# Woman's World

By MAIR M. MORGAN

"A Woman's Place Is In the Home."

### A Satisfying Salad

Oftentimes a green salad does not satisfy the demands of hungry men. A macaroni salad, however, is hearty enough as a main dish as it supplies the necessary starch.

The cooking of macaroni for salads is most important because there must not be the slightest trace of stickiness. Drop macaroni into plenty of boiling water—3 quarts and 1 tablespoon salt to 2 cups macaroni are good proportions—and boil until tender, about 20 minutes. Drain it well and rinse with cold water. Chill and have all the other materials cold, too, before combining them.

### Macaroni and Egg Salad

One cup cooked macaroni, 2 hard cooked eggs, ½ cup diced celery, 4 tablespoons sliced stuffed olives, salad dressing, shredded leaf lettuce.

You may use broken stick macaroni, elbow, shell, bow-knot or any shape you may choose.

Chop eggs and combine with macaroni, celery and olives. Add salad dressing to make moist and serve on a bed of shredded leaf lettuce. Garnish with halves of stuffed olives. Use olives stuffed with pimentoes.

### Macaroni and Ham Salad ....

This salad is especially good served on a bed of shredded new cabbage.

One cup cooked and chilled macaroni, 1 cup chopped cold boiled ham, 1 tablespoon prepared horseradish, 2 pimentoes, 1 cup salad dressing (mayonnaise or cooked dressing), shredded cabbage.

Mix horseradish and ham and combine lightly with macaroni and pimentoes which have been cut in shreds. Moisten with dressing and serve on a bed of shredded cabbage sprinkled with French dressing.

### Macaroni Fruit Salad

One cup cooked macaroni, 1 cup canned diced pineapple, 2 bananas thinly sliced and marinated in lemon juice, 1 cup whipping cream, ¼ cup pineapple juice, ½ cup lemon juice, 1-3 cup sugar, 2 tablespoons cornstarch, ¼ teaspoon salt.

Mix sugar and cornstarch thoroughly and stir into boiling pineapple juice. Cook in double boiler for 20 minutes, stirring occasionally. Add lemon juice and let cool. When ready to use fold in cream whipped until firm with salt. Add macaroni, pineapple, bananas to dressing and serve on lettuce hearts with a garnish of fresh strawberries. If strawberries are not at hand a cube of bright jelly will serve as an attractive garnish.

### Cucumber Soup

For something different and very flavorsome try this recipe:

Take a cucumber—an average sized one would make soup for four to five people—cut it in thin slices and toss these in butter for two or three minutes. Treat in the same manner two small onions cut finely.

Put both vegetables in a pan and pour in clear soup or plain boiling water if you want to be economical or to have a "maigre" soup, allowing as usual for reduction. Season with salt, pepper, very little nutmeg, and a pinch of cayenne pepper. Bring to the boil and let it simmer for half an hour.

At the last minute add two yolks of egg diluted in a little cream. Serve soup with croutons.

### A Fashion Note

Nasturtiums are coming up, not only in sunny gardens but in evening dresses to wear in the moonlight. Nasturtium colors, at least. The whole nasturtium range from yellow to red is used for color contrast especially on brown mousseline dresses and on pastel green and yellow ones. They make smart cire ribbon belts and flowers at the waistline.

Ombre (or shaded) nasturtium tones are seen in capes, flowers and in new negligee and hostess gowns.

### When Buying Vegetables

The custom of selling fruits and vegetables by the pound is becoming popular.

"Bunches" and "baskets" are as variable as the "teacupsful" and the "five-cents-worth" of the past and it is only when a common unit of measurement is applied to fruits and vegetables that prices and quality are easily comparable.

### Keep This List

The following list will help the housewife in caculating the amounts needed when purchasing vegetables by the pound:

One pound of asparagus will serve three persons.

One pound of green beans (about one quart), four persons.

One pound of shelled lima beans (less than a quart), four persons.

One pound of beets (about five medium sized beets), four persons.

A medium sized head of solid cabbage weighs about three pounds and serves seven persons.

One pound of brussels sprouts, six persons.

One pound broccoli, four persons.

One medium-sized, well trimmed head of cauliflower weighs about one and one-half pounds and will serve four persons.

Four rather small tombatoes weigh one pound and will serve four persons.

One pound of rhubarb, after being stewed will serve three persons.

