You Can't Fool a BLOOD TEST

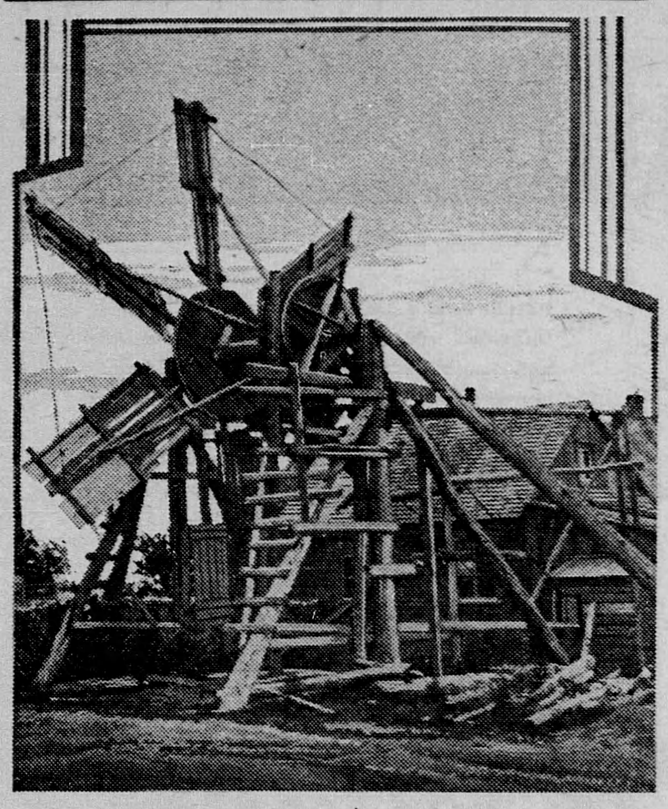
On November 14, 1932, a pale, thin girl walked into a physician's office and had her blood tested. The reason for her condition was at once evident. The haemoglobin content of her blood was only 69 per cent. Red corpuscle count only 4,640,000. She just had to be pale. And her weight was but 91½ pounds.

The physician, who knew the formula of the remedy, told her to take two of Dr. Williams' Pink Pills after each meal and to come back in a month for another test. She followed instructions and took no other medicine.

On December 14 her blood showed 88 per cent. haemoglobin and 5,024,000 red corpuscles. Her weight was 100½ pounds, a gain of nine pounds in thirty days! She had gained color and attractiveness. The doctor noticed for the first time that she was positively pretty.

Blood tests scientifically prove the real value of a blood-building remedy. If you are anaemic, pale and underweight; if you lack ambition and energy, get a box of Dr. Williams' Pink Pills from your druggist and begin the treatment today. Revitalize your blood stream and build up new resources of strength and vigor. You are taking no chances. Dr. Williams' Pink Pills are clinically tested.

+ Do You Know? +



That among the curious sights to be seen in the Gaspe Peninsula of Quebec is this cumbersome and primitive windmill which was built by a farmer and saws all his wood for him? It is still in active operation whenever the wind blows and there is wood to be sawed.—Canadian National Railways.

Holland Plans Farm Dictator

Vanishing Foreign Trade Brings Drastic Proposal To Curtail Production

The Hague.—A bill introduced in the Second Chamber of the States General purposes to give the Dutch Government dictatorial powers to reorganize the affairs of the farmers and fruit and flower growers of the country. The agricultural crisis in Holland has arisen chiefly as a result of the recently erected barriers against exports.

Land owners and their tenants, as well as the merchants and the government, are realizing that the export markets, chiefly in England and Germany, lost by rising tariff walls and onerous regulations, will not be recovered soon, and that consequently the production of vegetables and dairy commodities must be curtailed.

Preliminary measures are being taken to reduce drastically the output of eggs and milk. The annual export of butter has fallen from 47,000,000 kilograms to 10,000,000 kilograms while the wholesale price has dropped. The surplus thus created is being cleared up by compelling margarine manufacturers to include a larger proportion of butter in their products than hitherto. This regulation came into force on April 3 and ordered that the proportion of butter in all margarine should be raised from 25 to 40 per cent.

Cheese Output Curtailed.

