gathered from visits to Germany in July and August of this year.

OLD PEOPLE FEEL YOUNG

Just because more years than you care to count have fled by on your life's calendar is no reason for *feeling* old. Age, after all, isn't a matter of years. It is a matter of health. Stay vigorous and you stay young. But how, you ask. Do it the way thousands of people of advancing years do. Take Wincarnis regularly. Wincarnis is a delicious wine, free from drugs, that brings you all the valuable elements of grapes combined with the highest grade beef and guaranteed malt extract. Its invigorating effect is almost magical—yet perfectly natural.

These valuable elements in Wincarnis give your ageing system exactly the stimulating nourishment it requires. They soothe your nerves, enrich your blood, and flood your whole body with almost youthful buoyancy and vigour.

More than 20,000 medical men have heartily endorsed Wincarnis. It is a great tonic. It will make you *feel* young again by creating for you new stores of strength and energy. Get Wincarnis from your druggist—Sales Agents: Harold F. Ritchie & Co. Ltd., Toronto. 30

Woman of Forty Most Likely Accident Victim

Chicago.—If you're a woman of about 40 years of age wearing high heeled shoes and carrying a shopper's bundle then you're the most likely person to be victim of a street car mishap.

E. J. Kreh, manager of the accident bureau of the Philadelphia Company, Pittsburgh, gave that as a composite picture of street car accident victims in an address before the 22nd annual Safety Congress.

Strangely enough, he said, most of the injuries were not suffered during peak traffic hours but at times when 20 or less passengers were on the cars.

When Your Daughter Comes to Womanhood

Give Her Lydia E. Pinkham's Vegetable Compound

Most girls in their teens need a tonic and regulator. Give your daughter Lydia E. Pinkham's Vegetable Compound for the next few months. Teach her how to guard her health at this critical time. When she is a happy, healthy wife and mother she will thank you.

Wife Has Right To Keep a Diary

Hungarian Court Denies Plea of Husband Who Broke Pledge Not to Read it

Hungary's highest court has ruled that a wife has the right to keep a diary and that her thoughts and feelings as expressed in it do not constitute grounds for divorce.

Two years ago a man of wealth married a 19-year-old girl of a family which was then prosperous. After the couple returned from a honeymoon trip of three months abroad the wife announced that she had kept a diary since meeting her husband.

"These are my most secret thoughts," she said. "I have no girl friend in whom to confide, and besides I wish to keep the diary because I have literary ambitions. But you must give me your word or honor never to read it."

The husband complied. Some time later, leafing through a notebook left on a table, he saw an entry which aroused his suspicion. His wife coming home at that moment, he could not read further. Haunted by jealousy, he sent the wife to a watering-place and read the diary.

The day before the wedding the girl had set down her belief that for most women marriage is a renunciation. She wrote that her husband was wealthy and held a good position in society, but that she knew he was not the man for her.

Later entries revealed that she came to hate him. "We have not one thought or feeling in common," she wrote. One notation said that the arrival of children would be "frightful," as she was sure she would hate the child as she did her husband.

Upon her return the husband revealed that he had seen the diary and said he would insist upon a divorce.

The wife refused, saying she had always fulfilled her duties as a wife, that he had given his word of honor not to read the diary and that it did not constitute grounds for a divorce.

In the first court the wife's view prevailed. An appeal by the husband resulted in a reversal of the verdict and he was granted a divorce, based on the wife's objection to bearing children. The wife then appealed to the highest court and the divorce plea was withdrawn.

Divine grace sometimes descends in the form of plain common sense.

SKIN RASHES

Give Place to Velvet Smooth Skins

In almost countless numbers, skin sufferers have had cause to be thankful for D.D.D., the prescription of a highly successful physician, Dr. D. D. Dennis. This liquid prescription, now made and endorsed by Campana's Italian Balm chemists, allays irritation almost at once, and quickly clears up such skin troubles as eczema, hives, acne, ringworm, dandruff, pimples and rashes. Ask your druggist for D.D.D. Prescription. Trial size, 35c. Guaranteed to give instant relief or money refunded. 7

ISSUE No. 43—'33

Classified Advertising

FARMS WANTED.

REVENUE PRODUCING PROPERTIES exchanged for equipped farms, preferably clear; good buildings, stock and equipment, for good Toronto property showing good returns and cash. Write John Stark & Co., 331 Eglinton West, Toronto.

PATENTS.

AN OFFER TO EVERY INVENTOR. List of wanted inventions and full information sent free. The Ramsay Company, World Patent Attorneys, 273 Bank Street, Ottawa, Canada.

BIG SEWING MACHINE BARGAINS.

SINGERS, $16.00, $19.00; ELECTRIC Singer, $20.00. Fine condition. Norwood, $13.00; Gooderich, $13.00; New Raymond, $13.00; New Williams, $12.00; New Howe, $12.00; Standard, $10.00. Also Raymonds, Williams, Royals, Hudsons, New Home, Whites, Davis, and many others at $7.50 each. All guaranteed in fine running order. Good sewers. Lowest prices in Canada. Send for list. Universal Company, 2328 St. James, Montreal.

AGENTS WANTED.

LOCAL REPRESENTATIVES wanted for special Christmas proposition. Earn $5 to $10 per day. Spare or full time work; liberal guarantee. Winston Co., Toronto, Dept. 1.

Gas in the Stomach

Gas in the stomach, belching, sour water brash, pain after eating, etc., can be overcome within three minutes if you will take a little Bisurated Magnesia in water after you eat. The ordinary Bisurated Magnesia which you can get at any drug store will correct acid stomach and stop acid indigestion immediately. Try it and see.

CUTICURA

Soap for daily use.
Ointment to heal skin irritations.
Talcum ideal after bathing.
Soap 25c. Ointment 25c. and 50c. Talcum 25c.

YOUR LIVER'S MAKING YOU FEEL OUT OF SORTS

Wake up your Liver Bile —No Calomel needed

When you feel blue, depressed, sour on the world, that's your liver which isn't pouring its daily two pounds of liquid bile into your bowels.

Digestion and elimination are being slowed up, food is accumulating and decaying inside you and making you feel wretched.

Mere bowel-movers like salts, oil, mineral water, laxative candy or chewing gum, or roughage, don't go far enough.

You need a liver stimulant. Carter's Little Liver Pills is the best one. Safe. Purely vegetable. Sure. Ask for them by name. Refuse substitutes. 25c. at all druggists. 33

END PAIN—*Soothe* **SORE HANDS** *by Rubbing in* 33

MINARD'S "KING OF PAIN" LINIMENT