One pound of fresh spinach, three persons.

One pound of peas in the pod (about one quart) yields about one cup, shelled. Allow two pounds for four persons.

One pound of mushrooms will serve six persons if the mushrooms are served on toast.

Three or four potatoes weigh one pound.

One peck of potatoes weighs fifteen pounds.

### Savoury Sandwiches

Cut thin slices of brown and white bread and butter, and spread the brown pieces with cream cheese. Stone and crop some olives and mix with some chopped pickled gherkin and a few chopped capers. Mix with a cream salad dresing and spread on the white slices. Then put a brown and white slice together, press firmly and cut neatly.

### Stocking Saver

If you are one of those women who always wear their stockings out first at the toes, where the sheer joins the foot, before you wear new stockings at all, run a few reinforcing threads back and forth across those spots. If you wear them out at the heels, turn your new hosiery wrong side out and stitch through some reinforcing threads.

### Useful Hint

To separate tumblers which have become stuck together, pour cold water into the inner tumbler, then stand the outer glass in a bowl of warm water. The inner glass will contract and the outer one expand, so that they can be separated easily.

### Household Kinks

To remove fresh fruit stains from dresses, aprons, napkins, tablecloths, put the material over a bowl and pour boiling water over the spots, holding the kettle high.

If your salt will not shake freely on a damp day, a little rice or cornstarch mixed in the salt will eliminate this particular difficulty.

Yellow turnips, peas and carrots taste better if sugar is added to them while cooking.

Soak salt fish in sour milk and the delicate flavor will be brought out.

A pinch of soda placed in spinach while it is cooking will preserve its color.

When baking a pie shell without anything inside, be sure to prick it well with a fork so that it has air holes in it. Otherwise it will shrink and crack.

## $500 Chow is Seized as Security for Rent

Montreal.—John Arena of Montreal did not pay his rent so his landlady took a lien on his $500 chow dog as a first mortgage. Arena laid a complaint for theft, but agreed to withdraw the charge if the dog were returned to him. His offer was refused, and a trial was set for the end of the month.

# Sunday School Lesson

June 11. Lesson XI.—Jesus on the Cross.—Mark 15: 1-47. Golden Text—God commendeth his own love toward us, in that, while we were yet sinners, Christ died for us.—Rom. 5:8.

I. THE MOCKING OF THE SAVIOUR, vs. 1-32.

II. THE SUFFERINGS OF THE SAVIOUR, vs. 33-36.

III. THE DEATH OF THE SAVIOUR, vs. 37-47.

I. THE MOCKING OF THE SAVIOUR, vs. 1-32.

The Trials of Jesus. The trial of Jesus was rushed through in a single sitting of the Sanhedrin on Friday morning, whereas the law forbade the trial of a man and the condemning him to death on a single day. No attention was paid to the rules of evidence. No opportunity was given for the presentation of the case in favor of the prisoner. The Sanhedrin had determined that Jesus should be put to death, and they rode rough-shod over all their rules. The trial has fittingly been called "the lynching of Jesus."

The Title on the Cross. 22. "And they bring him unto the place Golgotha. Which is, being interpreted, The place of a skull. "Golgotha" is Aramaic and "Calvary" Latin for "a skull." Seen from a distance, the hill looks exactly like a skull—empty eye-sockets, rounded forehead, lines of ehe nose and mouth.

23. "And they offered him wine mingled with myrrh: but he received it not." It was a custom of the Jews to give those condemned to crucifixion, with a view to producing stupefaction, a strong aromatic wine.

24. "And they crucify him." The cross on the ground, the victim was stretched naked upon it, his hands were nailed to the arms of the cross, and his feet, one on top of the other, were nailed to the foot of it. A wooden peg in the centre partially supported the body, which mainly hung from the wounds in the hands and feet. Christians should never forget what their Saviour went through for their sake. "And part his garments among them, casting lots upon them, what each should take." Four soldiers and a centurion that guarded each of the condemned had for their perquisites the garments of the crucified. They were great gamblers and dice were at hand. So they cast lots, thus fiulfilling the Messianic Ps. 22:18.

25. "And it was the third hour, and they crucified him." This would be nine o'clock in the morning, according to the Jewish mode of reckoning, which began at sunrise, or 6 a.m.