In the cheese trade a similar regulation has been made. Beginning in April and continuing for at least three months all wholesale Dutch cheese makers must reduce their output by 30 per cent., the consequent loss of profit being wholly or partially met by state compensation. The market-garden trades will receive a subsidy from the government only on condition that they considerably reduce the amount of the planting.

This last restriction will be applied in a most comprehensive manner to the cultivation of bulb plants, a trade which is suffering from the home cultivation in America and England. After the flowering period of the present spring, enormous quantities of crocus, narcissus, hyacinth and tulip bulbs, as well as many planting beds for these bulbs, will be done away with.

This view, that the Dutch means of production must be reduced, has brought about a modification in the policy of subsidy hitherto followed by the state. The government has worked out an "empowering act" under which the carrying out of these measures is backed by extraordinary authority. The Government, in the preamble to the bill, cites well substantiated statements that in the agricultural lands exhaustion and impoverishment are rapidly spreading, and that in particular the offset of vegetables, fruit, eggs, potatoes, butter and cheese is in a lamentable condition.

Three-Fold Course Proposed.

To prevent a complete and collective collapse of the rural retail trade the government desires to proceed along a three-fold way; first, by subsidies to the trade from a not yet established central crisis fund; secondly, by restriction of cultivation, and, thirdly, by the fixing of standard prices. But now comes the most important point. The proposed new law gives to the government the authority in case of necessity to use force in putting into execution the proposed measures. There is to be no persuasion and no argument. The instruction of the authorized official is to be a command to which obedience must be as explicit as that of the soldier to the command of his officer.

To this bill giving dictatorial powers to the Department of Agriculture, no objection or complaint has been raised even by the growers themselves, so that it is virtually certain to pass through both Chambers without serious opposition.

WHO WANTS TO RIDE?

The Bolu, Turkey, police have reduced the speed limit of motor vehicles to three miles an hour, and taxis now cruise vainly trying to pick up passengers who are rushing past them on foot.

Ships 35,000 Tons Matches

More than 35,000 tons of matches were shipped from Sweden in 1931.

Happy Health

"I always keep a supply of BABY'S OWN TABLETS on hand—they keep my children healthy and happy," writes Mrs. James Wilson, Lorneville, N.B. Mrs. Wilson's plan is commended to Mothers everywhere.

Literally hundreds of Mothers have written their deep thanks for BABY'S OWN TABLETS, the absolutely SAFE remedy for the common illnesses of babies and children — teething troubles, simple fevers, upset stomach, colic, colds, peevishness. Give them to YOUR children. 25c a package.

Dr. Williams' 53-E

BABY'S OWN TABLETS

Welsh Capital Building Modern Railway Terminus

Cardiff, Wales.—A £1,000,000 railway station which will be one of the most modern in Britain is being constructed at Cardiff.

The old main-line station and the station linking up the industrial valleys and the Glamorgan coast are merged into a central terminus under the new scheme. Traffic has not been interrupted during the extensive reconstruction.

A whole street of houses has been demolished to allow for extensions. Three level (grade) crossings will disappear and 16 new bridges have been built. A special newspaper distributing centre, in itself a miniature station, is being erected.

The whole terminus covers an area of 80,000 square yards and 200,000 cubic feet of earth were removed to prepare the site.

Italy Refuses to Permit Selling Wine to Minors

Rome.—In the face of warnings that she is bringing up a race of tee totalers, Italy has preferred to retain a law prohibiting wine for children in public institutions.

The opponents, championing the grape industry, put up a strong argument in the Chamber of Deputies, but were overridden.

Holding the wine is injurious to minors, Under Secretary Arpinati, of the Interior Department, said their health is of prime importance. He decided the idea that any considerable section of the public ever would be teetotalers.

Deputy Luigi Capri-Cruciani, for the opposition, stressed America's experience to show that beverages of small alcoholic content are desirable. He insisted that moderate use of wine by children is a safeguard against abuse of stronger drinks in later life.

EXCESS FAT MELTS

Under Treatment that Creates Energy

Some folks are naturally fat, but there's a lot of people who put on pounds of unhealthy fat because they haven't got enough energy to move about to keep it off.

It's not laziness in most cases—but a condition brought about by sluggishness of the internal organs—the liver, bowels and kidneys. As a result, poisons and harmful acids that kill vigor, ambition, and energy get into the blood—the whole general tone of the body is lowered and fat accumulates.

Thousands of overstout men and women find in Kruchen Salts a perfectly safe, sure, and beneficial means of reducing.

The "little daily dose" of Kruschen Salts keeps the organs functioning properly every day, and fills you with such a feeling of radiant vitality and vigor that before you know it you are fairly "jumping out of your skin" with energy, instead of moping around—and reduction follows as a matter of course—Nature attends to that.

Students of Both Sexes Free to Join German Work Camps

Berlin.—High school graduates of both sexes prior to entering a university may spend six months in a labor camp, according to a significant plank in the Nazi educational program.

So far the offer is voluntary, but it is expected that the government eventually will make it compulsory. Many graduates already are availing themselves of the opportunity, as attendance in the camps doubtless will enhance their chances of matriculation in a university.

Teaching the Blind to Read

It is noteworthy that the first efforts to enable the blind to read began in 1617, just 6 years after the King James version of the Bible was first published.

Various systems of raised letters were used. Progress was slow at first. In 1832 the Gospel of St. John was published in a system of raised Roman letters and by 1840 the Bible was completed in that system.

Braille, the system finally adopted and at present universally in use, was invented by a blind musician of France, named Louis Braille. This dotted system, which may be written as well as read by the blind, is now completely printed in universal Braille and is distributed by the Braille Bible Society Incorporated of Los Angeles. It is comprised of 21 volumes, and although costing $8 a volume to produce, is distributed at the price of $1 per volume.

Women Police Corps Organized in Peiping

Hong Kong, China.—Acting on the order of the Ministry of Chinese Home Affairs in Nanking, the Police College at Peiping has decided to open a class for the training of women police. Registration for the entrance closed the end of March.

The first class will not exceed 20 students. Upon graduation, these students will be given jobs in the local Bureau of Public Safety. The college received an order from Nanking to open its doors to women students last year, but owing to the lack of dormitory facilities it was unable to carry out the order at once.

Best Quality Shaving Brush FREE for POKER HANDS

Shaving is a real pleasure with a fine quality shaving brush like this one . . . bristles set in rubber . . . a gift you'll surely appreciate and use. Given in exchange for only 5 complete sets of Turret Poker Hands.

One 20c package of Turret Fine Cut will prove the quality and economy of this mellow, cool Virginia cigarette tobacco. You can roll at least 50 cigarettes from one package . . . and cigarettes of sweet Virginia fragrance and flavour . . . supremely satisfying.

It pays to "Roll Your Own" with

TURRET FINE CUT CIGARETTE TOBACCO

SAVE THE POKER HANDS

Birmingham Shows Low Cost of Education

Birmingham, Ala.—Cost of education of a pupil in the public schools of Birmingham for the session 1931-32 was lowest in a table of 65 cities in the country, according to statistics received from the office of education.

For the 1931-32 session pupils were educated in the Birmingham schools, according to the department's table, for an average of $54.79 each. This was a decrease of 15.4 per cent. from the figures for the 1929-30 session, when Birmingham was next to lowest with an average cost of $64.75 a pupil. That year Norfolk, Va., was lowest with an average cost of $63.06 a pupil. For the 1931-32 session, Norfolk's average was $55.35.

Birmingham, in addition to ranking lowest in cost, was third in reduction of cost from 1929-30 to 1931,32, with a decrease of 15.4 per cent. Fall River,, Mass., showed greatest decrease, 23.8 per cent., and Akron, O., was second with a decrease of 21.35 per cent. Yonkers, N.Y., has the highest average, $166.97 a pupil, for 1931-32.

Three Varieties of Milk Offered in Paris Park

Paris.—Frequenters of the Bois de Boulogne have revived the old-time fad of taking "the milk cure," which has been recommended by leading doctors.

A selected herd of cows is pastured in a section of the famous park adjoining one of the popular race tracks. The drinking salon is constructed with walls of plate glass to enable the clients to see the milking operation.

For patients suffering from stomach trouble, milk from Syrian asses is on tap at this establishment and goats have been imported from Switzerland to provide milk for invalid children. Surgical cleanliness is observed in the handling of the milk.