26. "And the superscription of his accusation was written over, THE KING OF THE JEWS." The condemned was required to go to the place of execution with a board hung from his neck bearing the name of the crime for which he had been convicted.

27. "And with him they crucify two robbers; one on his right hand, and one on his left." As if to say that Jesus was no better than those robbers.

29. "And they that passed by railed on him, wagging their heads." The cross stood beside the main highway northward, thronged always, and especially at this passover season, with a motley crowd. "And saying, Ha! thou that destroyest the temple, and buildest it in three days." It seemed a fine jest with which to taunt the Sufferer.

30. "Save thyself, and come down from the cross." In his refusal to come down from the cross, and thus, as they said, display a proof of his Messiahship, he gave to the world a more convincing proof than this could possibly have been.

31. "In like manner also the chief priests mocking him among themselves with the scribes." The religious rulers of the Jews, the august members of the Sanhedrin, joined their taunts with those of the rabble. "Said, He saved others; himself he cannot save." Never was a truer word spoken in jest. Christ did indeed save others, and how gloriously!

II. THE SUFFERINGS OF THE SAVIOUR, vs. 33-36.

The Three Hours of Darkness. 33. "And when the sixth hour was come." That would be noon, after Jesus had hung on the cross for three hours. "There was darkness over the whole land until the ninth hour." That would be three p.m., the hour of the daily evening sacrifice, the crucifixion having begun at the hour of daily morning sacrifice.

The Climax of Agony. 34. "And at the ninth hour Jesus cried with a loud voice." Showing that his physical energies were still far from exhausted. "Eloi, Eloi, lama sabachthani?" Speaking in the Aramaic or common form of Hebrew, which was his ordinary language. "Which is, being interpreted, My God, my God, why hast thou forsaken me?"

35. "And some of them that stood by, when they heard it, said, Behold, he calleth Elijah." Christ called "Eloi," but they thought he called 'Elias," seeking for help from the spirit of the great Hebrew prophet who had talked with him, about his coming death on the Mount of Transfiguration.

36. 'And one ran. And filling a sponge full of vinegar." The sour wine and water called "posca," a cask of which was placed there for the refreshment of the Roman soldiers. "Put it on a reed and gave him to drink." There is one voluntary act of kindness in the story of Christ's Passion. "Saying, Let be; let us see whether Elijah cometh to take him down."

The Seven Words From the Cross.

1. The word of forgiveness, "Father, forgive then; for they know not what they do" (probably uttered in the first cruel moment of crucifixion).

2. The word to the penitent robber, "Today shalt thou be with me in paradise."

3. The word of personal affection (committing his mother Mary to the care of his beloved apostle John), "Woman, behold thy son! . . . Behold thy mother."

4. The word of spiritual suffering, "My God, my God, why has thou forsaken me?"

5. The word of physical suffering, "I thirst."

6. The word of completion: "It is finished."

7. The word of submittal: "Father, into thy hands I commend my spirit."

III. THE DEATH OF THE SAVIOUR, vs. 37-47.

The Shout of Triumph. 37. "And Jesus uttered a loud voice, and gave up the ghost." Even after our Lord had hung upon the cross for six hours, his body was still strong enough to cry with a loud voice "It is finished!" It was a victorious shout. He knew that he had accomplished the conquest of sin which he came to accomplish.

38. "And the veil of the temple was rent in two from the top to the bottom." This was the wonderful curtain between the Holy Place and the Most Holy Place, a curtain sixty feet long and thirty feet wide and as thick as the palm of the hand.

The Centurion's Testimony. 39. "And when the centurion who stood by over against him saw that he gave up the ghost he said, Truly this man was the Son of God."

The Burial of Jesus. Two members of the Sanhedrin, who had not voted to sentence Jesus to death, one Nicodemus, who, early in Christ's ministry, had come to our Lord by night and had the wonderful interview with him recorded in John 3. The other Joseph of Arimathaea a man of wealth who had a newly excavated tomb in a garden near Calvary, rendered the last service, saving the Saviour's body from the public refuse heap, which was the lot of crucified criminals. It was a costly undertaking, for not only were the sepulchre and cerements needed, but Pilate had an evil reputation for greed. The errand proved easier than they had anticipated; Pilate's sin rested heavy on his conscience, and he "made a free gift" of our Lord's body. Thus on the evening of Good Friday the form of the Saviour was reverently laid away as had been prophesied, "with a rich man in his death" (Isa. 53: 9).