Farming 20,000 Years Ago

Palestine had its busy farmers 20,000 years ago. Dr. George Grant McCurdy of Yale University makes this declaration to the American Philosophical Society at Philadelphia. This carries the farming man twice as far back as did the Neolithic man. Dr. Grant exhibits skeletons of these long-headed, stooping Palestinian planters. The university's expedition brings back the most primitive sickles ever seen—First farmers cut their grain with sharpened flints fitted to a crooked stick.

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Who Values Her Children's Skin Health
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SOURED ON THE WORLD?—THAT'S LIVER

Wake up your Liver Bile —No Calomel necessary

Many people who feel sour, sluggish and generally wretched make the mistake of taking salts, oil, mineral water, laxative candy or chewing gum, or roughage which only move the bowels and ignore the liver.

What you need is to wake up your liver into start your liver pouring the daily two pounds of liquid bile into your bowels. Get your stomach and intestines working as they should, once more.

Carter's Little Liver Pills will soon fix you up. Purely vegetable. Safe. Sure. Quick. Ask for them by name. Refuse substitutes. 25c. at all druggists. 51

ISSUE No. 19—'33

Calgary.—A revival of glider flying will be seen here this summer as the result of the intentions of aviation enthusiasts to organize a Glider Club. Two years ago this type of flying was popular here.

"Only by united action can there be established general contentment and eventually universal prosperity."—Henry Morgenthau.

Stuffed up inside?

Feen-a-mint is the answer. Cleansing action of smaller doses effective because you chew it. At your druggists—the safe and scientific laxative.

Feen-a-mint FOR CONSTIPATION

PRINT AND SILK REMNANT.

15 POUNDS PRINT OR SILK QUILTING Remnants, $2; 2 pounds 50c A. McCreery Co., Chatham, Ont.

GLADIOLI BULBS.

FLOWERING GLADIOLI BULBS treated. 400 mixed varieties, $2.00 per 100 postpaid. F. W. Krouse, Guelph Ontario.

"NOW I FEEL FULL OF PEP"

After taking Lydia E. Pinkham's Vegetable Compound

That's what hundreds of women say. It steadies the nerves . . . makes you eat better . . . sleep better . . . relieves periodic headache and backache . . . makes trying days endurable.

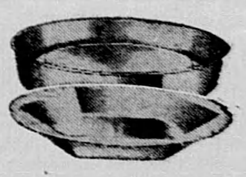
If you are not as well as you want to be, give this medicine a chance to help you. Get a bottle from your druggist today.

DOCTORING YOUR DAIRY HERD

Cows aren't machines. They can get sick or hurt. But Minard's Liniment makes it easy to care for their ills. Mrs. Thos. Bulmer of Lardo, B.C., found one of her herd with a lump in her udder. "I rubbed it with Minard's Liniment", she says, "and it soon got better."

Minard's is best for Cuts, Bruises, Colic, Distemper, etc., and equally good in stable or in house. Well named "King of Pain". 88

FREE



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SAVE 51¢ ON REGULAR PRICES

Square Tub	$1.50
Cake Pan	.15
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TOTAL	$1.80
all for	$1.29

Duro SQUARE Wash TUBS
"The most practical shape"

You'll find that Duro SQUARE Tubs take the muss out of washing because they fit so snugly together . . . there's no dripping between tubs. They are more practical in EVERY way.

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High School Boards and Boards of Education
Are authorized by law to establish

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With the approval of the Minister of Education

DAY AND EVENING CLASSES
may be conducted in accordance with the regulations issued by the Department of Education.

THEORETICAL AND PRACTICAL INSTRUCTION
is given in various trades. The schools and classes are under the direction of AN ADVISORY COMMITTEE.

Application for attendance should be made to the Principal of the school.

COMMERCIAL SUBJECTS, MANUAL TRAINING, HOUSEHOLD SCIENCE AND AGRICULTURE AND HORTICULTURE are provided for in the Courses of Study in Public, Separate, Continuation and High Schools, Collegiate Institutes, Vocational Schools and Departments.

Copies of the Regulations issued by the Minister of Education may be obtained from the Deputy Minister, Parliament Buildings, Toronto.