## Visits Canada to Study Canadian Exhibition Methods

Claude Taylor, Chief of the Exhibitions Branch, Department of Overseas Trade of the British Government, will attend the Exhibition in Toronto this year.

Mr. Taylor is secretary of the British Industries Fair held annually in London and Birmingham. He comes to study Canadian National Exhibition methods and to make a survey of the Canadian field for the British Government and for members of the Federation of British Industries. The latter organization has applied for more display space than ever before. B. M. Bellasis of London will be in charge of the British manufacturers' exhibit as usual.

"What model is your car?"
"Second mortgage."

There is no passion of the human heart that promises so much and pays so little as revenge.—H. W. Shaw.

### A Lone Scout Passes to Higher Service

Lonies all over this province will learn with regret of the death of one of their comrades—Lone Scout Cyril Ogden of Demorestville, which took place on Monday, May 22nd. Details have not yet reached headquarters, but we were informed that members of the 1st and 2nd Picton Troops attended the funeral, which took place on Thursday, 25th. Cyril was a very active memeber of the 3rd Ont. Lone Scout Troup, and his Scoutmaster and the members of Headquarters Staff were very grieved to receive this sad news.

W know that all members of the Ontario Lone Scout Department will join with the Staff in expressing their deep sympathy with Cyril's parents and friends in their great loss.

### The Forestry Camp

On Saturday, May 20, nearly one hundred Scouts from all parts of this province gathered at the Government Seed Extracting Station at Angus, Ontario, for the fourth Forestry Camp.

This camp is sponsored by the Forestry Branch of the Department of Lands and Forests, to encourage the Scouts to take an interest in reforestation work, and has proved to be a very popular event around the 24th May week end.

The camp was located in beautiful surroundings in the Angus Community Park, and was full of interesting activity from start to finish.

Sunday morning was commenced with a "Scouts' Own" church service, conducted by the United Church minister from the village, and in the afternoon the boys went for a hike around the Government property. An indoor campfire was held in the evening, when stories were told and lantern slides shown, of the forestation work.

Monday and Tuesday mornings were spent in actual tree planting on a piece of barren ground which is known as the "Boy Scout Forest," and which it is eventually hoped will develop into a beautfully wooded camping ground for Scouts. This is situated at the junction of the Notawasaga and Pine Rivers.

On Monday afternoon a trip was taken by car and lorry to the Midhurst Government Nurseries, where the Scouts were shown the small trees in their actual development, from small seedlings to good sized trees.

The evenings were spent at Indoor Camp fires in the spacious "Community Hall," where songs were sung with great "pep," stories told and movies shown.

The Lone Scouts were represented by three members from Alliston, and by three ex-Lonies, now members of the 1st Unionville Troop.

The camp broke up at noon on Wednesday, after a very enjoyable time, and all present expressed their appreciation of the splendid co-operation and kindness of the Department and of the Angus staff, for making this camp possible.

Each Scout was presented with a souvenir book on Forest Trees, from the Minister of Lands and Forests, and also a badge, in the shape of three wooden beads, strung together with busk-skin, and inscribed "Angus, 1933," to be worn on their uniform.

### A Trophy For Occupied Bird Houses

The Department of Lands and Forests of Nova Scotia has offered for Boy Scout competition a silver trophy, to be awarded the Scout troop having the largest number of occupied bird houses to its credit during 1933 (sparrows excepted).

### If They Ran to Pick Up Someone at the Same Time!

"Two of Great Britain's fastest railway locomotives have been named Boy Scout and Girl Guide. Here's hoping they never try to do a good deed at the same spot at the same time."—Border Cities Star.

### European Politics Do Not Prevent Scouts Fraternising

Unsettled conditions in Germany did not disturb the Easter tour plans of Kent (England) Scouts. The tour included Nurnberg, Munich, the Garminch Mountains, Ettal and Oberammergau. At all of these places they were met by German Scouts, and at Munich and Ettal took part in Scout rallies. Kent County Scouts each year tour some part of the Continent.

Full particulars of how to become a Lone Scout will be gladly sent to those interested upon application to the Boy Scouts Association, 330 Bay Street Toronto 2.

This branch of Scouting is principally intended for boys living in the country, on farms, or in isolated parts of the province, where there is no regularly organized Scout Troop for them to attend.—"Lone E."

## United Kingdom Conculdes Agreement With Iceland

London.—The United Kingdom last week concluded a new trade agreement with Iceland, sixth on its list of recently signed pacts, and, like the others, aiming largely at additional markets for British coal.

Under terms of the treaty, which awaits enabling legislation by the Icelandic Althing (parliament), Iceland will take 77 per cent. of all its coal imports from the United Kingdom and will reduce duties on some classes of cotton and artificial silk goods. Iceland also guarantees not to raise existing duties on numerous other articles.

In return for these concessions the United Kingdom guarantees not to increase duties on Icelandic fish and to accept at least a specified amount of fish in the event quotas are established.

## Receives Aviation Trophy

New York.—Glenn L. Martin has been awarded the Robert J. Collier trophy in recognition of "the greatest achievement in aviation in America, the value of which has been thoroughly demonstrated in actual use during the preceding year," it has been announced.

The award, which is made annually by the National Aeronautic Association, is in recognition of the new bomber built by the Glenn L. Martin Company, of Baltimore, which Mr. Martin heads. While the actual performance of the new bomber is a War Department secret, the award recognizes its development as one credited with changing the air power balance of nations, and lifting this country from an inferior position in potential air attack.

## Woman Receives Award For Remarkable Discoery

Explorers in Antarctic wastes, African jungle and Persian desert have their services marked by medals presented by the King and grants by the Royal Geographical Society.

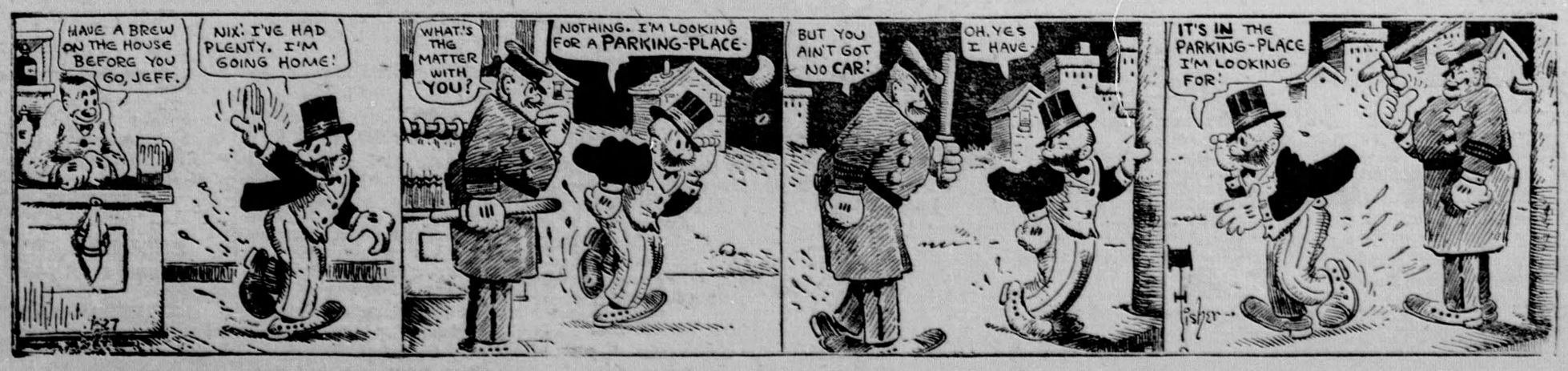
One of the awards—the Back Grant—goes to a woman. She is Miss Freya Stark, who last year discovered one of the last strongholds of the Assassins, a Mohammedan sect, whose rulers killed by poison and dagger for 600 years before the Crusaders went to Persia.

She found the battlements still standing, three large water cisterns cut in the rock, and what is probably the most unusual water supply system in the world—a tunnel down which wolves used to drive sheep with water skins tied beneath them.

## Mussolini on Motorcycle Reviews 10,000 Others

Rome.—Premier Mussolini, astride a motorcycle, on May 25, reviewed 10,000 motorcylists who rode past him with terrific din. The occasion was a celebration by the organization called "Centaurs" by an admiring press and public in honor of Italy's entrance into the Great War.

"Blank always hits the nails on the head."
"Yes, but usually drives it into the wrong place."

MUTT AND JEFF— By BUD FISHER

Just Silly, Thass All.